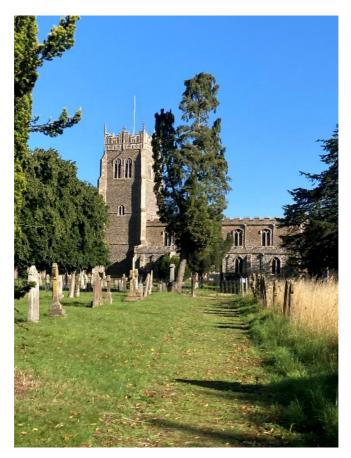
MENDLESHAM NEWSLETTER



Issue 489

August 2024

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The Mendlesham Community Charity launch their website in August. Why not have a look. Here is the QR Code and the Website address:

https://sites.google.com/mendleshamcommunitycharity.com/home

https://tinyurl.com/MendleshamCC



Here is a link for guidance on submitting articles for the newsletter

https://sites.google.com/mendleshamcommunitycharity.com/ home/newsletters/guidance-for-contributors

Or

https://tinyurl.com/32byjppr

Newsletter supported by Mendlesham Community Charity

Editor: Gemma Green 07733 333659 gemma.green1202@gmail.com Advertising: Keith Shelton 01449 768744 shelton@live.co.uk Carolyn Triscott Lorraine Shelton Mark BrennanAugPage 6th7thParish Council Meeting17thParish Council Meeting27thWI Knit, Stitch & Yarn1101449 768744 shelton@live.co.uk Carolyn Triscott Lorraine Shelton Mark Brennan9thMURCies Coffee Bar10We produce 12 issues per year which are delivered to every household in the location of Mendlesham.10thMendlesham Walking Group712thKnit & Natter1013thWriters Group620thWI Meeting1121thSol50 shop open Every Tuesday & Friday One dame28thWalking on Wednesday7					
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Don't forget the Parish Church & URC from page 41

Editorial

Welcome to the August issue. How lucky we are to have such diverse weather patterns that never cease to be a ready topic of conversation with all we meet. We Brits are made of sturdy stuff however and can shrug off grey days and heavy rain to celebrate better those wonderful sunny days of warmth and colour. Enjoy the holiday season, BBQs and icecream in equal measure.

Best Wíshes Gemma

FROM THE PARISH COUNCIL



Parish Clerk: Amy Johnson 11 Schools Close, Mendlesham IP14 5UQ Tel : 01449 766719 Email: <u>parishclerk@mendlesham-pc.gov.uk</u> Web site: www.mendlesham-pc.gov.uk

- Paul Allen tel 01449 766543
- Andy Davey tel 01449 768862
- Denise Foster tel 01449 768978
- Norman Foster tel 01449 768978
- Stephen Hyde tel 07920212139
- Sandie Judd tel 0333 006 2706
- Daniel Lummis tel 07584630988
- Helen Orton tel 01449 767741 (Chairperson)
- Charles (Mick) Orton tel 07388353544
- Liz Ward tel 01449 766562

Emergency Planning Co ordinator for Mendlesham Green: Mr David Nunn tel 01449 767158.

Temporary Emergency Planning Co Ordinator for Mendlesham: Please contact the Chairperson.

Wednesday 7 Aug 2024

Mendlesham Parish Council Ordinary meeting 7pm Old School Room, Mendlesham

Wednesday 4 Sept 2024

Mendlesham Parish Council Ordinary meeting 7pm Old School Room, Mendlesham

Agendas for formal meetings for Mendlesham Parish Council, Mendlesham Community Centre Charity and Mendlesham Memorial Playing fields Charity are published via E News and Parish Notice Boards. Please note any extraordinary meetings may not be able to be published in this newsletter due to publication dates.

E News:

Would you like to keep up to date, via email, with events or information for Mendlesham Parish and surrounding areas? If yes, please subscribe to our E News following the link on our website homepage <u>https://mendlesham-pc.gov.uk/</u> or contact the Parish Clerk

Mendlesham Community Café (Payment by card preferred)

There will be <u>NO</u> Café in August owing to Staff holidays.

The next Café will be:

Saturday 7th September 10am - 2pm Old School Room, Mendlesham

June Draw Winner (A Wimbledon themed Hamper) Gilly Newstead

New volunteers? Contact Helen 767741

Are you on Facebook?



