# MENDLESHAM NEWSLETTER



Issue 472

March 2023

# CLASSIFIED ADS

To Advertise here email Keith on shelton@live.co.uk

#### Your Local Handyman

Minor repairs around the home Including taps, immersion heaters Flat pack assembly Shed & fence painting MANY more services provided Tony 07771 800072 01449 781993 gooderhamt@aol.com

## **IRONING SERVICE**

Let me look after your ironing needs. Please call for a quote. Cassy 07767 773076 To Advertise here email Keith on shelton@live.co.uk

# could you foster?



Newsletter supported by Mendlesham Community Charity

| Newsletter Team   | Dates for your diary |                                    |      |
|---|----------------------|------------------------------------|------|
| Editor: Gemma Green   | Mar                  |                                    | Page |
| 07733 333659<br>gemma.green1202@gmail.com                           | 1st                  | WI Knit, Stitch &<br>Yarn          | 16   |
| Advertising: Keith Shelton  | 4th                  | Community Cafe                     | 3    |
| 01449 768744<br>shelton@live.co.uk                                  | 6th                  | Newsletter Deadline                | 1    |
| Carolyn Triscott  | 7th                  | Camera Club                        | 15   |
| Jean Abbott<br>Mark Brennan<br>Pat Winslett                         | 8th                  | Parish Council<br>Meeting          | 2    |
|   | 9th                  | Parish Council<br>Election Meeting | 2    |
| We produce 12 issues per year<br>which are delivered to every       | 9th                  | Mobile Library                     | 19   |
| household in the location of  | 10th                 | MURCies                            | 15   |
| Mendlesham.   | 11th                 | Walking Group                      | 11   |
|   | 11th                 | WI Workshop                        | 16   |
| Deadline for April Issue  | 13th                 | Knit & Natter                      | 15   |
| 6 <sup>th</sup> March 2023  | 14th                 | Writers Group                      | 9    |
| <b>Front Cover</b><br>Meg Clarke                                    | 15th                 | History Group<br>Meeting           | 7    |
|   | 15th                 | Walking on<br>Wednesday            | 11   |
| Don't forget the Parish Church &<br>URC from page 45                | 21st                 | WI Birthday Meal                   | 16   |
|   | 25th                 | Football Club<br>Racenight         | 7    |
| 50/50 shop open -   | 25th                 | Spud Bash                          | 12   |
| Every Tuesday & Friday<br>see page 3 for further details            | 27th                 | Knit & Natter                      | 15   |
|   | 29th                 | Over 60's Meeting                  | 17   |
| Editorial   |                      |                                    |      |
| Malaama ta tha Manah jaawa Mia aan faal maana aanfidant that Mintan |                      |                                    |      |

Welcome to the March issue. We can feel more confident that Winter is behind us and Spring is on its way. Days are brighter and longer giving us encouragement to plan holidays and short breaks, hopefully in warm and sunny weather.

Best Wíshes Gemma

#### THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill, Wetheringsett, Suffolk IP14 5PL Tel 01449 766139 Email: <u>parishclerk@mendleshampc.org</u> Web site: <u>https://mendlesham.suffolk.cloud</u>

Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Mike Exley tel 766246 (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- Sandie Judd tel 0333 006 2706
- Daniel Lummis 07584630988
- David Nunn ( Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562

Wednesday 8 March 2023 Ordinary meeting 7pm, Old School Room, Mendlesham

**Thursday 9 March 2023** 6.30-7.30pm Election meeting for potential Parish Councillors Old School Room, Mendlesham

Wednesday 5 April 2023 Ordinary meeting 7pm, Old School Room, Mendlesham

**Tuesday 18 April 2023** Annual Parish Meeting and Public meetings to vote for Charity Consultations.

Agendas for formal meetings for Mendlesham Parish Council, Mendlesham Community Centre Charity and Mendlesham Memorial Playingfields Charity are published via E News and Parish Notice Boards. Please note any Extraordinary meetings may not be able to be published in this newsletter.

## Mendlesham Community Café

Saturday 4<sup>th</sup> March 10am - 2pm Old School Room, Mendlesham

Come and join us for morning coffee, cakes, and delicious and very reasonably priced lunches. All food is locally sourced and homemade.

> February Draw Winner (Valentines Gift Set) Bernard Gant

Want to join our team? We are looking for volunteers, so if you would like to get involved in this much-loved community project, please pop in and see us.

# MENDLESHAM 50150 SHOP

Browse our range of clothing and shoes for all the family, plus jewellery, accessories, homewares, books and more.

Have clothing to donate? You receive 50% of the sale price, with the rest to the Mendlesham Community Charity.

# Open Tuesdays and Fridays 2 - 4pm

Find us in the green pavilion near the toddler play equipment on Station Road, Mendlesham. What3words: ///novelist.thin.tint.

#### Parish Council: Mendlesham Community Centre: Sale and New Build

Further to the information in the last newsletter, two separate consultations have now commenced. This is for the period 1.2.23-31.3.23 17.00 to provide residents with further information and for the Charities to answer any questions on the following:

1. For the Trustee, Mendlesham Parish Council to apply to the Charities Commission for England and Wales, to merge Mendlesham Community Centre (Charity no 304795) and Mendlesham Memorial Playingfields Charity (Charity no 304794)

2. For the Trustee, Mendlesham Parish Council to apply to the Charities Commission for England and Wales to sell Mendlesham Community Centre building and associated pavements to Suffolk County Council. Mendlesham Community Centre charity intends to use the proceeds of the proposed sale towards funding a new community centre in the Parish.

