

MENDLESHAM NEWSLETTER



Things are changing
Look Inside on
Pages 2 & 3
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Issue 455

October 2021

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Hayley Page

MOB: 07551419310

hayleypage253@gmail.com

Are you on Facebook?

If so have a look for
'Spotted in Mendlesham'
&
'Mendlesham Green Residents'
pages to keep
up to date with what's going
on in the villages.

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Council. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

**Email reports, articles,
photos and adverts to:**

gemma.green1202@gmail.com

Editor: Gemma Green

07733 333659

Advertising: Keith Shelton

01449 768744

shelton@live.co.uk

Paper Copies of Articles to:

Jean Abbott, 11 Mayfield Way,

Mendlesham (01449 766895)

Pat Winslett 19 Glebe Way,

Mendlesham (01449 767803)

Deadline for November Issue

6th October 2021

We produce 12 issues per year
which are delivered to every
household in the location of
Mendlesham.

Dates for your diary

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1st	Rural Coffee Caravan	17
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6th	WI Knit, Stitch & Yarn	14
9th	Mendlesham Walks	6
19th	Mendlesham WI Meeting	14
21st	Mobile Library	13
23rd	Memorial Service	9
27th	Walking Wednesday	6
27th	TBC - Mendlesham Over 60's	13

Every Tuesday & Friday

50/50 shop open -

see page 5 for further details

Editorial

Welcome to the October issue. There is a wind of change in the air, not only the cooler Autumn temperatures but people seeking new interests. Our village thrives on the voluntary efforts of many and as some step down, some after forty years of service, others must take up the roles or cherished events will cease to exist. Can you offer a few hours?

Best Wishes & Thanks Gemma

Mendlesham Community Council
Open Extraordinary Meeting and AGM

Monday 27 September 2021
7.30pm
Community Centre Main Hall

AGENDA for Open Extraordinary meeting

- WELCOME: Carolyn Triscott, Chair
- QUESTIONNAIRE FEEDBACK: Judith Howard-Rees
- PROPOSALS FOR THE FUTURE: Judith Howard-Rees
- DISCUSSION AND VOTING: Audience participation

AGENDA for Annual General Meeting

- Apology for absence
- Minutes of the last meeting (Members only to comment/accept)
- Matters arising
- Reports:
 - Chairman: Carolyn Triscott
 - Treasurer: (including Tote and 50:50 Shop finances) Meg Clarke
 - Secretary: Nancy Bagnal
 - No other reports due to lack of formal activities during 2020/21
- Election of Officers: conducted by a member acting as temporary chair for this item only
 - Chairman
 - Treasurer
 - Secretary

NOTE: in the event of no one coming forward, the council will not be able to continue operating

- Acceptance and welcome of new Honorary Officers

Mendlesham Community Council
Annual General Meeting 27 September 2021
Nominations for Honorary Officer positions

I would like to stand for the position of Chairperson <input type="checkbox"/> Secretary <input type="checkbox"/> Treasurer <input type="checkbox"/>	I am a member of the MCC <input type="checkbox"/> I have applied for membership of the MCC <input type="checkbox"/>
---	---

My 2 Sponsors are:

Name:

Contact details:

Name:

Contact details:

Signed Date.....

Printed Name

Contact Details

**Please return form to the current Secretary, Nancy Bagnall,
 19 Old Market Street, Mendlesham or bring to the meeting**

Nominations are being sought for the following roles:

Chairman

To oversee the management of the MCC and build on the success of the past. In particular enable a review of the Constitution, decide the format for future operation and develop plans for 2022 and beyond based on the feedback from the recent Questionnaire.

Secretary

To provide General Administrative support for the activities of the MCC including taking the minutes of meetings and dealing with correspondence.

Treasurer

To keep the accounts and prepare for end of year audit following receipt and payments of monies associated with the MCC.

THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill,
Wetheringsett, Suffolk IP14 5PL

Tel 01449 766139

Email: parishclerk@mendleshampc.org

Web site: <https://mendlesham.suffolk.cloud>

Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Mike Exley tel 766246 (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- Sandie Judd tel 0333 006 2706
- David Nunn (Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562

Meetings:

Wednesday 6th October 2021 Ordinary Parish Council meeting Old School Room, Mendlesham 7pm.

Wednesday 10th November 2021 Ordinary Parish Council meeting Old School Room, Mendlesham 7pm.

Parish Council:

Mendlesham Playingfields:

To discuss hire of Mendlesham Playingfields including the MUGA please email playingfields@mendleshampc.org and we would hope that the majority of you will be able to contact us this way. However, if any one cannot, please telephone the Parish Clerk on 01449 766139 Mondays to Fridays 9am- 5pm.

SAT-CAF IS BACK!

Saturday, 2nd October 10.00 – 14.00

OLD SCHOOL ROOM, MENDLESHAM

Mendlesham's popular Saturday Café returns in October. Delicious lunches, morning coffee and cakes at very reasonable prices.

First Saturday every month except January.

+ PRIZE DRAW!