If so have a look for 'Spotted in Mendlesham' & 'Spotted in Mendlesham Green'

pages to keep up to date with what's going on in the villages.



Monday Morning meet-up



Every Monday morning in the Old Schoolroom 10am-12pm

EVERYBODY welcome. If you are on your own, retired, widow, widower, new mum/dad, looking for work or whatever your situation...

Come on down and enjoy free tea, coffee, cake and sausage rolls, plus good friendly company.

There is also a selection of jigsaws, books and magazines to take away free of charge.

Mendlesham Community Charity (MCC) Charity No: 282391

August 2024 Summer Fair

The sun finally showed its face for the Summer Fair on the 22nd June, though there did of course have to be a couple of showers. This was a new venture for us locating all the activities for the day on the Playing Fields and we hope you enjoyed it. We have been delighted with all the positive feedback received.

50:50 shop

The 50:50 shop finally re opened at the end of June after all the health and safety issues relating to the building were satisfactorily resolved by the Parish Council. We hope that you have been in for a look and have made a purchase or two!

Newsletter

Thank you for continuing to send articles, items, and puzzles in for the newsletter. It really makes a difference to include these.

Grants

Remember that as a village charity we are willing and able to assist any group with a donation toward a specific item, activity, or trip. We can also help with the planning and funding of an event.

Please do give us suggestions for events large or small which you think Mendlesham Community Charity could run for the village.

You are welcome to contact one of us to talk things through, details are below.

Web site

https://tinyurl.com/MendleshamCC Mendlesham Community Charity Trustees

> Teresa Mills (Chair) 01449 766582 <u>teresa.mills@mendleshamcommunitycharity.com</u> Letitia Goode (Secretary) 01449 768861 <u>letitia.goode@mendleshamcommunitycharity.com</u> Sally Lovatt (Treasurer) 01449 541725 <u>sally.lovatt@mendleshamcommunitycharity.com</u> Nathalie Crisp 07795 491781 <u>nathalie.crisp@mendleshamcommunitycharity.com</u> Andrew Cullum 01449 767877 <u>andrew.cullum@mendleshamcommunitycharity.com</u>

50/50 SHOP Mendlesham

- Browse our range of clothing and shoes for all the family
- Jewellery, accessories, homeware, books and more...

Open Tuesdays and Fridays – 2 to 4pm

Find us in the green pavilion near the toddler play equipment on Station Rd,





Mendlesham

What3words: ///novelist.thin.tint

MENDLESHAM CAMERA CLUB



We have a break in August - so our next meeting will be on Sept. 3rd -



more about that next month.

The club is a small group of mixed photography ability and new members are always welcome.

For details please log onto the

website:http://www.mendleshamcameraclub.co.uk/ or contact

mike@favager.co.uk

Parish Council:

Mendlesham Parish Council have submitted their response to the National Grid Norwich to Tilbury consultation.

This response has included the views of the Parish Council and the views of parishioners that had submitted comments and attended the meeting on 24th May 2024 and is available to view on our website -

https://mendlesham-pc.gov.uk/news/

Creative Writing

With Mendlesham Writers Group

You are Welcome

FREE !!

2nd Tuesday Every Other Month Old School Room Mendlesham 7.30pm

First visit Creative Writing Guidance Pack Advice and encouragement Guest speakers Refreshments

Contact: Noel on: 01449 766968

Create something worthwhile in your own special way No previous writing experience necessary

Mendlesham Walking Group

Saturday 10th August 2024 Meet at

Community Centre Car Park 10.00a.m. 2-hour walk led by Judith

AND



Walking on a Wednesday

Shorter, slower walk of about 1½ hours led by Alan

Wednesday 28th August 2024

Meet at

Community Centre Car Park 10.30a.m.

PLEASE WEAR STURDY WATERPROOF BOOTS Dogs on leads welcome

Come and join us

Stay safe and keep walking

For more information please contact Angela - 01449 766483 Alan - 07790 124 509

If you would like to join Mendlesham Walking Group, please e-mail Angela : <u>angiepickup@btinternet.com</u>

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Charity. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

New Bus Service is Coming !!



A few months ago, Mendlesham Parish Council consulted with local social groups and with individuals regarding our bus services.

People said that they were pretty happy with the services to Ipswich and to Diss but that they would like a regular bus to Stowmarket that went on more than just the one day per week.