Further information in relation to the consultations and the process will be found during the consultation period on the Parish web site <u>https://mendlesham.suffolk.cloud/</u> and by updates posted to eNews, official notice boards and social media. To subscribe to eNews, also see the Parish Council website. There will also be public events held at the Old School Room.

| Friday 24 February 2023   | 16:00 to 19:00 |
|---------------------------|----------------|
| Saturday 25 February 2023 | 09:30 to 12:00 |
| Friday 10 March 2023      | 16:00 to 19:00 |
| Saturday 11 March 2023    | 09:30 to 12:00 |

Following the consultation period, the opportunity for Mendlesham Parish residents, aged over 18 to vote, will be held at a public meeting in the Main Hall, Mendlesham Community Centre, Station Road, Mendlesham **Tuesday 18 April 2023.** More information regarding how this will work, times and details for the separate **Annual Parish Meeting** on the same evening to follow.

If you are unable to attend the above events, please forward any questions and comments with your name and address to the Parish Clerk.

#### Is the May Day Street Fayre 2023 in your diary?

1 May, Bank Holiday Monday. It's going to be a great Come Back! New stalls and family entertainment. Helping the MCC to raise funds for our village community and having fun. The application for street closure and an alcohol licence has been submitted.

**Can you help? We need Volunteers** for the Car Parking, Program Sellers on the day and to help set up the street. If you can, please contact **Alan Chattell** <u>thetallcanal@gmail.com</u> 07790 124509. You will need to complete a **Thank you for Volunteering form** (see Parish Website) or contact Judith Howard-Rees <u>Judith@milllodge.co.uk</u> or 07770 746619

Have you booked a stall? On the Street or in the Community Centre for the Craft Fair?

| Norman Foster           | r <u>fosters@fostermail.co.uk</u> | 07532 242292 |
|-------------------------|-----------------------------------|--------------|
|                         | Food Market and Catering          |              |
| <b>Rachael Hopkins</b>  | rachaelhopkins@hotmail.co.uk      | 07971910279  |
|                         | General Stalls                    |              |
| Julie Williams <u>n</u> | eil.williams38@btinternet.com     | 01449 766006 |
|                         | Craft Stalls                      |              |

## Monday Morning meet-up



We are now open again!

Every Monday morning in the Old Schoolroom 10am-12pm

**EVERYBODY** welcome. If you are on your own, retired, widow, widower, new mum/dad, looking for work or whatever your situation...

Come on down and enjoy free tea, coffee, cake and sausage rolls, plus good friendly company.

There is also a selection of jigsaws, books and magazines to take away free of charge.

Funded through Suffolk community foundation through the East of England Co-op lunch club/warm hub fund.

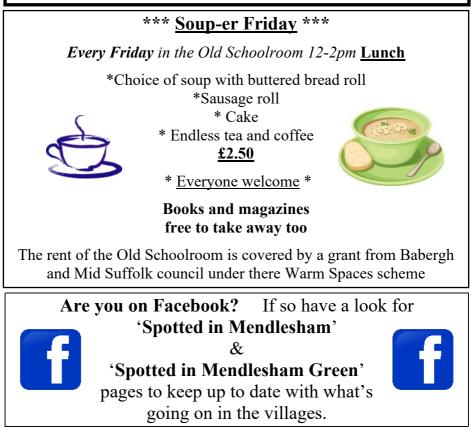
## Mendlesham Parish Party 2023

Thank you to all those of you that have contacted us and booked their place at the Mendlesham Parish Party on

## Saturday 22<sup>nd</sup> April 2023 at 4.30pm.

We still have a few places left for the party so if you are eligible to attend, please call Rachel Roshier on 07881 816622 or email <u>rachelroshier@gmail.com</u> to reserve your place as we have a limited number of seats this year.

Best Wishes Parish Party Committee





#### MENDLESHAM FOOTBALL CLUB

**RACENIGHT 2023** 





Saturday 25th March 2023

Mendlesham Community Centre

Doors Open 6:00pm – First Race 6:30pm

Adult Tickets £7.00 - Includes chicken and chips (Vegetarian options available)

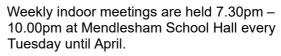
Children Tickets £4.00 - Includes sausage or pizza and chips

Bar – Draw

Tickets available from Angela Lockwood - 01449 767763 / Hair Studio - 01449 766977

#### Mendlesham Carpet Bowls Club

(and short mat bowls) 2023 season



Old-timers and New-comers of any ability are always very welcome to join the fun at our friendly social local club

Annual subs £5.00, all players. Adult weekly playing fee £3.00 (includes tea/coffee drinks and biscuits) Mendleshamcarpetbowlsclub@gmail.com

**Mendlesham History Group** 

Orlando Whistlecraft - Suffolk Meteorologist, Kevin Pulford

Wednesday March 15th, 7.30pm Venue: URC Chapel

Non-members welcome - £4

#### Mendlesham Community Charity (MCC) Charity No: 282391

## March 2023 update

### What we do

As we approach the end of one financial year and the beginning of another we thought this would be a good point to re state the purpose of the Mendlesham Community Charity (formerly the Mendlesham Community Council).

We are an independent Charity whose aim is to raise funds to support a variety of activities for the benefit our community. Our funding comes from the village Tote and the 50:50 shop plus any events we run ourselves. We use the monies raised to support a wide variety of groups and events. Our funding is available for both one off and more regular events. For example, last year we supported the Art session in May for young people to decorate the container by the MUGA, the Platinum Jubilee weekend celebrations, the Writers group and helped Mason Court residents raise funds for a greenhouse. We also supported the weekly "Meet up Monday" group by paying the cost of their room rental.

Our brilliant volunteers also make sure you get your copy of this newsletter every month come rain or shine!

If your group or organisation have any ideas about how the MCC could help you through support, funding or even the loan of equipment please contact one of the Trustees to discuss further.

#### Are you interested in becoming a Trustee?

If you would enjoy working for the community why not consider joining us as a Trustee, you just need to be able to spare a few hours a month. Please contact any one of the Trustees for a chat or further information.