**MENDLESHAM
50/50 SHOP**



**FIND US ON
FACEBOOK**

NEW STOCK IN FOR AUTUMN/WINTER

Open on Tuesdays and Fridays 2pm - 4pm

We are also accepting donations of good quality clothing, please only one bag as we have limited space. You will receive 50% of the sale price. Please ask in the shop for more information.

Safety guidelines are in place. We look forward to seeing you soon!

Located in the green pavilion near the play area. What3words: [///novelist.thin.tint](https://www.what3words.com/#!/novelist.thin.tint)

Stocked with new and pre-loved clothing, shoes, jewellery, books and homewares



MENDLESHAM CAMERA CLUB



The next meeting will be on Tuesday 5th
October - in the Old School Room at 1930.

The challenge this month is to photograph wildlife and bugs. We
submit the entry to a Dropbox, these will be displayed and discussed.

In the second part of the meeting a member will talk about a
photography related topic.

The club is a small group of mixed photography ability and new
members are always welcome.

For details please log onto the
website:<http://www.mendleshamcameraclub.co.uk/> or contact
mike@favager.co.uk

Mendlesham Walks

Saturday 9 October 2021

Meet at

Community Centre Car Park 10.30am

2 hour walk within the Parish

AND

Walking on a Wednesday

Shorter, slower walks of about 1½ hours

Wednesday 27 October 2021

Meet at

Community Centre Car Park 10.30am



Come and join us!

Stay safe and keep walking!



For more information

<http://mendlesham.suffolk.cloud/clubs-and-organisations>

Select 'Walking Group' or just Google 'Mendlesham Walks'

We have new leaders! Rachael Hopkins and Angie Pickup will be taking the
lead in the future

More information next time!

Parish Council:

Parish Councillor vacancy:

It was with much regret , but many thanks for her contribution towards the community, that Cllr Sabrina Webb’s resignation as a Mendlesham Parish Councillor was received.

This now means that we have a vacancy.

Firstly, there will be public notices and a time period when Mid Suffolk District Council ask yourselves as the electorate if you wish to call an election and then request applications from those wishing to stand. If an election is not requested, the Parish Council will then be able to ask for applications and appoint a new Councillor by co option i.e. the existing Parish Councillors rather than the electorate will decide.

Thank you once again Sabrina.

More information will be displayed on the Parish Noticeboards and circulated via E News as required. However, please in the meanwhile perhaps you will consider if this is something that you may wish to apply for? The Parish Clerk or any Parish Councilor would be pleased to answer any questions as required.

Parish Council:

Completed Annual Governance & Accountability Return (AGAR) for the year ended 31.3.21

We have just received confirmation that our External Auditors PKF, have completed their review of Sections 1 and 2 of the AGAR, and in their opinion the information contained in Sections 1 and 2, are in accordance with Proper Practices and no other matters have come to their attention giving cause for concern that relevant legislation and regulatory requirements have not been met. No other matters requiring attention were also confirmed.

Further detail, in line with the statutory requirements, will be available via E News, the Parish Notice Boards and the Mendlesham website before 30th September.

Parish Council:

Street Cleaner vacancy:

Further to last month's newsletter, a recent E News and notices on the Parish Noticeboards, please note the deadline for applications is 30th September.

Coffee Morning

Saturday 2nd October
10am-12pm URC Chapel



*Raffle, tombola, cake stall,
bric-a-brac, books and dvds etc,*
Plus refreshments of tea, coffee & a
variety of delicious homemade cakes
& sausage rolls

**Raising money for
'Endless Pawsibilities'
to help rescue dogs and
cats kept in terrible
conditions in Bosnia and
Romania**



MENDLESHAM COMPUTER CLUB IS BACK!!!

**Every Thursday, 10.00 – 12.00
from 4th November 2021
OLD SCHOOL ROOM, MENDLESHAM**

NEW MEMBERS MOST WELCOME!

**Mendlesham Computer Club meets every Thursday to provide
computer/internet access and tuition for all ages and abilities.
Many topics covered in a very informal atmosphere.
Refreshments provided. £5 per session.**

**For further information, phone Giles Godart-Brown
on 07500-042836**

MEMORIAL SERVICE

FOR ALL PARISHIONERS WHO DIED
DURING THE PANDEMIC

ST MARY'S CHURCH
SATURDAY 23 OCTOBER
11.00

**Those who died shortly before or during the
pandemic were unable to have a funeral service
which all relatives and friends could attend.**

These included:

Val Ager, William Cameron, Roy Colchester,
Michael Denny, Eddie Derrick, Keith Forsdyke,
David Haynes, Anne Herron, Roger Keeble, Peggy Knock,
Fiona MacLean, Dizzy Morgan, Russell Pipe, Barbara Pyett,
Gary Robbins, James Shave, Gordon Tozer &
Fr Timothy van Carrapiett*

THEY WILL BE REMEMBERED BY NAME
AND A CANDLE LIT FOR EACH OF THEM.

**Please contact Fr Philip if anyone has been left out by mistake.*

Everyone is welcome to attend
Coffee & Tea will be served after the service

Monday Morning meet-up



We are now open again!
Every Monday morning
in the Old Schoolroom
10am-12pm

EVERYBODY welcome. If you are on your own, retired, widow, widower, new mum/dad, looking for work or whatever your situation...

