

MENDLESHAM NEWSLETTER



Issue 464

July 2022

CLASSIFIED ADS

To Advertise here
email Keith on
shelton@live.co.uk

Your Local Handyman

Minor repairs around the home
Including taps, immersion heaters
Flat pack assembly
Shed & fence painting
MANY more services provided
Tony 07771 800072
01449 781993
gooderhamt@aol.com

IRONING SERVICE

Let me look after your
ironing needs.
Please call for a quote.
Cassy
07767 773076

To Advertise here
email Keith on
shelton@live.co.uk

could you foster?



**we urgently need
carers in Suffolk**



Visit us at www.nexusfostering.co.uk

Call us on 01603 951 405

Newsletter Team

Editor: Gemma Green
07733 333659
gemma.green1202@gmail.com
Advertising: Keith Shelton
01449 768744
shelton@live.co.uk
Carolyn Triscott
Jean Abbott
Mark Brennan
Pat Winslett

We produce 12 issues per year
which are delivered to every
household in the location of
Mendlesham.

Deadline for August Issue

6th July 2022

Front Cover

By Denise Foster

Editorial

Welcome to the July issue. Can we really be half way through the year? Time rushes on but birdsong and hungry fledglings have entertained and we are so lucky that colour surrounds us in our parish plus lots of activities to engage with. Many people have booked holidays once more and I am sure that these will bring change of scene and respite benefits so longed for over the last two difficult years.

Best Wishes
Gemma

Dates for your diary

July		Page
2nd	SAT-CAF	3
2nd	Mendlesham Walking Group	4
2nd	Mendlesham Summer Fair	9
5th	Mendlesham Camera Club Meeting	13
6th	Newsletter Deadline	1
6th	WI Knit, Stitch & Yarn	15
8th	MURCies Coffee Bar	14
11th	Knit & Natter	14
13th	Parish Council Meeting	2
15th	Playingfields Ceremony	10
19th	WI Meeting	15
20th	Walking on Wednesday	4
25th	Knit & Natter	14
27th	Over 60's Meeting	16
28th	Mobile Library	21
Every Tues	Church Coffee Morning	20

Don't forget to keep up to speed with
the URC and
Parish Church from page 47
onwards.

50/50 shop open -
Every Tuesday & Friday
see page 3 for further details



THE PARISH COUNCIL

Parish Clerk: Sharon Jones,
Honeysuckle, Hockey Hill, Wetheringsett,
Suffolk IP14 5PL

Tel 01449 766139

Email: parishclerk@mendleshampc.org

Web site: <https://mendlesham.suffolk.cloud>

Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Mike Exley tel 766246 (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- Sandie Judd tel 0333 006 2706
- Daniel Lummis 07584630988
- David Nunn (Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562

Meetings:

Wednesday 13 July 2022

Ordinary meeting 7pm, Old School Room, Mendlesham

Wednesday 10 August 2022

Ordinary meeting 7pm, Old School Room, Mendlesham

All welcome

MENDLESHAM 'SAT-CAF'

Saturday, 2nd July 10.00 – 14.00

OLD SCHOOL ROOM, MENDLESHAM

**Pre-Ordering or Take-Away Orders, phone the Café
on 01449-767727 from 10 a.m.**

**Morning Coffee, Light Lunches and Afternoon Teas, including
delicious homemade Quiches, Soups, Cakes and Desserts.**

June Draw Winner (£20 Meat Voucher): Norman Foster

(Kindly donated by Malcolm Warwick)

MENDLESHAM 50/50 SHOP

Browse our range of clothing and shoes for all the family,
plus jewellery, accessories, homewares, books and more.

Have clothing to donate? You receive 50% of the sale price,
with the rest to village community funds. Ask for details.

Open Tuesdays and Fridays 2 - 4pm

Find us in the green pavilion near the toddler play equipment on
Station Road, Mendlesham. What3words: ///novelist.thin.tint.

Mendlesham Walking Group

Saturday 2nd July 2022

Meet at

Community Centre Car Park 10.00am

2-hour Mystery Route Walk

PLEASE NOTE DIFFERENT START TIME FOR SATURDAY WALKS

AND

Walking on a Wednesday

Shorter, slower walks of about 1½ hours led by Alan

Wednesday 20th July 2022

Meet at

Community Centre Car Park 10.30am

PLEASE WEAR STURDY WATERPROOF BOOTS

Dogs on leads welcome

Come and join us

Stay safe and keep walking



For more information please contact

Angela - 01449 766483

Rachael – 07971 910 279

Alan - 07790 124509 (Walking on Wednesday)

If you would like to join Mendlesham Walking Group, please e-mail

Angela : angiepickup@btinternet.com

**News from “The 50/50 Shop” -
how we’re helping to Reuse, Reduce, Recycle.**

According to an article by Earth.org*, the fashion industry, especially since the rise of fast fashion, is among the most damaging industries for the environment, responsible for 10% of global carbon emissions and 20% of global wastewater.

Fast fashion is particularly worrying - cheap and speedy production of low quality clothing to respond to current trends. In recent years this has seen people buy several items at low prices, to wear only once or, at best, a handful of times.

So, instead of buying new clothes to update your wardrobe, how about considering pre-loved items instead? This can benefit not only the environment, but your wallet too - and who doesn’t love saving some money!

At the 50/50 Shop we’ve been helping local residents to reuse, reduce and recycle for 30 years. Here’s how...

Reuse:

- Our community shop offers pre-loved clothing for men, women and children plus shoes, handbags and accessories. There’s sure to be something for everyone!
- We also stock books, homewares and more.

Reduce:

- We give a new lease of life to items which may otherwise have been sent to landfill.
- Buying second hand limits the environmental impact compared to buying brand new.
- Our items are low cost, reducing household expenditure (which could be particularly helpful for during the current cost of living crisis when budgets are stretched).

Recycle:

- When we cleared our leftover winter stock a few months ago we donated good quality warm clothing for men, women and children to help the people fleeing Ukraine.

If you haven’t already visited us we hope you’ll give us a try!

Visit us:

- Open Tuesdays and Fridays from 2pm - 4pm.
- Head to the toddler play equipment and you’ll find us in the green pavilion facing the main field. For users of What3Words just type in: novelist.thin.tint.
- Find us on Facebook, search “Mendlesham 50/50 Shop”.

Important update:

Following a lot of recent donations we are unable to accept any further stock at this time. We have a large number of sellers and really need customers too!

*Source: https://earth.org/data_visualization/impacts-of-fast-fashion-on-the-environment/

Mendlesham Celebrates the Jubilee in Style!

Mendlesham broke out the bunting for a series of events to celebrate the Queen's Platinum Jubilee.

The county-wide torch relay came through Mendlesham on 24 May where three local heroes, Pris Colchester, Jean Abbott and Mike Favager, carried the torch cheered on by our schoolchildren and parishioners. Our torch-bearers were transported in an electric rickshaw setting off from the Health Centre where the staff got involved too.



Before the end of term, children at Mendlesham Primary school celebrated with various activities including crown-making.

Celebrations continued on Wednesday 1st June with around 20 children, under the guidance of Denise Foster and a professional artist, painting the container on the playing field in a Jubilee theme. We are grateful to Roddy Lawes for fixing and painting the boards that we used as a canvas.

On Thursday we had the beacon lighting at Mendlesham Green where around 100 people enjoyed refreshments sold by the 1st Mendlesham Scout Group. The scouts led singing around the campfire and Father Phillip gave an address, prayers and a blessing.

Friday, 3 June saw a large number of parishioners enjoying a celebration at St Mary's Church. Superb live music was provided by Lou Sextey and Ant Ripley. People were able to quench their thirst with specially brewed Elizabeth Ale kindly donated by the King's Head, Mendlesham.

The Mendlesham Community Charity sponsored a picnic on Children's Playing Field at Mendlesham Green on Saturday 4 June.

Continued on page 7.....

.....continued from page 6

There was a competition for the best Platinum Jubilee dessert. This was won by Anne Webb with Helen Orton in second place. A competition for crowns made by the schoolchildren was won by Elodie Caudwell. There were several activities for children including biscuit icing that proved very popular.



Then, on Sunday 5 June, the Mendlesham Community Charity sponsored a “Big Lunch”. It had been intended to hold it in Old Market Street which would have been closed to traffic and set out with tables. However, in the light of a horrendous weather forecast, the venue was changed to the former Community Centre Main Hall.

Around 160 people brought their own food and enjoyed music and games throughout the afternoon.

There were prizes for the best fancy dress, on a 1950s or royalty theme. for children and for adults. Steve Pickup was the winner with Phil Webb coming second. Sophie won the children’s fancy dress. There was also a prize for children’s crowns won by Oliver Lane. Parishioners got festive by decorating outside their homes in red, white and blue with a Platinum Jubilee theme. Winners of prizes for the best decorated homes in the parish and in Old Market Street were announced.