#### MCC Trustees

| Teresa Mills (Chair)     | Sally Lovatt (Treasurer) | Andrew Cullum                   |
|--------------------------|--------------------------|---------------------------------|
| 01449 766582             | 01449 54172              | 01449 767877                    |
| teresa.mills@mendleshamc | sally.lovatt@mendleshamc | andrew.cullum@mendlesham        |
| ommunitycharity.com      | ommunitycharity.com      | <pre>communitycharity.com</pre> |
|                          | Nathalie Crisp           | Judith Howard-Rees              |
| 01449 768861             | 07795 491781             | 01449 766327                    |
| letitia.goode@mendlesham | natalie.crisp@mendlesham | judith@milllodge.co.uk          |
| communitycharity.com     | communitycharity.com     | (Co-opted Trustee for specific  |
|                          |                          | events/projects)                |



Mendlesham Writers Group

# **Back in action**

## FREE !!

First visit Intro Guidance Pack Advice and encouragement Guest speakers Refreshments

**2**nd Tuesday Every Month **Old School Room** Mendlesham 7.30pm

Contact: Noel on 01449 766968 Or Just pop in Bring a friend if you wish

Create something worthwhile in your own special way No previous writing experience necessary

# The Friends of St. Mary's Church

Invite everyone to their coffee mornings in the church every Tuesday between 1030 am and 1230 pm



#### OBITUARY - Andrew Triscott.

Andy was a Devon boy who made his home in Suffolk for all his life, but never forgot his roots, visiting family in Devon and Cornwall every few months. Andy went to school in Plymouth and in his spare time worked at a local farm where he developed an interest in all aspects of farming whether it was driving a tractor or combine or taking care of animals. He went to study for a degree in agriculture at Seale Hayne college, Newton Abbott. Whilst there he became very interested in the new computer they had installed. Andy went to work at Pauls and Whites in Ipswich and it was whilst there that he met his wife Carolyn. Carolyn and Andy were married at Freston church in Ipswich where Andy played church organ for Sunday worship for many years. Carolyn and Andy moved to Mendlesham Green in 1983 and had 2 children Samantha then Chelsea. By this time Andy was changed jobs and was working at Cory's Shipping in Felixstowe. Driving there every day until he wasn't able to drive and had to take 2 trains to and from work. When the children were young they started riding lessons at Hawkins Farm. They started loaning and buying horses and as the years progressed this became an all family hobby with care and going to shows and pony club. Because Carolyn was involved in village fund raising, this spilled over into Andy's life and he started helping run the car park at the Street Fayre, helping cook food at the Firework Display and washing dishes at the Harvest Supper. He helped run the annual Flower and Produce Show and Fothergills seed orders each year. He also became Treasurer of the Mendlesham Community Centre for many years. Andy's big love was his garden, with a large plot to grow vegetables all year round. Crops were stored over winter and summer vegetables frozen for winter months. His love of gardening stayed with him all his life which is why it seemed fitting to have a garden shed on the order of service.

The family would like to thank everyone for the messages of sympathy and support and for joining them at his funeral and burial at St. Mary's Church, Mendlesham. Also special thanks to Fr. Philip. **Mendlesham Walking Group** 

Saturday 11<sup>th</sup> March 2023 Meet at Community Centre Car Park 10.00a.m. 2-hour walk led by Alan

AND

Walking on a Wednesday Shorter, slower walk of about 1<sup>1</sup>/<sub>2</sub> hours led by Alan

> Wednesday 15<sup>th</sup> March 2023 Meet at

Community Centre Car Park 10.30a.m.

#### PLEASE WEAR STURDY WATERPROOF BOOTS Dogs on leads welcome



Stay safe and keep walking For more information please contact Angela - 01449 766483

Come and join us



If you would like to join Mendlesham Walking Group, please e-mail Angela : angiepickup@btinternet.com

Alan - 07790 124 509

#### PLEASE CHECK FACEBOOK SPOTTED IN MENDLESHAM FOR ANY CHANGES TO ADVERTISED WALKS

#### DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Charity. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions. Time to get walking again!

With Spring on its way we start to think about getting out to walk in the beautiful English countryside again, but where to find new and interesting walks?

Walking in Suffolk https://www.walkinginengland.co.uk/suffolk has loads of walks to download and print, free, it also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John Harris (who maintains the website) said 'There is so much walking information on the web but it is difficult to find. Walking in Suffolk (part of the Walking in England website) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

John Harris www.walkinginengland.co.uk john@walkinginengland.co.uk



# Friends Of Mendlesham School Association Easter Treasure Hunt Come and solve the Easter refreshments available trail hidden in the Millennium Woods and other competitions. Find all of the clues to be entered into All proceeds go to the prize draw. Mendlesham School All children receive a prize for entering. Good Friday 7<sup>th</sup> April Millennium Woods

## 9:30 - 12:00

# £5 per entry form

Start location: The Primary School Large Hall

(Entry forms to be collected from here)

#### Mendlesham Street Fayre 2023 Grand Draw Donations

We will be approaching local businesses for sponsorship for support but it would be great to have contributions from the community as well. If anyone would like to donate something for the draw – big or small – then all contributions will be gratefully received.



The plan is to combine appropriate donations into hampers.

E.g., Food Hamper, Coronation Party Hamper, Children's Hamper, Pet Hamper, Gardener's Hamper.

Please pass donations to any Mendlesham Community Charity Trustee or contact Sally Lovatt, MCC Treasurer, (Orchard End, Mendlesham Green / 07415 653 232 to arrange collection).

#### Parish Council: 4 May 2023 Elections:

The term of office for our existing Mendlesham Parish Councillors is about to come to an end, with the process for nominations and election for eligible residents who wish to stand for Mendlesham Parish Council about to commence . This is the opportunity for a democratic process to select those to represent you at a local level from 9 May 2023.