We put in a bid to the Suffolk County Council for a slice of some Government funding that had come down to improve rural services. 64 bids went to SCC and ours was one of just 12 that were successful. We have been working with SCC to finalise routes and timetables.

Now, we are delighted to say that **our new daily**, **Monday to Friday**, service will be launched in late August and start regularly in early September.

The service will be free, after 0930, for people with bus passes and will go from the usual stops in Mendlesham and Mendlesham Green each morning returning around lunchtime.

There will also be a new bus stop on Chapel Road near our Health Centre. A full timetable will appear in the September Newsletter. Other parishes will also benefit from the service. Before arriving in Mendlesham, on Mondays, Wednesdays and Fridays, it will visit Gislingham, Finningham and Wickham Skeith. On Tuesdays and Thursdays it will start in Finningham and visit Westhorpe,

Wyverstone, Bacton and Cotton on its way to us. The journey will go through Saxham Street and Stowupland and will go via Cedars Park and call close to **Stowmarket Train Station** before completing the journey in Stowmarket town centre. From Mendlesham the journey will take around 30 minutes.

We have the funding for a period of two years and we hope that people will use the service so that it becomes viable and sustainable after that time. It really is "USE IT OR LOSE IT"

Mendlesham Parish Council



A warm welcome awaits you at the **Mendlesham Art Group**



Meet every 2nd and 4th Tuesday of the month. 2pm - 4.30pm in the Old School Room. £10 yearly subscription. £4 per session (includes a drink and biscuits)

This is an informal friendly group where everyone can create what they want in their preferred medium and style. Help and advice given if wanted!

Friends & Food Friday

In the Old School Room 12-2pm

MENU

Heinz tomato or chicken soup & buttered roll

Or

Panini with a choice of fillings ham, cheese, tomato, bacon

Plus A piece of homemade cake £3.00

Plus Endless tea and coffee *****

Always books, jigsaws and magazines to borrow

Supported by a grant from BMSCC

Mendlesham Community Charity TOTE RESULTS

Mendlesham Lottery					
6TH JUNE 2024		20TH JUNE 2024			
Drawn at Mead Way		Drawn at Mead Way			
ANNE WEBB	£35.00	PAUL LING	£35.00		
MRS. E. COLE	£25.00	JANE JONES	£25.00		
ANNE HEATON	£15.00	ANITA FLYNN	£15.00		
ROGER PALMER	£10.00	MIKE LAWRENCE	£10.00		
If you would like to purchase Tote Tickets, please contact Angela Pickup on					

01449 766483 or angiepickup@btinternet.com

United Reformed Church

MURCies Coffee Bar Friday - 9th August 2024 10am - 12pm

Knit and NatterMonday - 12th August 20242pm - 4pm

Friends of St Mary's invite you to Coffee and Cake

Every Tuesday morning 10 till 12 All welcome!

No charge... donations welcome





Anita opened the meeting with 16 members present. A comprehensive report of the National Annual Meeting from our delegate was read, we heard of the rousing rendition of Jerusalem accompanied on the Royal Albert Hall organ and the result of the resolution about Dental Health which was passed with a 95% majority. We now await to see how this progresses. The meeting topic was violence against women and the guest speakers Mel B, Nazir Afzal and actor Timothy Watson from the Archers all spoke about experiences of the subject.

We are grateful of a donation of \pounds 100 for our Centenary fund from Jane's plant stall – thank you Jane. Examples made at the decoupage workshop were admired and Maria and Anne thanked for taking the class. Our congratulations to our team who competed and the SEFWI quiz and came second.

Paula was welcomed as our speaker for the evening. Paula is from a local charity - Suffolk Prickles Hedgehog Rescue and gave a presentation entitled Saving Suffolk's Hedgehogs. Hedgehogs are endangered, the charity has two main aims – to look after ill, injured or orphaned hedgehogs and to understand the ecology and behaviour of the hedgehog. The charity is run by volunteers and the main expenses are vets bills, food and bedding. They have 17 resident hedgehogs in their hogspital at the moment. Our competition for a prickly leaf was won by Jill.

A draw made for two £100 bursaries for a course or workshop of the members choice resulted in Val and Linda being the lucky winners. We were urged to think of ideas to celebrate our centenary in 2026, perhaps something for the members and something for the community. The August meeting is the members meeting and volunteers were requested to run the evening.