Come on down and enjoy free tea, coffee, cake and sausage rolls, plus good friendly company.

There is also a selection of jigsaws, books and magazines to take away free of charge.

Debenham Ladies Badminton Club

Debenham Ladies Badminton Club, now 14 years old, has a loyal group of regular, friendly members of mixed ages and abilities and meets weekly at Debenham Leisure Centre. From September 7th our sessions are on Tuesday mornings from 9am to 10.15am, with the opportunity to purchase tea and coffee from the bar afterwards for anyone who has the time to stay for a chat. A session costs £5 and they are normally run by our professional coach, Jo Hughes, who was the club's founding member and gives us group and individual coaching (all included in the price!!!) in an encouraging and positive manner.

We provide feather shuttlecocks (better than plastic ones) and can lend new players a racquet, making it really easy for anyone to come along and see how they like it.

We welcome new members: so, whether you or are a beginner, experienced player or fancy getting back into badminton after a break, this a highly enjoyable and sociable way of making new friends, and improving wellbeing and fitness. It would be lovely to see you.

You are welcome to just turn up, or, if you have any questions please call or email either:

Secretary Alison Millin, Tel: 07841646569, debenhamladiesbadders@gmail.com

Coach Jo Hughes, Tel: 07947 406476, joannhughes14@gmail.com

Or contact Debenham Leisure Centre on 01728 861101.

I'm a single parent and lost my job during the pandemic. My local Citizens Advice helped me apply for Universal Credit which has been really helpful to cover some of the income I've lost. But I'm very worried about the upcoming £20-a-week cut to Universal Credit, particularly with ongoing school costs - is there any other support out there to help plug the gap?

If you're on a low income or unemployed, you might be able to get help with some of the costs of sending your child to school, including school meals, transport and uniform. It's always worth talking to your local education authority to see what support is available as some of their resources and offerings can differ.

Free school meals

Children in Reception, Year 1 and Year 2 automatically get free school meals. If you have older children you can apply for free school meals if you get certain benefits. In your case as you're on Universal Credit and you applied after 1 April 2018 you would be eligible if you earn less than £7,400 a year without benefits. You can see the full list of eligibility requirements on the national Citizens Advice website – just go to citizensadvice.org.uk and search “school meals” on the site.

Transport

If your children are aged between five to 16, your local education authority might offer free or lower cost transport if you don't live near school or your child's unable to walk there. You need to apply to Suffolk County Council for help.

Uniforms and other costs

Suffolk County Council might also be able to help with some other costs, like uniforms, music lessons or trips and activities. There may also be local charitable schemes to help with these costs, it's worth checking with the school to see if it knows of any. Schools can also sometimes advise on finding secondhand uniforms.

If it gets too much

If you are starting to fall behind on your bills, then Citizens Advice can help. Our Advisers can look at your budget to see if we can help you save money and check that you're claiming everything that you're entitled to.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. For more information and our opening hours go to midsuffolkcab.org.uk.

DOCTOR GOBLINS!

The first full length Children's Novel from Mendlesham's Jack Webb
(JOHN PLAYER – author) and GARY STOCKER (Illustrator)

Now released on Amazon (Paperback and E-book).

Doctor Goblins! marks a departure from the Cedric the Spider trilogy, although the main characters, Doctor Goblins Locum and Ten Ends, first appear in those earlier tales.

Illustrations are, for the first time, in full colour throughout!



Doctor Goblins possess special powers bestowed on them since the beginning of time by Cobalus, The Shadow. Apart from the ability to heal, the Power of Cobalus also enables them to bring everyday objects to life, often with startling results! They are most active at night. If seen by a human in daytime they are immediately petrified in the form of a garden gnome. We follow the interwoven adventures of two doctor goblins, one seeking excitement from his mundane life in Tanglewood, the

other undergoing tests and trials for his apprenticeship some forty years earlier. Their stories are dramatic, combining fantasy with subliminal satire, introducing creatures from nature and folklore, good friends and evil enemies, joyful events, and times of great sadness.



Expect the unexpected!

THE PERFECT CHRISTMAS PRESENT

Available on Amazon or contact John on 01449-768101

TOTE RESULTS

Mendlesham Lottery August 2021			
7th August		21st August	
Roger Burrows	£35.00	Marie Everett	£35.00
Debbie Parker	£25.00	Jackie Williams	£25.00
Simon Colchester	£15.00	Doug Williams	£15.00
Jeff Squirrel	£10.00	Margaret Cutting	£10.00

Mendlesham Over 60's – August 25th 2021

Thirty members attended our meeting on August 25th. It was not a normal meeting!

We discussed getting the club back on its feet. We met in the URC Chapel which will be our best option for further meetings until the promised village hall appears. After discussions it was decided we will meet again on September 29th, at which time members will hopefully have ideas and questions to put to us. Most want us to continue with our normal format of speakers, competitions, flower shows etc as before. Hopefully we will have a volunteer to take over as Chairperson and we will be able to get the Over 60's Club we all know and enjoy back on track.

