MENDLESHAM
NEWSLETTER



Issue 494 **January 2025**

CLASSIFIED ADS

To Advertise here email Keith on shelton@live.co.uk	To Advertise here email Keith on shelton@live.co.uk
To Advertise here email Keith on shelton@live.co.uk	To Advertise here email Keith on shelton@live.co.uk

The Mendlesham Community Charity launch their website in August. Why not have a look.
Here is the QR Code and the Website address:

https://sites.google.com/mendleshamcommunitycharity.com/home

https://tinyurl.com/MendleshamCC

Here is a link for guidance on submitting articles for the newsletter

https://sites.google.com/mendleshamcommunitycharity.com/home/newsletters/guidance-for-contributors

Or

https://tinyurl.com/32byjppr

Newsletter supported by Mendlesham Community Charity

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We produce 12 issues per year which are delivered to every household in the location of Mendlesham.

Deadline for February Issue
6th January 2025

Front Cover

Meg Clarke

50/50 shop open
Every Tuesday & Friday
2pm - 4pm
see page 3 for further details

Dates for your diary

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Don't forget the Parish Church & URC from page 41

Editorial

Welcome to the January issue. I hope that you found the true joy of Christmas amongst the pressures of commerce.
At this time it is natural to reflect on how the past year has unfolded. Perhaps you are already shaping your plans for the fresh year; new interests, new job, family harmony, new friendships.

Wherever you are led may peace and happiness follow.

Best Wishes
Gemma

FROM THE PARISH COUNCIL



Parish Clerk: Amy Johnson 11 Schools Close, Mendlesham IP14 5UQ
Tel : 01449 766719
Email: parishclerk@mendlesham-pc.gov.uk
Web site: www.mendlesham-pc.gov.uk

- Paul Allen tel 01449 766543
- Andy Davey tel 01449 768862
- Denise Foster tel 01449 768978
- Norman Foster tel 01449 768978
- Stephen Hyde tel 07920212139
- Sandie Judd tel 0333 006 2706
- Daniel Lummis tel 07584630988
- Helen Orton tel 01449 767741 (Chairperson)
- Charles (Mick) Orton tel 07388353544
- Liz Ward tel 01449 766562

Local Emergency Co Ordinator for Mendlesham Green:
Mr David Nunn tel 01449 767158
Local Emergency Co Ordinator for Mendlesham:
Mr Peter Andrews

Wednesday 8 Jan 2025
Mendlesham Parish Council Ordinary meeting 7pm
Old School Room, Mendlesham

Wednesday 5 Feb 2025
Mendlesham Parish Council Ordinary meeting 7pm
Old School Room, Mendlesham

Agendas for formal meetings for Mendlesham Parish Council, Mendlesham Community Centre Charity and Mendlesham Memorial Playing fields Charity are published via E News and Parish Notice Boards. Please note any extraordinary meetings may not be able to be published in this newsletter due to publication dates.

Mendlesham Community Café

NO CAFÉ IN JANUARY!

See you in February

Mendlesham History Group

The History of the Abbey Gardens
Terry O'Donoghue

Wednesday January 15th 7.30pm

URC Chapel

Non-members are welcome at £5 on the door

MENDLESHAM 50150 SHOP

Browse our range of clothing and shoes for all the family, plus jewellery, accessories, homewares, books and more.

Have clothing to donate? You receive 50% of the sale price, with the rest to the Mendlesham Community Charity.

Open Tuesdays and Fridays 2 - 4pm

Find us in the green pavilion near the toddler play equipment on Station Road, Mendlesham. What3words: ///novelist.thin.tint.

Mendlesham Community Charity (MCC)

Charity No: 282391

January 2025

Originally founded as Mendlesham Community Council we became Mendlesham Community Charity in 2021. We are a small stand-alone charity and are not part of the Parish Council or any other agency in the village. In brief our constitutional aim is to enhance the quality of life for the community in the parish of Mendlesham.

We raise funds through the 50:50 shop, the licensed village tote and by any profits from the events we hold. The main expenditure for the charity is the production of the monthly Mendlesham Newsletter; although advertising does cover much of the costs the charity covers any shortfall.

The Charity relies on a team of dedicated volunteers who deliver the monthly Newsletter to every home, manage the licensed village tote and run the 50:50 shop in the green pavilion building which we rent from the Parish Council. We have an insurance policy that covers all the activities undertaken by our hardworking volunteers.

We recently started toy and book swaps and have held two to date with another planned for 25th January 2025. We organised a Christmas family pantomime “Jack and the Beanstalk” performed by a professional company on 8th December 2024.