For the diary:

Aug. 7th: Knit, Stitch and Yarn in O.S.R. 1000 – noon. £2.50 per meeting.
 Aug. 20th: Monthly meeting – talk about Hostas by Melanie Collins of Mickfield Hostas. This is an open meeting and plants will be available to buy. Competition is for a natural decorative leaf.

If you are interested in joining us please contact president Anita (766902). You will be made welcome.

Mendlesham Over 60s Club

Our half day outing to Felixstowe on 26th June was enjoyed by the small number of members attending . The sun shone and a relaxing day was had by all.

We have another trip on the 28th August. We are going to Norwich for lunch, leaving the King's Head at 9.30. On the journey home we plan to call at a garden centre for refreshments, returning late afternoon. Watch out for posters in the village.





MENDLESHAM EDUCATIONAL FOUNDATION



Are you planning to go to college or university later this year 2024/25? The above Charity has limited funds available to award grant assistance to eligible students under the age of 25 living in Mendlesham, or whose parents live in Mendlesham. To apply for consideration please request application details from the clerk Mike Favager, by email <u>mike@favager.co.uk</u>. or phone 07540 288388

Completed applications must be received before 24th September 2024 to be considered for the autumn term payment.

Is this You ...?

Are you proud to be part of our community? Have you got energy, ideas, a little time to spare and enjoy being part of a team? Then come and join us on Mendlesham Parish Council. It is an exciting time to be a Parish Councillor as we are embarking on a project to create a new Community Centre. Also for you to have the opportunity to consider planning applications big and small and extending the usage of our play facilities. Most importantly to ensure that the precept that you contribute to, is appropriately spent. No previous experience is needed just your enthusiasm for the parish and a willingness to take part.

If you are interested why not contact one of us for more information. Our contact details are at the front of this Newsletter. We would love to hear from you.

Helen J Orton – Chair 01449 767741

34th Bomb Group Exhibition

The Mendlesham Airfield Association (MAA) was recently reconstituted to create a 34th Bomb Group Exhibition with the artifacts, photos and documents originally displayed in the Fleece Pub, Mendlesham. The exhibition can be viewed in the 'Old Ticket Office' at the Middy Railway Museum during opening hours throughout the season.

The exhibition stands as a tribute to the extraordinary valor and steadfast commitment of the United States Army Air Forces (USAAF) airmen. These brave individuals risked their lives in the face of immense danger during World War II to defeat tyranny and secure peace for the world. The exhibition not only commemorates their heroic efforts but also educates visitors about the crucial role these airmen played in shaping the course of history.

Through an array of artifacts, photographs and personal narratives the exhibition brings to life the captivating stories of the 34th Bomb Group. Visitors are transported back to an era when the skies were battlefields and every mission carried the weight of the free world's hopes. The display highlights the technical prowess of the aircraft, the strategic importance of their missions and the personal sacrifices made by the airmen.

The exhibition tells the story about the relationship between the Bomb Group, the Middy railway supporting their operation and the Mendlesham community. Visitors will discover how the railway served as the lifeline for the Bomb Group, enabling the efficient transportation of essential supplies, munitions and personnel.

The exhibition sheds light on the profound impact the Bomb Group had on the local community. Through personal stories, photographs and artifacts it portrays the camaraderie and mutual support that developed between military personnel and local residents. The enduring support and hospitality from Mendlesham residents became an integral part of the Bomb Group's daily life, providing not just practical assistance but also moral support during challenging times.

Continued on page 15....

.....continued from page 14

Moreover, the exhibition explores the lasting legacy of this relationship by demonstrating how the bonds forged during the war years left an enduring imprint on the Mendlesham community. Testimonials from veterans and local residents offer passionate reflections on how this shared experience shaped their lives long after the war ended.

By honouring the legacy of these gallant airmen, the exhibition serves as a reminder of the price of freedom and the everlasting impact of their service. We pay tribute to those who fought with an unyielding spirit, which ensured that future generations could live in a world free from oppression. The 34th Bomb Group exhibition at the Middy Railway Museum is more than a historical display, it is a celebration of human resilience and a solemn pledge to remember and cherish the sacrifices made for peace and liberty. *Don Mobley - Secretary for the MAA.*



FRIENDS OF ST. MARYS CHURCH MENDLESHAM

PRODUCE STALLS AT THE UNITED REFORM CHAPEL

ON

SATURDAY 7™ SEPTEMBER 2024 10.00 --- 12.00 Garden Produce, Jams, Chutneys ect. Teas, Coffee, Cakes

Draw

All proceeds from all "Friends Of St Marys" events are designated to the upkeep and repair of the building and fabric of St.Marys Church Mendlesham.