We had our tea and biscuits and left to ponder questions and ideas for our next meeting. It was so nice to see members after being isolated for so long. Members who could not attend will be notified.

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:

Mendlesham Fish & Chip Shop	15.15 - 15.30
Mendlesham Playing Field	15.35 - 15.50
Mendlesham The Green	16.00 - 16.20

The van's next visit is **Thursday 21st October**

In August, our first face to face meeting for a while gave the opportunity to catch up with everyone's news over a cup of tea. We were pleased to welcome 29 members and three visitors joined us for the evening – the August meeting would normally be our annual Grow, Cook and Sew show.

The Christmas tree decorations prepared for our Abbots Hall tree last year and unused as the exhibition was cancelled were on display and are now ready for this years Stowmarket Christmas Tree festival. The theme is Christmas music and gave our WI knit, stitch and yarn crafters plenty of scope for interpretations of many carols to Santa getting stuck up the chimney. (Festival 26th Nov. to 1st Jan. – confirm dates on the website.)

Six doggy jackets were entered in the competition and more donated for the Christmas boxes for homeless dogs. We are grateful to Julie for coming to judge the entries for us.

It is fast heading to our Annual Meeting in November and we were reminded of the need of new members for the committee. Please consider helping out in some way – you will find it interesting and rewarding.

The October meeting will be in the U.R.C. on Tuesday, 19th

The knit, stitch and yarn group have resumed meetings in the Old School Room on the first Wednesday in the month 10am to 12am. These are an informal meeting making time for some crafting and a chat plus a cup of coffee and a slice of cake. The October one will be on the 6th.

If you are interested in joining us please contact president Anita (766902). You will be made welcome.

New to the Village

We are a friendly village, we have time to talk when out walking and we make people feel welcome and that, say **Rachael and Alan Hopkins**, is the best thing that about moving to Mendlesham.

Travelling the world with just a backpack and an airline ticket takes some guts. This love of travel without the frills has given them the freedom to explore other cultures and places. They have been to Vietnam, Cambodia, India, Australia and New Zealand and they still feel that there are other places to explore. Their love of travel has always been part of their makeup, only pausing to start a family. Holding aspirations and working hard to achieve them is their philosophy and it has paid off.

Rachel set up and ran a Gymnastic Club and Alan was in the police force for 30 years. But a combination of two things made them relook at their lives and they decided to retire early and move from Essex to Suffolk. Alan was diagnosed with a life threatening condition (thankfully now fully recovered) and their two sons had left home, one to complete a PhD and the other to travel the world (clearly the travel bug has been passed down!)

Although they planned to 'slow down' when they arrived in Mendlesham, life seems to have given them new opportunities to speed up! Rachel now works part time as a Cycling Instructor for Schools who participate in the Bike Ability scheme <https://bikeability.org.uk/> run by the Department of Transport. As a qualified Driving Instructor for 14 years, Alan, continued with role and can be contacted at Alan Hopkins ADI 07989 341992. Not contented with that they decided to set up a mobile bar in a Vintage Horse Box to take to functions and events www.nagshed.co.uk and, as covid restrictions lift, the business grows.

Having had some experience in seasonal farm work, when Frogs Farm opened up on the A140, Rachel was snapped up and now works part time on the Sunflower Maze (which children enjoy) and the Pumpkin Patch. (**Google Frogs Farm** for more information). To ensure that she remains fit and active, Rachel recently joined the Stowmarket Cycle Club <http://sdcc.bike/> and enjoys walking with her friends from Essex and the **Mendlesham Walking Group**.

With lovely neighbours and keen to be part of the community, Rachel and Alan have completed the Mendlesham Community Council Questionnaire, feel less new and are looking forward to the return of the many events that happened pre Covid. Mendlesham is fortunate to have new people in our village who appreciate the rural way of life and want to be part of the community.

Rachel and Alan, welcome.

To feature someone you know who is new to our villages and would like a mention, contact me at Judith@milllodge.co.uk or give me a ring on 01449 766327 or Text/WhatsApp on 07770 746619

Proud to be in our Parish

We have some amazing people who live in our village. It was an absolute delight to talk to **Jenny Hall**. Fun, laughter, family, friends, her dog Bear and fundraising for Every Life Counts Rescue, Margs Moggie Cat Rescue and Andjeo Sarajevo, and many more through her page Endless Pawsabilities are the key components to her life in Mendlesham – not to mention working full time and, over the 8 years in the village, renovating a cottage, selling it and moving to her lovely new home, which was also another renovation project.

She is a Suffolk Girl through and through meeting Sam who she married in 2019 (just before the pandemic!) after being together 14 years. She would not want to live anywhere else. The wedding took place at St Mary's Church <https://www.stmarysmendlesham.org.uk/> and they held the reception in their home. Why Mendlesham? Because it is a pretty village with friendly and kind people – many of whom are dog owners!

