# MENDLESHAM NEWSLETTER



**Issue 451** 

**June 2021** 

# **CLASSIFIED ADS**

## **CHIMNEY SWEEP**

Vacuum and Brush, Andrew Brundell 01449 766614 or 07776 215940 Alarms supplied and fitted by a local engineer with 30+ yrs experience. RING ALAN ON 07425472935 for a free quote

To Advertise here email Keith on shelton@live.co.uk

## Your Local Handyman

Minor repairs around the home
Including taps, immersion heaters
Flat pack assembly
Shed & fence painting
MANY more services provided
Tony 07771 800072
01449 781993
gooderhamt@aol.com

To Advertise here email Keith on shelton@live.co.uk

To Advertise here email Keith on shelton@live.co.uk

## **Hand in Hand**

## **Providing Professional Care**

- Stroke support Cancer care
- Stoma care Personal care
- Dementia care Respite care
- General housekeeping
- Company for times when you are just feeling lonely

'Person centred care, tailoring to your every need is what I deliver. Feel free to contact me for a free consultation'

> Hayley Page MOB: 07551419310 hayleypage253@gmail.com

## Are you on Facebook?

If so have a look for 'Spotted in Mendlesham' &

# 'Mendlesham Green Residents'

pages to keep up to date with what's going on in the villages.

# Email reports, articles, photos and adverts to:

### gemma.green1202@gmail.com

Editor: Gemma Green 07733 333659 Advertising: Keith Shelton 01449 768744 shelton@live.co.uk

## **Paper Copies of Articles to:**

Jean Abbott, 11 Mayfield Way, Mendlesham (01449 766895) Pat Winslett 19 Glebe Way, Mendlesham (01449 767803)

Deadline for July Issue 6th June 2021

We produce 12 issues per year which are delivered to every household in the location of Mendlesham.

Dates for your diary				
June		Page		
1st	Mendlesham Camera Club Zoom Meeting	5		
2nd	WI Zoom Knit, Stitch & Yarn	15		
3rd	Mobile Library	6		
6th	Newsletter Deadline	1		
9th	Ordinary Parish Council Meeting	2		
12th	Mendlesham Walking Group	8		
15th	WI Zoom Meeting	15		

### **Front Cover**

Jennie Lummis

Don't forget to keep up to speed with the URC and Parish Church from page 39 onwards.

### **Editorial**

Welcome to the June issue. At this time of writing the hospitality industry is welcoming back customers and hoping for a return to precovid normality. While some may throw themselves enthusiastically into meeting friends and family inside after all these months, for some the return to social life will take a longer more cautious approach. Whatever you choose have patience and put safety at the top of your agenda.

Best Wishes Gemma

#### THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill, Wetheringsett, Suffolk IP14 5PL

Tel 01449 766139

Email: <u>parishclerk@mendleshampc.org</u>
Web site: <u>https://mendlesham.suffolk.cloud</u>

### Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Mike Exley tel 766246 (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- Sandie Judd tel 0333 006 2706
- David Nunn (Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562
- Sabrina Webb

### **Meetings:**

At the time of writing, as a Parish Council and Trustee, we are now planning to meet in person for our forthcoming formal meetings. At present we do not know what mitigation steps we will need to take with regard to Covid and how this will work. However, this is an extremely welcome step forward as whilst virtual meetings have worked and indeed have been attended by more members of the public for most agenda items than a physical meeting, debate should be much easier face to face.

It is important for transparency and representation reasons that members of the public are able to attend meetings so when we risk assess each meeting/location this will be a high priority. We also expect that any Covid mitigation actions we need to put in place will "dilute" as the summer progresses.

Agendas and notices of any meetings will continue to be published on the Mendlesham web site, via Mendlesham E News and Parish Noticeboards and we will keep you informed of any processes we may need to follow as and when by E News. Locations may also need to change, if we perceive a high interest in a particular agenda item in advance of a meeting.

Please ease note the majority of our meetings will be held in the Old School Room so we have a challenge as to how many attendees we can safely have at any one time but as always will try to do our very best.