Charity No 284983

Cheats Lemon Meringue Ice Cream

1 x 600ml Carton Double Cream

1 box 8 Meringue Nests

1 Jar good quality Lemon Curd

Method:

In a large bowl whisk Double Cream until just holding shape. Break the meringue nests into pieces, trying to not crush into powder, adding to the cream. Add the contents of a jar of good quality lemon curd. Fold through the cream, trying to leave some streaky bits of the curd. Spoon into a suitable freezer proof container with a lid. Freeze for at least 4 hours. You will need to remove from the freezer for at least 20 mins to soften slightly before serving.

Try other flavours too, Orange Curd, Elderflower Curd, Blackcurrant Curd, all are delicious.

By Anne Webb

citizens Mid Suffolk

advice

I've just had my bathroom re tiled, but I'm not happy with the work.

At first, things seemed to be going well, but then the tradesperson left to do another job and I had to chase them for updates. They did eventually come back and finish the job, but the work was rough around the edges. They also left all the old tiles and plaster for me to dispose of, which I wasn't expecting. I've now got the invoice, but I don't think the price reflects the work done or the service I got. Can I challenge this?

It's always frustrating when you run into problems with home improvements. If the work is to a degree you consider to be unfinished or unsafe, you should be able to get the tiler to come back to fix it.

Under the Consumer Rights Act 2015, that Act says that work, in this case by a tiler, should have been completed with 'reasonable care and skill'. If this isn't the case, then the law has been broken. You are legally entitled to ask that the problem is fixed (if they provided the tiles as well as the service, as in this case) or get money refunded (if they just provided the service and you bought the tiles). Either way, the tiler should fix the problem or refund you in a reasonable amount of time, without causing too much inconvenience. As you've received the invoice for the work but not paid yet, now would be a good time to ask them to fix the issue or you can negotiate a lower price for the work.

Speak to them in person or contact them in writing/email. Template letters can be found on the Citizens Advice website. Take photographs of the problem. Make notes about what happened, including dates and times. And gather any paperwork and receipts. You can find more information on the Citizens Advice website about steps you can take, including using 'alternative dispute resolution', which is a way of solving disagreements without going to court.

Citizens Advice are currently seeking volunteers to join them at their Stowmarket office. If you are interested, please call us on 01449 676060.

If you would like to become a volunteer with Citizens Advice, please visit our website for more details https://midsuffolkcab.org.uk/volunteer/

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

MENDLESHAM DIRECTORY					
1 st Mendlesham Guides	Emma Munday	01449 768843			
3 rd Monday Book Club	Doug Williams	01449 766498			
Ancient Order of Foresters	Beatrix Wrinch	07885 909869			
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998			
Bowls Club	John Player	07747 592899			
Brownies	Brenda Stannard	01449 766308			
Camera Club	Mike Favager	01449 766007			
Carpet Bowls Club	Roger Fouracre	01449 766229			
Community Centre Hall	Becky Herbert	01449 672531			
Computer Club	Giles Godart-Brown	07500 042836			
District Councillor	Andrew Stringer	01449 780339			
Explorer Unit	Jonathan Freeman	07756 761590			
Football Club	Ashley Roshier	07909 113676			
F.O.M.S.A	C.P School	01449 766224			
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400			
History Group	Sue Michell	01449 766434			
Mendlesham Art Group	Anne Heaton	07719 244076			
Mendlesham Community Charity	Teresa Mills	01449 766582			
Mendlesham Education Foundation	Mike Favager	01449 766007			
Mendlesham Welfare Foundation	Mike Favager	01449 766007			
Old School Room Bookings	Daphne Lambert	01449 766320			
Over 60's	Annette Taylor	01449 766552			
Parish Council & Playing Field	Amy Johnson	01449 766719.			
Parish Party Committee	Rachel Roshier	07881 816622			
Rainbows	Becky Froude	07774 581503			
St Mary's Parish Church	Father Philip Gray	01449 766359			
St Mary's Church Council	Chris Elstone	07530 769676			
Toddler Group	Simona Pounds	07585 093311			
United Reformed Church	Margaret Jackson	01449 766321			
Village Recorder for Mendlesham	Geoff Clarke	01449 766447			
Walking Group	Angela Pickup	01449 766483			
Walking on Wednesdays	Alan Chattell	07790 124509			
Woman's Institute	Anita Scruby	01449 766902			
Writers Group	Noel Fletcher	01449 766968			

If you have any amendments to the information on this page, please email the editor at gemma.green1202@gmail.com or call on 07733 333659 so they can be corrected. Thank you

Why do <mark>solar</mark> panels never get tired?

