

# **MENDLESHAM NEWSLETTER**



**Issue 484**

**March 2024**

# CLASSIFIED ADS

To Advertise here  
email Keith on  
shelton@live.co.uk

## Your Local Handyman

Minor repairs around the home  
Including taps, immersion heaters  
Flat pack assembly  
Shed & fence painting  
MANY more services provided  
Tony 07771 800072  
01449 781993  
gooderhamt@aol.com

To Advertise here  
email Keith on  
shelton@live.co.uk

To Advertise here  
email Keith on  
shelton@live.co.uk

The Mendlesham Community Charity launch their website in August.  
Why not have a look.

Here is the QR Code and the Website address:

<https://sites.google.com/mendleshamcommunitycharity.com/home>

<https://tinyurl.com/MendleshamCC>



Here is a link for guidance on submitting articles for the  
newsletter

[https://sites.google.com/mendleshamcommunitycharity.com/  
home/newsletters/guidance-for-contributors](https://sites.google.com/mendleshamcommunitycharity.com/home/newsletters/guidance-for-contributors)

Or

<https://tinyurl.com/32byjppr>

# Newsletter supported by Mendlesham Community Charity

## Newsletter Team

**Editor:** Gemma Green  
07733 333659  
gemma.green1202@gmail.com  
**Advertising:** Keith Shelton  
01449 768744  
shelton@live.co.uk  
Carolyn Triscott  
Lorraine Shelton  
Mark Brennan

We produce 12 issues per year which are delivered to every household in the location of Mendlesham.

## Deadline for April Issue

**6<sup>th</sup> March 2024**

**Front Cover**  
Gemma Green

## Editorial

Welcome to the March issue. Have you noticed? Days are brighter and longer as Spring has returned. Crocus, Daffodil and Forsythia shine like jewels in the sunlight. I do love this positive time of the year of new beginnings.

*Best Wishes*  
*Gemma*

## Dates for your diary

<b>Mar</b>		<b>Page</b>
<b>2nd</b>	Community Cafe	3
<b>5th</b>	Camera Club	11
<b>6th</b>	Newsletter Deadline	1
<b>6th</b>	Parish Council Meeting	2
<b>6th</b>	WI Knit, Stitch & Yarn	13
<b>7th</b>	Mobile Library	17
<b>8th</b>	MURCies	12
<b>8th</b>	Friends & Food Friday	15
<b>9th</b>	Walking Group	9
<b>11th</b>	Knit & Natter	12
<b>12th</b>	Writers Group	6
<b>19th</b>	WI Meal at Bacton Bull	13
<b>20th</b>	History Group	3
<b>21st</b>	WI Meeting	13
<b>22nd</b>	Scouts Quiz Night	10
<b>22nd</b>	Friends & Food Friday	15
<b>25th</b>	Knit & Natter	12
<b>27th</b>	Walking on Wednesday	9
<b>27th</b>	Over 60's Meeting	14
<b>29th</b>	Easter Treasure Hunt	8

Don't forget the  
Parish Church &  
URC from page 41



## FROM THE PARISH COUNCIL

Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill,  
Wetheringsett, Suffolk IP14 5PL

Tel : 01449 766139 .

Email: [parishclerk@mendlesham-pc.gov.uk](mailto:parishclerk@mendlesham-pc.gov.uk)

Web site: [www.mendlesham-pc.gov.uk](http://www.mendlesham-pc.gov.uk)

- Paul Allen tel 01449 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Denise Foster tel 01449 768978
- Norman Foster tel 01449 768978
- Stephen Hyde tel 07920212139
- Daniel Lummis 07584630988
- Helen Orton tel 01449 767741
- Charles (Mick) Orton 07388353544
- Liz Ward tel 01449 766562

Emergency Planning Co ordinator for Mendlesham Green:

Mr David Nunn tel 01449 767158.

Temporary Emergency Planning Co Ordinator for Mendlesham: Please contact the Chairperson.

### **Wednesday 6 March 2024**

Mendlesham Parish Council Ordinary meeting 7pm  
Old School Room, Mendlesham

### **Wednesday 15 April 2024**

Mendlesham Parish Council Ordinary meeting 7pm  
Old School Room, Mendlesham

Agendas for formal meetings for Mendlesham Parish Council, Mendlesham Community Centre Charity and Mendlesham Memorial Playing fields Charity are published via E News and Parish Notice Boards. Please note any extraordinary meetings may not be able to be published in this newsletter due to publication dates.

### **Parish Council:**

#### **Precept 2024/25:**

After much discussion, Mendlesham Parish Council share of the precept for 2024/25 has been increased by 5% to £53, 601. This means a Band D property will pay to the Parish £94.06 pa. This is not something that was agreed lightly or easily, but is required to ensure that we can deliver our responsibilities to the Parish.



## Mendlesham Community Café

(Payment by card preferred)

Saturday 2<sup>nd</sup> March

10am - 2pm

Old School Room, Mendlesham

Come and join us for our **St Patrick's Day Café**. Our usual menu is available but with **Irish Stew** as a special dish. We have new cake and dessert makers whose products were a great hit in February and so not to be missed in March.

February Draw Winner

(A Valentine's Day Hamper)

Jill Wiltshear

*Want to join our team?*

We are looking for volunteers, so if you would like to get involved especially if you can make delicious cakes, please pop in and see us or call Helen 01449 767741

### Are you on Facebook?



If so have a look for  
'Spotted in Mendlesham'  
&



'Spotted in Mendlesham Green'

pages to keep up to date with what's going on in the villages.

### Mendlesham History Group

Wednesday 20th March 7.30pm

URC Chapel

A talk by Jo Caruth

'Update of archaeology work at Lakenheath'

Non-members £4 on the door

**Mendlesham Community Charity (MCC)**  
**Charity No: 282391**

**March 2024**

**Tote**

If you do not already have a Tote ticket, please consider signing up, only £10.00 annually for the fortnightly chance of winning up to £35.00 (you can pay online). Please contact

[angela.pickup@mendleshamcommunitycharity.com](mailto:angela.pickup@mendleshamcommunitycharity.com)

**50:50 shop**

Unfortunately, the shop building remains closed while surveys of the damage to the internal panels are completed and decisions made about any necessary work. We hope to open the shop again as soon as it is safe to do so.

**Summer Fair**

Saturday 22<sup>nd</sup> June 2024 between 12.00noon and 6.00pm on the  
Mendlesham Memorial Playing Fields.

**FREE ENTRY - EVERYONE WELCOME**

Over the afternoon there will be a programme of live music, with a range of food and drink stalls and a licensed bar. Activities for children will include games, a magician, face painting and much more.

A Craft Fair will be held in the school main hall with a variety of other stalls outside where you can buy gifts, plants, sweet treats and more. If you would like to have a stall, run an activity, donate a raffle prize, or volunteer your time please contact one of the trustees below.

**Newsletter**

Please do keep sending your quizzes, pictures, and articles etc in to the newsletter. We have enjoyed them all.

**Web site**

<https://tinyurl.com/MendleshamCC>

**Mendlesham Community Charity Trustees**

Teresa Mills (Chair) 01449 766582

[teresa.mills@mendleshamcommunitycharity.com](mailto:teresa.mills@mendleshamcommunitycharity.com)

Letitia Goode (Secretary) 01449 768861

[letitia.goode@mendleshamcommunitycharity.com](mailto:letitia.goode@mendleshamcommunitycharity.com)

Sally Lovatt (Treasurer) 01449 541725

[sally.lovatt@mendleshamcommunitycharity.com](mailto:sally.lovatt@mendleshamcommunitycharity.com)

Nathalie Crisp 07795 491781

[nathalie.crisp@mendleshamcommunitycharity.com](mailto:nathalie.crisp@mendleshamcommunitycharity.com)

Andrew Cullum 01449 767877

[andrew.cullum@mendleshamcommunitycharity.com](mailto:andrew.cullum@mendleshamcommunitycharity.com)

**Support your local  
community groups and  
projects**

**Join the Mendlesham  
Parish Tote  
£10 annually for entry to  
26 draws**

**Prizes paid out every 2 weeks**

**£35, £25, £15 and £10**

**Pay cash or pay online  
Please contact Angela Pickup  
01449 766 483  
[angela.pickup@mendleshamcommunitycharity.com](mailto:angela.pickup@mendleshamcommunitycharity.com)**

**Tote managed by Mendlesham Community Charity  
Charity Number 282391**

# **Mendlesham Carpet Bowls Club**

(and short mat bowls)

**2023 - 2024 season**

**Keep fit and active**

New comers and Experienced bowls players  
are always very welcome

Annual subs £5.00. Weekly Playing fee £3.00  
(Includes tea/coffee and biscuits)

**Mendlesham Primary School Hall**

**most Tuesdays from September 5<sup>th</sup>**

**7:30 - 10:00pm**

**Email contact: [rfouracre230@gmail.com](mailto:rfouracre230@gmail.com)**

Affiliated to the Suffolk Carpet Bowls Association

# **Creative Writing**

With

**Mendlesham Writers Group**

**You are Welcome**

**FREE !!**

First visit  
Creative Writing Guidance Pack  
Advice and encouragement  
Guest speakers  
Refreshments

**2nd Tuesday Every Month**

**Old School Room**

**Mendlesham**

**7.30pm**

**Contact: Noel on: 01449 766968**

**Create something worthwhile in your own special way  
No previous writing experience necessary**





## FOMSA

### Friends of Mendlesham School Association

Mendlesham Primary School is having a Bag 2 School Fundraising collection.