Please consider if you are able to stand. Do not assume that all existing Parish Councillors will stand. It is also essential that we have at least 8 Parish Councillors stand for election for the Parish Council to continue to qualify to use Power of Competence, which then enables, subject to those regulations, increased flexibility for the Parish Council to spend to support the Parish.

There will be information about the elections, including the new requirement for photo id to vote in person, available shortly via e News, Parish Notice Boards and the Mid Suffolk District Council or Electoral Commission web sites.

If you are interested and want to know more about the role of a Parish Councillor please join us **6.30pm-7.30pm Thursday 9 March** at the Old School Room, Mendlesham for an informal discussion. If you cannot make this event, please contact the Parish Clerk or any Parish Councillor.

## Mendlesham Community Charity TOTE RESULTS

| Mendlesham Lottery January 2023 |        |                   |        |
|---------------------------------|--------|-------------------|--------|
| 5th January 2023                |        | 19th January 2023 |        |
| Drawn at Mead Wa                | у      | Drawn at Mead Way | /      |
| Mrs. D. Brown                   | £35.00 | M. & O. O'Neal    | £35.00 |
| Mr. B. Clements                 | £25.00 | Jayne Gardiner    | £25.00 |
| Mrs. F. Sinclair                | £15.00 | Heather Sherlock  | £15.00 |
| Mrs. D. Froude                  | £10.00 | Karon Sanders     | £10.00 |

If you would like to purchase Tote Tickets, please contact Angela Pickup on 01449 766483 or <u>angiepickup@btinternet.com</u>

#### United Reformed Church

MURCies Coffee Bar Friday - 10th March 2023 10am - 12pm

Knit and NatterMonday - 13th & 27th March 20232pm - 4pm

# MENDLESHAM CAMERA CLUB



The next meeting will be on Tuesday 7th March - in the Old School Room at 1930.



Our March challenge is entitled

'In the Woods' - we submit our pictures to a Dropbox, these will be displayed and discussed. In the second part of the meeting a member will talk about a photography related topic.

The club is a small group of mixed photography ability and new members are always welcome.

For details please log onto the website:http://www.mendleshamcameraclub.co.uk/ or contact mike@favager.co.uk



Lots of apologies were tendered at the beginning of our January meeting – we wish those that are poorly a speedy recovery. We had lists to sign up to attend the workshop taken by Jill, the birthday dinner at the White Horse, and the Federation annual meeting – always a good day out. A number of decisions needed to be taken regarding events in the coming months – do we support the WI Let's Celebrate Together day on 16<sup>th</sup> Sept. – a membership drive; sell our usual refreshments at the May Fayre - or have a stall in the street; have our August Grow Cook and Sew? Suggestions were forthcoming for consideration.

Other business was dealt with – the catering group report; the bulb bombing update; our Bye Laws were reviewed and agreed for the coming year; and the good news – our sub, due in April, will be subsidised locally by £6. No surprise, this was unanimously agreed.

Dr. Geoffrey Kaye was welcomed back, this time his talk and slides entitled 'The Friendly Invasion - Over Paid, Over Sexed and Over Here'. Dr. Kaye told us some interesting facts of the Americans stationed locally, a time that most of us do not remember. Dr. Kaye is interested in any local knowledge that can be added to his talk – as he too has no experience of the time.

A busy calendar for March:-

1<sup>st</sup>: 10am – 12 noon knit, stitch and yarn, Old School Room.

7<sup>th</sup>: SEFWI Annual Meeting at Trinity Park – guest speaker Laura Wright.

11<sup>th</sup>: Local Workshop to make fabric tulips, URC 9:30am - 12:00.

21<sup>st</sup>: 97<sup>th</sup> Birthday Meal at The White Horse, 6:30pm to 7:00pm.

If you are interested in joining us please contact president Anita (766902). You will be made welcome.

#### MENDLESHAM OVER 60s CLUB – February 2023

Thirty-three members braved the freezing weather to attend our January meeting.

After the minutes were read Geoff Clarke was introduced and he showed a film of events in 2021.

At the beginning of the year some much needed roadworks were done on Chapel Road. We had quite a bit of snow which made the roads hazardous but it looked very pretty. Hobbies Lane was also badly flooded in 2021. The completed Skate Park for the children was opened and the local children were invited to help paint it. They did a very good job of it and I hope they all enjoy using their boards and scooters on it in the summer. New bungalows in Brockford Road were started on. Spring arrived with blossom and bird song. Outside the King's Head there were lady Morris Dancers showing their skills in dance. The Community Caravan in the car park outside the school looked very busy. The tractor race took place once again raising money for cancer. Lots of sugar beet was harvested in November and the Christmas lights in Mendlesham get better every year.

We had a break for tea and then, as the film was not so long as usual, Geoff took us for a walk in the Millenium Woods which was very relaxing.

We were asked if we would be having a flower show this year, but it is not viable this year, maybe next year.

We thanked Geoff Clarke for coming and he judged the competition:

First - Sheila Mayes, Second - Norman Foster, Third - Ray Mayes.

We thanked everyone for coming and closed with the anthem.

Next Meeting: March 29<sup>th</sup> – Peter Hesketh – "Round the world on a container ship"

Competition: An item from overseas!

NOTE: We have a few vacancies if you are interested phone Annette on 01449 766552

#### Parish Council: Mendlesham Green New Scout Hut:

Mendlesham Parish Council is asking for feedback from all Mendlesham Parish residents, Mendlesham Green allotment holders and Parish Organisations to support a required application for dispersal of allotment land, to the Secretary of State for permission to build the planned new building on registered allotment land. We appreciate that the new building is a replacement building but need to confirm if permission is required and obtain permission, before the project is able to progress. . For further details please see

https://1stmendleshamscouts.org.uk/scout-hut-project/

Please send your comments in writing to the Parish Clerk before **31.3.23**.