Next year we are running a Ceilidh on 29th March 2025 with our main event being a Summer Fair to be held on Saturday 7th June 2025 between 12 noon and 5.00pm on the Mendlesham Playing Fields.

We welcome applications from anyone in the parish who wishes to hold an event which meets our aims either through financial support or by jointly running an event so that it is covered by our Public Liability Insurance.

More information about the Charity can be found on our website: Please take a look. https://tinyurl.com/MendelshamCC

Mendlesham Community Charity Trustees

Teresa Mills (Chair) 01449 766582
teresa.mills@mendleshamcommunitycharity.com
Letitia Goode (Secretary) 01449 768861
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Ronald Steed 01449 768626
ronald.steed@mendleshamcommunitycharity.com

Royal British Legion Poppy Appeal 2024

I would like to thank all of you who supported this year's Poppy Appeal for the Mendlesham District. The district includes those villages listed below, with amounts raised by each, this year.
The annual Poppy appeal is when we remember those in our armed forces, past and present, who gave so much for us all and a time to raise invaluable funds for this worthy charity to help those in need. This fantastic amount is due to the wonderful efforts of a terrific group of collectors who give up their time to help with the appeal, the support of local businesses who are kindly happy to have poppy trays at their premises and to all of you who gave so generously to the Poppy Appeal.
Thank you to you all.

Mendlesham	£1379.37
Mendlesham Green	£217.05
Wetheringsett	£138.10
Brockford	£117.39
Thwaite	£208.74
Wickham Skeith	£846.09

The district as a whole raised the grand sum of **£2932.44**

Jacquie Nash. Poppy Appeal Organiser

MENDLESHAM CAMERA CLUB



No meeting for us in January, but we will be back on Tuesday, 4th February - more about that next month.
Seasons greetings to you all - and keep taking photos!



For more details please log onto the website:http://www.mendleshamcameraclub.co.uk/ or contact mike@favager.co.uk

Parish Council:
Facebook:
We're now on Facebook! Look up 'Mendlesham Parish Council' and like and follow our page. We are excited to be able to share updates with you more frequently and for you to get involved with all things going on in the Parish.

Parish Council:
E News:
Would you like to keep up to date, via email, with events or information for Mendlesham Parish and surrounding areas? If yes, please subscribe to our E News following the link on our website homepage https://mendlesham-pc.gov.uk/ or contact the Parish Clerk

Friends of St Marys announcement

Tuesday Coffee Mornings will be closed from 17th December and will reopen from 1st April 2025

Thanks to all who supported us in 2024 and we look forward to seeing you again in 2025

Creative Writing

With
Mendlesham Writers Group

You are Welcome

FREE !!

3rd Wednesday Every Other Month
Old School Room
Mendlesham
7.30pm

First visit
Creative Writing Guidance Pack
Advice and encouragement
Guest speakers
Refreshments

Contact: Noel on: 01449 766968

Create something worthwhile in your own special way
No previous writing experience necessary

Mendlesham Walking Group

Saturday 11th January 2025
Meet at
Community Centre Car Park 10.00a.m.
2-hour walk led by Judith



AND



Walking on a Wednesday
Shorter, slower walk of about 1½ hours led by Alan

Wednesday 22nd January 2025
Meet at
Community Centre Car Park 10.30a.m.

Come and join us

Stay safe and keep walking
For more information, please contact
Angela - 01449 766483
Alan – 07790 124 509

If you would like to join Mendlesham Walking Group, please e-mail Angela :
angiepickup@btinternet.com

Parish Council:
Dogs:
There has been an increase in dog mess being left on footpaths around the village again. **Anyone who fails to clear up after their dog can be issued with a Fixed Penalty Notice of up to £100 with it increasing to up to £1000 if taken to Court.**
There are a number of dog litter bins around the village. If you need any assistance locating these please contact the Parish Clerk.
Please pick up any mess and either take home or deposit responsibly at the nearby dog litter bins.

Coffee Morning

In aid of Mendlesham Annual Parish Party



Saturday 18th January 2025

10am – 12noon

at United Reformed Chapel, Mendlesham

Refreshments, Raffle, Tombola and Cake Stall

It would be lovely to see you all for coffee and cake to raise funds for such a special village event.

Any donations towards the stalls would be gratefully received, please contact Angela Pickup on 07485 681899 or drop them off at 6 Mead Way, Mendlesham

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Charity. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

Mendlesham Annual Parish Party 2025

Dates for the Diary

The Mendlesham Parish Party Committee will be holding their annual **Coffee Morning** on **Saturday 18th January 2025** at **United Reformed Chapel** from **10am**. There will be refreshments, a bake stall, tombola and raffle. We would be grateful for any donations towards the tombola, raffle prizes or contributions to the bake sale which can be dropped off 6 Mead Way, Mendlesham or by contacting Angela on 07485 681899.

