MENDLESHAM NEWSLETTER



Issue 466

September 2022

CLASSIFIED ADS

CHIMNEY SWEEP

Vacuum and Brush, Andrew Brundell 01449 766614 or 07776 215940

Your Local Handyman

Minor repairs around the home
Including taps, immersion heaters
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IRONING SERVICE

Let me look after your ironing needs.
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Cassy
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To Advertise here email Keith on shelton@live.co.uk

could you foster?



Newsletter supported by Mendlesham Community Charity

Newsletter Team

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Pat Winslett

We produce 12 issues per year which are delivered to every household in the location of Mendlesham.

Deadline for October Issue 6th September 2022

Front Cover

Bob Roberts

Editorial

Welcome to the September issue. It has been good to hear from many people who have managed to get away for holiday breaks with friends and family. They have returned refreshed and grateful for the opportunity to experience a change of scene and activities.

A new school term beckons so hopefully the hot sunny holiday has prepared children for a new teacher and some exciting learning. I wish them all well.

Best Wishes Gemma

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Don't forget to keep up to speed with the URC and Parish Church from page 43 onwards.

50/50 shop open -

Every Tuesday & Friday see page 3 for further details

THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill, Wetheringsett, Suffolk IP14 5PL

Tel 01449 766139

Email: parishclerk@mendleshampc.org
Web site: https://mendlesham.suffolk.cloud

Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Mike Exley tel 766246 (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- Sandie Judd tel 0333 006 2706
- Daniel Lummis 07584630988
- David Nunn (Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562

Meetings:

Wednesday 7 September 2022 Ordinary meeting 7pm, Old School Room, Mendlesham

Wednesday 5 October 2022 Ordinary meeting 7pm, Old School Room, Mendlesham

All welcome

MENDLESHAM 'SAT-CAF'

Saturday, 3rd September 10.00 – 14.00 OLD SCHOOL ROOM, MENDLESHAM

Morning Coffee, Light Lunches and Afternoon Teas, including delicious homemade Quiches, Soups, Cakes and Desserts.

August Draw Winner (Herbals Hamper): Jennie Lummis

(Kindly donated by Maria Andrews)

MENDLESHAM 50150 SHOP

Browse our range of clothing and shoes for all the family, plus jewellery, accessories, homewares, books and more.

Have clothing to donate? You receive 50% of the sale price, with the rest to the Mendlesham Community Charity.

Open Tuesdays and fridays 2 - 4pm

Find us in the green pavilion near the toddler play equipment on Station Road, Mendlesham. Whatzwords: ///novelist.thin.tint.

Parish Council:

Mendlesham Memorial Playingfield event: MUGA and Wheeled Sport Area (WSA) opening event 15 July 2022

Thank you Dr Dan Poulter MP, guests from the organisations involved with the project and to everyone who helped organise and then attended this event.

Cllr Davey, Chairperson, Mendlesham Parish Council, started the event with a short speech summarising the work involved and thanking those organisations and individuals for supporting the Parish Council in delivering this project for the Parish Of Mendlesham.

Dr Dan Poulter then said a few words including "It was clear to see this was a huge community effort and I would like to thank everyone who has played a part.

This state- of- the art new leisure area will serve all members of the community for many years to come". Dr Dan then formally opened the facilities by cutting a ceremonial ribbon.

Then the fun started. The event had been timed with the end of the school day and was supported by many local children and their parents or carers. Ice lollies for the children and cold drinks were provided and activities included a penalty shoot out with prizes on the MUGA, a demonstration of skateboarding and BMX riding on the WSA with bats and balls provided for action on the Table Tennis Tables.

Thanks to all who helped make this celebration such a success.



News from "The 50/50 Shop" - behind the brands.

In your local community shop you'll find a 'treasure trove' of items behind our wooden door, with new and pre-loved clothing and shoes for men, women and children - plus homewares, books and more!

We have a wide range of brands in stock, frequently seeing items from the likes of Joules, Boden, Regatta and Principles plus wardrobe staples from TU, F&F and George. Here are some things you might not know about the names you see in store:

- **M&S** this 'quintessentially British brand' started in 1884, when Michael Marks and Thomas Spencer set up a market stall in Leeds.
- **Next** the second-largest fashion company in the UK, based on a jaw-dropping £7.16bn market value.
- Nike named the most valuable clothing brand in the world.
- **Hollister** known by 70% of people, according to a recent YouGov survey (Q2 2022).
- **Primark** boasting 191 stores across the UK.
- **Dorothy Perkins** starting life as Ladies Hosiery and Underwear Limited in 1909, the DP name was adopted in 1939 and inspired by the British rambling rose. Last year it was sold to boohoo Group PLC.
- **boohoo** the group own Karen Millen, PrettyLittleThing, Wallis and Burton, plus Debenhams.com and more.