Continued on page 8.....

.....continued from page 7

The best decorated house in the parish was won by 36 Horsefair Close. 1, The Thatch Mendlesham Green coming second. The runner-up was “Vespers” Church Road. The best one on Old Market Street was No. 23 with No. 26 in second place. The runner-up was No. 31.



During the day the Mendlesham Camera Club help an exhibition of work in the Old School Room.

To complete the celebrations, at 5:00pm, people were invited to a Thanksgiving Service in St Mary’s Church.

We are most grateful to the following local businesses for sponsoring superb prizes:

Bacton Bull

Bull Auberge Eye

Four Horseshoes Thornham

Golf Adventure Park Stonham Barns

Mendlesham Bakery and Store

Mendlesham Fish and Chip Shop

The Owl Sanctuary Stonham Barns

Trowel and Hammer Cotton

Walnut Tree Thwaite

White Horse Stoke Ash

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Charity. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.



MENDLESHAM

SUMMER FAIR

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
SATURDAY 2ND JULY 2022

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
WATER FIGHT AREA ★ STALLS
ICE CREAM ★ TUG OF WAR 1.30
MUSIC ★ ENTERTAINMENT ★
BOUNCY CASTLE ★ RACES 2.30
HOME MADE FUDGE ★ CRAFTS

Organised by Friends of Mendlesham Primary School
To book a stall or find out more contact Danielle: doofletch@msn.com

2nd

12-4pm

July

**MENDLESHAM
Playing Field**

★ **FREE ENTRY**

★ **— BBQ —**

★ **ALL WELCOME**

Parish Council:

Jubilee events:

A huge thank you to everyone who helped organise, donated, provided equipment and skills, plus everyone who attended and supported the events of the Jubilee Weekend. We are extremely fortunate to have such a vibrant community.

Whilst publishing photos for the public domain are now required to have considerations for safeguarding and permissions from individuals, it would be great to have a record of these events to provide a historical “taste” for the future. A photo gallery has therefore been set up on the Mendlesham website and if you would like to contribute your photos, please make sure those clearly identifiable also consent, then send them with your name and contact details to the parish clerk email: parishclerk@mendleshampc.org.

Parish Council:

Financial Audits for the year ending 31.3.22 :

Internal audits for Mendlesham Parish Council, Mendlesham Community Centre Charity and Mendlesham Memorial Playingfield Charity have now been completed. Further information is available on the Mendlesham web site.

A Notice for the Exercise of Public Rights for the period 13 June to 22 July 2022 for this accounting period, is also now available on the Mendlesham Website and Parish Noticeboards.

Parish Council:

Friday 15 July 2022 4pm at Mendlesham Playingfields.

An Inauguration ceremony for the MUGA (Multi Use Games Area), WSA (Wheel Sports Area) and Table Tennis Equipment at Mendlesham Memorial Playingfields will take place on 15 July. This event is to thank everyone who has helped in whatever capacity to deliver our new fantastic playing field resources. All welcome.

Mendlesham Community Charity Update

Thank you to everyone who helped run the Queen's Platinum Jubilee Celebrations – both on behalf of the MCC and other organisations. The Community of Mendlesham and Mendlesham Green is most definitely out and about and up and running!

BREAKING NEWS! The MCC are up for sponsoring the village Street Fair in 2023. We have dusted down the plans for a revamped format (as per the Fresh Start Project that had to be abandoned due to the pandemic) and we are now looking for **someone to Coordinate the event**. We know that there are a great many people out there who will be offering support on the day and who are willing to help set it up, but it needs someone to oversee the event. You will have the full support of the Trustees and a Pre Prepared Plan based on years of experience from those who have done it before. **PLEASE STEP UP** and contact Judith for more information.

The Board of Trustees have been meeting every month since September 2021 and I would like to thank them for all their hard work. We have new ways of working, including registering all our volunteers, upgrading our insurance, policies and procedures to cover all our activities and enabling events to be run again. Last but not least, and the main reason for our existence, to give back to our community. We will be taking a break in August and then holding our **Annual General Meeting in September** where we hope you will come and join us.

Meanwhile, **Many Hands Make Light Work** - we are seeking two more people to join the Board of Trustees. **Please step forward to join us.**

Complete an application form on the parish webpage or contact a trustee.

Judith Howard-Rees (Lead Trustee) 01449 766327 judith@milllodge.co.uk	Vacancy (Secretary)	Sally Lovatt (Treasurer) 01449 541725 sallypongo@gmail.com
Letitia Goode 01449 768861 LetitiaAnnCollins@gmail.com	Andrew Cullum 01449 767877 Cullumandrew@hotmail.com	Teresa Mills 01449 766582 Teresa.mills56@yahoo.co.uk



Mendlesham Writers Group

Back in action

FREE !!

First visit
Intro Guidance Pack
Advice and encouragement
Guest speakers
Refreshments

2nd Tuesday Every Month
Old School Room
Mendlesham
7.30pm

Contact: Noel on 01449 766968
Or Just pop in
Bring a friend if you wish

Create something worthwhile in your own special way
No previous writing experience necessary

Mendlesham Baby and Toddler Group

Meets in the large hall of the Community Centre.



Tuesday Mornings
9:15 to 11:15



Come and join us for a drink, snack,
activities and a large space to play in.

Contact Simona Pounds 07585093311

MendleshamBabyGroup@gmail.com
Facebook: Mendlesham baby toddler group
for further information.

Our Village Recorder

A “Village Recorder” records the day to day events in a village so that an accurate, historical record is held. At the end of every year, a brief report is sent to the Suffolk Local History Council who administer the Local Recorders Scheme and retains these records along with many other Suffolk’s villages as an historical archive for the future.

Visit www.slhc.org.uk/recorders to find out more

Geoff Clarke has been the Village Recorder for Mendlesham and Mendlesham Green for over a decade and, due to his expertise and experience in film and film archive, he has chosen to make visual records. Over the years many of us have enjoyed seeing the previous years’ events at local village groups.

We are so grateful for Geoff to do this on our behalf. Look out for a tall man with a badge and a camera! If you have seen something ‘going on’ that depicts special events or changes in our village, do let him know. Equally, if you do not wish to be filmed or photographed, just politely say. No one will be ‘named or shamed’ and you never know, you may be a star in years to come when archives are looked at and people coming after us see just who lived, shaped and loved our village.

To contact Geoff directly visit the Mendlesham Directory in this newsletter.

MENDLESHAM CAMERA CLUB



Thank you to all who called into
our exhibition on Jubilee Street

Party day. We do hope you will consider coming to join us - we are a
small, friendly group of mixed photography ability -

why not pop in on Tuesday, 5th July and see.

7.30pm in the Old School Room.

We have been busy so no challenge set us yet for July, please keep an
eye on the website: <http://www.mendleshamcameraclub.co.uk/> or
contact mike@favager.co.uk. We are grateful to Mendlesham
Community Charity and Cllr Stringer for their support of our
exhibition.

TOTE RESULTS

Mendlesham Lottery May 2022			
14-May		28-May	
Drawn at Mayfield Way		Drawn at Mayfield Way	
John Downie	£35.00	Sally Lovett	£35.00
Bill Foster	£25.00	Donna Brown	£25.00
Carolyn Triscott	£15.00	Pauline O'Conner	£15.00
Sue Palmer	£10.00	Ferdie Vincent	£10.00

If you would like to purchase Tote Tickets,
contact Jean Abbott 01449 766895



Mendlesham Green celebrated in style with a village picnic to mark the Queen's Platinum Jubilee. Thanks to Alison and Doug Williams, Rachel and Steve Crooks, Anne and Phil Webb, Lorraine and our star Master of

Ceremonies - Keith Shelton for all your help in planning for the day and setting up everything that made the playing field look so wonderful. Thanks also to Carolyn Triscott and Judith Howard-Rees for their judging skills and all those who took part in our 2 competitions. Thanks also to those who undertook activities on the day they were all a great success. Special thanks for all who attended, there was approximately 100 at one point. We were also blessed with the weather. We will definitely hold a village picnic again next year!

Helen Orton and Ward

United Reformed Church

MURCies Coffee Bar

Friday - 8th July 2022 10am - 12pm

Knit and Natter

Monday - 11th & 25th July 2022 2pm - 4pm

At the May meeting we discussed and voted on the resolution to be presented at the Annual Meeting in Liverpool. Our members supported the resolution on Women and Girls with ASD and ADHD and our vote will be taken by our delegate to the meeting in Liverpool. After the discussion a supper prepared by the committee was enjoyed. At the time of writing we are looking forward to our June meeting and a tea party in a member's garden. Let's hope the sun will shine on us.

We have entered some of the classes in the Federation Showcase to be held in Needham Market Community Centre on Sat. 23rd and Sun. 24th July. As well as the competition entries also on display will be work produced by the Creative Stitch graduates and a Legacy Exhibition by Stitch 21 plus stalls and refreshments will be available. Entry on the door £5, advance tickets from SEFWI £4.