This year, the **Mendlesham Parish Party** will be held on **Saturday 8th March 2024, 4.45pm for 5.00pm** in the **Mendlesham School Hall.**

We will be taking bookings from **Saturday 18th January** at the Coffee Morning and then the phone lines will be open from 1pm. Please call Rachel Roshier on 07881 816622 or email rachelroshier@gmail.com You will need to call or email to reserve your place, we will not be making house to house visits with individual invitations.

Information about the Parish Party - Could you be part of this event?

The Annual Parish Party has been a tradition in the village for over 70 years. It is a completely free event for anyone 66 years old or older or registered disabled and live permanently within the parish of Mendlesham. It would be wonderful to see you all there and anyone new to the village that believes they would be eligible. Please spread the word to your friends and neighbours. It involves:

- Sitting down in the hall from 4.45pm
- Enjoy a **delicious two course dinner** and coffee.
- Soft drinks, wine and beer will be served throughout the evening.
- Fantastic entertainment from a **great singer, Andrew Spall**, who will bring you a variety of songs for us to join in and dance to if you wish.
- Please note - you may want to bring a cushion as the chairs can feel a bit hard after some time and for safety reasons, you are asked to sit no more than 6 to a table.
- FREE OF CHARGE

Volunteers

We will also be looking for a willing bunch of helpers for the party, so if you are free on Saturday 8th March 2025 between 3pm and 10pm and would like to be part of this special tradition, please contact Rachel on the telephone number or email address above.

Best wishes to you all and we look forward to receiving your call!!

Mendlesham Community Charity
TOTE RESULTS

Mendlesham Lottery			
7TH NOVEMBER 2024		**2ND NOVEMBER 2024**	
Drawn at Mead Way		Drawn at Mead Way	
JANET HUGGINS	£35.00	HAZEL SPALDING	£35.00
FRED HINDS	£25.00	JAMIE SPINKS	£25.00
KEITH STANNARD	£15.00	RITA TURNER	£15.00
BRENDA STANNARD	£10.00	DEVON CRACKNELL	£10.00

If you would like to purchase Tote Tickets, please contact Angela Pickup on 01449 766483 or angiepickup@btinternet.com

United Reformed Church

MURCies Coffee Bar

Friday - 10th January 2025 10am - 12pm

Knit and Natter

No meet ups during the winter

Charity Owned Land for rent.

The Mendlesham Educational Foundation and the Mendlesham Welfare Foundation have several parcels of land that are available for grazing, farming or amenity use through the informal tender process.

Field 1 and 2 are near to Mendlesham, 5.211 and 4.382 acres respectively. Field 3 is near to Mendlesham Green at 9.95 acres.

Mendlesham Educational Foundation

Field 1 5.21 acres New Broke Up Field, Chantry Corner on Mendlesham Road.
Field 2 4.382 acres Home Field, Formerly Allotment Gardens on Mendlesham Road.

Mendlesham Welfare Foundation

Field 3 9.950 acres Lower Mill Hill, near Cay Hill, Green Rd, Mendlesham Green

Closing date for tenders will be announced in due course and a tender pack distributed to interested parties..

For further information or to register an interest contact the Charities Clerk, Mike Favager by email at mike@favager.co.uk

MENDLESHAM WI

Our November meeting was our Annual Meeting; we were pleased to have Jenny our auditor and a member of the Board of Trustees of our County Federation join us. We are grateful to our five retiring committee members for standing again for election – thank you. Members were invited to vote for our president for the next year and Anita accepted nomination. The accounts were presented and annual report and address given by the secretary and president on the years review.

Jenny in her roundup spoke of the importance of the four resolutions to be voted on by all members, the winning one to be presented at the National A.M. in June. The four to be considered this year are all relevant topics. More about these another month.

As a little light relief Linda entertained us with a quiz and a 'feelie bag' competition. Thank you Linda. A cup of tea and raffle followed. The speaker at our January meeting will be from Tools with a Mission, and donations of small tools will be gratefully accepted – a list was available of suitable items including sewing items for donation. The tools are checked and refurbished if necessary before dispatch to Africa to give a step towards providing a livelihood.

Nine members enjoyed the annual Saturday morning Christmas workshop given by Jane, ably assisted by Jill. This year we were introduced to paper crafting – making a Christmas tree decoration (samples on our tree in church) and/or cards and parcel labels. Thank you Jane and Jill for sharing your talents. Our monthly knit, stitch and yarn meetings continue to be well supported.

