## MENDLESHAM NEWSLETTER



Issue 458

January 2022

## CLASSIFIED ADS

#### **CHIMNEY SWEEP**

Vacuum and Brush, Andrew Brundell 01449 766614 or 07776 215940

#### Your Local Handyman

Minor repairs around the home Including taps, immersion heaters Flat pack assembly Shed & fence painting MANY more services provided Tony 07771 800072 01449 781993 gooderhamt@aol.com

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#### **Providing Professional Care**

- Stroke support Cancer care
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- General housekeeping
- Company for times when you are just feeling lonely

<u>'Person centred care, tailoring to your</u> every need is what I deliver.

<u>Feel free to contact me for a free</u> <u>consultation'</u> Hayley Page

MOB: 07551419310 hayleypage253@gmail.com

#### Are you on Facebook?

If so have a look for **'Spotted in Mendlesham**' & **'Mendlesham Green Residents**' pages to keep up to date with what's going

on in the villages.

#### DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Council. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

## Email reports, articles, photos and adverts to:

#### gemma.green1202@gmail.com

Editor: Gemma Green 07733 333659 Advertising: Keith Shelton 01449 768744 shelton@live.co.uk

#### Paper Copies of Articles to:

Jean Abbott, 11 Mayfield Way, Mendlesham (01449 766895) Pat Winslett 19 Glebe Way, Mendlesham (01449 767803)

#### Deadline for February Issue 6<sup>th</sup> January 2022

We produce 12 issues per year which are delivered to every household in the location of Mendlesham.

#### Front Cover

Chris Hame

#### Dates for your diary Jan Page WI Knit, Stitch & 5th 11 Yarn 6th Newsletter Deadline 1 Mendlesham 8th 4 Walking Group 10th Knit & Natter 3 13th Mobile Library 9 **MURCies Coffee** 14th 3 Bar 18th WI Meeting 11 Walking 19th 4 Wednesdav 24th Knit & Natter 3 26th Over 60's Meeting 9 **Parish Councillor**

with the URC and Parish Church from page 40 onwards. Every Tuesday & Friday 50/50 shop open -

Don't forget to keep up to speed

**31st** Application

Deadline

see page 6 for further details

#### Editorial

Welcome to the January issue. It feels like we have been on a rollercoaster of a ride this past year ending with unresolved issues. As we take stock at the beginning of a new year let us try to move on with confidence. Some Mendlesham groups have found a way to continue their social interactions which are so enjoyed and we hope that this will continue.

Best Wíshes Gemma 5

#### THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill, Wetheringsett, Suffolk IP14 5PL Tel 01449 766139 Email: <u>parishclerk@mendleshampc.org</u> Web site: <u>https://mendlesham.suffolk.cloud</u>

Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Mike Exley tel 766246 (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- Sandie Judd tel 0333 006 2706
- David Nunn (Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562

#### **Meetings:**

**Wednesday 9th February 2022** Ordinary Parish Council meeting Old School Room, Mendlesham 7pm.

**Wednesday 9th March 2022** Ordinary Parish Council meeting Old School Room, Mendlesham 7pm.

#### Parish Council: Date for your diarie

**Date for your diaries: Thursday 2nd June 2022 Time approx 9pm ( to be confirmed)** Mendlesham Parish Council will be holding this event to light Beacon at Mendlesham Green as part of The Queen's Platinum Jubilee celebrations. Further information closer to the time.

## MENDLESHAM SAT-CAF in 2022

Sat-Caf resumes on Saturday 5th February

We wish all our friends, volunteers and supporters

A VERY HAPPY NEW YEAR!

#### **December Draw Winner**

Main Prize: Christmas Cake (donated by Sylvia Lyons)
Malcolm Warwick

Also a host of other prize winners!

#### United Reformed Church

#### **MURCies Coffee Bar**

Friday - 14th January 2022 10am - 12pm

#### Knit and Natter

Monday - 10th & 24th January 2022 2pm - 4pm



#### MENDLESHAM CAMERA CLUB



No meeting for us in January, but we will be back on Tuesday, 1st February - more about that in the next newsletter.

Seasons greetings to you all.

For details of the club please log onto the website:http://www.mendleshamcameraclub.co.uk/ or contact mike@favager.co.uk

### Mendlesham Walking Group

Saturday 8<sup>th</sup> January 2022 Meet at Community Centre Car Park 10:00am

2 hour walk within the Parish led by Rachael Blow those cobwebs away and walk off that extra helping of Christmas Pud!

#### AND

#### Walking on a Wednesday Shorter, slower walks of about 1<sup>1</sup>/<sub>2</sub> hours led by Alan Wednesday 19<sup>th</sup> January 2022 Meet at

#### Community Centre Car Park 10.30am

Come and join us!

Stay safe and keep walking!