**Wednesday 9th June 2021** Ordinary Parish Council meeting Old School Room, Mendlesham 7pm.

**Wednesday 14th July 2021** Ordinary Parish Council meeting Old School Room, Mendlesham 7pm.





# Fully stocked with spring/summer clothing for all the family Open on Tuesdays and Fridays 2pm - 4pm

We are also accepting donations of good quality clothing, please only one bag as we have limited space. You will receive 50% of the sale price. Please ask in the shop for more information.

Safety guidelines are in place. We look forward to seeing you soon!

Located in the green pavilion near the play area. What3words: ///novelist.thin.tint Stocked with new and pre-loved clothing, shoes, jewellery, books and homewares

## **Parish Council:**

### **Quiet Lanes:**

Thank you to everyone who provided comments with regard to this project. At our Ordinary meeting on 5th May, Mendlesham Parish Council agreed to nominate to the project coordinators, the following two locations as Quiet Lanes.

- A. U5217/Hoggars Rd
- B. Oak Farm Lane/Wash Lane/Tan Office Lane

### **DISCLAIMER**

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Council. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

#### Proud to be in Our Parish

Have you visited the 50:50? It is now open Tuesdays and Fridays between 2-4pm. It was opened many years ago and during those years numerous volunteers from our two villages have helped keep it running and fun to visit. One of them is Pat Winslett.

Pat and her husband moved to Mendlesham 32 years ago having previously lived in Onehouse for 17 years. Born in Surrey she went to school there and, little did she know that one day, with 2 children of her own at Stowupland School, she would leave her career as a shorthand typist and train as a teacher. Gaining her qualifications via Ipswich College/Leeds University she is proud to have taught so many young people in Ipswich schools, many who still live in Suffolk.

Retirement brings a new way of life. Serving in the 50:50 Shop and running the accounts for the village newsletter for over 10 years, typing up many an article to submit to the newsletter on behalf of various groups such as the Over 60's Club and Mendlesham Lottery Results, Pat has put her professional skills to good use.

Pat was also involved in helping to start up the Internet Café for youngsters after school. This evolved into a Computer Day Club for all ages which we have today. The café bit (in normal times!) transformed into a SatCaf which offers wonderful lunches and cakes-to-die-for in the Old School Room once a month.

Despite enjoying traveling to far flung parts of the world (including Hawaii) to visit her daughter and her family, she loves living in Mendlesham. With easy access to the A14, visiting her son and his family in Bury St Edmunds is a pleasure, especially now there is a great-grand child. 'I feel comfortable living here' she says, having made many good friends and enjoyed walking her dog in this lovely area. She has also enjoyed playing golf and badminton, uses the village shop, post office and the King's Head! When she has time, enjoys art work and generally contributing and accessing the many events and organisations that, pre Covid, take place throughout the year.

When you next visit the 50:50 shop to pick up that bargain, to find increasing sizes of school uniforms or want to sell on goodies of your own, think of Pat and all the years she enjoyed contributing and perhaps become a volunteer yourself?

If you would like to feature someone you know who is proud to be in our parish, let me know. <u>Judith@milllodge.co.uk</u> or give me a ring on 01449 766327 or Text/WhatsApp on 07770 746619

## MENDLESHAM CAMERA CLUB



The next Zoom meeting will be on Tuesday 1st June at 1900 hours and last about an

hour. The photo theme for this month is for photographs suitable for a jigsaw - we submit the photos to a Dropbox, these will be displayed and discussed. In the second part of the meeting Brian will do a presentation for Julys subject of 'minimalism'.

We hope that in July or August we may be able to return to face to face meetings, but have been grateful to keep in touch via zoom.

The club is a small group of mixed photography ability and new members are always welcome.

For details please log onto the website:http://www.mendleshamcameraclub.co.uk/ or contact mike@favager.co.uk

# 3rd Monday Book Club



We are a group of villagers, that have become friends.

# We meet on the 3<sup>rd</sup> Monday of each month at 7-8pm in person when we can – or on line

We talk about the book that was chosen for us all to read at the previous meeting. We're relaxed and informal (and we have biscuits). If you've ever wondered about joining a book club, why not join us?