For the diary:

Jan. 8th: Knit, Stitch and Yarn in O.S.R. 1000 – noon. £2.50 per meeting.

Jan. 21st: Monthly meeting, our 99th birthday month. 7.30 in the U.R.C. Speaker from T.W.A.M. No competition, but donation of small tools if you can.

Season Greetings to you all.

If you are interested in joining us please contact president Anita (766902). You will be made welcome.

Mendlesham Over 60s Meeting

on 27th November 2024

Annette welcomed 27 members to the meeting.
Speaker Norman Foster was unfortunately ill. Jenny Mayes brought her Dad's bingo game which he made to raise funds for the Red Cross many years ago which was very much enjoyed. Refreshments of warm sausage rolls and mince pies were also enjoyed.

At the next meeting on 26th February 2025 the speaker will be Chris Parfitt on Morocco.
Competition: anything connected with North Africa in any medium.
Programmes for 2025 will be handed out at the Christmas meal on 18th December. Annette assured members that were not going to the meal would have a programme delivered before the New Year.

Mendlesham Carpet Bowls Club

(and short mat bowls)

2024 - 2025 season

Keep fit, Stay active

New comers and Experienced bowls players
are always very welcome
Annual subs £5.00. Weekly Playing fee £3.00
(Includes tea/coffee and biscuits)

Mendlesham Primary School Hall
most Tuesdays from September 3rd
7:15pm - 10:00pm
Email contact: rfouracre230@gmail.com
Affiliated to the Suffolk Carpet Bowls Association



A warm welcome awaits you at the
Mendlesham Art Group



Meet every 2nd and 4th Tuesday of the month.
2pm - 4.30pm in the Old School Room.
£10 yearly subscription. £4 per session
(includes a drink and biscuits)

This is an informal friendly group where everyone can create what they want in their preferred medium and style.
Help and advice given if wanted!

Mendlesham Baby and Toddler Group

Meets in the large hall of the Community Centre.



Tuesday Mornings
9:15 to 11:15



Come and join us for a drink, snack, activities and a large space to play in.

Contact Simona Pounds 07585093311
MendleshamBabyGroup@gmail.com
Facebook; Mendlesham baby toddler group
for further information.

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:

Mendlesham Fish & Chip Shop
15.15 - 15.30
Mendlesham Playing Field
15.35 - 15.50
Mendlesham The Green
16.00 - 16.20



The van's next visit is **Thursday 9th January 2025**

I've really struggled with my money and have already spent too much on Christmas. I also recently got caught out by a free trial on an app that rolled into a paid subscription. Even without this though, it feels like every month I end up in my overdraft. How can I keep track of my spending better?

Lots of people will be feeling this way right now, and it can be difficult to stay on top of things like online subscriptions. But there are steps you can take to be more in control of your money.

Firstly, draw up a budget. Remember to include all of your general spending, and any other bills you have to pay. Be realistic about what you'll need for essentials like food and travel. If your income fluctuates, use bank statements, benefit award letters and Universal Credit journals to plan your budget each month.

Your bank should be able to tell you what regular payments you have. If you find subscriptions you don't want, contact the company in question to cancel them. In future, before signing up to anything, make sure you know what you'll get, for how long and what it'll cost. If you do use any free trials, set a reminder a week before the free period ends so you've time to cancel it if you want to. Keep evidence of any subscription cancellations in case you need it in the future.

If you've been relying on your overdraft lots this year or turned to credit cards or Buy-Now-Pay-Later, it's understandable if this worries you. Always prioritise paying your rent, mortgage, plus energy bills and Council Tax first though, because not paying these has the most serious consequences. If you're having trouble managing your debts and paying bills, contact Citizens Advice for support.

Our website has an income checker where you can see if you're getting all you're entitled to, such as benefits or government grants. https://www.citizensadvice.org.uk and then search: 'Check if you can increase your income'.

Everyone's circumstances are different, particularly when it comes to managing personal finances. We're here to help you find a way forward.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

CANCER RESEARCH UK

Together we are beating cancer



Join us to help fund life-saving research into cancer

Workin Progress

Saturday 22 March 2025 19:00 - 23:00 PM

Mendlesham Community Centre,

Old Station Road Mendlesham, IP14 5RT

For Tickets and more information please scan the QR code

Thank you so much for your wonderful support

Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666), the Isle of Man (1103) and Jersey (247). Registered address: 2 Redman Place, London, E20 1JQ.

Registered with FUNDRAISING REGULATOR

Our Bus Services

Use it or lose it!!!!



In addition to our bus services, don't forget about *Connecting Communities Bus Service.* A wheelchair-accessible bus can be booked for journeys in Suffolk. The cost is around half that of a taxi. **Phone 01449 614271**

Buses are free for people with concessionary bus passes after 0930. For others it costs £2 per journey until December when the Government will decide if the subsidised fares can continue.