If you have any unwanted items from those listed below then please bag them up ready to recycle them whilst raising money for the school.

Please fill bin bags with *GOOD* quality:

- Men's, Ladies' and Children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags,
- Hats
- Bags
- Scarves and ties
- Jewellery
- Lingerie
- Socks
- Belts
- Soft toys
- Household linen
- Household curtains
- Household towels
- Household bedding (bed sheets, pillow cases and duvet covers.



*The company **DO NOT** accept:*

- *Duvets and blankets*
- *Pillows and cushions*
- *Carpets, rugs and mats (including bath, shower and toilet mats)*
- *Soiled, painted, ripped or wet clothing*
- *School uniforms with and without logo*
- *Corporate clothing and workwear*
- *Textile off cuts, yarns or threaded material*

**Please bring your filled bags to school on:**

**Wednesday morning 24<sup>th</sup> April at 9:00am**

**Please leave bags near the front of the school, not blocking any of the entrance doors. A FOMSA member will be there to show you.**

**Please note we do not have anywhere to store filled bags so please wait until the collection date before bringing them to school.**

**Thank you in advance for your support.**

Friends Of Mendlesham School Association

## Easter Treasure Hunt

Come and solve the trail hidden in the Millennium Woods.

Find all of the clues to be entered into the prize draw.

All children receive a prize for entering.

New this year

Enjoy a bacon or veggie sausage roll to start the morning.



Drinks and Easter refreshments available and other activities and competitions.

All proceeds go to Mendlesham School.



**Good Friday**

**29<sup>th</sup> March**

**Millennium Woods**

**9:30 - 1:00**

**£5 per entry form**

**Start location: The Primary School Large Hall**

**(Entry forms to be collected from here)**

# Mendlesham Walking Group

Saturday 9<sup>th</sup> March 2024

Meet at

Community Centre Car Park **10.00a.m.**

2-hour walk led by Alan



AND



Walking on a Wednesday

Shorter, slower walk of about 1½ hours led by Alan

Wednesday 27<sup>th</sup> March 2024

Meet at

Community Centre Car Park **10.30a.m.**

**PLEASE WEAR STURDY WATERPROOF BOOTS**

Dogs on leads welcome

Come and join us

Stay safe and keep walking

For more information please contact

Angela - 01449 766483

Alan - 07790 124 509

If you would like to join Mendlesham Walking Group, please  
e-mail Angela : [angiepickup@btinternet.com](mailto:angiepickup@btinternet.com)

## DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Charity. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

**Parish Council:**

**Parish Councillor vacancy:**

We are all really sorry to have lost Cllr Mike Exley as a Parish Councillor and previous Chairperson, further to his move away from Mendlesham. Mike has been a Parish Councillor for some ten years, but has also with Sandra and more lately Sylvia, contributed to the parish in so many ways, both visible and behind the scenes.

We wish them every happiness for the future.

Mid Suffolk District Council are now asking the electorate if they wish to hold an election or delegate the decision for to fill the vacancy to the Parish Council. If you wish for an election, please contact the returning officer Arthur Charvonia, Returning Officer, Endeavour House, 8 Russell Road, Ipswich, Suffolk, IP1 2BX in writing before 23.4.24. If you wish to find out more about the Parish Councillor role, please look at our website, ask a Parish Councillor or the Parish Clerk.

**Parish Council:**

**Parish Clerk role:**

Please note that further to recent communications, Peter Grogan has resigned for personal reasons. Mendlesham Parish Council is currently recruiting and we hope to make an announcement very shortly. In the meanwhile, Sharon Jones continues as Parish Clerk.



# Quiz Night

Friday 22nd March 2024

Doors open 6.30pm for a 7pm start

Mendlesham Community Centre

£5 per person

Max.8 per team

Bring your own drinks and snacks

Raffle

Heads and Tails Game

Reserve your table in advance by emailing  
[mendleshamscoutsfundraising@hotmail.com](mailto:mendleshamscoutsfundraising@hotmail.com)  
or message Lil on 07545 322087

All proceeds towards our scout hut project

## MENDLESHAM CAMERA CLUB



The next meeting will be on  
Tuesday 5th March in the  
Old School Room at 1930.



Our challenge this month - 'cup and saucer' - with coffee and biscuit perhaps? These will be displayed, admired and discussed. The second part of the meeting, weather permitting, will be a practical exercise outside with light trails. Bring camera, tripod, a torch and any coloured lights you may have. There is always time for a cup of coffee and a biscuit. We pay a fee at each meeting to cover the cost of the hall. The club is a small group of mixed photography ability and new members are always welcome.

For more details please contact [mike@favager.co.uk](mailto:mike@favager.co.uk)

### **Parish Council:**

#### **Flooding matters:**

There is much work going on behind the scenes by Parish Councillors, SCC/MSDC Cllr Stringer and volunteers, including local businesses and land owners.

We are pleased to report that Cllr Stringer has co-ordinated and we understand funded from his locality budget, a new drainage gully to Old Station Road, Mendlesham which it is anticipated will prevent the current flooding down the road from the Playing fields to the old Fleece PH corner. We understand this work should be completed within 14 or so weeks. Thank you, Andrew.

We have had an offer and accepted with thanks, from a local developer working with permission from other landowners, to undertake works to the area near the Health Centre. Thank you to all concerned.

We are getting closer further to resident contact, walkabouts and comparison with historical maps to understanding what else needs to happen to mitigate against flooding, both in Mendlesham village and Mendlesham Green.

Thank you to all for their help.

### **Parish Council:**

#### **Date for your diary:**

Please note our Annual Parish Meeting will be held Monday 15 April, 7pm, URC Chapel All very much welcomed. This is a meeting for the electorate to discuss matters concerning them, but also to celebrate what we have achieved. We hope you will join us. More information to follow.

# Mendlesham Community Charity TOTE RESULTS

Mendlesham Lottery			
4th January 2024		18th January 2024	
Drawn at Mead Way		Drawn at Mead Way	
K. ABSOLON	£35.00	A. SKINNER	£35.00
P. SEAMAN	£25.00	G. CLARKE	£25.00
S. BATTLEY	£15.00	M. ANDREWS	£15.00
J. CLARK	£10.00	K. BAKER	£10.00

If you would like to purchase Tote Tickets,  
please contact Angela Pickup on  
01449 766483 or [angiepickup@btinternet.com](mailto:angiepickup@btinternet.com)

## United Reformed Church

### MURCies Coffee Bar

Friday - 8th March 2024 10am - 12pm

### Knit and Natter

Monday - 11th & 25th March 2024 2pm - 4pm

# QUIZ NIGHT

With Quiz Master : Andi

@ Mendlesham Primary School, IP14 5RT



Tea, Coffee & Nibbles available  
Contact Graham on 07912 353105

SATURDAY 6<sup>th</sup> April 2024  
**7.30PM START**

ENTRY : £5.00 per person - Teams up to 6 people

Organised by The Friends of St Mary's - registered charity number 284983

Anita opened the January meeting celebrating our 98<sup>th</sup> birthday. We were pleased to welcome two visitors.

It was agreed to continue supporting the Moses basket project and the Stowmarket Food Bank charity. We start to think about our annual flower show in July and a meeting was arranged to plan and discuss the schedule. A workshop is organised for 13<sup>th</sup> April to decorate a tote bag tutored by Jill. Places are limited – get your name on the list quickly. Ideas for summer outings were considered and more suggestions will be welcome.