The WI will be serving tea and cake at the FOMSA fete on July 2nd – please give us a look. July will be a busy month for us – we have beach combing in Felixstowe booked, a flower arranging workshop, a trip to the Sandringham Flower Show and a booking for providing an afternoon tea. We are getting back to 'normal'! Also coming up fast is our Grow, Cook and Sew on August 16th – one of our challenges on the schedule is to grow a nasturtium from given seeds. Are yours growing yet? More about the show next month.

As well as the above, we will meet to knit, stitch and yarn on 6th July 1000-noon in the Old School Room and our meeting 19th July in the URC at 7.30pm This is the members meeting, when members take the meeting and the committee have a well-deserved rest. The speaker booked for that meeting, David Murton will give a beginner's guide to astronomy. The competition is for a night time photo.

If you are interested in joining us please contact president Anita (766902). You will be made welcome.

MENDLESHAM OVER 60s CLUB – May 2022

Thirty-one members were welcomed to our May meeting. We had one guest, Wendy Robbins, who decided to join our club by the end of the meeting.

The shield for the most points in our monthly competitions was awarded to Jenny and Ray Mayes. They both had the same number of points.

The W.I. asked if any of our members wanted to join them in their outing to Sandringham Flower Show on 27th July.

Our speaker, Mr Peter Davidson spoke on the subject of the history of Dr. Banardos. At the time he started his homes he was not a doctor but later qualified. He met a young lad on the streets late at night who told him he had no mother or home and he decided no child should be sleeping in the streets and set up a home for boys in the east end and a few years later set one up in Barkingside for girls. These children were cared for and taught skills to aid them in life. A lot of these children were sent to Wickham Skeith in Suffolk. According to the 1901 school register 5% of the children were Banardos children and by 1911 20% were Banardos children. Many settled in with families, some helping on farms but girls mostly on domestic help. Lots of these children were sent to Canada – some were happy but others were not. Dr Banardo ran these homes on donations. He died in 1905 having boarded 4,500 children.

A very interesting talk.

Competition:

First: George Taylor, Second: Enid Lambert, Third: Brian Mayes

Next Meeting: 27th July when Georgette Vale will speak on the subject of Lucille Reve.

The competition will be “War memorabilia”

Members were thanked for attending and we closed the meeting with the National anthem.

Stowmarket Wildlife Group – Suffolk Wildlife Trust

**The meetings will be held at the Village
Hall, Stowupland, IP14 4BQ**



Admission £3.00.

JUNE 2022

**Wednesday 29 June, 7.30pm – SUFFOLK OTTERS
With Meg Amsden and Nicky Rowbottom**

We rarely see otters because they're mostly active at night. Trail cameras have brought a revolution to our understanding of where they are and what they get up to.

Using first-hand data, photos and a film – Caught in the Act – composed of video clips from volunteers across the county, Meg and Nicky will tell some of the story of otters in Suffolk; how we lost them completely and how they're doing now.

SEPTEMBER 2022

**Wednesday 28 September, 7.30pm – PUFFINS GALORE
With Simon Hooton**

Skokholm island off the Pembrokeshire coast with its thousands of puffins along with a multitude of other birds. This talk reflects of 50 years of visiting this special island and its wildlife. And of course, a lot of pictures of puffins. Plus sale of the Trust's Christmas cards.

NOVEMBER 2022

Wednesday 30 November, 7.30pm – WILDLIFE SPECIAL

Our special evening with a variety of items planned.
Including a wildlife quiz, presentations, annual raffle and more.

Arrangements may change.

Please check the Suffolk Wildlife Trust website at
www.suffolkwildlifetrust.org/events for updated information about these events.

CONTACT

John Thompson - 01449 676471 - swtstowmarket@gmail.com

Christian Aid Week

A wonderful result from Mendlesham Parish this year, totalling **£1614.08**



(£1516.18 + £98.90 Gift Aid)

The Coffee Morning at the URC raised **£200**,

House-to-House collections in Mendlesham and Mendlesham Green raised **£1086.18**

Online donations raised **£230.00**

Thank you to everyone who supported this worthwhile cause.

THANK YOU

to everyone who helped to make the Platinum Jubilee celebration event at St Mary's such an enjoyable and successful event.

There are far too many to name individually, but we are grateful to **everyone** who helped and all who supported it.

However, a special mention should go to **Paul Allen** for kindly donating the beer, to our entertainers **Lou Sextey** (vocals & guitar) **Ant Ripley** (guitar) and **Chris Elstone** (drums) for donating their talents and to **Stuart Larkin** and **Simon Furze** for their hard work in setting up and manning the Parish Council's P.A. system.

Thanks to their generosity – and to that of **everyone** who donated draw prizes and/or provided countless delicious things to eat – although the final expenses have yet to be calculated at the time of writing, the total raised for St Mary's funds will be in the region of an amazing **£1,000**.



Mid Suffolk

A friend of mine was recently victim to a WhatsApp phone scam, and ended up sending money to someone. I always thought “I’d never fall for it” but the messages the scammer exchanged with her seemed so plausible. It’s made me feel a little nervous, as I feel it could so easily have been me. How can I keep myself safe from scammers?

Phones and computers are a brilliant resource for staying connected with family and friends. However, they are also an opportunity for scammers to hide behind a screen and try to trick people in parting with their money. There are still plenty of phone call scams, such as pretending to be from the victim’s bank, as well as newer scams like on WhatsApp and Facebook.

An increasingly common scam on WhatsApp is a scammer messaging someone claiming to be a loved one, who desperately needs some money to get home or another urgent need. As the scammer will use a generic term like “it’s mum, I need help” or “dad, can you help me”, people can often get caught in trying to help and are tricked into transferring money. If you get a message like this, call the number you already have for that loved one to hear their voice and speak to them. You can then confirm whether the request is legitimate.

There are many other scams similar to this, so if your unusual contact does not fit this example, it does not mean it is legitimate.

This checklist can help you decide if something is a scam:

- You don’t recognise the individual or organisation. If you do recognise them, have they contacted you in the normal way?
- You can’t confirm their identity. If they say they are calling from a trusted source such as a bank, contact your bank directly to confirm their identity. Be aware that scammers can stay on the line after you have hung up, so do this from a different telephone or go into the bank.
- You’ve been asked to hand over money or personal information. Don’t give out pins, passwords, or seemingly random information. Never send money to someone you don’t know
- It seems too good to be true. “Get rich quick” often means “lose money fast”!
- You’ve been asked to pay in an unusual way. Such as online vouchers

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. For more information and our opening hours go to midsuffolkcab.org.uk.

When Football Banned Women

Did you know women's football used to be bigger than men's football 100 years ago?

In 1914 when a generation of young men signed up to serve king and country, thousands of women left behind took on male roles considered too dangerous for women. As these women working together formed strong bonds which spilled over onto playing fields. Informal kick bouts became popular and they were encouraged by their bosses for good health and morale. To start with, the novelty of women football teams was used to raise money for war charities with crowds flocking to the women's teams take on teams of injured soldiers and women from other towns.

The most famous wartime team was Dick, Kerr Ladies FC from Preston. Their first match in 1917 drew £10,000 and by 1920 a Boxing day match against St. Helens Ladies was watched by 53,000 spectators at Goodison Park, with another 14,000 locked outside the ground trying to get in.

However this so called golden era of women's football was short lived. As the men arrived back from the front, women were expected to return to domestic life and in December 1921 the Football Association published a report that gave reasons why women's football matches should be banned from their pitches. It said that football was "quite unsuitable for females" that there were complaints about "the conditions under which some of these matches had been arranged and played" It wasn't until 1971 that the FA finally lifted the ban and over the following years women football has gained in popularity again.

The Friends of St. Mary's Church

Invite everyone to their coffee mornings in the church every Tuesday between 1030 am and 1230 pm





Craft & Chat Group

**Every Thursday, starting 3rd February
In the old school room 7-9pm**

Do you knit, crochet, sew, needlefelt,
make jewellery use a Cricut and so on?

Would you like to bring something along to work on and share your skill
with others who may want to learn?

The group is open to everyone who is interested. Please come along, It's a
very friendly relaxed group.

The charge is £2 per session
with free tea coffee and biscuits.

Any questions please call Julie Waghorn on 07752 335489
Or Julie Williams 01449 766006

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4
weeks on Thursday afternoon at the following times:

Mendlesham Fish & Chip Shop	15.15 - 15.30
Mendlesham Playing Field	15.35 - 15.50
Mendlesham The Green	16.00 - 16.20

The van's next visit is **Thursday 28th July**

Monday Morning meet-up



We are now open again!

**Every Monday morning
in the Old Schoolroom
10am-12pm**

EVERYBODY welcome. If you are on your own, retired, widow, widower,
new mum/dad, looking for work or whatever your situation...