Bus timetables

Monday, Wednesday and Friday to and from Stowmarket

Gislingham, adj Post Office0	O945
Finningham, White Horse (E-bound)	O948
Wickham Skeith, The Broadway	O952
Mendlesham, Health Centre	**O959**
Mendlesham, Kings Head	**1000**
Mendlesham, Community Centre	**1001**
Mendlesham Green, Bus Shelter	**1006**
Saxham Street, Middlewood Green Turn	1010
Stowupland, Crown PH	1012
Cedars Park, Creeting Road East, Mill Street	1015
Cedars Park, Creeting Road East, Magpie Court	1016
Cedars Park, Creeting Road West, Creeting Road Ind. Est.	1019
Stowmarket, Railway Station	1022
Stowmarket, Bury Street	1026

Stowmarket, Bury Street	1300
Stowmarket, Railway Station	1304
Cedars Park, Creeting Road West, Creeting Road Ind. Est.	1307
Cedars Park, Creeting Road East, Magpie Court	1310
Cedars Park, Creeting Road East, Mill Street	1311
Stowupland, Crown PH	1314
Saxham Street, Middlewood Green Turn	1316
Mendlesham Green, Bus Shelter	**1320**
Mendlesham, Community Centre	**1325**
Mendlesham, Kings Head	**1326**
Mendlesham, Health Centre	**1327**
Wickham Skeith, The Broadway	1334
Finningham, White Horse (W-bound)	1338
Gislingham, Post Office	1341

Tuesday and Thursday

Finningham, White Horse (W-bound)	O945
Westhorpe, o/s Bus Shelter	O948
Wyverstone, adj Church Hill	O950
Bacton, Village Stores (S-bound)	O953
Bacton, Methodist Church (E-bound)	O955
Cotton, opp Trowel & Hammer	O957
Mendlesham, Health Centre	**1004**
Mendlesham, Kings Head	**1005**
Mendlesham, Community Centre	**1006**
Mendlesham Green, o/s Bus Shelter	**1010**
Saxham Street, Middlewood Green Turn	1016
Stowupland, Crown PH	1017
Cedars Park, Creeting Road East, Mill Street	1020
Cedars Park, Creeting Road East, Magpie Court	1021
Cedars Park, Creeting Road West, Creeting Road Ind. Est.	1024
Stowmarket, Railway Station	1027
Stowmarket, Bury Street	1031

Stowmarket, Bury Street	1300
Stowmarket, Railway Station	1304
Cedars Park, Creeting Road West, Creeting Road Ind. Est.	1307
Cedars Park, Creeting Road East, Magpie Court	1310
Cedars Park, Creeting Road East, Mill Street	1311
Stowupland, Crown PH	1314
Saxham Street, Middlewood Green Turn	1315
Mendlesham Green, o/s Bus Shelter	**1321**
Mendlesham, Community Centre	**1325**
Mendlesham, Kings Head	**1326**
Mendlesham, Health Centre	**1327**
Cotton, Trowel & Hammer	1334
Bacton, Methodist Church (W-bound)	1336
Bacton, Village Stores (N-bound)	1338
Wyverstone, adj Church Hill	1341
Westhorpe, o/s Bus Shelter	1343
Finningham, White Horse (E-bound)	1346

To Ipswich/Eye/Diss Monday to Friday

From Mendlesham to Eye and Diss	From Diss to Mendlesham	From Mendlesham to Ipswich	From Ipswich to Mendlesham
1017	**O650**	**O729**	**O935**
1347 To Eye Only	**1000**	**1039**	**1305**
1755	**1330**	**1415**	**1705**
	1715	**1754**	

Saturday

From Mendlesham to Eye and Diss	From Diss to Mendlesham	From Mendlesham to Ipswich	From Ipswich to Mendlesham
1000	**O730**	**O811**	**O920**
1540	**1230**	**1311**	**1500**
	1530	**1711**	**1810**

Mid Suffolk Taxi Bus



The Taxi Bus is a new service, funded by Mid Suffolk District Council, that goes around circular routes to Stowmarket. **One circuit covers Mendlesham to Stowmarket Station and return on <u>Mondays, Wednesdays and Fridays only,</u> The service is six times per day.**
Single journeys cost £6 per person so a return trip to Stow would be £12. Concession cards are not valid on the service. The vehicle is accessible for wheelchair users.
Booking can be done on-line at www.suffoktaxibus.co.uk or by phoning **01449 866866 or people can just turn up at the bus stop** at the appropriate time. Currently, the only stop in Mendlesham is the one on Chapel Road near the Health Centre. We are talking to the provider regarding a more central stop and also the possibility of including Mendlesham Green in the circuit.