Whatever style you are looking for, come along and have a look through our rails. You never know what you might find!

Visit us:

- Open Tuesdays and Fridays from 2pm 4pm.
- Head to the toddler play equipment and you'll find us in the green pavilion facing the main field. For users of What3Words just type in: novelist.thin.tint.
- Cash only.
- Find us on Facebook, search "Mendlesham 50/50 Shop".

July success:

During July our homeware, books and miscellaneous items alone raised £100 for the Mendlesham Community Charity! These items are donated to us on the basis that 100% of the sale price goes into the Charity fund. Thank you to everyone who has donated or bought items.

A DATE FOR YOUR DIARY!

The Friends of St Mary's Church are having a

PRODUCE STALL on Saturday 3rd September

10am – 12 noon at the **URC Chapel** Mendlesham

Cakes – sausage rolls – home produce



REFRESHMENTS AVAILABLE

MENDLESHAM CARPET BOWLS CLUB (and Short Mat Bowls)



Next Meeting:



at the Mendlesham Community Centre Large Hall



Tuesday September 6th 7.00 - 10.00 pm.



Annual subs £5.00, all players.

Adult weekly playing fee £3.00 Junior weekly playing fee £1.50 (includes tea/coffee drinks and biscuits)

Old timers and New comers are always very welcome

Email contact at Mendleshamcarpetbowlsclub@gmail.com

Please note, arrangements have to be made for Junior players (aged between 12 and 16 years) to be supervised by a parent or authorised club member

Mendlesham Community Charity

Charity Number - 282391

Annual General Meeting

Monday 26 September 2022 7.30pm

Community Centre Main Hall, Mendlesham School Open to all members of the Community

Agenda

- Welcome
- Apology for absence
- Minutes of the last meeting
- Matters arising
- MCC Reports and Updates
- Future Initiatives
- General discussion and feedback
- Election of Trustees/Officers
- Any other Business

The MCC Trustees look forward to meeting you; we have some exciting plans for 2023. If you would like to register as a volunteer or would like to take up the role of a Trustee, please contact any of the trustees by email or phone.

| Judith Howard-Rees | Vacancy (Secretary) | Sally Lovatt (Treasurer) |
|---------------------------|----------------------|--------------------------|
| (Lead Trustee) | | 01449 541725 |
| 01449 766327 | | sallypongo@gmail.com |
| judith@milllodge.co.uk | | Teresa Mills |
| Letitia Goode | Andrew Cullum | 01449 766582 |
| 01449 768861 | 01449 767877 | Teresa.mills56@yahoo. |
| <u>LetitiaAnnCollins@</u> | <u>Cullumandrew@</u> | <u>co.uk</u> |
| gmail.com | hotmail.com | |

Enjoy our Quiet Lanes

Some of our small, local roads in Mendlesham and Mendlesham Green have been designated as "Quiet Lanes" after consulting with local residents and businesses.

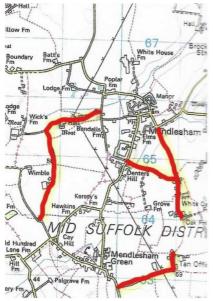
Signs have now gone up on the lanes alerting users that the road is likely to be used by walkers,runners, cyclists and horse-riders as well as motorists.



The idea is to encourage mutual respect and safety. The use of the road is not restricted in any way.

The initiative is part of a programme across the whole of Suffolk coordinated by Suffolk County Council.

Our Quiet Lanes are shown below and we hope that everyone can enjoy them.



- U5217 and Hoggars Road from Hobbies Lane to Lambert's Road
- Oak Farm Lane and Tan
 Office Lane through to
 Mendlesham Green. The
 bridleway between the
 lanes connects the two.
- Wash Lane

Mendlesham Walking Group

Saturday 3rd September 2022
Meet at
Community Centre Car Park 10.00am
2-hour Walk led by Alan

PLEASE NOTE DIFFERENT START TIME FOR SATURDAY WALKS

AND

Walking on a Wednesday
Shorter, slower walks of about 1½ hours led by Alan
Wednesday 21st September 2022
Meet at
Community Centre Car Park 10.30am

PLEASE WEAR STURDY WATERPROOF BOOTS Dogs on leads welcome



Come and join us

Stay safe and keep walking

Angela - 01449 766483 Alan – 07790 124 509



If you would like to join Mendlesham Walking Group, please e-mail Angela : angiepickup@btinternet.com

Raising Money for Cancer Research UK



Sunday 25th September Stackyard Nursery Tractor Road Run



A tractor road run will be taking place to raise money for Cancer Research UK. The tractors will be leaving Stackyard Nursery in Mendlesham 10.00am

Sunday 25th September and will travel through Mendlesham and Mendlesham Green The tractors will be stopping at Stonham Barn around 12.30pm then return to Stackyard Nursery for 2.30pm where we will then be selling hot dogs and burgers and holding a raffle.