...because they are always recharging!

Call us on 0207 247 3650 info@mygreenenergy.co.uk

intoganygreenenergy.co.ok

SOLAR PANELS > BATTERY STORAGE > CAR CHARGING POINTS



For an EXTRA 10% off your solar project call now and quote code: GET10



my<mark>green</mark> energy



https://www.facebook.com/profile.php? id=100064050311992

British Beauty

The place for self care in Suffolk. Massage ~ Tinting Facials ~ Pedicure Holistic Therapy ~ Manicure Lash Treatments ~ Facial Waxing

Upstairs in, The Crown, Church Road, IP14 4BQ 07301246223 @britishbeautysuffolk_ info@british-beauty.co.uk www.british-beauty.co.uk



Mobile Reiki Healing offered either sitting or on couch

Reiki Master Healer/Teacher Hands on Therapy for reducing any chronic symptoms and for relaxation calm and breathing

Please contact Lisa on 07845930496 or everysoulstars@protonmail.com for further information and discussion





Mobile Ear wax removal Microsuction & Irrigation

My name is Georgie Please call, text or email for an appointment 07921550958 Earwego12@gmail.com

Brockford Sidings Dog Park

A fun and secure place to exercise your dogs in the countryside! Bring your own dogs' toys or make use of our supplied agility equipment. Park inside the field so no need for a lead! Shelter for rain cover and a clean water tap for dog bowls and washing your dog off also available.

> Bookings online only at: www.brockforddogpark.co.uk

Location: Brockford Sidings, Brockford Green, IP14 5NN

D. I. ALSTON LTD.

THE CEDARS, CEDARS HILL, BROCKFORD. IP14 5PQ

OFFICE AND WORKSHOP LETS SELF STORAGE CONTAINERS (20FT, £100 PCM inc. VAT) BROCKFORD SIDINGS HOLIDAY LETS BROCKFORD CAMPSITE DOG EXERCISE PARK

FOR ALL ENQUIRIES CONTACT:

TONY ALSTON 01449 766231 dialstonltd@outlook.com

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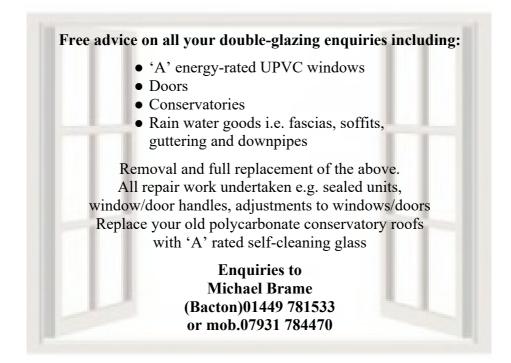
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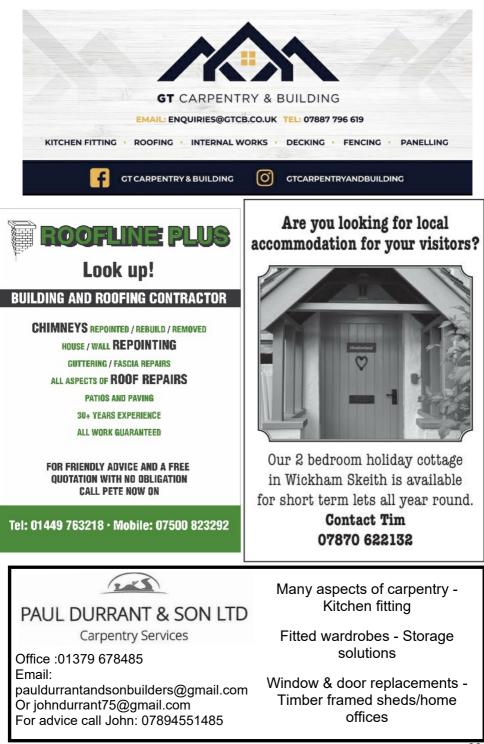