For more information please contact Rachael – 07971 910 279 Angela - 01449 766483

#### New Parish Councillor required.

Further to the opportunity provided for the electorate to request an election to fill our Parish Councillor vacancy, we have now received confirmation from Mid Suffolk District Council that an election has not been requested which now means that the Parish Council can proceed and co opt a new Parish Councillor.

Co option means that it will be the Parish Council making the decision, rather than the residents of Mendlesham Parish voting at an election.

If you are interested in applying for this position you need to be eligible, including

- be at least 18 years old
- be a British citizen, an eligible Commonwealth citizen or a citizen of any member state of the European Union, and meet at least one of the following four qualifications:

**a.** You are, and will continue to be, registered as a local government elector for the parish/community in which you wish to stand from the day of your nomination onwards. **Or** 

**b**. You have occupied as owner or tenant any land or other premises in the parish/community area during the whole of the 12 months before the day of your nomination and the day of election **Or** 

**c.** Your main or only place of work during the 12 months prior to the day of your nomination and the day of election has been in the parish/community area. **Or** 

**d.** You have lived in the parish/community area or within three miles of it during the whole of the 12 months before the day of your nomination and the day of election.

- Not be disqualified under section 80 of the Local Government Act 1972 or section 34 of the Localism Act 2011 (further details available on request, but includes bankruptcy and criminally convicted for a period of not less than three months without the option of a fine)
- Mendlesham Parish Council welcome and are committed to the inclusion and recognition of all regardless of race, culture, ability, ethnicity or gender identity and expression, sexual orientation, marital status, religious affiliation, and socioeconomic status.

The process for co option will be for written applications to be received by the Parish Clerk by **31st January 2022**. Applications need to include brief information about yourself, including name, address, work/ life history experiences and the skills that you think you would be able to bring to the Parish Council and why you wish to stand.

If you have any questions, please do not hesitate to contact the Parish Clerk or any Parish Councillor.

All candidates will then be asked to attend the Parish Council meeting of 9th February, to meet the Councillors and ask or be asked any questions, before a decision is reached at that meeting.

### **Royal British Legion Poppy Appeal 2021**

I would like to thank all those who helped with this year's Poppy Appeal. A difficult year with covid to ask volunteers to collect and for business's to be happy to have poppy trays on their premises and yet all supported this year's appeal. Thanks to them and you for giving, we managed to raise a fantastic amount for the poppy appeal. The annual Poppy appeal is when we remember and reflect on those, past and present, who gave so much for us all and a time to raise invaluable funds for this worthy charity to help those in need. Thank you for your support.

The district as a whole raised the grand sum of  $\pounds 2689.60$ 

Collections:		
Mendlesham	£	1230.99
Mendlesham Green	£	200.37
Thwaite	£	111.77
Wetheringsett	£	186.86
Wickham Skeith	£	742.76
Plus Donations, Wreaths, Gift aid		

Jacquie Nash. Poppy Appeal Organiser



#### NEW STOCK IN FOR AUTUMN/WINTER

#### Open on Tuesdays and Fridays 2pm - 4pm

We are also accepting donations of good quality clothing, please only one bag as we have limited space. You will receive 50% of the sale price. Please ask in the shop for more information.

Safety guidelines are in place. We look forward to seeing you soon!

Located in the green pavilion near the play area. What3words: ///novelist.thin.tint Stocked with new and pre-loved clothing, shoes, jewellery, books and homewares



### 1<sup>st</sup> Mendlesham Rainbows has spaces available for January 2022!

Being a Rainbow is all about developing self-confidence, building friendships, trying new things and having fun.Rainbows are girls aged five to seven who follow of varied programme of activities.

Rainbows learn by doing – they get their hands dirty with arts and crafts, cooking, playing games and more!



Register online at

https://www.girlguiding.org.uk/information-forparents/register-your-daughter/

Or contact Becky on 07774581503

#### Times Past.

Progress or Decline - that is the question? Stowmarket now joins Stowupland in one direction, Haughley in another and Combs in another. Elmswell and Wetherden practically link up; Bacton and Mendlesham, residentially, continue to expand, at a rate never before experienced; as does Needham Market. I can now think of only very few small villages that remain basically as they were in the days of my youth: Creeting St. Peter, Gipping, Braiseworth. Obviously the answer to my opening comment is one of individual opinion but it is interesting to go back 99 years to note how Mendlesham has changed since 1922!

"Mendlesham is a parish and village, with a station on the Mid Suffolk Light Railway; 3.5 miles S.E. of Finningham station on the Ipswich and Norwich section of the Great Eastern Railway. Leonard Stannard, porter in charge. The church of St. Mary is a handsome stone structure, in the Perpendicular style. Vicar: Rev. Edmund Richard Manwaring-White. This was one of 21 churches in Suffolk, Norfolk and Essex conferred by William Rufus, in the year 1095, upon Battle Abbey. The churchyard was enlarged by one acre in 1876 and the register dates from 1558. Here is a Congregational Chapel built in 1848 and there is a Baptist Chapel on the Green built in 1839.