All welcome to come and see the tractors.

No entry charge, but buckets for donations to Cancer Research UK will be at entrance.

Parish Council:

Mendlesham Neighbourhood Development Plan. Modification.

https://www.midsuffolk.gov.uk/planning/neighbourhood-planning/neighbourhood-planning-in-mid-suffolk/mendlesham-neighbourhood-plan/

https://mendlesham.suffolk.cloud/mendlesham-parish-council/neighbourhood-plan/mid-suffolk-july-2022/

Further to last month's good news, Mid Suffolk District Council have now issued a R18 confirmation that "Having considered the Examiners Report, Mid Suffolk District Council hereby agree to accept all of the recommendations made. It also instructs Mendlesham Parish Council to: "... make all the necessary modifications to their Neighbourhood Plan in accordance with the Examiner's recommendations, and, subject to the satisfactory completion of that task (to be signed-off by the Corporate Manager for Strategic Planning), the Neighbourhood Plan will be advanced to a local referendum covering the parish of Mendlesham."

Full details of this confirmation can be found on the MSDC website via the above link.

The revised modification plan has been prepared with MSDC now required to confirm the required amendments have been made correctly further to the Examiner's requirements. Pending this decision the draft documents as submitted to MSDC can also be found on the Mendlesham website and will be updated as required.

At the time of writing, our public "drop in" event 12 and 13 August is still to take place so we hope that this will be well supported, so that we can help residents understand what they will be asked to vote for at referendum.

We are aware, some residents may not be able to make the drop in event. At this stage we do not know when the referendum will be but wanted to organise something as soon as possible. However, we do want to be as transparent and discuss whatever, as much as possible to alleviate or at least provide more information for any concerns. If you were unable to attend the events on 12 and 13 August and wish to discuss anything further, please can you let Sharon, the Parish Clerk know, ideally by email, as soon as possible and we will do our very best try to help.

THE FRIENDS OF ST MARY'S



- Did you know that St Mary's parish church has a unique armoury dating back to the Spanish Armada? It is, in fact, the only church armoury in the entire country.
- Did you know it's in danger of being spoilt by water leaking through 2 splits in the lead roof?

The Friends of St Mary's was formed about 45 years ago to restore and maintain our magnificent Grade 1 listed building – the most significant historic building in the parish - and you can be proud to live in a village with such a wonderful place, whatever your own faith. Maintenance and restoration is something which is always ongoing; it costs £1000,s and is something which simply has to be done, not an optional extra.

Please help us by supporting our events and help get this roof restored as soon as possible. We also have to pay for several electrical faults to be rectified and the roof alarm and boiler to be serviced, and at the moment there isn't enough money in the bank. The following events are either planned by, or in aid of The Friends, but if you have any fundraising ideas of your own and would like to help put them in motion, or would like a collecting box, please get in touch with the Chairman, Jean Martin, of Mendlesham Green, tel: 766244, or any of the committee members. (Eric Bauly, Jean Abbott, Peter Wyatt, Graham Baker, Les Arnold, Amanda King, Ferdi Vincent.)

| Sat 3rd Sept: | Produce Stall at URC | 10.00 - 12.00 |
|---------------------------|--|----------------|
| Sat 10 th Sept | SHCT Ride & Stride | 9.00 – 5.00 pm |
| Sat 17 th Sept | Tour of Church | 2.00 – 4.00 pm |
| Fri 23 rd Sept | Quiz Night at URC | 7.30 pm |
| Sat 8 th Oct | Tour of Church | 2.00 - 4.00 pm |
| Sun 30 th Oct | Blessing of Boxes | 9.30 |
| Every Tuesday | Coffee & Cake in St Mary's (No charge but donations are welcome towards the work of the Friends) | 10.30 - 12.30 |



The cost of energy and food is so high now. With the kids home from school for the summer, I'm having to pay more for lunches and snacks. I'm worried about how I'll put food on the table. I'm on a prepayment meter and I'm really scared we're going to be left without any gas or electric if I can't top up. What can I do?

First of all, I'm really sorry to hear how tough things have been for you. You're doing the right thing in reaching out for support and there are things you can get help with.

As a prepayment meter customer, your energy supplier will be able to give you temporary credit if you can't afford to top up your meter. They might add this to your meter automatically, but if they don't, you can call them and ask them to do this.