Sam, works as a Carpenter at GT Carpentry and Building <https://www.facebook.com/GT-Carpentry-Building-1230289200435847> and Jenny is a Finance Operations Manager for an IT company based in Wales. Working from home gives Jenny time for not only walking her own Beagle dog but, after work, focusing on her fundraising. It is not unusual to raise between £2-3K per month to support these rescues which is a phenomenal achievement and one that she is very proud of. If you would like to help her to continue to reach this target visit her Facebook Page – Endless Pawsabilities - <https://www.facebook.com/groups/214699716968963> How did all this start? Her Mum. Inspired by the work her Mum did Jenny and her sister Sammie were inspired to join in. Collecting items for dogs and cats, such as beds, food, towels, blankets etc. selling items on Facebook was how it all began.

What makes Jenny laugh? Her husband, friends and family members! What makes her really angry? Cruelty to animals.

Jenny, talking to you raised my spirits and I am proud to live in a Parish which has people in it like you!

If you would like to feature someone who is proud to be in our parish, let me know. Judith@milllodge.co.uk or give me a ring on 01449 766327 or Text/WhatsApp on 07770 746619

Rural Coffee Caravan

Making a difference to rural communities throughout Suffolk

Come and share a pot of tea, our welcome is warm and our friendship free!

We'll be visiting

10am - 12 noon

Friday 1st October 2021

Mendlesham Community Centre Car Park

It's a great source of information as well as a chance for a chat and some company over free tea, coffee and delicious cake. Please bring along your own chair for this visit. Feel free to bring your own mug too, though we will provide disposable cups.

Anyone and everyone welcome!



www.ruralcoffeecaravan.org.uk tel:01379 855 338



Rural Coffee Caravan is a registered charity. No. 1187423

Performances of Fauré's Requiem and Handel's Messiah
by Stowmarket Chorale

As a choir we are very much looking forward to singing in front of an audience again at the two concerts we have planned for this November. Our chosen venue for both concerts is the United Reform Church, Ipswich Road, Stowmarket where we have often sung in the past. We will be observing all current Covid guidelines.

The works which we will be performing are the Fauré Requiem and John Ireland's Greater Love Hath No Man, on Saturday 6th November and Handel's Messiah on Saturday 27th November, both at 7.30 p.m. The cost of the tickets will be £15 per concert. (Students and children under 16 may attend for free). If you would like to attend both concerts, there will be a £5 reduction overall, i.e. a cost of £25.

We have kept busy during Covid times with Zoom singing sessions and recently with two singing days in Elmswell where we practised the concert pieces.

We are returning to weekly evening live rehearsals at Stowmarket United Reform Church from Wednesday 8th September.

It would be lovely if readers were interested in attending either or both of our concerts. Parking at the URC is limited and restricted to people with disabilities. However, there are several carparks nearby.

You can read more about the choir on our website www.stowmarketchorale.org.uk and on our Facebook page. Concert reservations can be made by contacting Aileen on 07972 668180 or by emailing info@stowmarketchorale.org.uk. where you will be given details of how to pay (bank payment, cheque or on the door).

If you think you might be interested in joining the choir please contact Adrienne Marriott, Membership Secretary at membership@stowmarketchorale.org.uk

Registered Charity No. 280488

MENDLESHAM DIRECTORY

1 st Mendlesham Guides	Emma Munday	768843
3 rd Monday Book Club	Doug Williams	766498
Annual Parish Party	Rachel Roshier	07881 816622
Ancient Order of Foresters	Beatrix Wrinch	07885 909869
Bowls Club	Peter Coleby	766985
Brownies	Brenda Stannard	766308
Com. Centre/Small Hall Bookings	Sharon Jones	766139
Community Council	Carolyn Triscott	766563
Community First Responders	Mike Favager	766007
Computer Club	Giles Godart-Brown	07500 042836
District Councillor	Andrew Stringer	01449 780339
Film Nights	Judith Howard-Rees	07770 746619
F.O.M.S.A	C.P School	766224
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400
History Group	Sue Michell	766434
Mendlesham Parish Party Committee	Rachel Roshier	07881 816622
Mendlesham Camera Club	Mike Favager	766007
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998
Mendlesham Explorer Unit	Jonathan Freeman	01449 766676
Mendlesham FC	George Yardley Angela Lockwood	07894 512712 07845 471154
Mendlesham Toddler Group	Selina Cannings	07925 198581
Mendlesham Walking Group	Judith Howard-Rees	07770 746619
Mendlesham Writers Group	Noel Fletcher	766968
Old School Room Bookings	Daphne Lambert	766320
Over 60's	Annette Taylor	776552
Parish Council & Playing Field	Sharon Jones	766139
Rainbows	Becky Froude	01473 747772
Saturday Cafe	Brenda Player	768101
School Governors	Sharon Jones	766139
St Mary's Parish Church	Father Philip Gray	766359
St Mary's Church Council	Hazel Spalding	768616
Trustees of Charities	Mike Favager	766007
United Reformed Church	Margaret Jackson	766321
Village Recorder for Mendlesham	Geoff Clarke	766447
Woman's Institute	Anita Scruby	766902

If you have any amendments to the information on this page, please email the editor at gemma.green1202@gmail.com or call on 07733 333659 so they can be corrected. Thank you

The New Anne Robson Trust Helpline

Paula Kerswell

www.annerobsontrust.org.uk

If you or someone close to you is dying, you can talk to us. *'No one deserves to die alone'*

The Anne Robson Trust has launched a telephone helpline to provide support to people who are struggling with the imminent death of someone they care about.