The parish had a police station, Henry Turrrell being the constable in charge, with Mendlesham Fire Brigade being located nearby, where Allan Baker was the Superintendent and had a crew of 7 firemen. Carpenters and wheelwrights at Mendlesham Green were the Arbon family and Mrs. Charlotte Arbourne ran the Green's grocery shop. Hugh Brundish was the boot and shoe maker there, as was Henry Steggall and Arthur List was their counter-part at the Street. Frederick Reason and Mrs. Emma Martin were shopkeepers; Victor Pizzy, the butcher and Charles Lockwood a pork butcher. Should your horses need attention, Chas. & Stanley Nunn were on hand, with Albert Hart having the Forge at the Green. Ernest Holt was the local saddler. If not a horseman and your cycle needed repair, Stanley Turner was your man. Alfred S Rous was Mendlesham's jeweller!

Herbert Brundish had a windmill and A.E. Kent was the steam-miller at the Street. Herbert Abbott, likewise, at the Green - he was also a corn and flour merchant and local carrier; Charles Jolly was also a carrier - to Eye, Stowmarket and Ipswich. Sheppard Reason was the local baker. So much local enterprise but by far the biggest local business was run by A. & M. Cutting who are described as: general providers, grocers, provision dealers, ironmongers, hop and malt merchants, house furnishers, general and fancy drapers, general outfitters, newsagents, boot and shoe dealers and a sub-branch of Lloyds Bank, which was open daily from 10. until 3.30pm. They also had a shop at Stonham.

David Buckel was a beer retailer, as was J.B. Howard and the Oak Inn, King's Head and Green Man trading with full licences. Local chimney sweep was Wm. Huggins. The area of the parish is 3862 acres; the soil is mixed, the sub-soil clay. Chief crops are: barley, wheat, peas, roots and beans and the land is very fertile. The population in 1911 was 927. Parish clerk = A. Baker and Miss Kate Juby Asst. Overseer. Mesrrs. Beaumont and son are Lords of the Manor and the principal landowners: O.W.H. Holmes and Mrs. Robinson. The Public Elementary School was built in 1863 and since improved, it will hold 176 children - Arthur Mayfield, master.

2021 - we have the Church, a Chapel in the Foresters Hall, a shop, a pub, houses and agricultural land. Where are the rest? Progress or decline, it's your choice!

## **TOTE RESULTS**

Mendlesham Lottery November 2021					
11th November		25th November			
Drawn at Mayfield Way		Drawn at Mayfield Way			
Louise Cole	£35.00	Gillian Child	£35.00		
Roger Burrows	£25.00	Bridgette Pipe	£25.00		
Jemma Green	£15.00	Pris Colchester	£15.00		
Jane Jones	£10.00	Selena Canning	£10.00		
The <b>Mobile Library</b> calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:					

Mendlesham Fish & Chip Shop15.15 - 15.30Mendlesham Playing Field15.35 - 15.50Mendlesham The Green16.00 - 16.20

The van's next visit is Thursday 13th January

#### Mendlesham Over 60s - November 24th

Paul welcomed 25 members to this meeting.

Our speaker, Mr John Goodhand - "Simply Suffolk Pub signs". Mr Goodhand has lived in Suffolk for 52 years and has a large selection of sign photos. An awful lot of these pubs no longer exist. Some were very familiar, like the Greyhound, the Maypole, the Magpie and the Shepherd and Dog. There were also some rare names like "Frank" in Oulton Broad and the Wild Man in Sproughton. Some had odd pictures like the Shepherd and Dog with a spaniel, The Bird in Hand with a robin and at Sizewell they have the Vulcan Arms with Doctor Spock on it.

After tea we had our raffle.

Next Meeting: 26th January - Mr Geoff Clarke "Mendlesham 2019"

Competition: Your favourite Christmas Card

# INSPIRING WOMEN

Our local WI has had a busy month, starting with a fun morning trying our hand at new age kurling. No ice involved, the 'stones' are on rollers and the aim is to roll the 'stone' down the length of the badminton court onto a target. In WI tradition, we had a long break for coffee and cake.

On Remembrance Sunday, the WI poppies were again put up on the porch gates into church – one knitted poppy for each Mendlesham life lost in the wars.

The project to 'bulb bomb' with daffodils in the churchyard and on public open spaces around the village continued. We look forward to seeing the results next Spring – thanks to Maria for suggesting and organising this.

The Christmas tree in Abbots Hall has been decorated with the theme of Christmas music – all the decorations hand crafted to represent carols and songs. Thanks to the members who worked hard to come up with ideas.

This brings us to our well attended Annual Meeting; we are grateful to the 'volunteers' who have stepped up to stand on the committee and especially those who take office at the top table – Anita, Jill and Jackie - we will all help where we can. The reports recalled the challenging year, but highlighted the special times we had managed to meet outside and the welcome 2020 Christmas goodie bag and Easter gifts. It was decided to temporarily restrict membership to 50 now we meet in the U.R.C. The balance sheet was presented and is healthy and special thanks were given to Linda for sitting in the secretary and treasurer chair for some of the last year. Linda now takes a well-earned rest, but we are glad she remains on the committee.