### East Anglian Traditional Music Trust

Have you ever wondered about what went on in East Anglia before the delights of the screen captured us? East Anglian Traditional Music Trust (a charity) hold some keys to the past in

our area. On Sunday 2<sup>nd</sup> of April between 2 and 4 pm in the Yaxley Village Hall, Old Ipswich Road, Yaxley IP23 8BX, we invite you to join us for 2 hours of entertainment. Entry to the event is free.

We will show you how to work jig dolls, you can watch Suffolk/Norfolk step dancers, and an energetic broom dance, hear tales told in dialect, listen to or join in with our talented musicians and singers.

We look forward to seeing you at our event and hope that it wets your appetites to learn more about East Anglian Traditions and Music.

EATMT, info@eatmt.org.uk 07495 054669 www.eatmt.org.uk Registered Charity 1082774

Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE

#### Needham Market Community Council's 47<sup>th</sup> Art Exhibition and Sale Sponsored by <u>www.anythingsuffolk.co</u>.uk

This easter weekend sees the 47<sup>th</sup> time the Art Exhibition has been held here in Needham Market.

Over this period of time the event promoted many local artists and is well established as a major event in the Artists calendar .

On display and all for sale will be a whole range of different Styles of artwork in many different mediums and covering many different subjects, Suffolk Scenes of both land and sea, abstracts of all types, still life, birds and animals, all this as well as Prints and cards from these artists, if you are looking for different cards this is a good place to look.

The event begins with a Cheese and Wine Buffett evening on Thursday 6<sup>th</sup> April, Tickets for this evening are available to purchase at £10.00 each(this includes 2 glasses of wine) from Lilac & Lilys High Street Needham Market, or Telephone 01449 720845 to order or email nmccartexhibition @btinternet.com

The exhibition is open from Friday 7th to Monday 10th April

10.00 am to 5.00p.m each day Entrance is £2.00 per adult Children FREE, refreshments are provided each day by the W.I so you are assured of home baked cakes along with teas & coffee.

If you are new to Needham Market this is a very good event in which to find out some of the things that happen in the Town

We look forward to seeing you during the weekend at the Community Centre School Street Needham Market IP6 8BB

Needham Market Community Council Reg Charity No 266076

A charity run by Volunteers Raising funds for the Town

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:

| Mendlesham Fish & Chip Shop | 15.15 - 15.30 |
|-----------------------------|---------------|
| Mendlesham Playing Field    | 15.35 - 15.50 |
| Mendlesham The Green        | 16.00 - 16.20 |

The van's next visit is Thursday 9th March 2023

#### citizens advice

My employer asked me to work some extra hours lately, but I don't appear to have received the extra pay. I asked my boss about it and they said they would look into it, but I don't seem to be getting anywhere. What should I do?

If you think your pay is wrong, or you haven't been paid for extra hours worked, the best thing you can do is talk to your employer and find out what's going on. If you and your employer can't agree on how much you should have been paid, you can challenge them. You should act quickly though – it'll be harder to get your money after 3 months from the date the problem arose.

You should start by checking your payslip if you've got one. This will help you see how your pay has been worked out. Check things like:

- Whether you've been paid for the number of hours you've actually worked
- If you've been paid at the correct rate

Mid Suffolk

- If you've been paid overtime, a commission or a bonus
- Whether you've been paid any sick pay
- If your employer has deducted any money that you weren't expecting

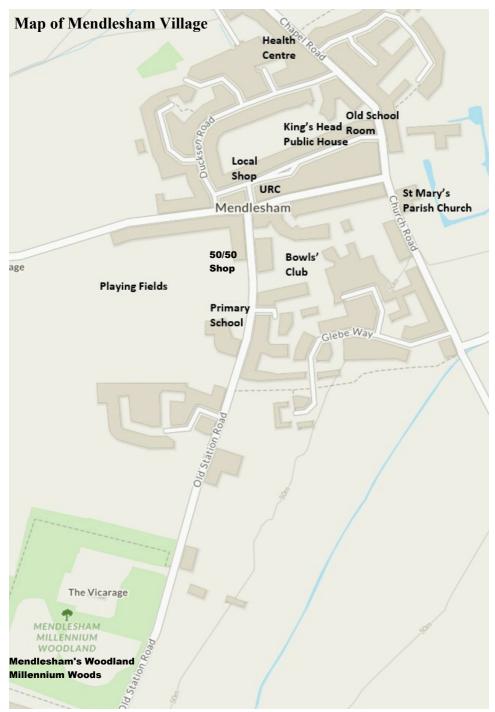
Ask your employer to explain anything you don't understand on your payslip or why you haven't been paid what you believe you are owed. If you disagree with anything, explain why. If your employer has made a genuine mistake, ask them to pay you the money you're owed straight away – you should not have to wait until your next pay day.

If you need more help, you can contact Citizens Advice Mid Suffolk to get advice on the next steps.