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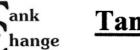
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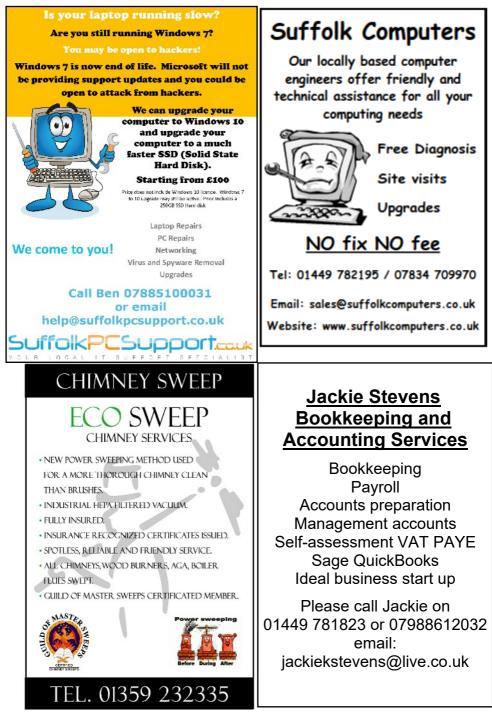
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MENDLESHAM CHAPEL

Minister: The Rev'd Robert Sheard Tel No: 01449 678173



Services for August as shown below

4 th	3.00pm	-	Rev'd Robert Sheard
11 th	10.45am	-	Mr William Glasse
25 th	10.45am	-	Mr Stephen Horrex

MURCies Coffee Bar - 2nd Friday from 10.00 - 12.00 (9th August) Knit & Natter - Monday 12th August 2.00 - 4.00pm

Isaiah 43: 18-19

¹⁸ But the LORD says, " Do not cling to events of the past or dwell on what

happened long ago. ¹⁹Watch for the new thing I am going to do. It is happening already - you can see it now! I will make a road through the wilderness and give you streams of water there.'

At this time of year there seems to be a lot of change going on, children starting school, moving school, some moving onto college or university, others starting work. As I write this, we've just had a general election and a new government with Labour taking power and Sir Keir Starmer the new Prime Minister

Even in the church this is a time when some churches have their ministers move on, or even retire, and they may even get a new minister. People don't often like change, they like things to stay as they are, with what they are comfortable with and what they are used to and what they feel safe with. But change does happen, whether we want it to or not, from the changing of the seasons to the changing of the weather. Plants have to grow so that we can eat, the days get lighter and longer then shorter and darker.

As we grow older, change is all around us and sometimes we need to expect it to change, because without change how can we hope things will get better, how do we get better at things? If we don't learn and grow.

So, we look forward to new things starting for some, some things staying the same, but we must remember that change happens whether we want it to or not. Sometimes we need things to change, sometimes it is a must.

We may know by now some of the things our new government will want to do, whether for the better or not!

The time always comes when we have to try new things and to keep moving forward, the Church at times is not always the best at change. When the church needs to change, it is God challenging us in new ways of mission and how He want's His Church to grow and bring about the kingdom of God.

Continued on page 42....

....continued from page 41

As hymn goes: Through all the changing scenes of life, in trouble and in joy, the praises of my God shall still my heart and tongue employ.

It reminds us that God walks with us when we change. When we grow, whether that's in knowledge or just in life, he's there beside us and working with us. God does not change, He never changes but he encourages us to change and to think differently, to grow, to change our path, our direction in life and walk a different way. The Church that will not Change will not Grow! Change is constant. We cannot stop it, yet throughout these changes, God is constant. As Christians we have a focus to become more Christ like. And this can come with sacrifices and being open to be changed from the inside out by God.

Yours, Robert



All are welcome to "Coffee and Chat", 2 - 4pm on the 2nd and 4th Thursday of the month. This is held in the Parish Hall above the Church a lift is available.



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WORSHIP

SUNDAYS: 9.30 am: Parish Mass also LIVESTREAMED on Facebook stmarysmendlesham

First Mass of Sunday: Saturdays:10.00 am

Weekday Mass: offered every day. For times, see calendar on church website and church noticeboard. For pastoral visits, Marriage, Baptism (Christening), etc- contact Fr Philip.

Sacrament of Reconciliation: see church website & noticeboard.

You are welcome to any of our services, as are your children.