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.....continued from page 10

Special mention was made to Bev, who is retiring from committee having served over 30 years and has held the president, secretary and treasurer roles during this time. Always willing and quietly competent we do appreciate all she has contributed. Linda then entertained us with a couple of quizzes, one involving a scavenger type hunt on the contents of our handbags – we know to go to Enid if we ever want a sticking plaster or safety pin! The evening concluded with delicious refreshments.

The Christmas workshop was once again good fun and we all achieved origami flowers to take home together with a kit to make a star garland. We are so lucky to have Jane – such a talented crafty member to teach us and provide the materials – she has endless patience; and thanks to George, her trusty helper on the glue gun.

The knit, stitch and yarn mornings continue and 12 attended the December one, the next one will be on Wednesday, 5<sup>th</sup> January 10am in the O.S.R. The main January meeting – the start of our 96<sup>th</sup> year - will be in the U.R.C. on Tuesday, 18<sup>th</sup> starting at 7.30pm.

All plans, of course, are subject to any Covid rules at the time. If you are interested in joining us please contact president Anita (766902). You will be made welcome.

### <u>Monday Morning meet-up</u>



We are now open again!

#### Every Monday morning in the Old Schoolroom 10am-12pm

**EVERYBODY** welcome. If you are on your own, retired, widow, widower, new mum/dad, looking for work or whatever your situation...

Come on down and enjoy free tea, coffee, cake and sausage rolls, plus good friendly company.

There is also a selection of jigsaws, books and magazines to take away free of charge.

## Mendlesham Community Council Update

#### Wishing you a very Merry Christmas and Happy New Year!

The reshaping of the Mendlesham Community Council is making great progress! We have updated the Constitution and, once accepted by the Charity Commission, we will be known as the **Mendlesham Community Charity**.

At the end of the year Mike and Sandra Exley, Sylvia Lyons, Nancy Bagnall, Sue Mitchell, Brenda Stannard and Emma Munday stepped down as Trustees and we would like to thank them for their commitment over the years and for contributing to making the transition to a new way for working for the future.

Martyn Bryant, Guy Wiltshear, Carolyn Triscott, Meg Clarke and Judith Howard-Rees have agreed to remain as Trustees until the end of March 2022.

Joining our Broad of Trustees are Julie Waghorn (Secretary) an Andrew Cullum. At the time of going to print we are processing an application for a new trustee to take on the role of treasurer.

The role of a trustee under the new constitution will be to carry out the purpose of the charity which will primarily be the managing and coordinating of funds, donations and grants to support events and organisations that impact on our community.

We hope that we have addressed the areas that you felt needed improvement:

- Clarification of the Benefit and Function of the Community Council
- Greater level of Involvement from the community
- Improved Newsletter Presentation and general communication
- Clear direction and management for the future

We are clear where we're going and we want to share it with you.

If you would like to help, please contact any of the trustees for further information and or download the Trustee Application Form found on our webpage (Google Mendlesham Community Council and click on the links.)

During January and February we will be reviewing our policies and procedures, upgrading our insurance and ensuring that putting on an event will be fun, straightforward and supported by the trustees. A **General Meeting** to update you in more detail and introduce you to the board of trustees will take place in **March**. The **meeting is open to everyone who would like to support the MCC** including current members, village organisations and all the volunteers who help with the Tote, Newsletter and 50:50 shop.

Come and join us to help plan the 2022 Mendlesham Come Back!

#### citizens advice Mid Suffolk

I've been living in my privately rented flat for years. I generally have a good relationship with my landlord but I just can't get them to carry out various repairs that have built up. How can I get them to act - and what exactly do they have to do?

This must be a very frustrating situation. The law states that your landlord must provide accommodation that is safe, healthy and free from things that could cause serious harm.

You don't say exactly what repairs are needed. If you have problems such as electrical wiring that you think might be faulty, or there's damp, or an infestation by pests, the landlord has a legal obligation to put things right.

Landlords are also responsible for the maintenance of the general structure, and fittings such as boilers and radiators; basins, baths and toilets; and the drains.

The first step is to contact your landlord again, in writing. Include photographs of the problems. Keep a record of all communications and evidence relating to the disrepair.

If that doesn't prompt any action, the advisers at Citizens Advice can help with next steps. These could include contacting your local council (who will have dedicated officers for dealing with disrepair in private rented properties) or asking for a visit by the environmental health team.

Tenants can take their landlords to court to force them to carry out repairs. However, it's worth getting some advice and thinking carefully before embarking on this route.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. For more information and our opening hours go to midsuffolkcab.org.uk.