Citizens Advice Mid Suffolk can provide advice on this and other issues, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. More information and our opening hours can also be found at midsuffolkcab.org.uk/contact-us.

| MENDLESHAM DIRECTORY                |                               |              |  |
|-------------------------------------|-------------------------------|--------------|--|
| 1 <sup>st</sup> Mendlesham Guides   | Emma Munday                   | 01449 768843 |  |
| 3 <sup>rd</sup> Monday Book Club    | Doug Williams                 | 01449 766498 |  |
| Ancient Order of Foresters          | Beatrix Wrinch                | 07885 909869 |  |
| Beavers, Cubs and Scouts            | Martyn Bryant                 | 01379 788998 |  |
| Bowls Club                          | Peter Coleby                  | 01449 766985 |  |
| Brownies                            | Brenda Stannard               | 01449 766308 |  |
| Camera Club                         | Mike Favager                  | 01449 766007 |  |
| Carpet Bowls Club                   | Roger Fouracre                | 01449 766229 |  |
| Church and Town Estate              | Mike Favager                  | 01449 766007 |  |
| Community Centre Hall               | Becky Herbert                 | 01449 672531 |  |
| Computer Club                       | Giles Godart-Brown            | 07500 042836 |  |
| District Councillor                 | Andrew Stringer               | 01449 780339 |  |
| Explorer Unit                       | Jonathan Freeman              | 07756 761590 |  |
| Football Club                       | George Yardley                | 07894 512712 |  |
| FOMEA                               | Angela Lockwood<br>C.P School | 07845 471154 |  |
| F.O.M.S.A                           | Phil Tucker                   | 01449 766224 |  |
| Friends of Mendlesham Health Centre |                               | 01379 678400 |  |
| History Group                       | Sue Michell                   | 01449 766434 |  |
| Mendlesham Art Group                | Irene Hart                    | 07889 508345 |  |
| Mendlesham Community Charity        | Teresa Mills                  | 01449 766582 |  |
| Mendlesham Education Foundation     | Mike Favager                  | 01449 766007 |  |
| Old School Room Bookings            | Daphne Lambert                | 01449 766320 |  |
| Over 60's                           | Annette Taylor                | 01449 766552 |  |
| Parish Council & Playing Field      | Sharon Jones                  | 01449 766139 |  |
| Parish Party Committee              | Rachel Roshier                | 07881 816622 |  |
| Rainbows                            | Becky Froude                  | 07774 581503 |  |
| St Mary's Parish Church             | Father Philip Gray            | 01449 766359 |  |
| St Mary's Church Council            | Chris Elstone                 | 07530 769676 |  |
| Toddler Group                       | Simona Pounds                 | 07585 093311 |  |
| United Reformed Church              | Margaret Jackson              | 01449 766321 |  |
| Village Recorder for Mendlesham     | Geoff Clarke                  | 01449 766447 |  |
| Walking Group                       | Angela Pickup                 | 01449 766483 |  |
| Walking on Wednesdays               | Alan                          | 07790 124509 |  |
| Woman's Institute                   | Anita Scruby                  | 01449 766902 |  |
| Writers Group                       | Noel Fletcher                 | 01449 766968 |  |

# *If you have any amendments to the information on this page, please email the editor at gemma.green1202@gmail.com or call on 07733 333659 so they can be corrected. Thank you*





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MendleshamBabyGroup@gmail.com Facebook; Mendlesham baby toddler group for further information.



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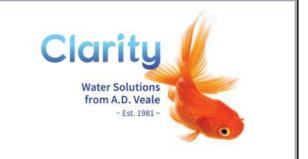


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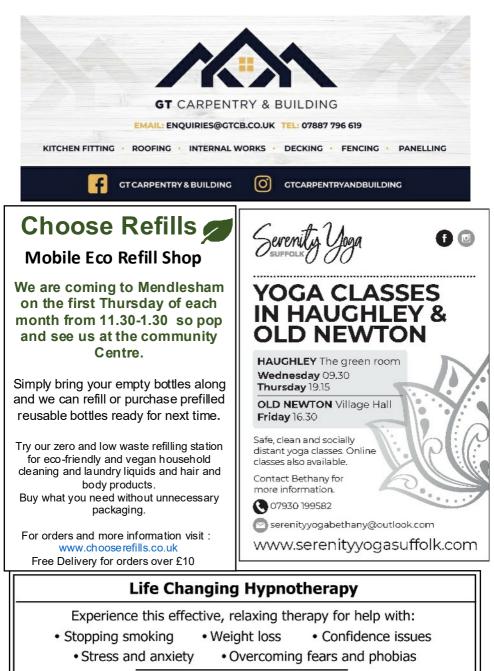
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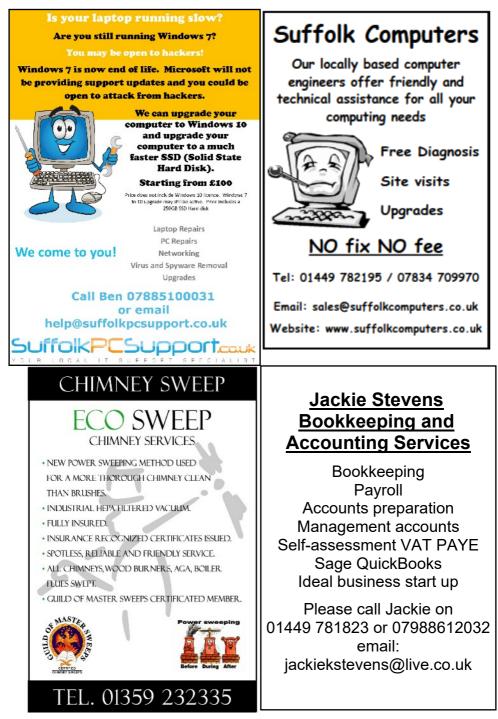
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### MENDLESHAM CHAPEL

Minister: The Rev'd Robert Sheard Tel No: 01449 678173



As shown below



| 1 <sup>st</sup>         | 2.30pm  | Afternoon Fellowship Mrs Julie Sore              |
|-------------------------|---------|--|
| 5 <sup>th</sup>         | 3.00pm  | No Service Anniversary at Stowmarket URC 10.30am |
| 12 <sup>th</sup>        | 10.45am | Rev'd Robert Sheard                              |
| 15 <sup>th</sup>        | 2.30pm  | Afternoon Fellowship - Mr Keith Scarff           |
| <b>26</b> <sup>th</sup> | 10.45am | Rev'd David Atkins                               |
|                         |         |  |

MURCies Coffee Bar – 2<sup>nd</sup> Friday from 10.00 - 12.00 (10<sup>th</sup> March)

Knit & Natter – 2<sup>nd</sup> & 4<sup>th</sup> Mondays from 2.00 - 4.00 (13<sup>th</sup> & 27<sup>th</sup>)

### Psalm 23: 2

 $^{2}\mbox{He}$  lets me rest in fields of green grass and leads me to quiet pools of fresh water.