Our speaker for the evening was introduced, a return visit of Marianne Brame talking about silver and gemstones. Marianne talked about the purity of silver and about the origins of gemstones and passed around samples of precious and semi-precious varieties. She warned to be cautious when buying jewellery, especially abroad, and to 'buy a thing you love at a price you can afford'. Marianne had a stall of items for sale that she had made.

Margaret was then invited to cut the birthday cake and propose the toast in fizz. Margaret told us she her WI history – 37 years a member. We enjoyed the cake made and decorated by Jackie. Thanks to them both.

The competition for an item of silver jewellery was won by Jane.

**For the diary:**

March 6<sup>th</sup>: Knit, Stitch and Yarn in O.S.R. 10am – noon.  
£2.50 per meeting.

March 19<sup>th</sup>: Meal at the Bacton Bull 6.30pm for 7pm for those who have booked.

March 21<sup>st</sup>: 7pm Group Meeting hosted by Mendlesham in the School Hall

If you are interested in joining us please contact president Anita (766902). You will be made welcome.

## **Mendlesham Over 60s Meeting – 28 January 2024**

Our January meeting started on a very sad note. We held a minute's silence for member Ray Mayes, who sadly died.

Twenty-two members joined us at this meeting and our speaker, Mr Geoff Clarke, took us back to "Mendlesham 2022"! There was so much we had forgotten.

Early in that year we had strong winds, causing trees to be blown down. Road works took place and in the Spring there were lovely blossoms. There was a Community Meeting where Andrew Davey rewarded citizens who have helped the community. He also said we will be having a new Community Centre, but not when. We had a craft fair in the Hall, a litter pick and a summer fayre on the playing field, which the children enjoyed. Dan Poulter opened the Play Area and table tennis. For the Jubilee there was a rickshaw ride and Lighting the Beacon at Mendlesham Green. Gardens were also decorated. It was a very hot record breaking summer. Later in the year, the Queen's death, although expected, was a very sad time. The harvest went on as usual and we also had some flooding. Then Christmas was upon us with houses decorated, even the post box was dressed!

It is good that Geoff records it all as there is so much we forget.

### **Competition**

First: Norman Foster

Second: Annette Taylor

Third: Enid Lambert

### **Next Meeting**

March 27<sup>th</sup> – Amanda Sutherland – TV and Film Costume Maker  
She will bring costume jewellery etc to sell.

Competition – A bar of soap

Then it will be the AGM.

The meeting was closed with a reminder of raffle prizes.





A warm welcome awaits you at the

## **Mendlesham Art Group**

Meet every 2nd and 4th Tuesday of the month.

2pm - 4.30pm in the Old School Room.

£10 yearly subscription. £4 per session

(includes a drink and biscuits)



This is an informal friendly group where everyone can create what they want in their preferred medium and style.

Help and advice given if wanted!

## Friends & Food Friday

In the Old School Room 12-2pm

### Dates for 2024

March - 8<sup>th</sup>, 22<sup>nd</sup> April - 5<sup>th</sup>, 19<sup>th</sup> May - 3<sup>rd</sup>, 17<sup>th</sup>, 31<sup>st</sup>

June - 14<sup>th</sup>, 28<sup>th</sup> July - 12<sup>th</sup>, 26<sup>th</sup>

\*\*\*\*\*

### MENU

Heinz tomato or  
chicken soup  
& buttered roll

Or

Panini with a choice  
of fillings -  
ham, cheese,  
tomato , bacon

Plus A piece of  
homemade cake

**£3.00**

Plus Endless tea  
and coffee

\*\*\*\*\*

Always books, jigsaws and magazines to borrow

Supported by a grant from BMSCC

## Our Bus Services



We have been asking Mendlesham Parish people about our bus service and thanks to everyone who has given their view. We hope to include an article in the next Newsletter giving a full result of the consultation and details of a bid we have made to Suffolk County Council for a regular service to Stowmarket. Several people commented that they would like a simple, regularly publicised current timetable. Here it is:

### Mondays to Fridays

From Mendlesham to Eye and Diss	From Diss to Mendlesham	From Mendlesham to Ipswich	From Ipswich to Mendlesham	From Mendlesham to Stowmarket <b>Thursday Only</b>	From Stowmarket to Mendlesham <b>Thursday Only</b>
<b>1017</b>	<b>0650</b>	<b>*0729</b>	<b>0935</b>	<b>0941 not via Mendlesham Green</b>	<b>1250 not via Mendlesham Green</b>
<b>1347 To Eye Only</b>	<b>1000</b>	<b>1039</b>	<b>1305</b>		
<b>1755</b>	<b>1330</b>	<b>1415</b>	<b>!1705</b>		
	<b>1715</b>	<b>1754</b>			

### Saturdays

From Mendlesham to Eye and Diss	From Diss to Mendlesham	From Mendlesham to Ipswich	From Ipswich to Mendlesham
<b>1017</b>	<b>0730</b>	<b>0811</b>	<b>0935</b>
<b>1347 to Eye Only</b>		<b>1311</b>	<b>1305</b>
		<b>1711</b>	

All times from Mendlesham relate to the bus stop at the King's Head. For the stop at Old Station Road **add or subtract a minute or so**. For the stop at Mendlesham Green **add or subtract about four minutes**

Times from Diss relate to the Bus Station

Times from Ipswich relate to the Cattle Market Bus Station except where marked

\* Bus goes to Ipswich Rail Station not Cattle Market Bus Station

! Bus starts at Ipswich Rail Station but still collects at **Cattle Market Bus Station at 1715**

**Mendlesham Parish Council**

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:

Mendlesham Fish & Chip Shop  
15.15 - 15.30  
Mendlesham Playing Field  
15.35 - 15.50  
Mendlesham The Green  
16.00 - 16.20



The van's next visit is **Thursday 7th March 2024**

### **Mendlesham Baby and Toddler Group**

Meets in the large hall of the Community Centre.

Tuesday Mornings

9:15 to 11:15



Come and join us for a drink, snack, activities and a large space to play in.

Contact Simona Pounds 07585093311

MendleshamBabyGroup@gmail.com

Facebook; Mendlesham baby toddler group  
for further information.

Friends of St Mary's  
**Soup, Coffee & Cake**  
**Every Tuesday 11:00am - 1:00pm**

In St Mary's Church

All Welcome!

No Charge ... donations welcome





**Mid Suffolk**

**Damp and mould is building up in our house as the weather gets colder. Our living room is the worst and there's a strong smell, so we've stopped having friends round. We're also concerned about our health. We've reported it to our landlord, but they haven't done anything. With six months left on the tenancy agreement, we're running out of options. What should we do?**

You've done the right thing by bringing this to your landlord. To work out if they are responsible, you'll need to find the cause of the damp and mould. This can take time unless there's a clear cause, like bad insulation or a leaking roof.

Damp is when an area of your property doesn't dry out, often because it's cold. The main types are rising, penetrating, construction, and condensation damp. It can lead to mould, which is a fungus that grows in areas where warm damp air condenses on cold surfaces, like window frames. Information on our website can help you work out what type of damp you have, who is responsible and what you can do. Go to [citizensadvice.org.uk](http://citizensadvice.org.uk) and search damp for more information.

You should check your tenancy agreement for mentions of repairs and damp. Your landlord is responsible for fixing a damp problem if it's making your home unsafe to live in. For example, this could be if it's affecting your health or the health of those you live with. Your landlord will also be responsible if the damp is related to repairs they should have carried out, like if the window frames are rotting.

Condensation is a key cause of damp we're all familiar with. You should try and reduce extra moisture in your home, this will make it easier to show that your landlord is responsible for the damp. Extra moisture can come from portable gas or paraffin heaters, drying wet clothes or using a tumble dryer with no outside vent.

You may reach the point where you just want to get out of your tenancy agreement early, but remember this can be tricky and there might be things you haven't tried yet.