Losing someone close can affect us in many different ways, but many of the physical and emotional impacts often come before the loss of life itself. It can be so hard to talk about the emotions we may experience during what can be an extremely isolating time.

For Elise*, having a warm, kind human being on the end of the phone made a huge difference. "I was losing my dad to cancer and feeling at my lowest ebb. The pain I felt was overwhelming, but speaking to the lovely people on the helpline supported me through the awful days, hearing a kind voice and being able to just chat freely was really amazing."

Our volunteers are here for you.

Many of us find talking, or even thinking about death difficult, and it can be particularly hard to open up conversations with our loved ones. Planning for end of life helps us to ensure preparations are made in advance, which can help to give peace of mind to you and your family. Our Helpline Volunteers are here to support you through the process should you wish to start having open and honest conversations about end of life, discuss your last wishes and what might happen if you become ill.

Our telephone helpline is manned by specially trained volunteers to support people across the UK.

The Anne Robson Trust Telephone Helpline number is **0808 801 0688**.

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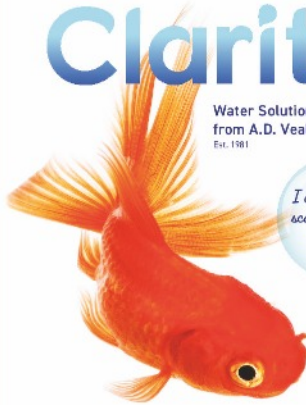
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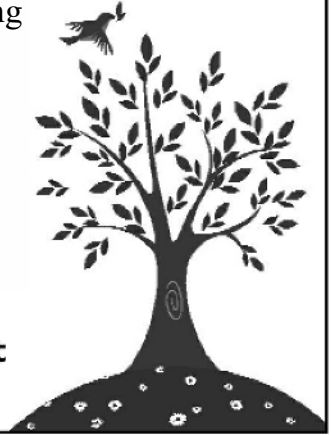
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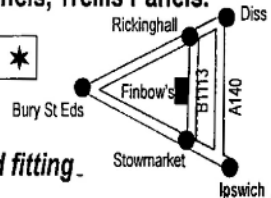
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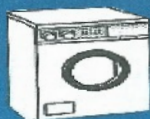
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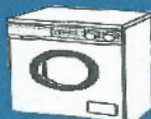
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20th 2.30pm – Anne Scarff

24th 10.45am – Mr Stephen Horrex

Psalm 67: 5-7

⁵ May the peoples praise you, O God; may all the peoples praise you!

⁶ The land has produced its harvest; God, our God, has blessed us.

⁷ God has blessed us; may all people everywhere honour him.

At this time of Year our thoughts in Church turn to our Harvest services, but have you ever thought where our Harvest services come from? Even though we can trace Harvest Thanksgiving back to Greek, Roman and even early Jewish times, within church history it is relatively modern.

It was in Morwenstow, a village on the north coast of Cornwall. In September 1843 it's vicar the Reverend Robert Stephen Hawker, announced, 'God has been very merciful to us this year. He hath filled our garners with increase, and satisfied our poor with bread. . . Let us offer a sacrifice of thanksgiving.'

This was the start of what we now think of as the traditional British Harvest Festival. Victorian hymns such as 'We plough the fields and scatter', 'Come, ye thankful people, come' and 'All things bright and beautiful' helped popularise his idea of harvest thanksgiving, and the custom of decorating churches with local produce became widespread.

Church goers would often spend a great deal of time decorating their churches. Apples are arranged along window sills; bunches of grapes are hung from unlikely places, while bunches of wheat or barley are made. There are often displays of specially made loaves, trays of eggs and bunches of flowers — even, these days, tinned food.

Each gift represents a 'thank you' for food that has grown during the summer and which will keep the population fed during the coming winter.

In some seaside churches, fishermen bring some of their catch to be part of the thanksgiving. In others, coal miners used to offer the coal they had dug from deep in the earth:

Continued on page 44.....

....continued from page 43

Harvest is, after all, a thanksgiving for all the 'fruits' of the earth. When the festival is over, the food is either given away to those in need or sold and the money given to the poor in this or other countries. Any flowers would have been sent to local hospitals.

Harvest-time is actually one of the world's oldest festivals and was celebrated by the Ancient Greeks, who gave thanks to Demeter the goddess of agriculture, and by the Romans, who called her Ceres.

The Jewish people have celebrated harvest or Sukkot (the Feast of the Tabernacles) for over 3,000 years.

Although the Christian harvest festival may be comparatively modern in origin, the celebration of the harvest in Britain pre-dates Christianity.