Information: 01449 766498, doug.l.williams@outlook.com

**Previously**: 'The Trouble with Goats and Sheep' (Suburban); 'Our House' (Howdunnit); See Jane Run (Psychological thriller); Conversations with Friends; The Hopes and Dreams of Lucy Baker (Romantic Fiction), Milkman.(tbd), The Western Wind (historical whodunnit); We have always lived in the castle (mystery Thriller); The Mars Room (Prison novel); Free read (summer); All That Man Is (literary fiction), The Wall (Science fiction); Mrs Palfrey at The Claremont (novel); The Catcher in the Rye (coming of age novel)

### **Parish Council:**

### **Mid Suffolk District Council Consultation:**

Mid Suffolk District Council have just launched a public consultation around cycling and walking Infrastructure.

They hope this will give residents and communities the opportunity to let them know about improvements they would like to see regarding their local walking and cycling routes and facilities. The consultation will help them to develop their Local Cycling and Walking Infrastructure Plan.

The platform for engaging with this consultation, as well as further information and context about the consultation, is available online and will remain open for two months:

https://baberghmidsuffolkactivetravel.commonplace.is/

In order to contribute to this consultation, people simply need to click on "View map and comment", then "Have your say". The platform will then invite users to place a 'pin' on the map, to identify the location that any comments or suggestions refer to, and then answer a few short questions about how Walking or Cycling can be improved in this location.

It is hoped this will be an agenda item for the Mendlesham Parish Council meeting to be held on 9th June. Please do not hesitate to copy the Parish Council into any views you may provide direct to Mid Suffolk District Council.

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:

Mendlesham Fish & Chip Shop	15.15 - 15.30
Mendlesham Playing Field	15.35 - 15.50
Mendlesham The Green	16.00 - 16.20

The van's next visit is Thursday 3rd June

# Friends of Debenham Library

See www.suffolklibraries.co.uk/coronavirus for the latest details

Our shelves are full, so why not come and take some books out? We are open for browsing, computer use, printing and collecting reservations.

# Did you know....?

Ancestry and Find My Past can both be used in the library subscription-free.

Discover your family history and ancestry!

Outside the library on the wall of the school hall there are four new swift boxes—we hope to see some occupants soon! The garden is looking good too.

We hope to resume films and other events when circumstances permit, hopefully in the Autumn.

For free audiobooks, ebooks, films, newspapers/magazines and other online services, use your library card at <a href="www.suffolklibraries.co.uk">www.suffolklibraries.co.uk</a>. There are also podcasts and videos available on the YouTube channel (SuffolkLibraries).

School corner, Debenham IP14 6PL (next to the Primary School).

Opening hours:

Tuesday: 0930 am – 1300 pm Wednesday: 1500 – 1800 pm Saturday: 0900 am – 1300 pm Sunday: 1200 – 1600 pm

\* Please note that the library will close at 6pm on Wednesdays until further notice...

Tel: 01728 861940

www.suffolklibraries.co.uk/visit/locations-and-times/debenham-library

Facebook: @DebenhamLibraryFriends

Email: debenham.library@suffolklibraries.co.uk

# Mendlesham Walking Group

# Hope you have been able to enjoy the **Discover Suffolk Mendlesham Village Walks Leaflet**

It was delivered with last month's newsletter
For more copies visit our Village Shop or the entrance to the
Mendlesham Woodland and you can download it from
the Parish Website.

## We are restarting the walks!

At first they will be short, slower walks of about 1 hour and local.

Come and join us!

# Saturday 12th June 2021 Community Centre Car Park 10.30am

Stay safe and keep walking!





Contact Judith on 07770 746619 or email <a href="mendleshamwalks@gmail.com">mendleshamwalks@gmail.com</a>
to be added to the Email Circulation List or for more information

See Mendlesham Parish Website for further information about local walks

<a href="http://mendlesham.suffolk.cloud/clubs-and-organisations">http://mendlesham.suffolk.cloud/clubs-and-organisations</a></a><br/>Select 'Walking Group' or just Google 'Mendlesham Walks'

### New to our village

The recent expansion within our village has brought new people from all walks of life and places. My experience of meeting these 'incomers' has been wonderful – namely because they all seem to *want* to come and live here. In short they have *selected* to move here because it is such a nice place to be - it has a real sense of community.