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No Charge, but donations welcome to Friends of St Mary's. ALL WELCOME

Mon 5th Aug: Monthly Healing Service 2.30 pm: Mass, laying-on-of hands and anointing. All welcome. Wed 14th Aug: Vigil of Assumption BVM 7.30 pm: Mass (said) and crowning of Our Lady Thur 15th Aug: 9.30: Mass of Assumption (said) Fri 16th Aug: 7.00 pm Blessing of Beer, Sung Mass, Procession, Benediction. Preacher: Fr Edward Gunn, Shrine Priest at Walsingham. 8.45pm (approx.) Fireworks, Beer Tent (inc wine & soft drinks) and Hot Dogs.

Fr Philip Writes

When I was first involved in the Ministry of Healing, a priest said to me I had to **"let go**

and let God". Jesus has given us a model of how to "let go and let God" in Mary, Mother of God. Mary is a model of faith. To say "Yes" to God and never go back on this commitment required deep faith on her part. She teaches us how we ought to respond in faith to God, for God had invited her to become a mother in a manner that was contrary to all the laws of nature – and in days when illegitimate pregnancy was



punishable by death. But Mary had to **"let go and let God."** Mary is a **model of life in the Spirit.** The Holy Spirit instantly worked in Mary to create a new life. St Matthew records that: "... before they lived together, she was found to be with child 'through the power of the Holy Spirit'." Mary **lived the word of God**. A woman was once so moved by Jesus' teachings that she cried out, "Blessed is the womb that bore you and the breasts that nursed you," (Luke 11 v 27). Jesus replied, "YES, but more important are they who hear the word of God and nurture it."

Mary is a **model of Praye**r. Luke tells us that "His mother kept al these things carefully in her heart" (Luke 2 v 51) Again, she **"let go and let God"**. Like Mary, we should be prayerful people. Our witness will be effective only to the degree we are prayerful.

When prayer fades out, power fades out. Communal prayer is the mortar that binds individuals into a dynamic Christian family.

May we allow the Holy Spirit to lead us and allow his power to work within us so that we, like Mary, may become more Christ-like in the world today.

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In the mid 1880's a pile of screwed-up papers was found discarded in one of the Mendlesham Armoury's 15th Century chests and dating from the mid-1500's. They are mentioned in the 1876 Appendix to the Royal Commission on Historic Manuscripts. We believe all except one are stored in the Hold (Suffolk Archives) in Ipswich and we thought they had all been researched......

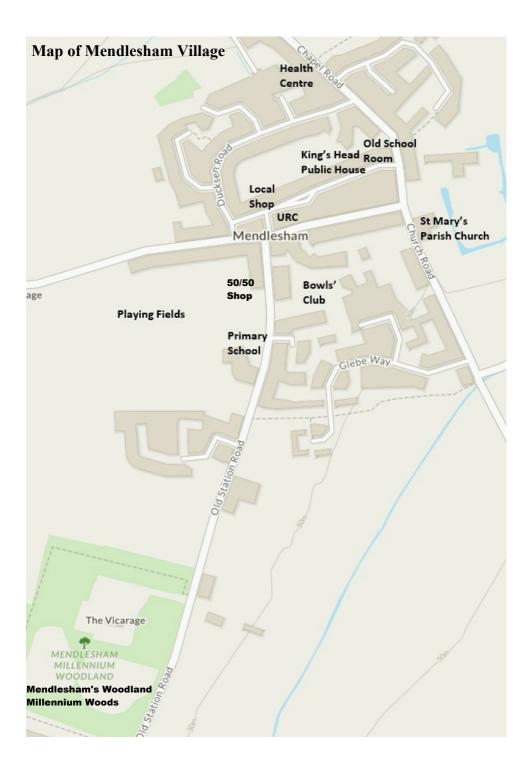
.....until last year, when someone investigating her family tree discovered one we hadn't heard of before. It lists names of Mendlesham men against arms or armour. The question now is: are there any more unresearched papers mentioning the armour ... and what do they tell us?

The National Lottery Heritage Fund has given a grant towards researching armoury-related documents and anyone interested can take part.

We haven't space to tell you more here, so please look out for more information on the Parish Council e-news & church website......

Mondlesham Heritage Fair:

Thanks to all in who supported this event. It raised an amazing £7659.49 towards the major Armoury Facelift Project – to conserve, display and interpret our village's unique heritage for future generations.





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