Farmers would offer the first cut sheaf of corn to one of their fertility gods, in the hope of receiving a good harvest. When the last sheaf to be cut (at the end of the harvest) was thought to contain the Spirit of the Corn, and its cutting was usually accompanied by the ritual sacrifice of an animal — sometimes a hare caught hiding in the corn. Later, the sacrificial animal was replaced by a model hare made from straw — a custom that led to the plaiting of 'corn dollies' which were hung in farmhouses until the following year.

The horse bringing home the last cartload of corn was decorated with garlands of flowers and colourful ribbons.

In the days when farming was a largely unmechanized industry, harvesting was a long and tiring job — and often a battle against the weather.

Consequently, its completion was an occasion for much feasting. When the harvest was 'safely gathered in', a celebratory supper was held to which the whole community was invited. For many of the farm workers, this meal, known as the 'harvest-home', was the biggest and best meal of the year until Christmas. The custom survives in the harvest suppers still held in many of our communities today.

However you plan to celebrate harvest have a good one.

Robert



Mendlesham URC Chapel

Sunday 3rd October
Morning Parade Service at 10.45am
Mrs Mary Durrant

.....
Harvest Praise
at 4.00pm
The Rev'd Robert Sheard
All Welcome



New USAAF 34th Bomb Group Memorial Mendlesham Flower Rota

Steve Pickup
October



ST MARY'S MENDLESHAM

www.stmarysmendlesham.org.uk

You are welcome to worship at any
of our services.

SUNDAYS

9.30 a.m. Parish Mass & Address

First Mass of Sunday:

Saturdays: **10.00 am**

(PLEASE NOTE THE NEW TIME.)

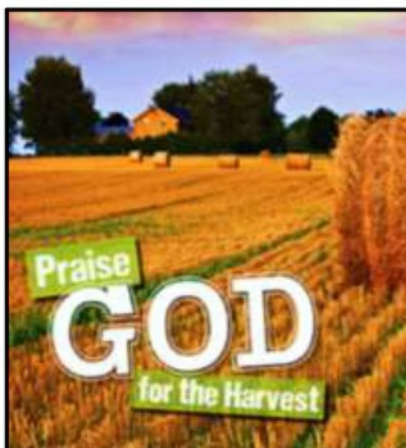
Daily Mass: *see calendar on back
page & check porch notice &
bulletin.*

Daily Morning & Evening Prayer
see porch notice.

For Pastoral visits, Baptism
(Christening), Marriage, Anointing
of the Sick & Holy Communion
from the Reserved Sacrament,
contact Fr Philip

Sacrament of Reconciliation

4.00 pm on Saturdays
or contact Fr Philip



Vicar:

Fr Philip T Gray, B.A. S.S.C.
Mendlesham Vicarage

01449 766359

Churchwardens:

Andrew Fleming

01449 711065

Chris Elstone

07530 769676

WHAT IS OF SPECIAL NOTE THIS MONTH

Mass offered daily. Sunday Parish Mass is also **LIVESTREAMED**

Visit <https://www.facebook.com/stmarysmendlesham/>

3rd Oct	9.30 Parish Mass & Blessing of good clothing, bedding, toiletries for St Martin's Housing Trust Norwich (night shelter)
5th Oct	9.30 – Mass: 10.30 – 12.00 – Coffee morning in church
9th & 10th Oct	HARVEST THANKSGIVING: 9.30 Parish Mass All our harvest produce will go to St Martin's Norwich for the homeless. Vegetables, tins and packets of food welcome
11th Oct	9.30 Requiem Mass – October Anniversaries
12th Oct	9.30 – Mass: 10.30 – 12.00 – Coffee morning in church
18th Oct	ST LUKE: 2.30 pm Mass & Healing Service
19th Oct	9.30 – Mass: 10.30 – 12.00 – Coffee morning in church
22nd Oct	7.00 pm: Soup and Soul Evening in URC for Friends of St Mary's
23rd Oct	10.00: First Mass of Sunday 11.00: A Memorial Service for all our parishioners who died during the pandemic and so were unable to have a proper funeral service. They will be remembered by name and a candle placed on the altar for each of them. ** See list of names on notice. Please contact Fr Philip if there are others to be remembered. Coffee & Tea will be served after the service.
24th Oct	FEAST OF DEDICATION 9.30 Parish Mass & dedication of Friends of St Mary's boxes at the end. We need more to join the Friends. Please ask Jean Martin for details
26th Oct	9.30 – Mass: 10.30 – 12.00 – Coffee morning in church
30th Oct	BRITISH SUMMER TIME ENDS Clocks go back; 1 hr extra in bed!
31st Oct	ALL SAINTS/ALL HALLOWS 9.30 Parish Mass & blessing of November candles for departed loved ones (£6 for month) to burn each day in Holy Cross Chapel. Please order by Sunday 24 th Oct. 2.00 – 3.00 pm: Silent Prayer before the Blessed Sacrament for all who dabble in occult practices. Some people get locked into superstition and astrology, when all they need is Jesus Christ. If, as we believe, God was completely in Christ, then the salvation offered by Christ is complete. So many people today are obsessed by ouija boards, tarot cards, palmistry or psychic phenomena. It is important we remember Jesus is more powerful than all of them

Father Philip writes...