One couple in particular stands out: Tom Peers and Ashley West-Evans. They moved here in 2019. Hailing originally from Northern Canada (Tom) and South Africa (Ashley) they met on a Wild Life Conservation project. With Ashley's family being in Buckinghamshire and after a 'long distance' romance they eventually settled in the UK and came to Mendlesham.

Through volunteer work and then paid work associated with wild life conservation and rehabilitation projects, Tom soon qualified in Forestry Management and was able to leave his role as a Registered Nurse to work exclusively in wildlife conservation. Tom is now the Conservation Officer at the East Anglia Museum in Stowmarket (a great place to visit - see <a href="http://eastanglianlife.org.uk/visit-us/opening-times-admission/">http://eastanglianlife.org.uk/visit-us/opening-times-admission/</a>). Ashley is a freelance artist.

In addition, together, Tom and Ashley have created their own business providing Foraging and Folklore Tours around Mendlesham (see <a href="https://www.forageandfolklore.com/">https://www.forageandfolklore.com/</a>)

'Why did you chose Mendlesham?' I asked. The answer came without hesitation – the rural setting, the strength of the community and the direct connections with the seasons. On their regular foraging and folklore tours, they are constantly surprised by the reaction of their customers. The most notable reactions are 'We've never been to Mendlesham before!'; 'The history and heritage is amazing, especially St Mary's Church!'; 'The peace and quiet! We can't hear anything but the birds while eating our picnic!' By promoting our lovely village and surrounding countryside, Tom and Ashley feel that they are making a difference for the future. Tom and Ashley feel that by opening people's minds to the countryside, recognising the importance of wild life and agriculture, appreciating the peace and quiet and giving time to connect with friends and neighbours that they have helped people make lifestyle choices that maintain the essence of rural communities like ours.

The Discover Suffolk Mendlesham Village Walks leaflet covers some of the areas where Tom and Ashley lead tours and highlights the importance of following the Countryside Code as they walk the public footpaths.

Tom and Ashley, it's been great to meet you!

If you would like to feature someone you know who is new to our villages, let me know. <u>Judith@milllodge.co.uk</u> or give me a ring on 01449 766327 or Text/WhatsApp on 07770 746619



# Bike / Hike 2021



## Raising money for Mendlesham Scout Hut project

During the month of June we are challenging people to complete a sponsored bike ride or walk.

We have 4 challenges for you to choose from:

- Mini Miles
- Choose Your Own Adventure
  - District Challenge
    - Super Suffolk

You can find out details of each challenge on our website.

You can complete your walk or ride any time throughout the month of June, to suit you.

You can do your chosen challenge all in one go, or break it down into a number of rides / walks.

For more details, to register and download a sponsorship form please visit www.1stmendleshamscouts.org.uk

## Continued from page 15 in the May issue

## **Past Times**

The preaching was that known as 'liberalism' or 'fundamentalism'. Often the sermon consisted of a string of isolated texts with utter disregard for their context, quoted to bolster up a pre-conceived theory of the preacher. Conversions were often the result of the reaction from fear of some possible disaster in a future existence or the longing for a state of bliss as a reward for good behaviour while on earth. Before the introduction of a musical instrument in the Nonconformist chapels, the singing was led by a deacon who sounded a note on a pitch-pipe and read out the verses one by one. The reason for this was that many of the congregation were unable to read or could not afford to buy a hymn book. Much controversy was evoked by the introduction of the pipe organ into some of the chapels. It was considered to be an instrument of the devil; and the singing of 'amen' at the end of the hymn raised protests on the ground that it savoured of Romish practices. At the close of the morning and evening services, weather permitting, a walk around the town or a visit to the local cemetery was the chief form of exercise for the day. The visit to the cemetery was actually a morbid ritual. All the latest graves were inspected, the wreaths and flowers admired and the captions on the attached cards eagerly scanned Comments, adverse and favourable, on the departed individual were freely exchanged. All the relatives of the deceased person, dressed in deep mourning, would gather round the grave. Perhaps the most enjoyable part of the Sabbath day came after the close of the evening service. Our parents would invite some of their friends to our home and we would sing unaccompanied, a number of our favourite hymns. It was a fitting close to a worshipful and busy day, for we sincerely believed that 'A Sabbath well spent, brings a week of content. All very commendable, but were they worshipping God or Sunday? As the Blacksmith in Akenfield lamented: "Suffolk used to worship Sunday not God. Any'oody with a mite of common sense could see how useless it was. Chapel, chapel, chapel, Sunday, Sunday, Sunday. Best suits. What were they trying to do? There were so many of them they could have set the whole village on its ear had they followed Jesus. But all you heard them say was Sunday."