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MENDLESHAM DIRECTORY				
1 <sup>st</sup> Mendlesham Guides	Emma Munday	01449 768843		
3 <sup>rd</sup> Monday Book Club	Doug Williams	01449 766498		
Annual Parish Party	Rachel Roshier	07881 816622		
Ancient Order of Foresters	Beatrix Wrinch	07885 909869		
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998		
Bowls Club	Peter Coleby	01449 766985		
Brownies	Brenda Stannard	01449 766308		
Camera Club	Mike Favager	01449 766007		
Carpet Bowls Club	Roger Fouracre	01449 766229		
Community Centre Hall	Becky Herbert	01449 672531		
Computer Club	Giles Godart-Brown	07500 042836		
District Councillor	Andrew Stringer	01449 780339		
Explorer Unit	Jonathan Freeman	01449 766676		
Film Nights	Judith Howard-Rees	07770 746619		
Football Club	George Yardley Angela Lockwood	07894 512712 07845 471154		
F.O.M.S.A	C.P School	01449 766224		
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400		
History Group	Sue Michell	01449 766434		
Mendlesham Community Council	Judith Howard-Rees Carolyn Triscott	07770 746619 01449 766563		
Old School Room Bookings	Daphne Lambert	01449 766320		
Over 60's	Annette Taylor	01449 776552		
Parish Council & Playing Field	Sharon Jones	01449 766139		
Parish Party Committee	Rachel Roshier	07881 816622		
Rainbows	Becky Froude	07774 581503		
Saturday Cafe	Brenda Player	01449 768101		
St Mary's Parish Church	Father Philip Gray	01449 766359		
St Mary's Church Council	Hazel Spalding	01449 768616		
Toddler Group	Simona Pounds	07585 093311		
Trustees of Charities	Mike Favager	01449 766007		
United Reformed Church	Margaret Jackson	01449 766321		
Village Recorder for Mendlesham	Geoff Clarke	01449 766447		
Walking Group	Angela Pickup	01449 766483		
Woman's Institute	Anita Scruby	01449 766902		
Writers Group	Noel Fletcher	01449 766968		

## *If you have any amendments to the information on this page, please email the editor at gemma.green1202@gmail.com or call on 07733 333659 so they can be corrected. Thank you*



Stowmarket Wildlife Group -

#### Suffolk Wildlife Trust

#### PLANNED MEETING FOR FEBRUARY 2022

## Wednesday 23 February – HEDGEROWS, HERBS AND MEDICINES With Martin Sanford

A look at some common plants of Suffolk hedges and waysides, their use for foods and medicine and how we use them sustainably.

#### PLANNED MEETINGS FOR APRIL 2022

#### Wednesday 27 April – LOOKING FOR THE GOSHAWK – THE LOST RAPTOR With Conor Jameson

A natural history of this mystery-shrouded bird of prey: how it lives, where it lives, and why it might be missing from our lives. The search takes Conor to some unexpected places, at home and abroad

#### The meetings will be held at 7.30pm at the Village Hall, Stowupland, IP14 4BQ

Admission £2.50.

#### PLANNED EVENT FOR MAY 2022

#### Saturday 14 May 10am – TALES OF THE RIVER BANK With Judith and Steve Thompson

A rare opportunity to visit Judith and Steve's 9 acre wildlife haven in the midst of Stowmarket, sandwiched between the Museum of East Anglian Life and Tinkler's Meadow along the River Rattlesden.

Numbers will be limited. Registering to attend is essential.

All events of the Suffolk Wildlife Trust, Stowmarket Wildlife Group are subject to regulations and precautions to reduce the risks of Covid-19 transmission for the safety of Trust staff, volunteers, members and the community. Arrangements may change.

Please check the Suffolk Wildlife Trust website at

www.suffolkwildlifetrust.org/events for up-to-date information updates about these events.

#### **CONTACT**

John Thompson - 01449 676471 - swtstowmarket@gmail.com

#### Mendlesham Baby and Toddler Group

Meets in the large hall of the Community Centre.



Tuesday Mornings 9:15 to 11:15



Come and join us for a drink, snack, activities and a large space to play in.

Contact Simona Pounds 07585093311 MendleshamBabyGroup@gmail.com Facebook; Mendlesham baby toddler group for further information.

After a very testing time for the group over Covid where I have struggled to keep the group running I have decided to step down as chair and main volunteer of the the group. As my children are reaching an age where they no longer need to attend group it is time to hand over the reins to the next mum.

Simona Pounds will now be leading the group as of Tuesday 29th November.