Come on down and enjoy free tea, coffee, cake and sausage rolls, plus good
friendly company.

There is also a selection of jigsaws, books and magazines to take away free
of charge.

Did you know ?

There is a small local charity, established many years ago, that can support individuals and families in the parish of Mendlesham who are facing tough times?

The Town Estate was established in 1905 and has been supporting Mendlesham people every year who require some financial help – whether that's with fuel bills, hospital visits or bereavement costs.

Despite there being limited funds available, we want to make sure that this money goes to help those who really need it. Each request made is addressed on an individual basis and the level of support is agreed at the discretion of the trustees.

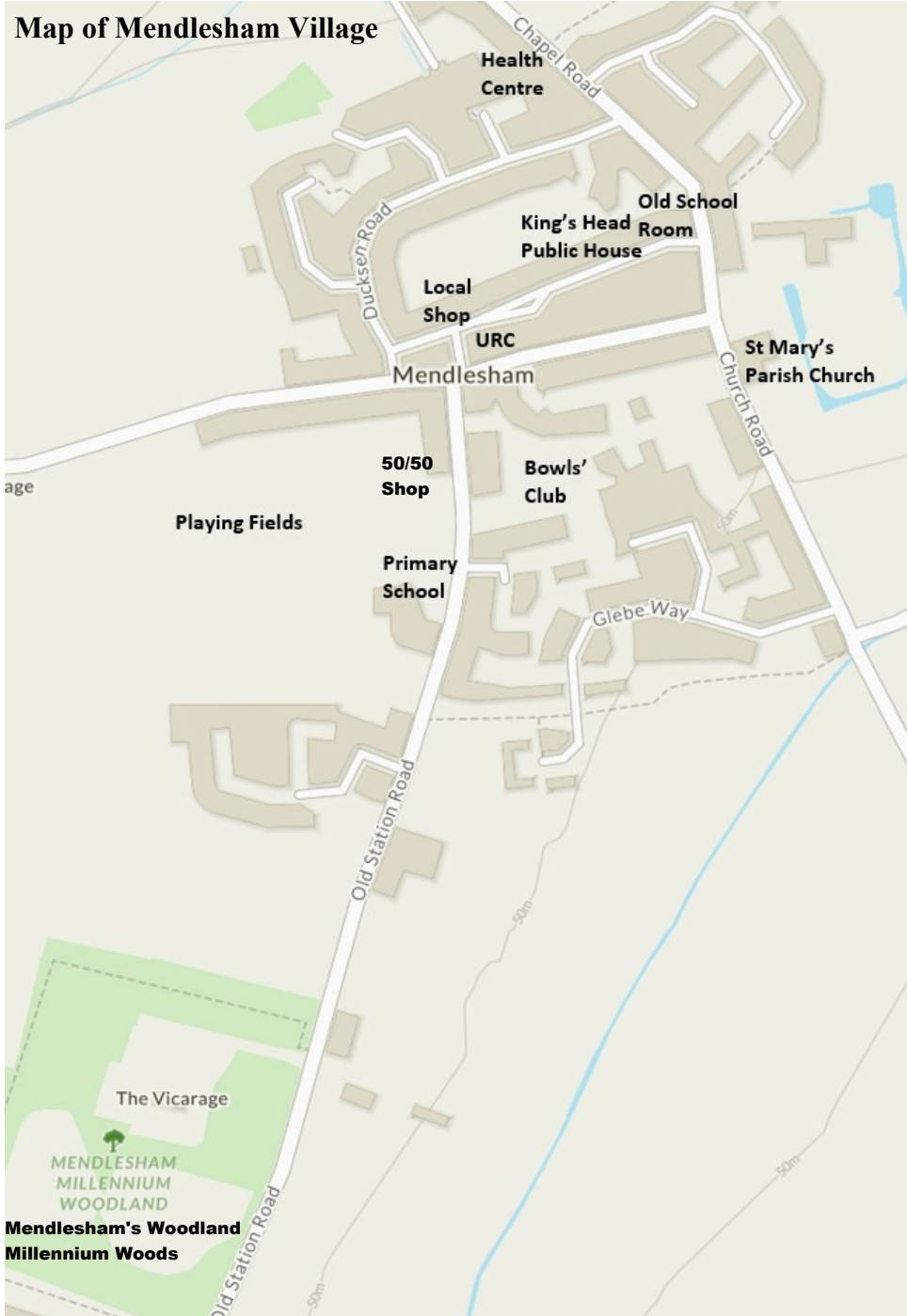
So, if you find yourself struggling to cover costs due to illness, bereavement, redundancy or unemployment, do get in touch or ask your health visitor/social worker to contact Mike Favager mike@favager.co.uk who will provide a Hardship application form for you (or your support worker) to complete.

MENDLESHAM DIRECTORY

1 st Mendlesham Guides	Emma Munday	01449 768843
3 rd Monday Book Club	Doug Williams	01449 766498
Annual Parish Party	Rachel Roshier	07881 816622
Ancient Order of Foresters	Beatrix Wrinch	07885 909869
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998
Bowls Club	Peter Coleby	01449 766985
Brownies	Brenda Stannard	01449 766308
Camera Club	Mike Favager	01449 766007
Carpet Bowls Club	Roger Fouracre	01449 766229
Church and Town Estate	Mike Favager	01449 766007
Community Centre Hall	Becky Herbert	01449 672531
Computer Club	Giles Godart-Brown	07500 042836
District Councillor	Andrew Stringer	01449 780339
Explorer Unit	Jonathan Freeman	01449 766676
Football Club	George Yardley Angela Lockwood	07894 512712 07845 471154
F.O.M.S.A	C.P School	01449 766224
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400
History Group	Sue Michell	01449 766434
Mendlesham Community Charity	Judith Howard-Rees	01449 766327
Mendlesham Education Foundation	Mike Favager	01449 766007
Old School Room Bookings	Daphne Lambert	01449 766320
Over 60's	Annette Taylor	01449 766552
Parish Council & Playing Field	Sharon Jones	01449 766139
Parish Party Committee	Rachel Roshier	07881 816622
Rainbows	Becky Froude	07774 581503
Saturday Cafe	Brenda Player	01449 768101
St Mary's Parish Church	Father Philip Gray	01449 766359
St Mary's Church Council	Chris Elstone	07530 769676
Toddler Group	Simona Pounds	07585 093311
United Reformed Church	Margaret Jackson	01449 766321
Village Recorder for Mendlesham	Geoff Clarke	01449 766447
Walking Group	Angela Pickup	01449 766483
Walking on Wednesdays	Alan	07790 124509
Woman's Institute	Anita Scruby	01449 766902
Writers Group	Noel Fletcher	01449 766968

If you have any amendments to the information on this page, please email the editor at gemma.green1202@gmail.com or call on 07733 333659 so they can be corrected. Thank you

Map of Mendlesham Village



Mendlesham's Woodland Millennium Woods



STONHAM ASPAL
PRE-SCHOOL

Where learning is FUN
For Children aged 2-5 years

We offer play-based provision in our purpose built premises. We have an outdoor area where we spend large parts of the day, with a big sandpit, slide, playhouse and a mud kitchen for messy play.

We work in partnership with parents to plan individually for each child, maintaining detailed notes and photographs which we use to identify how to support each child in meeting their full potential.

Please contact us for more information
Call: **01449 711593** or Email: stonham-aspal@btconnect.com
www.stonhamaspalpreschool.org.uk
THE STREET • STONHAM ASPAL • IP14 6AF

Registered Charity no. 1114259

PLACES AVAILABLE NOW






To Advertise here
email Keith on
shelton@live.co.uk



Wiggles & Snuggles Pet Care



care for all animals big or small

Pet Sitting Dog Walking
Small Animal Care Large Animal Care
Small Holdings

Caring for your pets as if they were my pets

DBS Certificate Fully Insured

Contact Claire 01449 767861 / 07415953659

wigglesandsnuggles@gmail.com

Stowe Veterinary Group

For a professional caring service

- 24-hour hospitalisation and emergency care provided on-site
- Advanced diagnostic imaging including CT scanning service
- Veterinary referral services
- Physiotherapy and hydrotherapy
- Pet behaviour counselling, dog agility and training classes
- Pet shop and grooming lounge.