For example, you could get support from Safe Suffolk Renters, a Suffolk wide project to help improve relationships between landlords and private tenants. Contact them via their website [safesuffolkrenters.org](http://safesuffolkrenters.org). As a private renter, if you've got evidence from a health professional that damp is making you ill, you may be able to get free legal advice through Legal Aid.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at [midsuffolkcab.org.uk/contact-us](http://midsuffolkcab.org.uk/contact-us). Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

## MENDLESHAM DIRECTORY

1 <sup>st</sup> Mendlesham Guides	Emma Munday	01449 768843
3 <sup>rd</sup> Monday Book Club	Doug Williams	01449 766498
Ancient Order of Foresters	Beatrix Wrinch	07885 909869
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998
Bowls Club	John Player	07747 592899
Brownies	Brenda Stannard	01449 766308
Camera Club	Mike Favager	01449 766007
Carpet Bowls Club	Roger Fouracre	01449 766229
Community Centre Hall	Becky Herbert	01449 672531
Computer Club	Giles Godart-Brown	07500 042836
District Councillor	Andrew Stringer	01449 780339
Explorer Unit	Jonathan Freeman	07756 761590
Football Club	Ashley Roshier	07909 113676
F.O.M.S.A	C.P School	01449 766224
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400
History Group	Sue Michell	01449 766434
Mendlesham Art Group	Anne Heaton	07719 244076
Mendlesham Community Charity	Teresa Mills	01449 766582
Mendlesham Education Foundation	Mike Favager	01449 766007
Mendlesham Welfare Foundation	Mike Favager	01449 766007
Old School Room Bookings	Daphne Lambert	01449 766320
Over 60's	Annette Taylor	01449 766552
Parish Council & Playing Field	Sharon Jones	01449 766139
Parish Party Committee	Rachel Roshier	07881 816622
Rainbows	Becky Froude	07774 581503
St Mary's Parish Church	Father Philip Gray	01449 766359
St Mary's Church Council	Chris Elstone	07530 769676
Toddler Group	Simona Pounds	07585 093311
United Reformed Church	Margaret Jackson	01449 766321
Village Recorder for Mendlesham	Geoff Clarke	01449 766447
Walking Group	Angela Pickup	01449 766483
Walking on Wednesdays	Alan Chattell	07790 124509
Woman's Institute	Anita Scruby	01449 766902
Writers Group	Noel Fletcher	01449 766968

***If you have any amendments to the information on this page, please email the editor at [gemma.green1202@gmail.com](mailto:gemma.green1202@gmail.com) or call on 07733 333659 so they can be corrected. Thank you***

## Monday Morning meet-up



**We are now open again!**

**Every Monday morning  
in the Old Schoolroom  
10am-12pm**

**EVERYBODY** welcome. If you are on your own, retired, widow, widower, new mum/dad, looking for work or whatever your situation...

Come on down and enjoy free tea, coffee, cake and sausage rolls, plus good friendly company.

There is also a selection of jigsaws, books and magazines to take away free of charge.

Funded through Suffolk community foundation through the East of England Co-op lunch club/warm hub fund.

- Tailormade Trips •
- Package Holidays •
- Cruises •
- City Breaks •
- Tours •
- Flights •

And More.....

**Lucy Chilvers**

**Personal Travel Consultant**



Whether you're ready to book or need help planning your next adventure, please contact me directly for a quote.

**Tel: 01449 797656 Mob: 07895 980413**

**Email: [lucy.chilvers@hays-travel.co.uk](mailto:lucy.chilvers@hays-travel.co.uk)**

**Fully ABTA & ATOL Protected**

## *Brockford Sidings Dog Park*

A fun and secure place to exercise your dogs in the countryside!  
Bring your own dogs' toys or make use of our supplied agility equipment.

Park inside the field so no need for a lead! Shelter for rain cover and a clean water tap for dog bowls and washing your dog off also available.

Bookings online only at:

[www.brockforddogpark.co.uk](http://www.brockforddogpark.co.uk)

Location: Brockford Sidings, Brockford Green, IP14 5NN

## **D. I. ALSTON LTD.**

THE CEDARS, CEDARS HILL, BROCKFORD. IP14 5PQ

**OFFICE AND WORKSHOP LETS**

**SELF STORAGE CONTAINERS**

(20FT, £100 PCM inc. VAT)

**BROCKFORD SIDINGS HOLIDAY LETS**

**BROCKFORD CAMPSITE**

**DOG EXERCISE PARK**

FOR ALL ENQUIRIES CONTACT:

TONY ALSTON

01449 766231

[dialstonltd@outlook.com](mailto:dialstonltd@outlook.com)

# Acorn Kennels

Jodi Palmer  
Dragon Cottage  
Wash Lane  
Mendlesham  
Stowmarket  
Suffolk  
IP14 5TD



For Enquiries or Bookings  
please call:

01449 767012

[www.acorn-kennels.co.uk](http://www.acorn-kennels.co.uk)



Fully licenced and insured

Friendly and personal care

Opening hours

Mon - Sat 9.00am to 12 noon

Visitors welcome other times  
by appointment

## Stowe Veterinary Group

For a professional caring service

- 24-hour hospitalisation and emergency care provided on-site
- Advanced diagnostic imaging including CT scanning service
- Veterinary referral services
- Physiotherapy and hydrotherapy
- Pet behaviour counselling, dog agility and training classes
- Pet shop and grooming lounge.



54 Bury Road, Stowmarket, Suffolk IP14 1JF

Tel: 01449 613 130 | [www.stovevets.co.uk](http://www.stovevets.co.uk)



### PAUL DURRANT & SON LTD

Carpentry Services

Office :01379 678485

Email:

[pauldurrantandsonbuilders@gmail.com](mailto:pauldurrantandsonbuilders@gmail.com)

Or [johndurrant75@gmail.com](mailto:johndurrant75@gmail.com)

For advice call John: 07894551485

Many aspects of carpentry -  
Kitchen fitting

Fitted wardrobes - Storage  
solutions

Window & door replacements -  
Timber framed sheds/home  
offices



**Free advice on all your double-glazing enquiries including:**

- 'A' energy-rated UPVC windows
- Doors
- Conservatories
- Rain water goods i.e. fascias, soffits, guttering and downpipes

Removal and full replacement of the above.

All repair work undertaken e.g. sealed units, window/door handles, adjustments to windows/doors

Replace your old polycarbonate conservatory roofs with 'A' rated self-cleaning glass

**Enquiries to  
Michael Brame  
(Bacton)01449 781533  
or mob.07931 784470**



**Unisex Salon**  
For all Salon Services

Including perms, colouring, tints, highlights, cuts, blowdrys, etc

Only the best products from GOLDWELL are used.

Also offering a waxing service at competitive prices

**Phone GILLIAN**  
**For your appointment now**  
on **01449 766568**  
or **07795 087670**

The Brambles, Green Road,  
Mendlesham Green IP14 5RF



SUFFOLK

**GARDENING  
THYME**

Mowing, Planting, Pruning, Training,  
Hedges, Tidying, Feeding

07736 348 545 | @suffolkgardeningthyme  
suffolkgardeningthyme@gmail.com

- **Water Softeners**  
New Sales, Service and Repairs
- **Drinking Water Systems**
- **Boiling Water Taps**
- **Salt Deliveries**  
Tablet and Blocks

# Clarity

Water Solutions  
from A.D. Veale  
~ Est. 1981 ~



[www.clarity-water.co.uk](http://www.clarity-water.co.uk)

01449 512201 / 01379 871020 [info@clarity-water.co.uk](mailto:info@clarity-water.co.uk)

THE GABLES, EYE ROAD, BROME, EYE, SUFFOLK IP23 8AL



**Painting & Decorating**  
**General Property Maintenance**  
**Window Cleaning & Gutter Clearance**  
**Carpentry and Joinery**

## STEVE'S HANDYMAN SERVICES

**Please call me to discuss your requirements**  
**Fully insured**

Steve Mountain  
2 Fairfield Cottage, Thorney Green,  
Stowupland, Stowmarket, Suffolk, IP14 4AD

**07764 373680**



## David Foster Heating

Local Heating & Plumbing Engineer

Boiler Servicing & Repairs

Boiler & Central Heating Installations

Water Softeners, Pumps, Valves & Programmers fitted

Gas Appliance Installations

Tel: 01449 781477

Mobile: 07979 505618

e-mail: davidfosterheating@gmail.com



## YOUR RELIABLE LOCAL PLUMBER



Anglian Water Approved



### Mark Jardine

### Plumbing & Heating



- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

**Tel: 01728 628291 Mob: 07854 924 801**

**Email: mgjardine@btinternet.com**

## Optimal Heating

Father & Son Team  
with over 30 years experience

Specialist Heating Engineers  
Oil, Natural Gas & LPG Servicing and Repairs



**Tel: 01728 628687**

**Mobile: 07806 660399**





Amanda  
Polley

# Swimming Lessons

Private one-to-one swimming lessons nr Wetheringsett  
30 min sessions on weekday evenings and weekends available

All ages (including babies from birth) and abilities

Experienced, STA Qualified, CRB checked and Insured

Call **07910 376 906** or Email **[theswimteacher@yahoo.com](mailto:theswimteacher@yahoo.com)** for details