Thank you. Selina Cannings



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SUFFOLK

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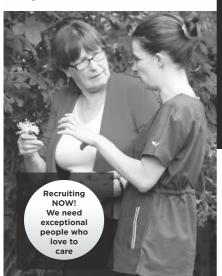
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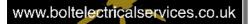


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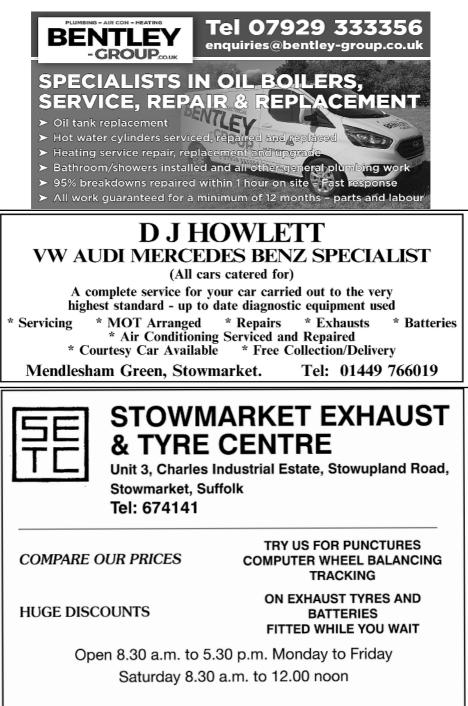




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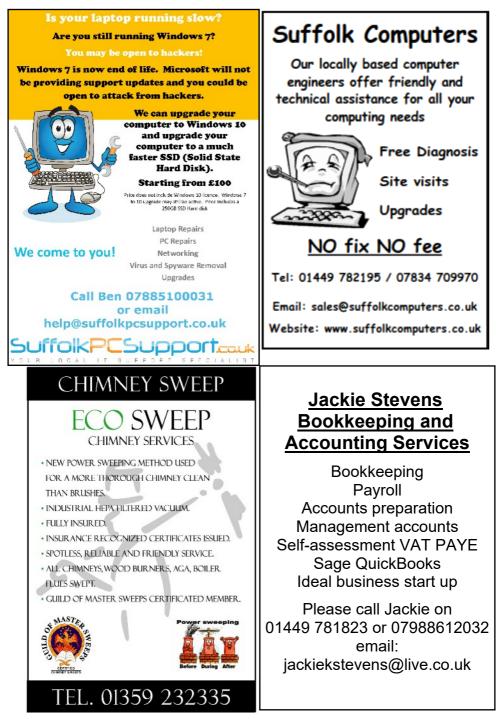
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## Tiffin Recipe

# There is a lot of flexibility in this recipe so experiment to discover the best combinations which suit you.

#### **Ingredients**

500g biscuits (e.g. Rich Tea, Digestive, Hobnobs)
50g margarine or butter
2 tablespoons cocoa powder or drinking chocolate or similar
2 tablespoons Golden Syrup (or maple syrup)
1 tablespoon sugar
500g chocolate
1 can condensed milk or carnation caramel

#### **Optional additional extra**

handful sultanas or raisins, nuts, marshmallows, small pieces of fudge or Turkish Delight, chocolate chips (maybe 200g in total)

## Method

1. Crush biscuits and set aside in a mixing bowl (Crush to a variety of sizes so that you leave some chunks of biscuit as well as have crumbs. Don't leave the biscuit pieces too large, however, or the finished slab will tend to break up when cut. Different kinds of biscuit will also affect the taste so you may wish to experiment). Add here any dry optional extras you wish to add e.g. marshmallows, nuts, chocolate chips, fudge bits.

(It seems that different types of biscuit and different types of chocolate have differing properties and so you may have to experiment with quantities a bit. The aim is to get the consistency as stiff as possible (hardly able to stir it with a wooden spoon) but with enough chocolate to enable the tiffin to set)

2. Break 300 grams chocolate in pieces into a microwavable bowl and add margarine (or butter), golden syrup, sugar, cocoa powder and condensed milk/caramel. (You can also add some optional extras here e.g. sultanas). Give the mixture a good stir. Microwave on low heat until all is melted/dissolved. (Alternatively use 200 grams of chocolate and add 100 grams of chocolate chips/grated chocolate to the biscuit mix)

3. Add the mixture to the biscuits and stir well.

4. Press the mixture down well into a baking tray and leave to cool. (I find lining the tray with cling film or tin foil makes it easy to turn out the tiffin once it is set. I also put my tiffin in the fridge to cool)

5. Melt the remaining 200 grams of chocolate and pour over the cooled tiffin . Again leave to cool.

6. Once the chocolate has set, you can drizzle with extra chocolate if you wish e.g. melted white chocolate. Turn out and cut into squares.

(Obviously you do not have to use the same type of chocolate and again you might wish to experiment with mixtures of dark, milk and white.)