54 Bury Road, Stowmarket, Suffolk IP14 1JF

Tel: 01449 613 130 | www.stovevets.co.uk

Acorn Kennels

Jodi Palmer
Dragon Cottage
Wash Lane
Mendlesham
Stowmarket
Suffolk
IP14 5TD



For Enquiries or Bookings
please call:

01449 767012

www.acorn-kennels.co.uk



Fully licenced and insured
Friendly and personal care
Opening hours
Mon - Sat 9.00am to 12 noon
Visitors welcome other times
by appointment



Amanda
Polley

Swimming Lessons

Private one-to-one swimming lessons nr Wetheringsett
30 min sessions on weekday evenings and weekends available
All ages (including babies from birth) and abilities
Experienced, STA Qualified, CRB checked and Insured
Call **07910 376 906** or Email theswimteacher@yahoo.com for details



HAYWARDS SOLICITORS

FOR ALL YOUR FAMILY'S LEGAL NEEDS

We offer Fixed Fees at Competitive Rates

Telephone: (01449) 613631

email: enquiries@haywards-solicitors.co.uk

www.haywards-solicitors.co.uk

@HaywardsLaw on Twitter

Telephone
and Virtual
meetings
available

Free Car Park Available For Use By Clients

7 - 9 TAVERN STREET, STOWMARKET, SUFFOLK IP14 1PJ

ESTABLISHED 1976

TAYLOR'S

FLOORING &
FURNITURE

THE AREAS LARGEST STOCKIST OF
CARPET, VINYL AND BEDS

10% DISCOUNT

ON ALL CARPET, VINYL & BEDS
ON PRODUCTION OF THIS ADVERT

ADVERT MUST BE PRESENTED AT TIME OF ORDER TO RECEIVE DISCOUNT
(EXCLUDING REMNANTS & SPECIAL OFFERS)

FREE MEASURING AND ESTIMATING SERVICE AVAILABLE

UNIT 15, CHARLES INDUSTRIAL ESTATE, STOWUPLAND ROAD,
STOWMARKET, IP14 5AH. 01449 615861

4 CLEANRIGHT

CARPET, RUG & UPHOLSTERY
CLEANING SPECIALISTS

FULLY INSURED - WE MOVE FURNITURE
NON-FRANCHISED. RELIABLE PROMPT SERVICE

CARPETS Lounge from £20. **RUGS** From £5
UPHOLSTERY From £25

DOMESTIC – END OF TENANCY - COMMERCIAL
PLEASE CALL US FOR A FREE QUOTE

TEL 01449 711687

Free advice on all your double-glazing enquiries including:

- 'A' energy-rated UPVC windows
- Doors
- Conservatories
- Rain water goods i.e. fascias, soffits, guttering and downpipes

Removal and full replacement of the above.

All repair work undertaken e.g. sealed units, window/door handles, adjustments to windows/doors

Replace your old polycarbonate conservatory roofs with 'A' rated self-cleaning glass

**Enquiries to
Michael Brame
(Bacton)01449 781533
or mob.07931 784470**



Unisex Salon
For all Salon Services

Including perms, colouring, tints, highlights, cuts, blowdrys, etc

Only the best products from GOLDWELL are used.

Also offering a waxing service at competitive prices

Phone GILLIAN
For your appointment now
on **01449 766568**
or **07795 087670**

The Brambles, Green Road,
Mendlesham Green IP14 5RF



SUFFOLK

**GARDENING
THYME**

Mowing, Planting, Pruning, Training,
Hedges, Tidying, Feeding

07736 348 545 | @suffolkgardeningthyme
suffolkgardeningthyme@gmail.com

- **Water Softeners**
New Sales, Service and Repairs
- **Drinking Water Systems**
- **Boiling Water Taps**
- **Salt Deliveries**
Tablet and Blocks

Clarity

Water Solutions
from A.D. Veale
~ Est. 1981 ~



www.clarity-water.co.uk

01449 512201 / 01379 871020 info@clarity-water.co.uk

THE GABLES, EYE ROAD, BROME, EYE, SUFFOLK IP23 8AL



Painting & Decorating
General Property Maintenance
Window Cleaning & Gutter Clearance
Carpentry and Joinery

STEVE'S HANDYMAN SERVICES

Please call me to discuss your requirements
Fully insured

Steve Mountain
2 Fairfield Cottage, Thorney Green,
Stowupland, Stowmarket, Suffolk, IP14 4AD

07764 373680



David Foster Heating

Local Heating & Plumbing Engineer

Boiler Servicing & Repairs

Boiler & Central Heating Installations

Water Softeners, Pumps, Valves & Programmers fitted

Gas Appliance Installations

Tel: 01449 781477

Mobile: 07979 505618

e-mail: davidfosterheating@gmail.com



YOUR RELIABLE LOCAL PLUMBER



Mark Jardine
Plumbing & Heating



- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

Tel: 01728 628291 Mob: 07854 924 801

Email: mgjardine@btinternet.com

Optimal Heating

Father & Son Team
with over 30 years experience

Specialist Heating Engineers
Oil, Natural Gas & LPG Servicing and Repairs



Tel: 01728 628687
Mobile: 07806 660399





Design - Manage - Build

All Electrical systems covered -
New installs - Rewires
Fault finding and Rectification - Process control
Electric motors and Gearboxes
Condition reporting
General building – Landscaping – Extensions
Conversions – Made to Measure Kitchens
Cart Lodges – New Builds
Full design / planning and consultancy service
Garden / Ground clearance

Call Will Baker on
07387 075632

info@owl-ebs.co.uk

www.owl-ebs.co.uk

18th Edition Part P Approved Electrical Installer

GRAHAM MOORE ELECTRICAL LTD

Blacksmith Cottage, Silver Street,
Old Newton, IP14 4HF

For all your electrical needs



For a friendly and efficient service

Call Graham on Tel: 01449 616946 Mobile: 07867 560357

FREE ESTIMATES

ALL WORK GUARANTEED

ALL SEASONS LANDSCAPE GARDENING

Garden Landscaping • Turf Laying • Paths & Patios
Garden Maintenance • Hedge Cutting • Fencing
Specialise in Low Maintenance Gardens

Established since 1998 Fully Insured & Guaranteed

For FREE estimates and more information on our service call **Simon** on

01449 720221 / 07922 035204

email: suffolksi68@gmail.com

www.allseasonslandscapegardening.co.uk

Andrew Bingham

INDEPENDENT FUNERAL SERVICE

Stowmarkets Independent Family Funeral Service

24 Hour Personal Service • Private Chapel of Rest • FREE Parking



Telephone: **01449 771666**

www.andrewbingham.co.uk



The Nutshell, Milton Road South, Stowmarket, Suffolk IP14 1EZ

Golden Charter
Funeral Plans 

L. FULCHER

FUNERAL DIRECTORS & MEMORIAL CONSULTANTS

01449 613033

58, Ipswich Street, Stowmarket IP14 1AD

We'll guide and assist you through all the funeral arrangements. Call us 24 hours a day.



*Low Cost Funeral Options
available without any
compromise on service*


Dignity
CARING FUNERAL
SERVICES

To Advertise here
Email Keith on
shelton@live.co.uk

TIME FOR YOU™
DOMESTIC CLEANING

Are you tired of cleaning?



We have the
right cleaner
waiting
to help
you.

Regular - Weekly - Cleaner

01359 258991

Typically £14 per hour

www.timeforyousuffolk.co.uk



**MID SUFFOLK
MOBILITY**

Open Tuesday to Saturday

- *Scooters, Wheelchairs*
- *Recliner Chairs • Bath Lifts*
- *Stair Lifts and much more*
- *Competitive Prices*



Finbow's Yard,
Bacton, Stowmarket

Tel: 01449 781804



DESIGN | PRINT | PROMOTION

Tel: 01449 721599 | www.gippingpress.co.uk | enquiries@gippingpress.co.uk
Units 1&2, Lion Barn Industrial Estate, Needham Market, Ipswich, Suffolk IP6 8NZ



GT CARPENTRY & BUILDING

EMAIL: ENQUIRIES@GTCB.CO.UK **TEL:** 07887 796 619

KITCHEN FITTING • ROOFING • INTERNAL WORKS • DECKING • FENCING • PANNELLING



GT CARPENTRY & BUILDING



GTCARPENTRYANDBUILDING

Choose Refills

Mobile Eco Refill Shop

We are coming to Mendlesham on the first Thursday of each month from 11.30-1.30 so pop and see us at the community Centre.

Simply bring your empty bottles along and we can refill or purchase prefilled reusable bottles ready for next time.

Try our zero and low waste refilling station for eco-friendly and vegan household cleaning and laundry liquids and hair and body products.

Buy what you need without unnecessary packaging.

For orders and more information visit :

www.chooserefills.co.uk

Free Delivery for orders over £10

Serenity Yoga
SUFFOLK



YOGA CLASSES IN HAUGHLEY & OLD NEWTON

HAUGHLEY The green room

Wednesday 09.30


Thursday 19.15

OLD NEWTON Village Hall

Friday 16.30

Safe, clean and socially distant yoga classes. Online classes also available.

Contact Bethany for more information.