## HAYWARDS SOLICITORS

**FOR ALL YOUR FAMILY'S LEGAL NEEDS**

**We offer Fixed Fees at Competitive Rates**

**Telephone: (01449) 613631**

email: [enquiries@haywards-solicitors.co.uk](mailto:enquiries@haywards-solicitors.co.uk)

**[www.haywards-solicitors.co.uk](http://www.haywards-solicitors.co.uk)**

@HaywardsLaw on Twitter

Telephone  
and Virtual  
meetings  
available

**Free Car Park Available For Use By Clients**

7 - 9 TAVERN STREET, STOWMARKET, SUFFOLK IP14 1PJ

## ALL SEASONS LANDSCAPE GARDENING

Garden Landscaping • Turf Laying • Paths & Patios  
Garden Maintenance • Hedge Cutting • Fencing  
Specialise in Low Maintenance Gardens

*Established since 1998 Fully Insured & Guaranteed*

For FREE estimates and more information on our service call **Simon** on

**01449 720221 / 07922 035204**

email: [suffolksi68@gmail.com](mailto:suffolksi68@gmail.com)

[www.allseasonslandscapegardening.co.uk](http://www.allseasonslandscapegardening.co.uk)

# Andrew Bingham

INDEPENDENT FUNERAL SERVICE

*Stowmarkets Independent Family Funeral Service*

24 Hour Personal Service • Private Chapel of Rest • FREE Parking



Telephone: **01449 771666**

[www.andrewbingham.co.uk](http://www.andrewbingham.co.uk)



The Nutshell, Milton Road South, Stowmarket, Suffolk IP14 1EZ

Golden Charter  
Funeral Plans 

# L. FULCHER

FUNERAL DIRECTORS & MEMORIAL CONSULTANTS

# 01449 613033

58, Ipswich Street, Stowmarket IP14 1AD

We'll guide and assist you through all the funeral arrangements. Call us 24 hours a day.



*Low Cost Funeral Options  
available without any  
compromise on service*

  
**Dignity**  
CARING FUNERAL  
SERVICES

# BOLT

## Electrical Services

New Build & Extensions • Electrical Repairs  
Testing & Certification  
Renovation & Rewires  
Consumer Unit Upgrades  
Alterations & Additions  
EV charge point installation

Chris - 07969 472540  
chris.boltelectrical@gmail.com

www.boltelectricalservices.co.uk



## “Simply Feet” Qualified Foot Health Practitioner

New to Mendlesham and  
surrounding villages  
Catering for all your foot health  
needs in your own home.  
Your initial consultation will include  
a neurovascular assessment.

### Treatment Including:

Diabetic foot assessment  
Callus and Corns  
Involuted and Pincer nails  
Fungal nail treatment  
Advice on correct footwear  
My goal is to provide an  
outstanding and friendly service

**Call Karen Murphy**  
**MCFHP MAFHP**  
**0753 847 1977**

# GRAHAM MOORE ELECTRICAL LTD

Blacksmith Cottage, Silver Street,  
Old Newton, IP14 4HF

*For all your electrical needs*

For a friendly and efficient service

Call Graham on Tel: 01449 616946 Mobile: 07867 560357

**FREE ESTIMATES**

**ALL WORK GUARANTEED**



DESIGN | PRINT | PROMOTION

Tel: 01449 721599 | [www.gippingpress.co.uk](http://www.gippingpress.co.uk) | [enquiries@gippingpress.co.uk](mailto:enquiries@gippingpress.co.uk)  
Units 1&2, Lion Barn Industrial Estate, Needham Market, Ipswich, Suffolk IP6 8NZ



**GT CARPENTRY & BUILDING**

EMAIL: ENQUIRIES@GTCB.CO.UK TEL: 07887 796 619

KITCHEN FITTING • ROOFING • INTERNAL WORKS • DECKING • FENCING • PANNELLING



GT CARPENTRY & BUILDING



GTCARPENTRYANDBUILDING

## Choose Refills

### Mobile Eco Refill Shop

We are coming to Mendlesham on the first Thursday of each month from 11.30-1.30 so pop and see us at the community Centre.

Simply bring your empty bottles along and we can refill or purchase prefilled reusable bottles ready for next time.

Try our zero and low waste refilling station for eco-friendly and vegan household cleaning and laundry liquids and hair and body products.

Buy what you need without unnecessary packaging.

For orders and more information visit :

[www.chooserefills.co.uk](http://www.chooserefills.co.uk)

Free Delivery for orders over £10

Are you looking for local accommodation for your visitors?



Our 2 bedroom holiday cottage in Wickham Skeith is available for short term lets all year round.

**Contact Tim**

**07870 622132**

## Life Changing Hypnotherapy

Experience this effective, relaxing therapy for help with:

- Stopping smoking
- Weight loss
- Confidence issues
- Stress and anxiety
- Overcoming fears and phobias

**Free initial consultation**

Wendy Chalk BA (Hons), HPD, MNCH

07817 158429 or 01449 780352 [www.wendychalk.co.uk](http://www.wendychalk.co.uk)

Do you need help with:

Personal Care  
Dementia Care  
Overnight Care  
Help around the house  
Companionship

Contact us for more  
information or a brochure:

01449 678000

01284 711845

01379 771111

[www.mycare-at-home.co.uk](http://www.mycare-at-home.co.uk)

My Care  
AT HOME

Providing care and  
support in your  
own home

RECRUITING  
CARE  
PRACTITIONERS  
NOW!

**TIME FOR YOU™**

DOMESTIC CLEANING

**Are you tired of cleaning?**



We have the  
right cleaner  
waiting  
to help  
you.

**Regular - Weekly - Cleaner**

01359 258991

Typically £16 per hour

[www.timeforyousuffolk.co.uk](http://www.timeforyousuffolk.co.uk)



**MID SUFFOLK  
MOBILITY**

**Open Tuesday to Saturday**

- *Scooters, Wheelchairs*
- *Recliner Chairs • Bath Lifts*
- *Stair Lifts and much more*
- *Competitive Prices*



Finbow's Yard,  
Bacton, Stowmarket

**Tel: 01449 781804**



# **R S A PEST MANAGEMENT SERVICES HAUGHLEY**

Tel No: 01449-672083 Mobile 07745-771516

## **GAME OVER**

For

**Rats, Mice, Moles, Rabbits, Squirrels, Ants, Wasps, Flies,  
Birds, Bees, Cockroaches, Bed bugs, Fleas,  
Woodworm etc..**

**30 year guarantee available on timber treatments, damp proofing**

**Deer & Fox Management**

**Fully qualified and insured**

For a service you can rely on for effective control of farm, garden and households pests.



Members of the National Pest Technicians Association  
Unmarked vehicles and discreet service



**Safe & Sound  
Hygiene and Pest Control**

**Is your garden overrun with moles?**

**Do you have a wasp nest?**

**Are your paddocks overrun with rabbits?**

**For ALL your domestic or commercial Pest Control**

**Woodworm treatment available.**

**No obligation – free survey/quotes.**



*Pest infestation can damage your health and your home. Recent surveys show that numbers of mice/rats and bed bugs found in UK homes are on the rise. As Local Authorities are cutting back on free pest control services. We are here to offer you a service at the right price.*

**Call us to discuss your pests on 07809226109.**

**[www.safeandsoundhygieneandpestcontrol.co.uk](http://www.safeandsoundhygieneandpestcontrol.co.uk)**

ESTABLISHED 1970

# TAYLOR'S

FLOORING &  
FURNITURE

THE AREAS LARGEST STOCKIST OF  
CARPET, VINYL AND BEDS

## 10% DISCOUNT

ON ALL CARPET, VINYL & BEDS  
ON PRODUCTION OF THIS ADVERT

ADVERT MUST BE PRESENTED AT TIME OF ORDER TO RECEIVE DISCOUNT  
(EXCLUDING REMNANTS & SPECIAL OFFERS)

FREE MEASURING AND ESTIMATING SERVICE AVAILABLE

UNIT 15, CHARLES INDUSTRIAL ESTATE, STOWUPLAND ROAD,  
STOWMARKET, IP14 5AH. 01449 615861

# 4 CLEANRIGHT

CARPET, RUG & UPHOLSTERY  
CLEANING SPECIALISTS

FULLY INSURED - WE MOVE FURNITURE  
NON-FRANCHISED. RELIABLE PROMPT SERVICE

**CARPETS** Lounge from £20. **RUGS** From £5  
**UPHOLSTERY** From £25

**DOMESTIC – END OF TENANCY - COMMERCIAL**  
PLEASE CALL US FOR A FREE QUOTE

## TEL 01449 711687

# Narey's Garden Centre

FOR ALL OF YOUR GARDENING NEEDS

Shrubs - Roses - Perennials - Annuals  
Indoor Plants - Compost - Paving - Walling  
Fencing - Water Features - Bird Baths  
Garden Furniture - Tools - Sundries  
AND MUCH MORE

**CAFE NOW OPEN**

Find us at Spikes Lane, Stowmarket  
Tel: 01449 612559



## J. LAWES

STATION ROAD, BACTON

**HARDWARE · IRONMONGERS  
GARDEN AND BUILDERS SUPPLIERS**

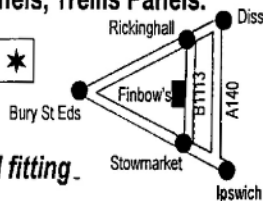
*Including Sand, Ballast and Cement in large or small quantities.*

FENCING · GATES · GARDEN SHEDS · PEAT / COMPOSTS · LAWMOWERS  
CHAINSAWS · PAINTS · HAND TOOLS · POWER TOOLS · HD & DOMESTIC  
ELECTRIC CABLE & FITTINGS · DOUBLE GLAZING · PVC SHEETING

All types of Timber. Timber prepared. Lap Fencing Panels, Trellis Panels.