If you run out of temporary credit, speak to your supplier to explain your situation. They may give you extra temporary credit if you're struggling with living costs. There are other reasons why they might give you extra credit too, including if you're disabled, have a long-term health condition, or you have children under the age of 5. You'll have to pay back anything extra you get, but you can agree how to do this in a way you can afford with your supplier.

As you say, the cost of living is really high but there is help available. If you pay council tax and you're in bands A-D, you should get a payment of £150 automatically. It could take until the end of September, but if you've not had it already you might need to make a claim.

You might also be able to get help from the Household Support Fund, which helps those experiencing financial hardship. They can offer support with energy bills, with food or other essentials.

For more information on the £150 payment or the Household Support Fund, email Babergh & Mid Suffolk District Council on housingsolutions@baberghmidsuffolk.gov.uk or call 0300 123 4000.

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There's more government support coming from October in the form of a £400 payment to help you with your energy bills. If you have a prepayment meter, you'll be given vouchers in the first week of each month from October, via text, email or post. Make sure your energy company has your up-to-date details.

To help manage other costs, it's also worth checking you're getting all the benefits you're entitled to. There are benefits calculators you can use online or Citizens Advice Mid Suffolk can complete a benefit check for you. If you can't afford to buy food, Citizens Advice also can help you get a referral for a food bank.

We know this is an extremely worrying time and everyone's situation is different. Don't struggle alone.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. For more information and our opening hours go to midsuffolkcab.org.uk.

Monday Morning meet-up



We are now open again!

Every Monday morning in the Old Schoolroom 10am-12pm

EVERYBODY welcome. If you are on your own, retired, widow, widower, new mum/dad, looking for work or whatever your situation...

Come on down and enjoy free tea, coffee, cake and sausage rolls, plus good friendly company.

There is also a selection of jigsaws, books and magazines to take away free of charge.

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:

Mendlesham Fish & Chip Shop
Mendlesham Playing Field
Mendlesham The Green

15.15 - 15.30
15.35 - 15.50
16.00 - 16.20

The van's next visit is Thursday 22nd September



MENDLESHAM EDUCATIONAL FOUNDATION CHARITY 2022/23 Grants



Are you planning to go to college or university later this year? The above Charity has limited funds available to give grant assistance to eligible students under the age of 25 living in Mendlesham, or whose parents live in Mendlesham. To apply for consideration please request an application details from the clerk Mike Favager, by email mike@favager.co.uk. or phone 766007

Completed applications must be received by mid September to be considered for the autumn term payment.

The Friends of St. Mary's Church

Invite everyone to their coffee mornings in the church every Tuesday between 1030 am and 1230 pm



Mendlesham Community Charity TOTE RESULTS

| Mendlesham Lottery July 2022 | | | | | | |
|------------------------------|--------|-------------------------|--------|--|--|--|
| 9th July | | 23rd July | | | | |
| Drawn at Mayfield Way | | Drawn at Mayfield Way | | | | |
| Jenny Mayes | £35.00 | Gary Cracknell | £35.00 | | | |
| Jimmy Pipe | £25.00 | Doris Briggs | £25.00 | | | |
| Janice Skilling | £15.00 | Selena & Andrew Canning | £15.00 | | | |
| Terry Styles | £10.00 | Claire Debenham | £10.00 | | | |

If you would like to purchase Tote Tickets, contact Jean Abbott 01449 766895

United Reformed Church

MURCies Coffee Bar

Friday - 9th September 2022 10am - 12pm

Knit and Natter

Monday - 12th & 26th September 2022 2pm - 4pm



MENDLESHAM CAMERA CLUB



The next meeting will be on Tuesday 6th September - in the Old School Room at 1930. The challenge this month is for macro/close up pictures. We submit pictures to a Dropbox, these will be displayed and discussed. In the second part of the meeting a member will talk about a photography related topic.

The club is a small group of mixed photography ability and new members are always welcome.

For details please log onto the website:http://www.mendleshamcameraclub.co.uk/ or contact mike@favager.co.uk



MENDLESHAM WI

July was a busy month for us – we went beach combing, had a flower arranging workshop, exhibited at the county show at Needham Market, served refreshments at the FOMSA Summer Fayre and our meeting when it was so hot.

The beach combing was such an informative evening – we met on the beach at Felixstowe and with the help of Kate from Beach Bonkers we were soon searching for as many of the 20 various type of shell as we could – we found examples of 13 of them. We were glad of Kate to identify our finds – fossilised sea sponges in flint, 80 million years old, whelk egg cases etc. We then moved on to the highlight to look for black fossilised sharks teeth and fossilised ray teeth – we found three! Kate urged us to pick up any plastic bottles we see in the street to avoid them being washed down the drain and eventually out to pollute the sea to harm the marine environment. Our thanks to Linda for organising this fascinating outing for 14 of us. Our thanks also to Chris for arranging the Saturday flower arranging workshop enjoyed by some of our members.