The times at the bus stops are as follows (Journey time around 20 minutes)

Chapel Rd Stop	**Stowmarket Station**
0746	**0805**
1058	**1119**
1211	**1230**
1334	**1355**
1447	**1505**
1820	**1835**

Return trips from Stowmarket are (Note that the return journey takes longer as it goes around the circuit via Elmswell and Wyverstone)

Stowmarket Station	**Chapel Rd Stop**
0650	**0746**
1058	**1119**
1120	**1211**
1231	**1334**
1356	**1447**
1711	**1814**

Don't forget, we also have our daily bus services to Diss, Eye, Ipswich and Stowmarket.
USE IT OR LOSE IT!!
Mendlesham Parish Council

MENDLESHAM DIRECTORY		
1st Mendlesham Guides	Emma Munday	01449 768843
3rd Monday Book Club	Doug Williams	01449 766498
Ancient Order of Foresters	Beatrix Wrinch	07885 909869
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998
Bowls Club	John Player	07747 592899
Brownies	Brenda Stannard	01449 766308
Camera Club	Mike Favager	01449 766007
Carpet Bowls Club	Roger Fouracre	01449 766229
Community Centre Hall	Becky Herbert	01449 672531
Computer Club	Giles Godart-Brown	07500 042836
District Councillor	Andrew Stringer	01449 780339
Explorer Unit	Jonathan Freeman	07756 761590
Football Club	Ashley Roshier	07909 113676
F.O.M.S.A	C.P School	01449 766224
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400
History Group	Sue Michell	01449 766434
Mendlesham Art Group	Anne Heaton	07719 244076
Mendlesham Community Charity	Teresa Mills	01449 766582
Mendlesham Education Foundation	Mike Favager	01449 766007
Mendlesham Welfare Foundation	Mike Favager	01449 766007
Old School Room Bookings	Daphne Lambert	01449 766320
Over 60's	Annette Taylor	01449 766552
Parish Council & Playing Field	Amy Johnson	01449 766719.
Parish Party Committee	Rachel Roshier	07881 816622
Rainbows	Becky Froude	07774 581503
St Mary's Parish Church	Father Philip Gray	01449 766359
St Mary's Church Council	Chris Elstone	07530 769676
Toddler Group	Simona Pounds	07585 093311
United Reformed Church	Margaret Jackson	01449 766321
Village Recorder for Mendlesham	Geoff Clarke	01449 766447
Walking Group	Angela Pickup	01449 766483
Walking on Wednesdays	Alan Chattell	07790 124509
Woman's Institute	Anita Scruby	01449 766902
Writers Group	Noel Fletcher	01449 766968

If you have any amendments to the information on this page, please email the editor at gemma.green1202@gmail.com or call on 07733 333659 so they can be corrected. Thank you



EVERY SOUL STARS

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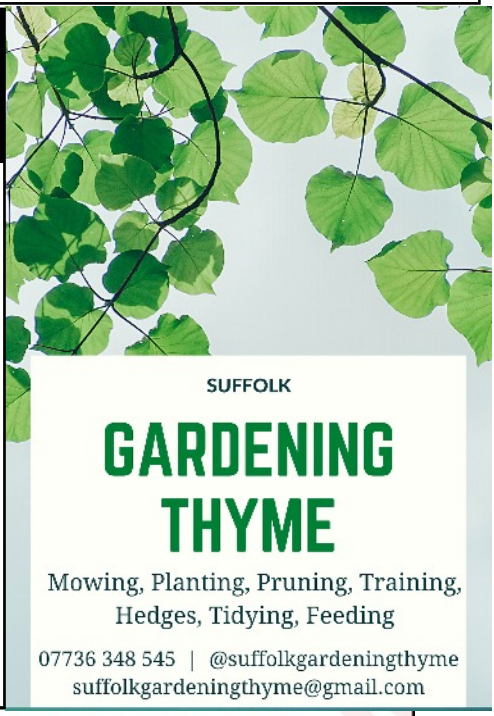
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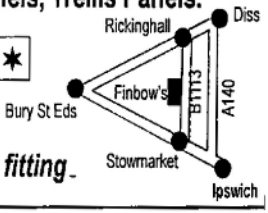
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12th	10.45am	Mrs Nichola Glasse
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26th	10.45am	The Worship Group

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2 Corinthians 5: 17

"Therefore, if anyone is in Christ, the new creation has come:[a] The old has gone, the new is here! "

New beginnings, new hope, dare we believe that this new year will hold all that we hope for our world.