★ Granular and Nut Salt ★ Timber Patio Decking ★

*Plywood, Chipboard & Hardboard Sheeting,  
Drainpipe and Fittings, Full range of Copper Pipe and fitting.*



**Open Mon - Sat 8.30am to 5.30pm**


*Delivery on all items (including Color Gas)  
- Credit Cards accepted*


**Tel: Stowmarket  
01449 781452**


# nexusheat<sup>flame</sup>




Nexus Heat offer a complete supply and installation service across a wide selection of traditional and contemporary Woodburners, Multi-fuel, Pellet and Gas stoves. Our beautiful showroom is always filled with a varied display from top manufacturers such as Heta, Parkray, AGA and Bellfires amongst others.

 [www.nexusheat.co.uk](http://www.nexusheat.co.uk)

 (01379) 671168

 [info@nexusheat.co.uk](mailto:info@nexusheat.co.uk)

 Maltfings Barn, Hinderclay Rd, Wattisfield, Diss, Suffolk, IP22 1NF

## **PALMERS BAKERY**

### **HAUGHLEY**

*Established 1869 – Over 150 Years of Excellence*  
**TRADITIONAL HIGH CLASS ARTISAN  
FAMILY BAKERS & CONFECTIONERS**

**FRESH BREAD & CONFECTIONERY BAKED DAILY BY CRAFTSMEN USING  
LOCAL INGREDIENTS & BAKED IN ANCIENT BRICK OVENS**



01449 673286



*The Village Green - Haughley*

**Largest Stockist of Tiptree Jams & Marmalades in East Anglia.**  
**Suffolk Honey, Free Range Eggs, Groceries & Local Produce.**  
**Freshly Made Sandwiches & Filled Rolls - Hot Drinks & Bacon Rolls**  
*Also at Stowmarket, Woolpit, Stanton, Ipswich and  
Brett's Bakery Needham Market & Freshfills of Claydon*

*Seven Generations of Baking, Tradition & Service for Over 150 years*

# MPD TANKS LTD



**Registered  
Technician**

Steel and  
Plastic oil  
tanks  
installed  
Fully  
Insured  
Telephone  
Mendlesham  
01449767820  
07708395889

**T**ank  
change  
Ltd

**TankChange Ltd.**



**Suppliers & Installers of Oil Tanks.**

Family Business with Over 40 Years Experience  
Steel & Plastic Oil Tanks available  
Fully Insured OFTEC Registered Engineers.

Telephone: 01449 781210  
(Out of Hours 01449 781498) / Mobile: 07899 898720  
Email: [Terry@TankChange.co.uk](mailto:Terry@TankChange.co.uk)

Visit our website @: [WWW.TankChange.co.uk](http://WWW.TankChange.co.uk)

*Discounts available to parish magazine readers*

**Your Local Independent  
Repairs Specialists**

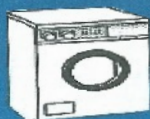
**BOSCH HOTPOINT ZANUSSI LIEBHERR**  
Open: Monday to Friday 9-5pm  
Saturday 10-2pm

**DK Appliances Ltd**

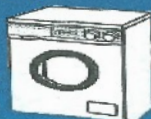
**Domestic Appliances**

**SUPPLY & INSTALL NEW  
AND REFURBISHED APPLIANCES  
INCLUDING BUILT-IN**

**01449 780398**



**Large Showroom,  
Finbows Yard, Bacton,  
Stowmarket, Suffolk**



**[www.dkappliances.co.uk](http://www.dkappliances.co.uk)**

**KH**

**Kevin Hollings  
KITCHEN STUDIO**

Unit 14 Lodge Works,  
Stowmarket Road,  
Old Newton,  
IP14 4EE  
01449 257160

[info@kevinhollingskitchens.co.uk](mailto:info@kevinhollingskitchens.co.uk)

[www.kevinhollings.com](http://www.kevinhollings.com)





Orchard Garage DMS Ltd was previously run from Stowupland. We moved to Middlewood Green in 2018. Over 20 years technical experience. Our goal is to deliver outstanding customer service to repair, service, MOT all makes & models to the highest possible standard, we also supply & fit tyres all at very competitive prices.

We look forward to welcoming you to Orchard Garage, please ring for a quotation or to book an appointment.

Telephone: 01449 711436

Email: [Orchardgaragedms@outlook.com](mailto:Orchardgaragedms@outlook.com)

Address – Orchard Garage DMS Ltd, White House Farm, Middlewood Green, Stowmarket, Suffolk, IP14 5HE



## STOWMARKET EXHAUST & TYRE CENTRE

Unit 3, Charles Industrial Estate, Stowupland Road,  
Stowmarket, Suffolk

Tel: 674141

*COMPARE OUR PRICES*

TRY US FOR PUNCTURES  
COMPUTER WHEEL BALANCING  
TRACKING

HUGE DISCOUNTS

ON EXHAUST TYRES AND  
BATTERIES  
FITTED WHILE YOU WAIT

Open 8.30 a.m. to 5.30 p.m. Monday to Friday  
Saturday 8.30 a.m. to 12.00 noon

*REMEMBER*

We are your local specialists

## To Advertise Here

Email Keith at

[shelton@live.co.uk](mailto:shelton@live.co.uk)

*Fed up of running around after  
your car?*

Why not give us the inconvenience –  
it's part of our service

**WE COLLECT & DELIVER**

Servicing

General repairs - shocks, clutches,  
brakes etc

Air-conditioning recharged

MOTs arranged

Welding

All work guaranteed

**S & P Motorcare**

Established 1990

Contact: Shane on 01449 771102 or  
07802 545737

***Personal Service at  
Competitive Rates!***

 **REWTS**

T r e e s & G a r d e n s

**Tree surgery:** from light pruning to  
large tree take down, surveys and  
stump removal.

**Garden landscaping:** patios,  
fencing, decking, pergolas, gates,  
stone driveways, water features,  
turfing and seeding new lawns,  
borders and planting designs.

**Garden maintenance:** hedge  
cutting, pruning, weeding,  
strimming, grass cutting, tidying.

Tel: 0782 5253 720

[info@rewtstreesandgardens.co.uk](mailto:info@rewtstreesandgardens.co.uk)

[www.rewtstreesandgardens.co.uk](http://www.rewtstreesandgardens.co.uk)

**E L D**

**ELWOOD LANDSCAPE DESIGN**

*A practice registered with the Landscape Institute*

**Garden Design • Landscape Design  
Planning Applications**



**01449 768828 [team@e-l-d.co.uk](mailto:team@e-l-d.co.uk)  
[www.e-l-d.co.uk](http://www.e-l-d.co.uk)**

The Barn Cherry Tree Farm Mendlesham Green Stowmarket Suffolk IP14 5RQ





## A/C FENCING AND GARDENING REPAIRS



All fencing and gates supplied and erected.

All gardening work from regular grass mowing to hard landscaping.

Lawn mowing up to 3 acres, Ground care. Strimming - weeding - scarifying.  
Garden clearance. Concrete base and shed erecting. Tree felling - stump  
grinding. Hedge cutting. Fencing work

Repairs & Servicing to all Lawn Mowers,  
Strimmers & Hedgecutters etc.

Call Andy on 01449 403050 or 07748 785197 for a free quote.



Professional Tree Surgeon and team  
that can maintain your gardens big or small



### Trees & Hedges

Felled, Pruned, Shaped, Dead / Broken & dangerous hanging branches  
removed to make them safe.