## Church Goers and Chapel Goers (Mendlesham) by Walter Tye (1950s)

Almost everybody in the Mid-Suffolk village of Mendlesham, during the nineties, went to church or chapel on the Sunday. Should anyone stay away altogether, s/he was suspected of evildoing or infidelity, which was rare. Thus, it was that the three places of worship, St Mary's Church and the two chapels (the Strict Baptist and Independent) were usually full. In fact, unless you went early on the Sunday evenings, it was difficult to find a seat in the church, although the seating capacity was close to 500. Certain families for generations, had sat in the same pews, where any attempt to intrude was met with a scowl. Although Mendlesham was well provided with places of worship, the more fastidious went as far as the Plymouth Brethren Meeting House at Stowmarket, to satisfy their spiritual appetite. Others attended Mr Thomas Lingwood's barn at Brockford, which he had fitted up as a Chapel. Most Mendlesham folks those days looked forward to the sabbath, not only as a day of rest and worship, but as an opportunity for meeting old friends. What a lot of handshaking, and vigorous too, they had in those far-off days, particularly amongst the dissenters. It was not unknown for the visiting preachers at the anniversary services to return home with a right arm in a sling.

Like most mid Suffolkers in late Victorian times, the Mendlesham folk were very puritanical, both as regards religious views, a relic of Cromwellian times, when most East Anglia's leaned towards Puritanism. Maybe too, the Mendlesham folk had not forgotten the Marion persecution, when 24 villagers suffered either martyrdom at the stake, or death in the cornfields through privation. Even as late as the 90s. One often heard amongst the older inhabitants. How that "Bloody Queen Mary" could still be seen driving her headless horses at midnight down the Hundred Lane to Gipping Hall, who meet her confederate, Sir Walter Tyrrell. (To test this ancient belief, my father placed sheep hurdles across the lane. Sure enough, next morning they were found knocked down. But there was a strong suspicion that human hands had been responsible, to prove their case).

Anyhow, whatever the cause, Mendlesham was still puritanical in the 90s. In consequence, horseracing, theatre going and card playing for money were taboo. I cannot remember a single villager ever going to the Newmarket racecourse during the 90s. As for reading, this was still confined to the Scriptures, Foxe's book of martyrs, old Moore's almanac and the weekly paper, the Christian Herald which is still read in the village today.

A few young people read Margaret Catchpole and Maria Martin and the Red Barn, but not openly. As for Shakespeare, Dickens and Scott, they were only read by the so-called educated, who were relatively few.

Continued on page 13.....

### .....Continued from page 12

The observance of the sabbath in late Victorian times, was regarded much more seriously than today. No one ever thought of doing any but essential work on the Lord's Day. Whatever the circumstances, the fourth Commandment had to be obeyed. Should anybody merely suggest that a valuable crop might be got in on the Sunday. He was quickly reminded of the "man in the moon", who, as it was often said, was banished there for gathering sticks on the Sunday.

The women folk to have their own ideas about "keeping the sabbath day holy". On Friday they carried out the weekly bake in the old brick oven. Saturday was set apart for scrubbing and cleaning to keep the Sunday clear. On no account would they cook on the sabbath. Even the visiting local preachers had to put up with a cold dinner or a warmed-up rabbit pie. One local preacher, when asked to save the usual "Grace before meals" was reported to have said

"rabbit hot and rabbit cold, rabbit young and rabbit old, rabbit tender and rabbit tough thank the Lord. I've had enough."