The July meeting was the members meeting, when the committee have the evening off and members take office and run the evening. Our temporary president was Jill, secretary Sue and treasurer Enid – and we thank all who volunteered to make the evening a success. The speaker was David Murton whose topic was Astronomy for Beginners. Aided by a power point presentation we learned about the sun, planets, star formations, meteors and comets. It was uncomfortably hot on this evening and a ready supply of cold drink with refreshment was very welcome. We were proud of our quiz team who did very well in the county quiz coming 6th. Final arrangements were made for the Grow, Cook and Sew in August.

We exhibited at the county show at Needham Market and received encouraging comments and good marks – one member awarded full marks for knitted and crochet flowers, another $19\frac{1}{2}$ for a lovely summer jewellery set and co-op exhibit for an afternoon tea was awarded 2^{nd} place. We are grateful to all who represented us and willingly delivered and collected the items.

Continued on page 17.....

.....continued from page 16

Knit and Stitch continues to be well supported – 13 of us and one visitor at the August one. Next one Sept. 7th, 10am to noon in the Old School Room.

Our next full meeting is on Tues. 20th Sept., 7.30 in the U.R.C. – hopefully it will have cooled down. The speaker is Jonathon Higgins – his subject 3D origami with the competition to suit – an item made from paper.

If you are interested in joining us please contact president Anita (766902). You will be made welcome.

Mendlesham Over 60s Club – July 2022

Twenty Nine members were welcomed to this meeting. A list was sent round for members to sign up to go on our trip to Wroxham Barns and a river trip on the Mississippi paddle steamer on 31st August.

Our speaker was Georgette Vale, who came as Lucille Reeve who lived in Tottingham a small village in Norfolk. She believed in ghosts and was an accomplished water diviner. She found water for many farmers. An outspoken socialist, she took up farming and wrote books. She also spoke on radio in 1942. Tottingham and surrounding areas were commandeered for training troops. In 1942 1800 acres were taken and 800 residents were told to leave but were promised they could return after the war. Lord Walsingham gave Lucille a small plot of land to live on and she managed as best she could. However, when she was told her beloved Tottingham would not be returned to them it took an awful toll on her health. In 1950 the final straw was being told compensation would only be paid at 1938 prices, which meant she could not afford another farm. She could take no more and hung herself.

Such a sad end, well told and very interesting.

Competition - 1st David Lambert 2nd Enid Lambert 3rd Jean Martin

Our next meeting - September 28 - Brian Thurlow - Music Hall songs. Competition - a theatre programme.

We were reminded that the coach leaves the Kings Head at 11am for the trip. We finished the meeting with the anthem.

Old School Room Hire Charges

Effective from 1st October 2022

Due to increasing costs of utilities, insurance, maintenance etc it is necessary to make a small increase to the hire charges from 1st October 2022. The hire charges are split into two periods summer and winter. The charges include use of the internet if required, licence to play music is in place and by arrangement a projector and screen are available.

Period 1: 1st May - 31st September (summer)

£15.00 for up to 4 hours plus £5.00 per additional hour or part thereof. £25.00 for up to 4 hours plus £10 per additional hour or part thereof with full use of kitchen throughout the period.

£100.00 Full day hire (8 hours) or mid afternoon into evening for functions or parties (8 Hours) includes use of kitchen and deep cleaning afterwards.

£150.00. Voting days.

Period 2: 1st October to 30th April (winter)

£20.00 for up to 4 hours plus £5.00 per additional hour or part thereof. £30.00 for up to 4 hours plus £10 per additional hour or part thereof with full use of kitchen throughout the period.

£150.00 Full day hire (8 hours) or mid afternoon into evening for functions or parties (8 Hours) includes use of kitchen and deep cleaning afterwards.

£200.00 Voting days.

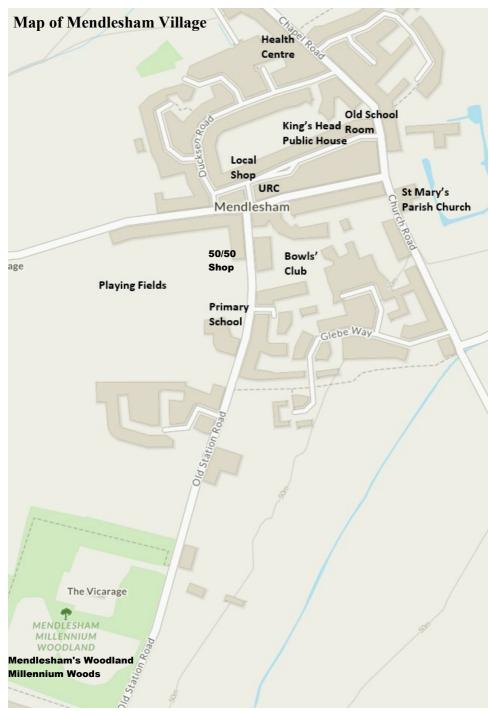
For further information contact the clerk mike@favager.co.uk