Hedges cut and maintained to your specification

### Gardens

Lawns cut, Borders trimmed, Shrub beds cleaned

### Ground Clearance

Large or small areas of scrub cleared and removed

### Fences

Panelled. Wired, Post & Rail, Erected or Mended

---

*Free, no obligation, quotations*

---

01449 720157 / 07788590779

[james.firman@treesandfences.com](mailto:james.firman@treesandfences.com) / [www.treesandfences.com](http://www.treesandfences.com)

**Is your laptop running slow?**

**Are you still running Windows 7?**

**You may be open to hackers!**

**Windows 7 is now end of life. Microsoft will not be providing support updates and you could be open to attack from hackers.**



**We can upgrade your computer to Windows 10 and upgrade your computer to a much faster SSD (Solid State Hard Disk).**

**Starting from £100**

Price does not include Windows 10 licence. Windows 7 to 10 upgrade may still be active. Price includes a 250GB SSD Hard disk

Laptop Repairs

PC Repairs

Networking

Virus and Spyware Removal

Upgrades

**We come to you!**

**Call Ben 07885100031**

**or email**

**help@suffolkpcsupport.co.uk**

**SuffolkPCSupport.co.uk**

YOUR LOCAL IT SUPPORT SPECIALIST

## Suffolk Computers

Our locally based computer engineers offer friendly and technical assistance for all your computing needs



Free Diagnosis

Site visits

Upgrades

**NO fix NO fee**

Tel: 01449 782195 / 07834 709970

Email: sales@suffolkcomputers.co.uk

Website: www.suffolkcomputers.co.uk

## CHIMNEY SWEEP

### ECO SWEEP

CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.
- INDUSTRIAL HEPA FILTERED VACUUM.
- FULLY INSURED.
- INSURANCE RECOGNIZED CERTIFICATES ISSUED.
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
- ALL CHIMNEYS, WOOD BURNERS, AGA, BOILER FLUES SWEPT.
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.



Power sweeping



**TEL. 01359 232335**

## Jackie Stevens Bookkeeping and Accounting Services

Bookkeeping

Payroll

Accounts preparation

Management accounts

Self-assessment VAT PAYE

Sage QuickBooks

Ideal business start up

Please call Jackie on

01449 781823 or 07988612032

email:

jackiekstevens@live.co.uk

# MENDLESHAM CHAPEL



**Minister: The Rev'd Robert Sheard**

**Tel: 01449 678173**

**SERVICES FOR MARCH**

As shown below

- 3<sup>rd</sup>** No Service - Anniversary at Stowmarket URC 10.30am  
**6<sup>th</sup>** 2.00pm Afternoon Fellowship - Rev'd Mary Playford  
**10<sup>th</sup>** 10.45am Mr Keith Scarff  
**20<sup>th</sup>** 2.00pm Afternoon Fellowship Mrs June Moss  
**24<sup>th</sup>** 10.45am Palm Sunday Mr William Glasse  
**29<sup>th</sup>** 10.45am Good Friday Mr William Glasse  
**31<sup>st</sup>** 10.45am Easter Day Rev'd Richard Edwards Holy Communion

***MURCies Coffee Bar – 2<sup>nd</sup> Friday from 10.00 - 12.00 (8<sup>th</sup> March)***

***Knit & Natter – 2<sup>nd</sup> & 4<sup>th</sup> Mondays from 2.00 - 4.00 (11<sup>th</sup> & 25<sup>th</sup>)***

Luke 24: 1-2

*<sup>1</sup>Very early on Sunday morning the women went to the tomb, carrying the spices they had prepared. <sup>2</sup>They found the stone rolled away from the entrance to the tomb, <sup>3</sup>so they went in; but they did not find the body of the Lord Jesus.*

At the end of March, we celebrate Easter Sunday which is the most important of the Christian Festivals, but for many it is just a time to give chocolate eggs. They don't think about it being the day that God raised Jesus from the dead. If they do, they do not think that it really happened!

In His book Who Moved the stone? Frank Morison looks at the question of what happened that first Easter Day. He at first sets out to prove that it did not happen. He suggests 6 possible scenarios of what could have happened that first Easter Day:

1. That Joseph of Arimathea secretly removed the body to a more suitable resting-place.
2. That the body was removed by order of the Roman Power.
3. That the body was removed by the Jewish authorities to prevent the possible veneration of the tomb.
4. That life was not really extinct, and that Jesus recovered in the cool of the grave.
5. That the women mistook the grave in the uncertain light.
6. That the grave was not visited at all and that the story about the women were a later accretion.

*Continued on page 42.....*

.....continued from page 41

After He looks at these possible scenarios and the evidence of Peter, James and even Paul and that they were prepared to die for what they knew was true, He only came to one conclusion and that is that God did rise Jesus from the dead!

So, this Easter, I encourage you to relook at the Easter narrative and find for yourself that Jesus did rise from the dead to be your Saviour.

And on the third day he rose again from the dead.

Happy Easter  
Robert

### **CATHOLIC CHURCH OF OUR LADY, STOWMARKET - IP14 1AP**

Parish Priest - Rev. Simon Leworthy The Presbytery, 29 Lockington Road, Stowmarket, IP14 1BQ Tel: - 01449 612946  
email - pp@ourladystowmarket.org.uk

#### **MASS TIMES:**

**Saturday (First Mass of Sunday) - 6pm**

St Mary's C of E Church, Woolpit IP30 9QG

**Sunday - 8:30am & 10:15am**

Our Lady's, Stricklands Road, Stowmarket, IP14 1AW

**Holy Days - 10am & 7:30pm**

Our Lady's, Stricklands Road, Stowmarket, IP14 1AW

Weekday Mass is usually 10am, see the weekly Newsletter or the Parish Website - [www.ourladystowmarket.org.uk](http://www.ourladystowmarket.org.uk)

All are welcome to "Coffee and Chat", 2 - 4pm  
on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month.

This is held in the Parish Hall above the Church -  
a lift is available.

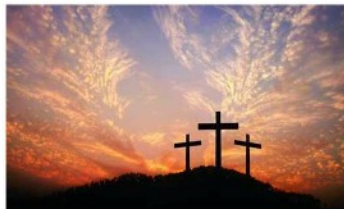


### **New USAAF 34th Bomb Group Memorial Mendlesham Flower Rota**

Shirley Furze  
March



# ST MARY'S MENDLESHAM



[www.stmarysmendlesham.org.uk](http://www.stmarysmendlesham.org.uk)

Vicar: Fr. Philip T Gray, BA, SSC Mendlesham Vicarage Tel: 01449 766359  
Churchwardens: Andrew Fleming: 01449 711065 Chris Elstone: 07530 769676

## WORSHIP

**SUNDAYS: 9.30 a.m.**

Parish Mass *also*

*LIVESTREAMED on Facebook -  
[stmarysmendlesham](https://www.facebook.com/stmarysmendlesham)*

**First Mass of Sunday:**

Saturdays 10.00 am.

**Weekday Mass:** offered

each day. For times, see  
calendar on church website  
and porch notice.

For pastoral visits, Marriage,  
Baptism (Christening),  
Naming & Blessing etc.  
*contact Fr Philip.*

**Sacrament of Reconciliation:**  
*see church website & porch  
notice.*

You are welcome to any of our  
services, as are your children.

**EVERY TUESDAY  
SOUP, COFFEE & CAKE**  
11.00-1.00 in church.  
**ALL WELCOME**



## SPECIAL EVENTS

**Mon 4<sup>th</sup> Mar:** 2.30pm: **Monthly Healing Service** -  
Mass, laying on of hands and anointing.

**Sun 10<sup>th</sup> Mar: Mothering Sunday.** 9.30: Mass & a  
candle for everyone - to be blessed & lit as a sign of  
prayer for our mothers, whether living or departed.

**Sun 17<sup>th</sup> Mar:** Parish Mass & Annual Parish Church  
meeting.

**Sun 24<sup>th</sup> Mar: Palm Sunday** 9.30 - Procession of  
palms from the churchyard to church & Parish Mass.

**Thur 28<sup>th</sup> Mar: Maundy Thursday:** 7.30 pm – Sung  
Mass of Last Supper; silent prayer until 11.00 pm.

**Fri 29<sup>th</sup> Mar: Good Friday:** 2.00pm Liturgy of Day -  
Readings, veneration of the Cross & Holy  
Communion.

**Sat 30<sup>th</sup> Mar: Holy Saturday:** 7.30pm: Blessing of  
New Fire, Renewal of Baptismal Promises & First  
Mass of Easter.