At this time of year TV and magazines will have reviewed the past year and much of the content may well have reminded us of the broken dreams of so many with countless people struggling simply to survive in the face of wars, climate disasters and poverty. On our own shores we can recount the number of lives devastated by those who carry, and use knifes.

The New Year is also about looking forward. For some this results in new year's resolutions being made to drink less and go on a diet, resolutions which are forgotten within a month. But as Christians these types of resolutions are not what we should be about. As Christians we are about a whole new life lived out so that others can find the love of Christ.

At Christmas we were reminded of the wonder and joy of the birth of our Saviour and a hope that was to transform the world. In Christ there is a new creation and if we care to look around, we can see past the horrors to people of good news. There are people who care, who bring hope to the lost and the lonely, food to the hungry and love to everyone they meet.

Continued on page 42…….

…..continued from page 41

That is the good news and from where new beginnings must start.
If we want peace on earth let it begin with us and maybe it's time we rolled up our sleeves and started the work as close to home (and church) as we dare.

Prayer

Lord Jesus Christ, Prince of Peace, as we come to a new year may your love flow through us into the lives of all we meet. May our words and actions of peace spread across the land so whoever we meet recognises the new beginning that can come when Jesus comes into a life. Amen

May the peace of Christ enter all your lives this new year and for the years ahead.

Anne Scarff (Elder at Stowmarket URC)

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Sunday - 8:30am & 10:15am
Our Lady's, Stricklands Road, Stowmarket, IP14 1AW
Holy Days - 10am & 7:30pm
Our Lady's, Stricklands Road, Stowmarket, IP14 1AW

Weekday Mass is usually 10am, see the weekly Newsletter or the Parish Website - www.ourladystowmarket.org.uk
All are welcome to "Coffee and Chat", 2 - 4pm on the 2nd and 4th Thursday of the month.
This is held in the Parish Hall above the Church - a lift is available.



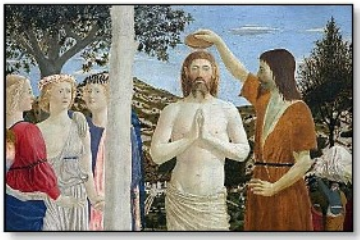
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Weekday Mass: offered daily; **for times, see calendar on church website and noticeboard.**
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TUESDAY COFFEE

Friends of St Mary's 'Coffee and Cake' will not take place in January but there will still be a cup of tea or coffee available in church at 10.00 on Tuesdays after the 9.30 Mass.

SPECIAL EVENTS

Sun 5th Jan: Epiphany (arrival of the Wise Men) 9.30: Parish Mass, blessing of Epiphany house and of chalk to mark our houses.

Sun 12th Jan: BAPTISM OF OUR LORD / PLOUGH SUNDAY: 9.30: Parish Mass.

11.15 (approx.) procession around Front St & Old Market St with vintage tractors & plough. Bring & share lunch in church.

Mon 13th Jan: 2.30 pm: **MONTHLY HEALING SERVICE -** laying-on-of hands / anointing.

ALL WELCOME.

Fr Philip Writes .....

We shall be keeping Plough Sunday on 12th January, when the Christmass Season ends in the Church's calendar. It reminds us that we should go about our ordinary daily work after the example of Christ and not according to the world's standards. The following story gives food for thought:

Three businessmen and 3 clergymen met on a railway station and were going to the same destination. The 3 clergy purchased a single ticket each but noticed that the



3 businessmen purchased only one ticket between them. The clergy asked how they were going to get away with that and received the reply: "Wait and see!"

The train drew in and the 3 clergy watched the businessmen rush for the toilet, cram in together and slam the door. The ticket collector came along and tapped on the toilet door, saying, "Tickets please!".

The door opened a fraction and a hand put the ticket through the door, which was clipped and returned. The clergy were intrigued. By chance they happened to meet the businessmen on the return journey, for which the clergy had bought only one ticket between them - not feeling guilty but reasoning that the businessmen had got away with it on the outward journey and justifying to themselves that the railway made enough profit so wouldn't miss the other two fares.



In fact, at the start of the return journey they noticed the businessmen had not bought a ticket at all. They were intrigued to know how they were going to get away with that but again were told, "Wait and see!"

The train drew in and the 3 clergy rushed into the toilet and slammed the door. The 3 businessmen rushed into another nearby and also slammed the door. Not long afterwards there was a tap on the door of the clergymen's toilet, with the request, "Tickets please!"

They opened the door a fraction and passed the ticket through the door..... It wasn't returned to them!

..... Some time later, the real ticket collector turned up at their door and knocked!