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Charity. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

| MENDLESHAM DIRECTORY | | | | |
|-------------------------------------|-----------------------------------|------------------------------|--|--|
| 1 st Mendlesham Guides | Emma Munday | 01449 768843 | | |
| 3 rd Monday Book Club | Doug Williams | 01449 766498 | | |
| Ancient Order of Foresters | Beatrix Wrinch | 07885 909869 | | |
| Beavers, Cubs and Scouts | Martyn Bryant | 01379 788998 | | |
| Bowls Club | Peter Coleby | 01449 766985 | | |
| Brownies | Brenda Stannard | 01449 766308 | | |
| Camera Club | Mike Favager | 01449 766007 | | |
| Carpet Bowls Club | Roger Fouracre | 01449 766229 | | |
| Church and Town Estate | Mike Favager | 01449 766007 | | |
| Community Centre Hall | Becky Herbert | 01449 672531 | | |
| Computer Club | Giles Godart-Brown | 07500 042836 | | |
| District Councillor | Andrew Stringer | 01449 780339 | | |
| Explorer Unit | Jonathan Freeman | 01449 766676 | | |
| Football Club | George Yardley Angela Lockwood | 07894 512712 07845 471154 | | |
| F.O.M.S.A | C.P School | 01449 766224 | | |
| Friends of Mendlesham Health Centre | Phil Tucker | 01379 678400 | | |
| History Group | Sue Michell | 01449 766434 | | |
| Mendlesham Community Charity | Judith Howard-Rees | 01449 766327 | | |
| Mendlesham Education Foundation | Mike Favager | 01449 766007 | | |
| Old School Room Bookings | Daphne Lambert | 01449 766320 | | |
| Over 60's | Annette Taylor | 01449 766552 | | |
| Parish Council & Playing Field | Sharon Jones | 01449 766139 | | |
| Parish Party Committee | Rachel Roshier | 07881 816622 | | |
| Rainbows | Becky Froude | 07774 581503 | | |
| Saturday Cafe | Brenda Player | 01449 768101 | | |
| St Mary's Parish Church | Father Philip Gray | 01449 766359 | | |
| St Mary's Church Council | Chris Elstone | 07530 769676 | | |
| Toddler Group | Simona Pounds | 07585 093311 | | |
| United Reformed Church | Margaret Jackson | 01449 766321 | | |
| Village Recorder for Mendlesham | Geoff Clarke | 01449 766447 | | |
| Walking Group | Angela Pickup | 01449 766483 | | |
| Walking on Wednesdays | Alan | 07790 124509 | | |
| Woman's Institute | Anita Scruby | 01449 766902 | | |
| Writers Group | Noel Fletcher | 01449 766968 | | |

If you have any amendments to the information on this page, please email the editor at gemma.green1202@gmail.com or call on 07733 333659 so they can be corrected. Thank you





We offer play-based provision in our purpose built premises. We have an outdoor area where we spend large parts of the day, with a big sandpit, slide, playhouse and a mud kitchen for messy play.

We work in partnership with parents to plan individually for each child, maintaining detailed notes and photographs which we use to identify how to support each child in meeting their full potential.



Call: 01449 711593 or Email: stonham-aspal@btconnect.com

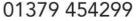
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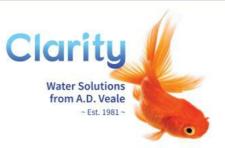
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SERVICES FOR SEPTEMBER

As shown below

4th 4.00pm Rev'd Norman Tharby

11th 10.45am Rev'd Lythan Nevard – Moderator, Eastern Synod
 21st 2.30pm Afternoon Fellowship Annual – Miss Anne Scarff

25th 10.45am Mr John Webb

MURCies Coffee Bar - 2nd Friday from 10.00 - 12.00 (9th Sept)

Knit & Natter - 2nd & 4th Mondays from 2.00 - 4.00 (12th & 26th)

Genesis 2: 15

¹⁵Then the LORD God placed the man in the Garden of Eden to cultivate it and guard it.

How was your summer? Did you manage to get away? Or did you simply find it too hot, and hide away?

Over the summer months there has been a lot of talk about climate change and the breaking of temperature records, and how climate change has been bought about by our actions as a human race. It reminds me that we do not own the earth but are only stewards placed here to look after it, and we seemed to have failed and forgotten our place to care for the world in which we live.