**Sun 31<sup>st</sup> Mar: Easter Day:** 9.30: Parish Mass + Easter  
Eggs for children. Easter Egg Draw after Mass.

**Fr Philip Writes .....**

**There are so many important days this month but I can  
only give a brief commentary on each one:**

**MAUNDY THURSDAY:** Jesus washed his disciples' feet. What does the  
washing of feet say to me about Jesus? He washed the feet of those who  
would go on to betray him. It's easy to grow weary of trying to love  
unloveable and unloving people, but if we don't love these people, who  
will love them? Someone wrote: *"To love the world is no big chore. It's*



*the miserable person next door who's the problem!"* How can we love? At the Last Supper Jesus gave us his body and blood as our food. *"Whoever eats this bread will live forever."* (John 6 v 51) God gives humans free will and doesn't force anyone to change – but invites us to change by opening our hearts and lives to his power.



**GOOD FRIDAY:** Jesus was nailed to a rough wooden cross and laid in a borrowed grave but he is the central figure of the entire human race. John Henry Jowett wrote: *"We get no deeper into Christ than we allow him to get into us."* We are called to be God's voice, hands and heart. How might I respond better to Jesus' invitation to help him transform our world into the place God intended it to be?

## EASTER

**EASTER:** One of the most convincing proofs of the resurrection is the transformation that took place in Jesus' followers after it. They changed from frightened men hiding in a secret room to those with a burning urgency to tell the news of his resurrection to all the world. There is no reasonable explanation for this except that they had experienced Jesus as being alive again. Unless we turn to Jesus and trust him, we will remain in the dark about God and our lives will lack any vital purpose.

### Let us pray that, during Lent we will:

Fast from hurting words and only say kind ones,  
Fast from sadness and be filled with gratitude.  
Fast from anger and be filled with patience,  
Fast from pessimism and be filled with hope.  
Fast from worries and have trust in God,  
Fast from complaints and contemplate simplicity.  
Fast from pressures and be prayerful,  
Fast from bitterness and fill our hearts with joy.  
Fast from selfishness and be compassionate,  
Fast from grudges and be reconciled.  
Fast from words and be silent so we can listen.



Save the date:

**Bank Holiday Monday**

**6th May 12.00 – 5.00**

*Mendlesham*

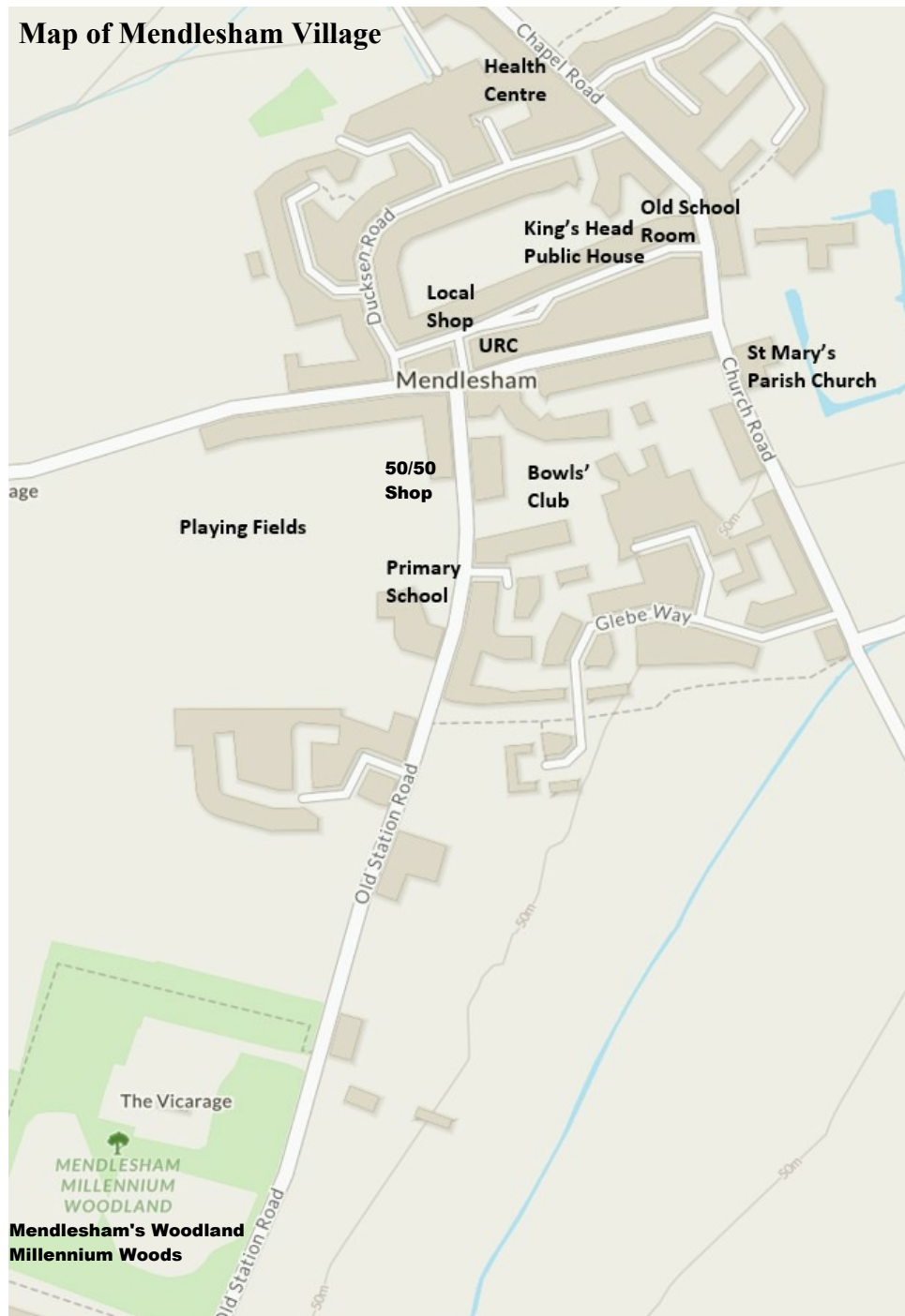
*Heritage Fair*

in St Mary's Church and  
Churchyard.

**Reconnecting our community  
with its unique Tudor heritage.**

An exciting event for the whole community, with several village organisations playing a key role. More volunteers are needed to help to prepare, to steward and to clear up. If you can help, please email April : [april46sw@hotmail.com](mailto:april46sw@hotmail.com)

# Map of Mendlesham Village





The Hair Studio at Mendlesham Ltd

## BEV & KIRSTY

WE ARE BOTH FULLY QUALIFIED WITH OVER 40 YEARS EXPERIENCE BETWEEN US  
PROFESSIONAL ADVICE AND PERSONAL ATTENTION IN ALL ASPECTS OF HAIRDRESSING

### EASY OFF-ROAD PARKING

FOR ALL ADVICE AND APPOINTMENTS CALL US ON 01449 766977

OR VISIT US AT: Ropers Farm, Church Road, Mendlesham, IP14 5SF

[www.hairstudioatmendlesham.co.uk](http://www.hairstudioatmendlesham.co.uk)



## Lamberts Service Station Ltd

[www.lambertsservicestationltd.com](http://www.lambertsservicestationltd.com) Email : [lamberts.1@btconnect.com](mailto:lamberts.1@btconnect.com)

Shop Green, Bacton, Stowmarket, IP14 4LG, Tel: 01449 781260

Mobile: 07834 778116

### Car Service, MOT Testing and Repairs

Please visit our website for  
full list of services.

#### WORKSHOP

Service all Makes and Models  
Air Conditioning  
Engine Diagnostics  
Fault Finding  
Engine Management Lights  
Exhausts  
ABS

#### ITEMS STOCKED

Tyres  
Batteries  
Wiper Blades  
Bulbs  
Calor Gas

#### MOT TESTING

MOTS while you wait - By Appointment  
Petrol  
Diesel  
Electric  
Hybrids

#### RECOVERY SERVICE

Home Starts  
Breakdown  
Accident Recovery

#### BODYSHOP

Accident Work  
Body Work Repairs  
Paint Work  
Re-Sprays  
Welding

#### FORECOURT SERVICES

Petrol and Diesel  
Tyre Pressure and Levels  
Checked  
Bulbs Fitted While You Wait  
Antifreeze Check

**Competitive prices on Tyres - Quotes given  
Free no obligation Estimates on work needed**

Find us on Facebook - [www.facebook.com/lambertsservicestation](http://www.facebook.com/lambertsservicestation)