The moral of this story is that you can't tame sin....as in the old saying , "Be sure your sin will find you out." How much better it is to be honest and hardworking, after Christ's example.

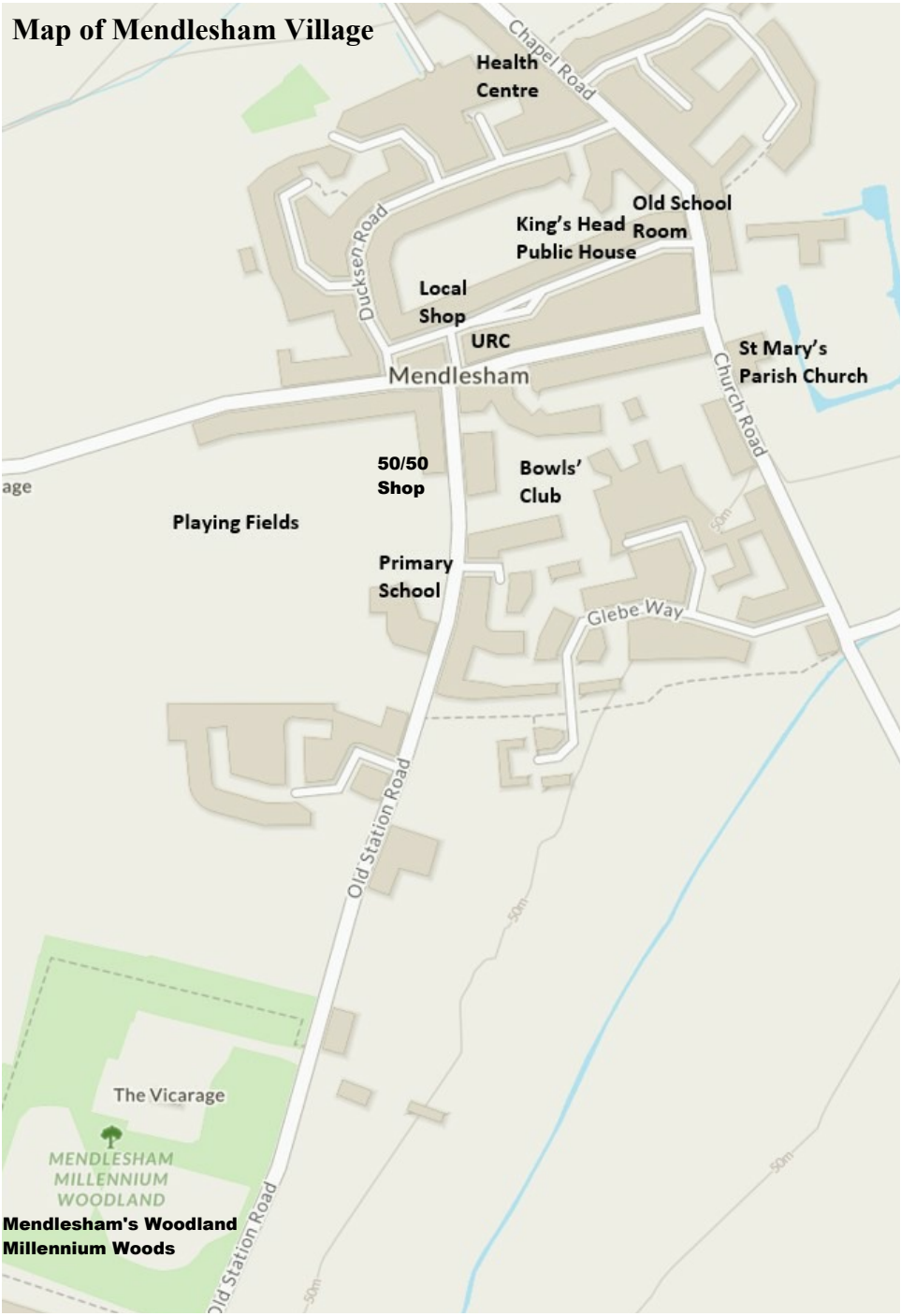


Blessing of Chalk: It's a custom to bless chalk at Epiphany, for writing a blessing near the main door of a house at the start of the new year: **20 + C + M + B + 25**

We ask Christ's blessing on our home as we write the year date and the letters CMB. They represent both the traditional names of the Wise Men - Caspar, Melchior and Balthazaar - and also the Latin **'Christus Mansionem Benedicat'** – '**May Christ bless this House**'.

For more information unable to fit into the 2 pages allotted to the Parish Church, see 'This Month's Newsletter' and 'What's On at:
www.stmarysmendlesham.org.uk

Map of Mendlesham Village



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