# MENDLESHAM CHAPEL

Minister: The Rev'd Robert Sheard Tel No: 01449 678173 SERVICES FOR JANUARY As shown below



2 <sup>nd</sup>	4.00pm	Rev'd Robert Sheard
5 <sup>th</sup>	2.30pm	Afternoon Fellowship – Mrs Veda Berriman
9 <sup>th</sup>	10.45am	Mr Keith Scarff
19 <sup>th</sup>	2.30pm	Afternoon Fellowship - Fr Philip Gray
23 <sup>rd</sup>	10.45am	Rev'd Richard Edwards

MURCies Coffee Bar – 2<sup>nd</sup> Friday from 10.00 - 12.00 (14<sup>th</sup> January)

Knit & Natter – 2<sup>nd</sup> & 4<sup>th</sup> Mondays from 2.00 - 4.00 (10<sup>th</sup> & 24<sup>th</sup> January)

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MASS TIMES

Daily mass - Monday to Friday at 1000 (Our Lady's, Stowmarket) Saturday - 1800 (anticipatory mass at St Mary's, Woolpit) Sunday - 0830 and 1015 (Our Lady's, Stowmarket) Confessions - Saturday 1000-1045 (Our Lady's, Stowmarket)

Please see parish website for the weekly newsletter and further information https://ourladystowmarket.org.uk

Village contacts Margaret Cutting - 01449 766334 Mo Favager - 01449 766007



New USAAF 34th Bomb Group Memorial Mendlesham Flower Rota

> Sheila Mayes January





You are welcome to worship at any of our services.

### SUNDAYS:

9.30 a.m. Parish Mass & Address

First Mass of Sunday: Saturdays at 10.00 am

Daily Mass: see calendar on back page & check porch notice & bulletin

Daily Morning & Evening Prayer see porch notice.

Baptism (Christening), Marriage, Anointing of the Sick & Holy Communion from the Reserved Sacrament - contact Fr Philip

Sacrament of Reconciliation Friday 7<sup>th</sup> Jan: 3.00 pm; Saturdays 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> Jan at 4.00 pm - or contact Fr Philip



#### Vicar:

Fr .Philip T Gray, B.A, S.S.C Mendlesham Vicarage 01449 766359

Churchwardens: Andrew Fleming 01449 711065

Chris Elstone 07530 769676

# WHAT'S ON THIS MONTH

# Sunday worship also LIVESTREAMED every week at 9.30. Visit <u>https://www.facebook.com/stmarysmendlesham/</u> or click to view via

	the Worship page on the church website
2nd Jan	EPIPHANY – arrival of the Wise men at the house and presentation of gifts of Gold, Frankincense and Myrrh. 9.30: Parish Mass, blessing of Epiphany House & blessing of Chalk (see bulletin and website for details)
9 <sup>th</sup> Jan	BAPTISM OF OUR LORD: PLOUGH SUNDAY 9.30: Parish Mass; I hope we shall have the visit of the East Suffolk Morris Men at Mass and Procession of the Plough at 11.00. (end of Christmasstide: crib, tree & decorations removed after Mass. Crib appeal concludes today.)
10 <sup>th</sup> Jan	9.30: Monthly Requiem for January Anniversaries.
10 1811	Season 'throughout the year' begins
13 <sup>th</sup> Jan	2.30 pm: Mass & Healing Service
18 <sup>th</sup> -	Week of Prayer for Christian Unity. Mass will be offered
25 <sup>th</sup> Jan	each day for this intention.
23 <sup>rd</sup> Jan	9.30: Parish Mass 11.15: PCC meets in church
1 <sup>st</sup> Feb	EVE OF CANDLEMASS 6.30 pm: Sung Mass, with shared refreshments afterwards

### LOOKING AHEAD

- Church Electoral Roll revision will take place all Sundays in February.
- The Vestry Meeting to elect/re-elect Churchwardens will be on Sunday 6<sup>th</sup> March after Parish Mass
- The Annual Parochial Church Meeting will be on Sunday 13<sup>th</sup> March after Parish Mass
- We hope to have tours of Norfolk Churches on Sunday afternoons: 24<sup>th</sup> April, 15<sup>th</sup> May. 19<sup>th</sup> June and 17<sup>th</sup> July.

# Fr Philip Writes...

There is a story about a leader of a certain Native American Indian tribe, whose people had been encamped for generations at the base

of a large mountain. He was dying and summoned his 3 sons to say, "I am dying. Before I die I must choose one of you to succeed me as head of our tribe. I want you to climb our holy mountain and bring back something beautiful. The one whose gift is the most outstanding will be the one who will succeed me."



One son brought back a rare and beautiful flower. The second son returned with a valuable stone. However, the third came back empty handed. He said to his father, "I have brought nothing back to show you, Father. I stood on top of the holy mountain and I saw that the other side was a beautiful land filled with pastures and a lake. I was so overwhelmed that our tribe could go there for a better life that I could not bring anything back."

"You will be the tribe's new leader," said the old man. "You have brought back the most precious thing of all – the gift of a better vision for a better future."



#### This story sums up my hopes for 2022.

We begin the year by celebrating Epiphany (on 2<sup>nd</sup> January this year). We commemorate how Jesus appeared to the nations, represented by the Wise men, who came 'from the East' and were not Jewish. Traditionally one has been depicted as Asian, one African and one European. They

presented different gifts: gold, frankincense and myrrh. They each had different personalities and came from different countries with different cultures but arrived together to honour the King of all. We must learn that we, too should be like Jesus and be open to everyone without drawing lines between "them" and "us" or 'grading' people in importance by colour or race.