 07930 199582

 serenityyogabethany@outlook.com

www.serenityyogasuffolk.com



Life Changing Hypnotherapy

Experience this effective, relaxing therapy for help with:

- Stopping smoking
- Weight loss
- Confidence issues
- Stress and anxiety
- Overcoming fears and phobias

Free initial consultation

Wendy Chalk BA (Hons), HPD, MNCH

07817 158429 or 01449 780352 www.wendychalk.co.uk

Providing Personal Care in your own Home



Recruiting
NOW!
We need
exceptional
people who
love to
care

Do you need help with:

Personal Care
Dementia Care
Respite Care
Help Around the
House
Day Trips Special
Occasions

Request a
Brochure or book
an appointment
on 01449 763086
or 01284 711845



We only employ people who love to care.

 **My Care
at Home**
Supporting independent Living

www.mycare-at-home.co.uk

BOLT

Electrical Services

New Build & Extensions • Electrical Repairs
Testing & Certification
Renovation & Rewires
Consumer Unit Upgrades
Alterations & Additions
EV charge point installation

Chris - 07969 472540
chris.boltelectrical@gmail.com

www.boltelectricalservices.co.uk



Pernickety Kate
Proofreading & Editing

What are you writing?

Are you ready to go public? After all your hard work, you want to be sure it's **clear, correct, consistent, logical, flowing, and suitable for your readers.**

I can help!

Experienced, flexible, friendly editor and proofreader, for that professional polish.

Call Catherine today!
07501 851411
01449 768917

Or email:
catherine@pernicketykate.co.uk
Website:
www.pernicketykate.co.uk



**R S A PEST MANAGEMENT SERVICES
HAUGHLEY**

Tel No: 01449-672083 Mobile 07745-771516

GAME OVER

For

**Rats, Mice, Moles, Rabbits, Squirrels, Ants, Wasps, Flies,
Birds, Bees, Cockroaches, Bed bugs, Fleas,
Woodworm etc..**

30 year guarantee available on timber treatments, damp proofing

Deer & Fox Management

Fully qualified and insured

For a service you can rely on for effective control of farm, garden and households pests.



Members of the National Pest Technicians Association
Unmarked vehicles and discreet service



**Safe & Sound
Hygiene and Pest Control**

Is your garden overrun with moles?

Do you have a wasp nest?

Are your paddocks overrun with rabbits?

For ALL your domestic or commercial Pest Control

Woodworm treatment available.

No obligation – free survey/quotes.



Pest infestation can damage your health and your home. Recent surveys show that numbers of mice/rats and bed bugs found in UK homes are on the rise. As Local Authorities are cutting back on free pest control services. We are here to offer you a service at the right price.

Call us to discuss your pests on 07809226109.

www.safeandsoundhygieneandpestcontrol.co.uk



D Palmer Vehicle Repairs Ltd

Unit 46 Red House Farm, Bacton, Stowmarket, IP14 4LE

01449 780446

At D Palmer Vehicle Repairs Ltd

We offer a wide range of services including:

- Routine Servicing • Diagnostics • Tyre Replacement
- MOT Preparation & Arrangement • General Repairs
 - Timing Belts • Brakes • 4 Wheel Alignment
 - Batteries & Much More

We are a local family run garage you can trust.

If you need some advice or any repairs/services carried out give us a call today



Are you on Facebook?

If so have a look for

‘Spotted in Mendlesham’
&
‘Mendlesham Green
Residents’

pages to keep up to date
with what’s going on in the
villages.



ROOFLINE PLUS

Look up!

BUILDING AND ROOFING CONTRACTOR

CHIMNEYS REPOINTED / REBUILD / REMOVED

HOUSE / WALL REPOINTING

GUTTERING / FASCIA REPAIRS

ALL ASPECTS OF ROOF REPAIRS

PATIOS AND PAVING

30+ YEARS EXPERIENCE

ALL WORK GUARANTEED

FOR FRIENDLY ADVICE AND A FREE
QUOTATION WITH NO OBLIGATION
CALL PETE NOW ON

Tel: 01449 763218 • Mobile: 07500 823292

Narey's Garden Centre

FOR ALL OF YOUR GARDENING NEEDS

Shrubs - Roses - Perennials - Annuals
Indoor Plants - Compost - Paving - Walling
Fencing - Water Features - Bird Baths
Garden Furniture - Tools - Sundries
AND MUCH MORE

CAFE NOW OPEN

Find us at Spikes Lane, Stowmarket
Tel: 01449 612559



J. LAWES

STATION ROAD, BACTON

**HARDWARE · IRONMONGERS
GARDEN AND BUILDERS SUPPLIERS**

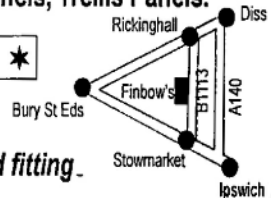
Including Sand, Ballast and Cement in large or small quantities.

FENCING · GATES · GARDEN SHEDS · PEAT / COMPOSTS · LAWMOWERS
CHAINSAWS · PAINTS · HAND TOOLS · POWER TOOLS · HD & DOMESTIC
ELECTRIC CABLE & FITTINGS · DOUBLE GLAZING · PVC SHEETING

All types of Timber. Timber prepared. Lap Fencing Panels, Trellis Panels.

★ Granular and Nut Salt ★ Timber Patio Decking ★

*Plywood, Chipboard & Hardboard Sheeting,
Drainpipe and Fittings, Full range of Copper Pipe and fitting.*



Open Mon - Sat 8.30am to 5.30pm

*Delivery on all items (including Color Gas)
- Credit Cards accepted*

**Tel: Stowmarket
01449 781452**

nexusheat^{flame}



Nexus Heat offer a complete supply and installation service across a wide selection of traditional and contemporary Woodburners, Multi-fuel, Pellet and Gas stoves. Our beautiful showroom is always filled with a varied display from top manufacturers such as Heta, Parkray, AGA and Bellfires amongst others.

🌐 www.nexusheat.co.uk

☎ (01379) 671168

✉ info@nexusheat.co.uk

📍 Maltings Barn, Hinderclay Rd, Wattisfield, Diss, Suffolk, IP22 1NF

PALMERS BAKERY

Est. c1752



**Traditional Family
Bakers & Confectioners**

"Two hundred years of Experience"

Baked Daily in Ancient Brick Ovens
by Craftsmen with local ingredients

HAUGHLEY

WOOLPIT

STOWMARKET

(Station Road opposite the Parish Church)

01449 673286

01359 242700 or 01449 613088

Largest Stockists of Tiptree

Jams & Marmalades in East Anglia

Suffolk Honeys & James White Juices

Butterworth's Teas & Biscuits

Free Range Eggs & Local Produce

Freshly Made Sandwiches & Filled Rolls

"One of the Last Traditional Bakers in Suffolk"

www.palmersbakery.co.uk

ALSO AT

STANTON & MEREDITH ROAD - IPSWICH

BRETT'S of NEEDHAM MARKET

FRESHFILLS of CLAYDON

To Advertise
here
Email
Keith on
shelton@live.co.uk

MPD TANKS LTD



**Registered
Technician**

Steel and
Plastic oil
tanks
installed
Fully
Insured
Telephone
Mendlesham
01449767820
07708395889

Tank
change
Ltd

TankChange Ltd.



Suppliers & Installers of Oil Tanks.

Family Business with Over 40 Years Experience
Steel & Plastic Oil Tanks available
Fully Insured OFTEC Registered Engineers.

Telephone: 01449 781210
(Out of Hours 01449 781498) / Mobile: 07899 898720
Email: Terry@TankChange.co.uk

Visit our website @: WWW.TankChange.co.uk

Discounts available to parish magazine readers

**Your Local Independent
Repairs Specialists**

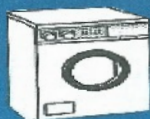
BOSCH HOTPOINT ZANUSSI LIEBHERR
Open: Monday to Friday 9-5pm
Saturday 10-2pm

DK Appliances Ltd

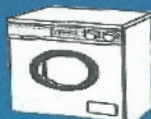
Domestic Appliances

**SUPPLY & INSTALL NEW
AND REFURBISHED APPLIANCES
INCLUDING BUILT-IN**

01449 780398



**Large Showroom,
Finbows Yard, Bacton,
Stowmarket, Suffolk**



www.dkappliances.co.uk

KH

**Kevin Hollings
KITCHEN STUDIO**

Unit 14 Lodge Works,
Stowmarket Road,
Old Newton,
IP14 4EE
01449 257160

info@kevinhollingskitchens.co.uk

www.kevinhollings.com



To Advertise here
Email Keith on
shelton@live.co.uk

D J HOWLETT

VW AUDI MERCEDES BENZ SPECIALIST

(All cars catered for)

A complete service for your car carried out to the very highest standard - up to date diagnostic equipment used

- * Servicing
- * MOT Arranged
- * Repairs
- * Exhausts
- * Batteries
- * Air Conditioning Serviced and Repaired
- * Courtesy Car Available
- * Free Collection/Delivery

Mendlesham Green, Stowmarket. Tel: 01449 766019



STOWMARKET EXHAUST & TYRE CENTRE

Unit 3, Charles Industrial Estate, Stowupland Road,
Stowmarket, Suffolk

Tel: 674141

COMPARE OUR PRICES

HUGE DISCOUNTS

**TRY US FOR PUNCTURES
COMPUTER WHEEL BALANCING
TRACKING**

**ON EXHAUST TYRES AND
BATTERIES
FITTED WHILE YOU WAIT**

Open 8.30 a.m. to 5.30 p.m. Monday to Friday
Saturday 8.30 a.m. to 12.00 noon

REMEMBER

We are your local specialists

*Fed up of running around after
your car?*

Why not give us the inconvenience –
it's part of our service

WE COLLECT & DELIVER

Servicing

General repairs - shocks, clutches,
brakes etc

Air-conditioning recharged

MOTs arranged

Welding

All work guaranteed

S & P ~~M~~o~~t~~a~~c~~are

Established 1990

Contact: Shane on 01449 771102 or
07802 545737

***Personal Service at
Competitive Rates!***

 **REWTS**

T r e e s & G a r d e n s

Tree surgery: from light pruning to
large tree take down, surveys and
stump removal.