This month we celebrate the dedication festival of our parish church. Many people value St Mary's

for its history and architecture but it is not a museum piece. It is actively serving the spiritual needs of the community and we hope and pray it will continue to serve the needs of Mendlesham for many generations to come.

We must never lose sight of the fact that St Mary's is at the spiritual heart of the community as well as a valuable, historical and architectural resource. Clifford Knowles in a book on the work of Lincoln Old Churches Trust writes these



words: **"I am attracted by the different styles of architecture, the various locations, the stories the buildings tell. The skills of craftsmen who built them and not least by the service they have rendered to the local communities down the centuries. Simply by being there they witness to God every minute of every day. Their presence is symbolic and a visual reminder to the secular world of the 21st century that God is at the heart of human life just as they have been at the heart of their communities for a considerable time. Churches, large or small, ancient or modern, famous or obscure possess the priceless ability to raise the human spirit and make us look beyond ourselves to that indefinable presence whom Christians call God."**



Please give generously to the 'Friends of St Mary's' on the Dedication Festival and ask for a collection box to raise money during the year.

I hope people feel welcome at St Mary's. Someone wrote: "Such perfect churches there may be, but none of them are

known to me. But still, we'll work and pray and plan to make our own the best we can."

The Church must serve the needs of others. If we come to Mass and receive Holy Communion but ignore the needs of other people, our worship is incomplete. This month we shall have a service for those bereaved during the pandemic. We shall also be collection and taking food and clothing at Harvest to St Martin's Norwich for the homeless. All year we support Stowmarket FoodBank.



I believe meeting and receiving Jesus in the Mass empowers us to work to heal the brokenness of society and human relationships and to grow in a spirit of self-giving to others. Mother Teresa said, **"Let us not be satisfied with just giving money. Money is not enough; money can be got,**

but they need hearts to love them." An ancient Jewish saying is:

"God dwells wherever we let Him in."

I suggest we pray:

"Father, help us to be like Jesus. Inspire us by his love and guide us by his example"

THANK YOU

As the Community Payback team has been unable to attend to manage the Churchyard, we are especially grateful to all those volunteers who have freely given time to tend it: to Adrian Palfrey, Graham Baker, Andrew Muskett, Jonathan, to Richard Giffen & Chris who are working hard to prepare and establish a dedicated wildflower and wildlife area and to Andy of Wetheringsett Garden Machinery who has kindly lent and speedily repaired and serviced equipment.

PARISH CHURCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR OCTOBER 2021

Date	Church Festival	Mass	Intention (we pray especially for....)	Parish Intention
1	St Thérèse of Lisieux	9.30	the mission of the Church	Front Street / Old Orchard
2	Holy Guardian Angels	10.00	divided families	Old Market St / Braybrooke Close
3	27th Sunday of Year B	9.30	Parish and congregation	Mill Road and Hobbies Lane
4	St Francis of Assisi	9.30	forgiveness and reconciliation	Chapel Road
5		9.30	those who find it hard to forgive	Church Road / St Mary's Gardens
6		8.00 am	all who reject the Gospel	Brockford Road
7	Our Lady of the Rosary	9.30	a deeper prayer life	Glebe Way
8		9.30	Christian Aid	Freelands
9		10.00	St Martin's Norwich for the homeless	Ducksen Road
10	28th Sunday of Year B - HARVEST THANKSGIVING	9.30	Parish and congregation	Horsefair Close
11		9.30	the departed - October anniversaries	Mason Court
12		9.30	peace of the world	Mayfield Way
13	St Edward the Confessor	9.30	the conversion of England	Mead Way
14		SB	all lawyers	Old Station Rd / Cuttings Close / Schools Close
15	St Teresa of Avila	SB	Priests' Society of the Holy Cross	Middy Close / The Sidings
16	St Margaret Mary	10.00	all who help us	Wash Lane / Oak Farm Lane
17	29th Sun Year B	9.30	Parish and congregation	Norwich Road / Bluehouse Lane
18	ST LUKE	2.30 pm	the sick; Healing Ministry	Mendlesham Green
19		9.30	The Guild of All Souls	Tan Office
20		8.00 am	readiness for Christ's return	Outlying houses
21		9.30	those who suffer abuse	Farms in Mendlesham
22		9.30	Walsingham	Local industries
23		10.00	the bereaved	Pub, Community Centre & places of recreation
24	FEAST OF DEDICATION	9.30	Parish and congregation	Mendlesham School
25		9.30	those who are disabled and infirm	SMF: Patrons of Mendlesham
26	Ss Cedd and Chad	9.30	Additional Curates Society	Village Organisations
27		9.30	Christian unity	Fr Philip
28	SS SIMON AND JUDE	SB	our Bishops	Other places of Worship
29		3.00 pm	all healthcare workers	PCC, Parish and Community Councils
30		10.00	all tempted to the occult	Local Doctors and Nurses
31	ALL SAINTS	9.30	Parish and congregation	Neighbouring parishes

SB = See weekly bulletin - available on website



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