Although welcomed by adults, the Victorian Sunday was rather trying to children, especially boys, who missed their weekday activities. Dressed in their Sunday best clothes with strict orders not to "dirty" them. They were expected to attend the normal church or chapel services as well as the Sunday School.

To be continued in July's newsletter....

# **TOTE RESULTS**

Mendlesham Lottery April 2021						
3rd April		17th April				
Eileen Clements	£35.00	Sarah Percival	£35.00			
Mary Harrill	£25.00	Mr & Mrs T Saunders	£25.00			
Mark Kendall	£15.00	Emma Blyth	£15.00			
Chris Avery	£10.00	Pris Colchester	£10.00			

1st May			
Jess Bryce	£35.00		
Mike Lawrence	£25.00		
Brian Palmer	£15.00		
Kim Monksfield	£10.00		

### MENDLESHAM OVER 60s CLUB

It has been a very long time since we have been able to meet. We hope all our members have stayed safe.

I have to inform you that our Chairperson, Tina Russell, has resigned and also our Vice Chair. The rest of the committee are hoping that once things ease we will endeavour to keep the Club going. So we would like all of you to think of persons who could be willing to take on these roles.

Unfortunately, during lockdown, the council has sold the small Community Hall so we have to secure a new venue because the large hall will not be available during school hours. They have promised a new village hall to be built but I cannot see that happening in the near future. However, rest assured that as soon as we are allowed to meet again, and find a new venue, we will be in touch with all our members.

We hope you can come up with suggestions for new Chairpersons and ideas as to where we go from here. All proposals will be welcomed.

Take care and we will be in touch as soon as we can.

### Over 60s Committee



## Stowmarket Wildlife Group - Suffolk Wildlife Trust

### **JUNE 2021**

We expect to be able to hold meetings again from June. Our first talk will be:

**Wasps** on **Wednesday 30 June** at 7.30pm in the Village Hall, Stowupland, IP14 4BQ

## The speaker will be Hawk Honey

Please check the Suffolk Wildlife Trust website at www.suffolkwildlifetrust.org/events for updates about this event.

We hope to be able to enjoy further meetings and events in 2021, including celebrating the anniversary of the formation of our group. Up to date information will be available on the website.

### CONTACT

John Thompson - 01449 676471 - swtstowmarket@gmail.com



# **MENDLESHAM W**

WI continues to meet via zoom – our knit, stitch and yarn group 'yarned' this week (5<sup>th</sup> May) and plan to meet at least once more on zoom on Wed., 2<sup>nd</sup> June.

Our April full meeting had 20 members log on and we started with a minutes silence to remember our fellow member and dear friend Dizzy Morgan. We completed some WI business – a plea for volunteers to join the committee; a vote on the resolution being proposed at the National AGM regarding a call to increase awareness of the subtle signs of ovarian cancer; and a look at our bank balances – which look healthy. Members are able to log onto the National AGM on June 8th via zoom for £9 per log on, and need to apply via the National 'My WI' web site for access. Guest speakers include HRH Countess of Wessex, Dame Cressida Dick and Rt. Hon Baroness Hale of Richmond.

Discussion followed regarding the anticipation of face to face meetings from July and if we should have a competition of some of our Grow, Cook and Sew classes at the August meeting. It was decided to have just one class – the knitted dog coat with the Joan Rogers Memorial award being presented to the winner. The dog coats will be donated to charity for homeless dogs. The pattern was in our 2020 schedule, but if you need a copy please talk to Shirley.

The Easter card, bunch of daffodils and chocolates delivered to all members were much appreciated and we thank the committee for this lovely thought.

Our speaker was introduced – Sarah Clarke of FCC Environment – the Recycling Centre side of waste disposal - to talk to us about recycling and what goes where. Glass and tin still seem to be the best containers as they form a closed loop and can be recycled forever. The talk proved very interesting and Sarah answered many of our questions. She posed us a quiz about recycling – the winner being Maria – now the proud owner of a pink dustbin shaped pen tidy. The answer to the tie breaker question – how much of Suffolk's waste was recycled last month – an extraordinary 73%! We must all work harder to reduce waste.