In the United Reformed Church, our Synods and National Church are encouraging all of our churches, whatever the size and age to become eco churches, reminding us of our place in God's creation. At first this may seem a daunting task and will raise many questions about how we can do this, but it is something that we can achieve will small steps, doing such things as recycling more, remembering the creation story within worship, and our role within it.

Continued on page 44.....

....continued from page 43

When the need arises to look at our church buildings, to consider how to make them more eco-friendly, looking at renewable energy, double glazing, insulation, but of course for some churches some of this will not appropriate because of the age of the church building, but there will always be something that can be achieved.

As individuals we are encouraged to play our part, to do what we can. This could simply be to recycle more, to using eco-friendly products. What we can do, will endeavour to help our environment, but I do question myself as good stewards of God's world, shouldn't we have been doing this all along and playing our part in the Kingdom of God?

Robert

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SUNDAYS:

9.30 a.m. Parish Mass & Address

First Mass of Sunday:

Saturdays 10th, 17th, 24th Sept: 10.00 No Mass on Sat 3rd Sept

<u>Daily Mass</u>: see calendar on back page, porch notice & bulletin

Daily Morning & Evening Prayer see porch notice.

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Fridays 23rd, 30th Sept: 10.30 am
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Churchwardens: Andrew Fleming 01449 711065

Chris Elstone 07530 769676

WHAT'S ON THIS MONTH

Sunday worship also LIVESTREAMED every week at 9.30. Visit https://www.facebook.com/stmarysmendlesham/

| 3 rd Sept | 10.00: Produce Stall in URC for Friends of St Mary's |
|-----------------------|--|
| | 2.30 pm: Tour of Round Towered Churches: Gissing, |
| | Shimpling & Long Stratton |
| 6 th Sept | 9.30: Requiem – September anniversaries |
| 7 th Sept | 9.30: Mass |
| (1) | 10.30-12.20: Coffee & cake in church |
| 10 th Sept | 10.00: First Mass of Sunday |
| | 9.00 – 5.00 pm: Ride and Stride Day for SHCT/Friends of St |
| | Marys |
| 13 th Sept | 9.30: Mass |
| | 10.30-12.20: Coffee & cake in church |
| 15 th Sept | 1.30 pm: Silent prayer in presence of Blessed Sacrament |
| | 2.30 pm: Monthly Healing service: Mass, laying on of |
| | hands & anointing, followed by refreshments |
| 17 th Sept | 10.00: First Mass of Sunday |
| | 2.00 pm – 4.00 pm: Tour of Church in aid of Church |
| | Restoration: £5 per adult, incl refreshments |
| 18 th Sept | 9.30: Parish Mass |
| | 11.30: PCC meeting and shared lunch |
| 20 th Sept | 9.30: Mass |
| | 10.30-12.20: Coffee & cake in church |
| 23 rd Sept | 7.30 pm: Quiz Night in URC Chapel: Friends of St Mary's |

Looking Ahead....

- 1. Thurs 6th October: Day Pilgrimage to Walsingham: 12.00-Mass in the Holy House; 2.30 pm Sprinkling at Holy Well 4.00 pm Benediction. Please sign list in church.
- 2. 2nd October: Clothes, Bedding and Toiletries (please bring beforehand) will be blessed to take to the homeless in Norwich cared for by St Martin's Housing Trust
- 3. 8th 9th October: Harvest Weekend

Fr Philip Writes..

September is a month of new beginnings at school, colleges and universities. In many ways it is a time for renewal for me

personally, as in September I keep the anniversaries of my ordination both to the priesthood and diaconate and of my institution as Vicar of Mendlesham.



In June we dedicated the restored cover to the font which originated in the now redundant Rishangles church. It is a custom in the universal Church to renew our commitment to Christ, first made in Baptism, by dipping our fingers into the Holy Water and making the Sign of the Cross on entering and leaving church. Water is a sign of cleansing: we all fall short of our Baptismal promises. It is also a sign of growth: we must grow in our commitment and show Christ's love to all as we leave the church. Baptism is not a

once and for all ceremony but should be relived each day.

One of my favourite quotes on commitment is from the late evangelist Billy Graham:

"To know Christ is not enough; to be convinced He is Saviour of the World is not enough; to affirm your faith in him as we do in the Apostles' Creed is not enough; You really don't actively believe in Christ until you make a commitment of your life to Him and receive Him as your Saviour."



In this month of beginnings I challenge each person to commit or recommit to Jesus.... not just once, but daily.

A woman was watching the distribution of clothing to homeless people and found herself wondering: "What would it be like to walk

in another's clothes?" Then it occurred to her: "That's what Christianity is all about... walking in the shoes of Jesus, going where Jesus would go and doing what Jesus would do. It is about being Jesus in today's world."