Garden landscaping: patios,
fencing, decking, pergolas, gates,
stone driveways, water features,
turfing and seeding new lawns,
borders and planting designs.

Garden maintenance: hedge
cutting, pruning, weeding,
strimming, grass cutting, tidying.

Tel: 0782 5253 720

info@rewtstreesandgardens.co.uk

www.rewtstreesandgardens.co.uk

E L D

ELWOOD LANDSCAPE DESIGN

A practice registered with the Landscape Institute

**Garden Design • Landscape Design
Planning Applications**



**01449 768828 team@e-l-d.co.uk
www.e-l-d.co.uk**

The Barn Cherry Tree Farm Mendlesham Green Stowmarket Suffolk IP14 5RQ



A/C FENCING AND GARDENING REPAIRS



All fencing and gates supplied and erected.

All gardening work from regular grass mowing to hard landscaping.

Lawn mowing up to 3 acres, Ground care. Strimming - weeding - scarifying.
Garden clearance. Concrete base and shed erecting. Tree felling - stump
grinding. Hedge cutting. Fencing work

Repairs & Servicing to all Lawn Mowers,
Strimmers & Hedgecutters etc.

Call Andy on 01449 403050 or 07748 785197 for a free quote.



Professional Tree Surgeon and team
that can maintain your gardens big or small



Trees & Hedges

Felled, Pruned, Shaped, Dead / Broken & dangerous hanging branches
removed to make them safe.

Hedges cut and maintained to your specification

Gardens

Lawns cut, Borders trimmed, Shrub beds cleaned

Ground Clearance

Large or small areas of scrub cleared and removed

Fences

Panelled. Wired, Post & Rail, Erected or Mended

Free, no obligation, quotations

01449 720157 / 07788590779

james.firman@treesandfences.com / www.treesandfences.com

Is your laptop running slow?

Are you still running Windows 7?

You may be open to hackers!

Windows 7 is now end of life. Microsoft will not be providing support updates and you could be open to attack from hackers.



We can upgrade your computer to Windows 10 and upgrade your computer to a much faster SSD (Solid State Hard Disk).

Starting from £100

Price does not include Windows 10 licence. Windows 7 to 10 upgrade may still be active. Price includes a 250GB SSD Hard disk

Laptop Repairs

PC Repairs

Networking

Virus and Spyware Removal

Upgrades

We come to you!

Call Ben 07885100031

or email

help@suffolkpcsupport.co.uk

SuffolkPCSupport.co.uk

YOUR LOCAL IT SUPPORT SPECIALIST

Suffolk Computers

Our locally based computer engineers offer friendly and technical assistance for all your computing needs



Free Diagnosis

Site visits

Upgrades

NO fix NO fee

Tel: 01449 782195 / 07834 709970

Email: sales@suffolkcomputers.co.uk

Website: www.suffolkcomputers.co.uk

CHIMNEY SWEEP

ECO SWEEP

CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.
- INDUSTRIAL HEPA FILTERED VACUUM.
- FULLY INSURED.
- INSURANCE RECOGNIZED CERTIFICATES ISSUED.
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
- ALL CHIMNEYS, WOOD BURNERS, AGA, BOILER FLUES SWEPT.
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.



Power sweeping



TEL. 01359 232335

Jackie Stevens Bookkeeping and Accounting Services

Bookkeeping
Payroll

Accounts preparation
Management accounts
Self-assessment VAT PAYE
Sage QuickBooks
Ideal business start up

Please call Jackie on
01449 781823 or 07988612032
email:
jackiekstevens@live.co.uk

MENDLESHAM CHAPEL



Minister: The Rev'd Robert Sheard
Tel No: 01449 678173

Services for July as shown below

- 3rd 4.00pm** - Mrs Veda Berriman
6th Afternoon Fellowship Outing
10th 10.45am - Mr Stephen Horrex
24th 10.45am - Mrs Mary Durrant

MURCies Coffee Bar – 2nd Friday from 10.00 - 12.00 (8th July)

Knit & Natter – 2nd & 4th Mondays from 2.00 - 4.00 (11th & 25th)

Psalm 121: 1-2

*I look to the mountains;
where will my help come from?
²My help will come from the LORD,
who made heaven and earth.*

As we start the summer, we find our thoughts turn to holidays, a time to refresh ourselves, (if we are not stuck at the airport with our flight cancelled), to unwind and forget our worries and to do something different.

With perhaps less things going on in the churches it is also a good time for the churches to reflect on their work, but also to remind ourselves that God never takes a holiday and in churches there is still some work to be done even though at times things seem to stop for a while.

Churches still need to be cleaned, sermons written, summer fairs happen, church garden parties happen whether it rains or the sun shines!

Continued on page 48.....

....continued from page 47

But most of all the mission of the church still happens, whether we are on holiday or not, people still want to hear the good news that Christ came to show, and we still meet with others and have the opportunity to speak to them, not in a pushy way but in a caring way.

We may not attend our own church, but when on holiday many of us attend other churches, (some will now join via Zoom whilst on holiday), it is still a chance to share with other Christians the love of God.

So, if you are on holiday or not, even if things in church go quiet for a bit, remember the work of God still goes on.

But if you are away on holiday, have a good one.

Yours Robert

CATHOLIC CHURCH OF OUR LADY, STOWMARKET - IP14 1AP

Parish Priest - Fr Simon Leworthy Tel: - 01449 612946

email - pp@ourladystowmarket.org.uk

MASS TIMES

Daily mass - Monday to Friday at 1000 (Our Lady's, Stowmarket)

Saturday - 1800 (anticipatory mass at St Mary's, Woolpit)

Sunday - 0830 and 1015 (Our Lady's, Stowmarket)

Confessions - Saturday 1000-1045 (Our Lady's, Stowmarket)

Please see parish website for the weekly newsletter and further information
<https://ourladystowmarket.org.uk>

Village contacts

Margaret Cutting - 01449 766334

Mo Favager - 01449 766007



New USAAF 34th Bomb Group Memorial Mendlesham Flower Rota

Val Lawes
July



ST MARY'S MENDLESHAM

www.stmarysmendlesham.org.uk

You are welcome to worship at any
of our services.

SUNDAYS:

9.30 a.m. Parish Mass &
Address

First Mass of Sunday:

Saturdays: 10.00 am;

Daily Mass: *see calendar on back
page, porch notice & bulletin*

Daily Morning & Evening Prayer
see porch notice.

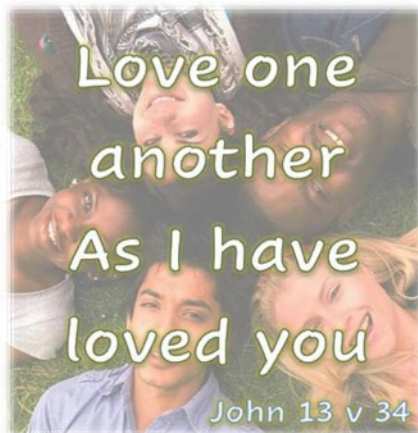
**For pastoral visits, Baptism
(Christening), Marriage, Anointing
of the Sick & Holy Communion
from the Reserved Sacrament -
*contact Fr Philip***

Sacrament of Reconciliation

Saturdays 2nd & 9th July: 11.00 am

Saturdays 16th, 23rd & 30th July: 4.00 pm

- or contact Fr Philip



Vicar:

Fr. Philip T Gray, BA, SSC
Mendlesham Vicarage
01449 766359

Churchwardens:
Andrew Fleming
01449 711065

Chris Elstone
07530 769676

WHAT'S ON THIS MONTH

Sunday worship also **LIVESTREAMED** every week at 9.30.