I always like this time of year, as the weather gets warmer, the evenings become lighter. I have been lucky that in my ministry I have lived in some rural areas of the country from the hills of Cumbria via the flat lands of Lincolnshire to now Suffolk. This has given me the chance to see how the countryside changes at this time of year. Seeing new born lambs in the fields, snowdrops, daffodils and tulips, and a variety of vegetables all starting to grow.

All these signs of new life lift one's Spirit, as we come out of the dark days of winter now with the warm sun on our backs, we come into the new life of spring. It shows us that things can and do get better however low we feel.

It also reminds me of the creation of God and that God keeps on recreating and providing for us. We may feel at times that God is not there, especially with all that is going on in the world, the war in Ukraine and other places, natural disasters, such as earthquakes, and economic worries etc.

All these signs of new life remind us that God is still there, if only we look for Him in His Creation. That is what we see all around us, and as we see the joy that it brings with the hope that things can and will get better.

Robert

CATHOLIC CHURCH OF OUR LADY, STOWMARKET - IP14 1AP Parish Priest - Rev. Simon Leworthy The Presbytery, 29 Lockington Road, Stowmarket, IP14 1BQ Tel: - 01449 612946 email - pp@ourladystowmarket.org.uk

> MASS TIMES: Saturday (First Mass of Sunday) - 6pm St Mary's C of E Church, Woolpit IP30 9QG Sunday - 8:30am & 10:15am Our Lady's, Stricklands Road, Stowmarket, IP14 1AW Holy Days - 10am & 7:30pm Our Lady's, Stricklands Road, Stowmarket, IP14 1AW

Weekday Mass is usually 10am, see the weekly Newsletter or the Parish Website - www.ourladystowmarket.org.uk

All are welcome to "Coffee and Chat", 2 - 4pm on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month. This is held in the Parish Hall above the Church - a lift is available.

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Shirley Furze March

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### SUNDAYS: 9.30 a.m. Parish Mass also LIVESTREAMED on

Facebook: stmarysmendlesham

First Mass of Sunday: Saturdays 10.00 Daily Mass: see calendar

Baptism (Christening), Marriage, Anointing of the Sick, Holy Communion from Reserved Sacrament and pastoral visits - contact Fr Philip

Groups to learn about the Christian faith and our worship see bulletin or contact Fr Philip

Sacrament of Reconciliation: see church website

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Fr Philip Writes... This month's message is from Bishop Mike Harrison's address at St Mary's on 15<sup>th</sup> Jan .....

on 15" Jan .....

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church. Thanks to a grant from the Babergh Mid Suffolk Winter Warmth Fund. All welcome. No Charge, but donations welcome to Friends of St Mary's.

- Sun 12th Mar: 10.35 (after 9.30 Parish Mass): APCM in church
- Tue 14<sup>th</sup> Mar: 2.30 pm MONTHLY HEALING SERVICE
- Sun 19<sup>th</sup> Mar: MOTHERING SUNDAY 9.30 Parish Mass + blessing of candles as a prayer for our mothers, living or departed
- Fri 24<sup>th</sup> Mar: 10.00 SCHOOL EASTER SERVICE in church
- Sat 25<sup>th</sup> Mar: 12.00 2.00 SPUD BASH in URC Chapel for Friends of St Marys

Would you like to hear me play the piano? No -I got to grade 3 at 13 and then gave up So I can

hardly play a tune now. If I had kept up the piano, with regular and long-term practice, it would be different. I mention this because in the gospel, as soon as John the Baptist describes Jesus as "the lamb of God who takes away the sin of the world", it triggers Andrew and Simon Peter into following Jesus and unlike my piano-playing, the following of Jesus is meant to be life-long and deepened as we go. And our following of Jesus is not easy. A Christian friend of mine came to realise that he thought he was following Jesus and then found out in some ways he wasn't really – shown by his lack of love to the people next door to him. They were, by any standards, dangerous and unpleasant people—ex-bikers who made their living selling drugs. They had never tried to harm his family, but he realised he really had no love for them at all. This led to the further



realisation how little he truly cared for nearly all the people he dealt with, despite his professed Christianity. He just wasn't following Jesus. Like many, he assumed Christian love is automatic, but it's not; it's something that needs our intentional effort. You won't *drift* into love any more than you drift into being dressed in the morning – you must decide for it – asking for God's Spirit to assist you. Try asking God to show you something good in a person for which you can be thankful – and then you love them by being thankful for them. This can lead to wanting to do something for them for their good. And that's what love is about, seeking the good, the flourishing of another.

It's possible to follow Jesus and do what He said but we need to be intentional. Sometimes we settle for a half-way house – loving our own, but not those terrible neighbours. But to paraphrase Jesus, "What's so great if you love those who love you? Terrorists do that! If that's all your 'love' amounts to, God is not yet involved. Or suppose you are friendly to 'our kind of people' - So is the Mafia!" (Matt. 5:46-47). If doing what Jesus says is the goal of his followers, how can we get there? Well – 3 ideas for following Jesus like Andrew and Peter:

1: Faithfully accepting everyday problems as the environment for our growth. It's not about grabbing as much as we can, beating others as much as we can or pampering ourselves as much as we can – this life is about growing as much as we can, and in Jesus' way, and every day there are opportunities for us so to do.