In the dark of their night they saw the star, the new hope for a better world. That star brought out something in them that made them travel all the way from where they were to Jesus. It was their hope that made their trip possible.

I pray that we may begin 2022 with a better vision for a better future and experience the love of God revealed in Jesus. Happy New Year, Everyone!

# Charities we support at Christmasstide

St Martins more than a horn for the homeless

# St Martin's Housing Trust, Norwich - More than a home for the homeless.

At just 14 Alison ran away from home in Lowestoft and ended up in a children's home in Liverpool. She

said, "They got in touch with my mum to say I was there and she said, 'Keep her!"" From then onwards Ali fended for herself. When she first made contact with St Martin's she staved at 'Somewhere Safe to Stay Hub', where she was given a bed for a few days. She then moved on to Bishopsbridge House where she helped transform the garden into a beautiful space. She has since moved into a shared house in the community with support from St Martin's. There is concern over 2022 because of the end of furlough, the removal of the Universal Credit uplift and removal of the eviction ban. Given that the life



expectancy of a man on the streets is only 47 and 43 for a woman, loss of life amongst people experiencing homelessness is common.

We are fortunate that Graham and Anita maintain a close link with St Martin's on our behalf. We shall continue to collect socks, gloves, hats etc. until Christmasstide ends on 9th January.



## Christian Aid

Our Crib Appeal concludes on 9th January. Over the last decade the effects of the Climate Crisis have been growing more devastating for families in South Sudan, where more than 1,066,000 people

have been affected by severe floods. Not only are many families facing hunger but with fragile water sources contaminated, the risk of deadly waterborne illnesses increase. Christian Aid has been able to provide 32,000 with access to safe drinking water; 11,500 safe hygienic sanitation and 1,900 households with training in improved agricultural practices. Chrisitan Aid uses our donations for such projects and where they consider the need is greatest.



# Please give generously.

We have so much to be thankful for. As Mother Teresa said. 'It is only a drop in the ocean, but the ocean is richer for it.'

	PARISH CHURCH OF	ST MARY'S	PARISH CHURCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR JANUARY 2022	NDAR FOR JANUARY 2022
Date		Mass	Intention (we pray especially for)	Parish Intention
-	MOTHERHOOD OF OUR LADY	10.00	God's blessing on the new year	Front Street/ Old Orchard
5	EPIPHANY OF OUR LORD	9.30	Parish and Congregation	Old Market St / Braybrooke Close
Э		0£.6	mission of the Church	Mill Road and Hobbies Lane
4		9.30	Christian Aid	
5		9.30	sefarers	Church Road / St Mary's Gardens
9		02.6	the homeless	Brockford Road
7		02.6	the Leprosy Mission	Glebe Way
8		10.00	farmers and farmworkers	Freelands
6	BAPTISM OF OUR LORD / PLOUGH SUNDAY	0£.6	Parish and Congregation	Ducksen Road
10		02.6	the departed: January anniversaries	Horsefair Close
11		06.9	the ministry of deliverance	Mason Court
12		9.30	The Guild of All Souls	Mayfield Way
13	St Hilary	2.30 pm	the sick - healing ministry	Mead Way
14		02.6	forgiveness and reconciliation	Old Station Rd / Cuttings Close / Schools Close
15		10.00	all preparing for marriage	Middy Close / The Sidings
16	2nd Sunday of YEAR (C)	9.30	Parish and Congregation	Wash Lane / Oak Farm Lane
17	St Anthony	0£.6	our discipleship	Norwich Road / Bluehouse Lane
18	CHRISTIAN UNITY WEEK	02.6	Christian unity	Mendlesham Green
19		0:30	Christian unity	Tan Office
20	St Sebastian	9.30	Christian unity	Outlying houses
21	St Agnes	2.30 pm	Christian unity	Farms in Mendlesham
22	St Vincent	10.00	Christian unity	Local industries
23	3rd Sunday of YEAR (C)	02.6	Parish and Congregation	Pub & places of recreation
24	St Francis de Sales	9.30	Christian unity	Mendlesham School
25	CONVERSION OF ST PAUL	9.30	Christian unity	SMF: Patrons of Mendlesham
26	Ss Timothy and Titus	9.30	a greater love of Scripture	Village Organisations
27		02.6	peace of the world	Fr Philip
28	St Thomas Aquinas	06.9	theological students	Other places of Worship
29		10.00	all searching for faith	PCC, Parish and Community Councils
30	4th Sunday of YEAR (C)	9.30	Parish and Congregation	Local Doctors and Healthcare Workers
31	St John Bosco	9.30	schools, colleges and universities	Neighbouring parishes
		check time	check times on weekly bulletin (available on church website)	site)



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