As we enter church, let us say as we dip our fingers in the Holy Water and make the sign of the Cross: "Forgive me, Lord, when I have not lived up to my Baptism,"



"Help me to grow in my Baptismal commitment."



Then I shall become more like Jesus as I go about my daily life.

RIDE AND STRIDE

The Suffolk Historic Churches Trust Ride and Stride day for all churches is **Saturday 10th Sept from 9.00 to 5.00 pm.** Anyone can take part and you can be sponsored for cycling, walking or even



driving between churches. Half the money goes to the church of your choice and the other half to SHCT, which gives generous grants for restoration projects to churches and chapels throughout Suffolk.

You choose your own route and the number of churches or chapels you visit. For more details or a sponsor form, please contact local organizer Andi Elstone (07590 317122) or my wife Anne or me (01449 766359)

You can also set up a JustGiving Page to collect money online. See more details here: https://shct.org.uk/ride-and-stride/

Anne would welcome sponsorship, please. She plans to match what she did last year (though taking a completely different route) and visit 33 churches and chapels, cycling approximately 46 miles. She has a paper sponsor form and has also set up a Just Giving page, so you can donate online & the money goes directly to SHCT, who return half to us for the Friends of St Mary's: https://www.justgiving.com/fundraising/anne-gray-88

| | PARISH CHURCH OF ST | F MARY'S | JRCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR SEPTEMBER 2022 | DAR FOR SEPTEMBER 2022 |
|------|-------------------------------|---------------|---|---|
| Date | Church Festival | Mass | Intention (we pray especially for) | Parish Intention |
| 7 | | SB | the mission of the Church | Front Street / Old Orchard |
| 7 | | SB | all on holiday | Old Market St / Braybrooke Close |
| 3 | ST GREGORY THE GREAT | SB | the conversion of England | Mill Road and Hobbies Lane |
| 4 | 23rd SUNDAY Yr C | 9.30 | Parish and Congregation | Chapel Road |
| 2 | | 9.30 | all who are disabled | Church Road / St Mary's Gardens |
| 9 | | 9.30 | the departed : September anniversaries | Brockford Road |
| | | 9.30 | all starting school and higher education | Glebe Way |
| 8 | BIRTHDAY OF OUR LADY | 9.30 | The Society of Mary | Freelands |
| 6 | | 9.30 | our Christian discipleship | Ducksen Road |
| 10 | | 10.00 | those who feel excluded from the Church | Horsefair Close |
| 11 | 24th SUNDAY Yr C | 9.30 | Parish and Congregation | Mason Court |
| 12 | | 9.30 | the dying and the work of Hospices | Mayfield Way |
| 13 | St John Chyrsostom | 9.30 | the bereaved | Mead Way |
| 14 | HOLY CROSS DAY | 8.00 am | The Society of the Holy Cross (SSC) | Old Station Rd / Cuttings Close / Schools Close |
| 15 | Our Lady of Sorrows | 2.30 pm | the sick: Healing Ministry | Middy Close / The Sidings |
| 16 | Ss Cornelius & Cyprian | 9.30 | persecuted Christians | Wash Lane / Oak Farm Lane |
| 17 | | 10.00 | better stewardship of time and money | Norwich Road / Bluehouse Lane |
| 18 | 25th SUNDAY Yr C | 9.30 | Parish and Congregation | Mendlesham Green |
| 19 | | 9.30 | Additional Curates Society | Tan Office |
| 20 | St Andrew Kim Taegon | 9.30 | the Church in Korea | Outlying houses |
| 21 | ST MATTHEW | 8.00 am | ordinands | Farms in Mendlesham |
| 22 | | 9.30 | all in prison | Local industries |
| 23 | Padre Pio | 9.30 | Walsingham | Pub & places of recreation |
| 24 | Our Lady of Walsingham | 10.00 | Christian Aid | Mendlesham School |
| 52 | 26th SUNDAY Yr C | 9.30 | Parish and Congregation | SMF: Patrons of Mendlesham |
| 26 | Ss Cosmos & Damien | 9.30 | Doctors and Surgeons | Village Organisations |
| 27 | St Vincent de Paul | 8.00 | all Carers | Fr Philip |
| 28 | St Wenceslaus | 9.30 | HM Queen Elizabeth & her Government | Other places of Worship |
| 29 | Ss MICHAEL, GABRIEL & RAPHAEL | 9.30 | those being ordained at Michaelmass | PCC, Parish and Community Councils |
| 30 | St Jerome | 9.30 | a better knowledge & love of Scripture | Local Doctors and Healthcare Workers |
| | check til | nes on weekly | check times on weekly bulletin (available on church website) and porch notice sheet | rch notice sheet |



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