2: Following Jesus is helped by certain habits or practices which help us to follow Him more easily. Many well-meaning people can't succeed in being kind. Why? One major reason is they're too hurried. Hurry has worry, fear, and anger as close associates – do you notice that we tend to rush when we're worried about cramming it all in, afraid we're going to miss out or angry about wasted time? Hurry is a deadly enemy of kindness, and hence of love. If this is a problem, we may be greatly helped by the habit of stillness and silence, where we will discover that the world survives even though we are inactive. If we're still for long enough we might begin to see the damage done by our unkindness, and compare it to what, if anything, is really gained by our hurry. We might even come to understand that for the most part our hurry is really based upon pride, self-importance, fear, and rarely upon the production of anything of true value for anyone. If we're serious about following Jesus we have to take the practices and habits He points to seriously.

3: To be a disciple, a follower, is literally to be "one who is learning". We need to keep on learning – when we stop, our discipleship is stunted and we stagnate, just like my piano-playing. So instead, for example, commit to at least one course of faith formation each year, get help on what might be helpful to grow as a Christian – try a discipline like *holding your tongue* – you'll be amazed, people will actually survive. Or learn how to *be kind to people who really irritate you*, or to *speak well of those who take your name in vain*.

And there is help at hand, namely the Holy Spirit. According to John 16 the Holy Spirit's presence can always be recognized by the way he moves us toward what Jesus would be and do. Do you want the Holy Spirit acting in your life? If so, then seek to do what Jesus says, and the Spirit works **WITH** you, assisting you; it's that straightforward. We're not waiting for the Holy Spirit to show up, the **Holy Spirit is waiting for us to show up**.

And if we do show up, and learn to let the Holy Spirit foster Jesus' life in us then slowly we produce fruit: **love**, **joy**, **peace**, **patience**, **kindness**, **goodness**, **faithfulness**, **gentleness** and **self-control** (Gal. 5:22-23).Just imagine. We don't draw people to Christ by loudly discrediting what they believe, by telling them how wrong they are or how right we are, but by **showing them a light that is so lovely that they want with all their hearts to know the source of it**. That's what Andrew and Simon Peter learned to do. According to Jesus it's the way of joy, of abundance, of life eternal. Let's follow it, really follow it!

|              | PARISH CHURCH O            | F ST MAR      | CHURCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR MARCH 2023    | ENDAR FOR MARCH 2023                            |
|--------------|----------------------------|---------------|--|---|
| Date         | Church Fest                | Mass          | Intention (we pray especially for)                                 | Parish Intention                                |
| <b>.</b>     | ST DAVID                   | 9.30          | the people of Wales  | Front Street / Old Orchard                      |
| N            |                            | 9.30          | the departed: March anniversaries                                  | Old Market St / Braybrooke Close                |
| ო            |                            | 9.30          | forgiveness and reconciliation                                     | Mill Road and Hobbies Lane                      |
| 4            |                            | 10.00         | centres of pilgrimage  | Chapel Road                                     |
| ы            | LENT II                    | 9.30          | Parish and Congregation  | Church Road / St Mary's Gardens                 |
| 9            |                            | 9.30          | for all ministers of reconciliation                                | Brockford Road                                  |
| ~            |                            | 9.30          | Requiem - Jim Baker & Joan Hill (1st ann.)                         | Glebe Way                                       |
| ω            |                            | 9.30          | persecuted Christians  | Freelands                                       |
| 6            |                            | 9.30          | Christian Aid  | Ducksen Road                                    |
| 9            |                            | 9.30          | Society of the Holy Cross  | Horsefair Close                                 |
| ÷            |                            | 10.00         | all to be elected to the PCC                                       | Mason Court                                     |
| 12           | LENT II                    | 9.30          | Parish and Congregation  | Mayfield Way                                    |
| <del>Ω</del> |                            | 9.30          | those who suffer from leprosy                                      | Mead Way  |
| 4            |                            | 2.30 pm       | the sick: Healing Ministry   | Old Station Rd / Cuttings Close / Schools Close |
| 15           |                            | 9.30          | the Guild of All Souls   | Middy Close / The Sidings                       |
| 16           |                            | 9.30          | ministry of deliverance  | Wash Lane / Oak Farm Lane                       |
| 17           | ST PATRICK                 | 9.30          | the people of Ireland  | Norwich Road / Bluehouse Lane                   |
| 18           |                            | 10.00         | all mothers and grandmothers                                       | Mendlesham Green                                |
| 9            | LENT IV - MOTHERING SUNDAY | 9.30          | Parish and Congregation  | Tan Office                                      |
| 20           | ST JOSEPH (transferred)    | 9.30          | all fathers and grandfathers                                       | Outlying houses                                 |
| 21           |                            | <u> 8.00</u>  | all preparing for Baptism  | Farms in Mendlesham                             |
| 22           |                            | 9.30          | Walsingham   | Local industries                                |
| 33           |                            | 9.30          | King Charles and his Government                                    | Pub & places of recreation                      |
| 24           |                            | 11.00         | expectant parents  | Mendlesham School                               |
| 25           | ANNUNCIATION OF OUR LORD   | 10.00         | all pilgrims   | SMF: Patrons of Mendlesham                      |
| 26           | LENT V                     | 9.30          | Parish and Congregation  | Village Organisations                           |
| 27           |                            | SB            | all who are falsely accused  | Fr Philip                                       |
| 28           |                            | SB            | refugees   | Other places of Worship                         |
| 59           |                            | SB            | the Lent appeal for Kagera   | Parochial Church Council and Parish Council     |
| ဓ            |                            | SB            | sick children  | Local Doctors and Healthcare Workers            |
| 31           |                            | SB            | the newly elected PCC  | Neighbouring parishes                           |
|              |                            | SB: check tin | SB: check times on weekly bulletin, church website or porch notice | 1 notice.                                       |



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