Visit <https://www.facebook.com/stmarysmendlesham/>

2nd July	2.30 pm: Stuston -Tour of round towered churches; on to Wortham & Roydon
4th July	2.30pm: Mass & anointing – monthly healing service
6th July	6.00pm: Mass in thanksgiving for restoration of the shrine of Our Lady of Walsingham in St Mary's Little Walsingham 100 years ago.
7th July	9.30: Requiem – Fr Timothy, 1 st anniversary
9th July	2.00pm-5.00pm: Strawberry Fayre – strawberry cream teas at church – Friends of St Mary's
17th July	9.30: Parish Mass 2.30 pm: meet at Southburgh for Norfolk churches tour; on to Wood Rising, Cranworth & Shipdham
18th July	9.30: Requiem – July anniversaries
20th July	6.00 pm: West Tofts – Guild of All Souls annual Mass. Celebrant +Norman, preacher, Fr Harry Williams, Vicar of Walsingham
24th July	9.30: Parish Mass 11.30: PCC meeting & shared lunch

LOOKING AHEAD

PATRONAL FESTIVAL WEEKEND

FRIDAY 12TH AUGUST

7.00pm: Blessing of Mendlesham's Best Platinum Jubilee Ale, Sung Mass – preacher Fr James McCluskey, Vicar of St James the Great, Colchester – Procession & Benediction

8.30 pm (approx.): Beer Tent, Hot Dogs & Draw in S. churchyard

9.15 pm: Fireworks to music

Further details in August magazine

Fr Philip Writes..



In July the Church begins a long series of ‘Green’ Sundays. The vestments and altar frontal are green – a symbol of growth. We should all be growing in our faith and at the start of the holiday season it is so easy to become slack. Jesus makes it clear for all time that Christianity is not to be identified as a list of doctrines, beliefs, membership of a particular denomination or even the Bible – important though all

these are. A Christian is, fundamentally, someone who is known by love. Jesus said:

**“A new commandment I give you
that you **LOVE** one another.
By this all people will know you are my disciples.”**

For all our religious devotions, loyalty to a particular church, ability to quote scripture etc., we cannot legitimately call ourselves Christian if we are not committed to being loving Christians.

Any church can be full of people taking part in all kinds of magnificent ceremonies and at the same time be a hothouse of prejudice, infighting and bad will. Jesus formed a community whose members went out healing and preaching. It was a community which organized help for widows and orphans, to the sick and to social outcasts. The final test for belief in Jesus is not just knowing our Bible or creed but our concrete love for human beings and each other. We are supposed to love one another so people say, as was said of the first Christians:

“Look how they love one another. They must be disciples of that man Jesus.”

Christian love cannot be marketed but only witnessed. Words can touch people and churches can impress people, but only a joyful, loving community can lead people to lasting conversions.





Fr Martin Israel wrote: **“Love is the keystone of the arch that joins the soul to God”**

Love must find its expression in action. We need to ask ourselves: **‘How clearly do I see Jesus in His Church?’**

The Church is not the problem – but its members are. However, let us not become too discouraged: Another person wrote:

“Such perfect churches there may be, but none of them are known to me. But still, we’ll work and pray and plan to make our own the best we can.”

May we show Christ’s love more and more to those we meet.

--oOo--

At the lighting of the Platinum Jubilee Beacon I quoted the words of the Archbishop of Canterbury 70 years ago about HM Queen Elizabeth II:



“The young Queen dedicates herself to the service of her peoples: God consecrates her to it: she goes out clothed in divine grace and in the robes of royalty. She has asked us to pray for her.”

The beacon is a sign of the light of Christ that has sustained her for 70 years. It not only gave light but as it burns it gives of itself. We thank God for Her Majesty’s faith in Christ, the Light of the World and her dedicated service to our country and Commonwealth.

THANK YOU

To Sue Palmer who has completely restored the cover for the font in the North Porch in beautiful solid oak.



The font, which came from the redundant church at Rishangles when it was converted into a house, is said to date from the 16th century. Against the stem in niches are figures in the dress of 1530. It has the symbols of the 4 evangelists (Matthew (angel), Mark (lion), Luke (ox) & John (eagle)) alternating with symbols of Christ’s crucifixion. The font has been adapted for use as a holy water stoup; when we enter and leave the church building we can make the sign of the Cross on our forehead with the water to remind ourselves of - and renew - our Baptismal commitment.

PARISH CHURCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR JULY 2022					
Date	Church Festival	Mass	Intention (we pray especially for....)	Parish Intention	Parish Intention
1		9.30	Christian unity	Front Street / Old Orchard	
2		10.00	Additional Curates Society	Old Market St / Braybrooke Close	
3	14th SUNDAY year C	9.30	Parish and Congregation	Mill Road and Hobbies Lane	
4	St Elizabeth of Portugal	2.30 pm	the sick; healing ministry	Chapel Road	
5		7.00 am	all conservation societies	Church Road / St Mary's Gardens	
6	RESTORATION of SHRINE OLV	6.00 pm	thanksgiving for Walsingham	Brockford Road	
7		9.30	Requiem: Fr Timothy - 1st anniversary	Glebe Way	
8		9.30	all recently ordained	Freelands	
9		10.00	better care of our neighbours	Ducksen Road	
10	15th SUNDAY year C	9.30	Parish and Congregation	Horsefair Close	
11	ST BENEDICT	9.30	the people of Europe	Mason Court	
12		9.30	all who reject the Gospel	Mayfield Way	
13	St Henry	8.00 am	HM Queen Elizabeth & her Government	Mead Way	
14	St Camillus of Lellis	9.30	all carers	Old Station Rd / Cuttings Close / Schools Close	
15	St Bonaventure	7.30 pm	our Communicant life	Middy Close / The Sidings	
16	Our Lady of Mounty Carmel	10.00 am	the Friends of St Mary's	Wash Lane / Oak Farm Lane	
17	16th SUNDAY year C	9.30	Parish and Congregation	Norwich Road / Bluehouse Lane	
18		9.30	the departed: July anniversaries	Mendlesham Green	
19		9.30	deepening of our discipleship	Tan Office	
20		8.00 am	peace of the world	Outlying houses	
21		SB	the Suffolk and Norfolk Churches Trusts	Farms in Mendlesham	
22	ST MARY MAGDALENE	9.30	Walsingham	Local industries	
23	ST BRIDGET	10.00 am	ministry of Reconciliation	Pub & places of recreation	
24	17th SUNDAY year C	9.30	Parish and Congregation	Mendlesham School	
25	ST JAMES	9.30	this diocese and its bishops	SMF: Patrons of Mendlesham	
26	Ss Joachim and Anne	9.30	all grandparents	Village Organisations	
27		SB	all searching for faith	Fr Philip	
28		9.30	those who have lapsed	Other places of Worship	
29	St Martha & Lazarus	9.30	home & family life	PCC and Parish Council	
30		10.00	those who are terminally ill	Local Doctors and Healthcare Workers	
31	18th SUNDAY year C	9.30	Parish and Congregation	Neighbouring parishes	

SB: See Bulletin. Please check all times on weekly bulletin (available on church website)



The Hair Studio at Mendlesham Ltd

BEV & KIRSTY

WE ARE BOTH FULLY QUALIFIED WITH OVER 40 YEARS EXPERIENCE BETWEEN US
PROFESSIONAL ADVICE AND PERSONAL ATTENTION IN ALL ASPECTS OF HAIRDRESSING

EASY OFF-ROAD PARKING

FOR ALL ADVICE AND APPOINTMENTS CALL US ON 01449 766977

OR VISIT US AT: Ropers Farm, Church Road, Mendlesham, IP14 5SF

www.hairstudioatmendlesham.co.uk



Lamberts Service Station Ltd

www.lambertsservicestationltd.com Email : lamberts.1@btconnect.com

Shop Green, Bacton, Stowmarket, IP14 4LG, Tel: 01449 781260

Mobile: 07834 778116

Car Service, MOT Testing and Repairs

Please visit our website for
full list of services.

WORKSHOP

Service all Makes and Models
Air Conditioning
Engine Diagnostics
Fault Finding
Engine Management Lights
Exhausts
ABS

ITEMS STOCKED

Tyres
Batteries
Wiper Blades
Bulbs
Calor Gas

MOT TESTING

MOTS while you wait - By Appointment
Petrol
Diesel
Electric
Hybrids

RECOVERY SERVICE

Home Starts
Breakdown
Accident Recovery

BODYSHOP

Accident Work
Body Work Repairs
Paint Work
Re-Sprays
Welding

FORECOURT SERVICES

Petrol and Diesel
Tyre Pressure and Levels
Checked
Bulbs Fitted While You Wait
Antifreeze Check

**Competitive prices on Tyres - Quotes given
Free no obligation Estimates on work needed**

Find us on Facebook - www.facebook.com/lambertsservicestation