The June full meeting will be on zoom on the 15<sup>th</sup> at 7.30pm. Depending on the weather and legislation at the time it is hoped to hold an outdoor meeting in May and/or June and in anticipation of groups being able to meet indoors, the U.R.C. has been booked for July and August. Fingers crossed!

We continue to be grateful to Giles for facilitating our zoom meetings.

If you are a member or a prospective member who would like to be included please contact president Anita (766902) for the link into the meeting. You will be welcome.



# EADT Token Collection



1st Mendlesham Scout Group are collecting EADT tokens to raise money to build a new scout hut.

Please save your tokens for us.

They can be dropped through the door at 9, The Green, Mendlesham Green

MENDLESHAM DIRECTORY					
1 <sup>st</sup> Mendlesham Guides	Emma Munday	766096			
3 <sup>rd</sup> Monday Book Club	Doug Williams	766498			
Annual Parish Party	Rachel Roshier	07881 816622			
Ancient Order of Foresters	Beatrix Wrinch	07885 909869			
Bowls Club	Peter Coleby	766985			
Brownies	Brenda Stannard	766308			
Carpet Bowls	Kenny Ager	766146			
Com. Centre/Small Hall Bookings	Sharon Jones	766139			
Community Council	Carolyn Triscott	766563			
Community First Responders	Mike Favager	766007			
Computer Club/Saturday Cafe	John & Brenda Player	768101			
District Councillor	Andrew Stringer	01449 780339			
Film Nights	Judith Howard-Rees	07770 746619			
F.O.M.S.A	C.P School	766224			
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400			
History Group	Sue Michell	766434			
Mendlesham Parish Party Committee	Rachel Roshier	07881 816622			
Mendlesham Camera Club	Mike Favager	766007			
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998			
Mendlesham Explorer Unit	Jonathan Freeman	01449 766676			
Mendlesham FC	Tim Mack Angela Lockwood	07909 810681 07845 471154			
Mendlesham Toddler Group	Selina Cannings	07925 198581			
Mendlesham Walking Group	Judith Howard-Rees	07770 746619			
Mendlesham Writers Group	Noel Fletcher	766968			
Old School Room Bookings	Daphne Lambert	766320			
Over 60's	Tina Pipe	766339			
Parish Council & Playing Field	Sharon Jones	766139			
Rainbows	Becky Froude	01473 747772			
School Governors	Sharon Jones	766139			
St Mary's Parish Church	Father Philip Gray	766359			
St Mary's Church Council	Hazel Spalding	768616			
Trustees of Charities	Mike Favager	766007			
United Reformed Church	Margaret Jackson	766321			
Village Recorder for Mendlesham	Geoff Clarke	766447			
Woman's Institute	Anita Scruby	766902			



# Wiggles & Snuggles Pet Care



care for all animals big or small

Pet Sitting Dog Walking Small Animal Care Large Animal Care Small Holdings

Caring for your pets as if they were my pets

DBS Certificate

Fully Insured

Contact Claire 01449 767861 / 07415953659

wigglesandsnuggles@gmail.com

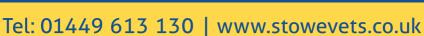


For a professional caring service

Local Stowe Veterinary Group Surgeries at:

- Bury St. Edmunds
   Elmswell
- Needham Market
   Ipswich
- Stowmarket

54 Bury Road, Stowmarket, Suffolk IP14 1JF



# **Acorn Kennels**

Jodi Palmer Dragon Cottage

Wash Lane Mendlesham

Stowmarket Suffolk

IP14 5TD



For Enquiries or Bookings please call:

01449 767012

www.acorn-kennels.co.uk

Fully licenced and insured Friendly and personal care Opening hours

Mon - Sat 9.00am to 12 noon

Visitors welcome other times by appointment



# Swimming Lessons

Private one-to-one swimming lessons nr Wetheringsett
30 min sessions on weekday evenings and weekends available
All ages (including babies from birth) and abilities
Experienced, STA Qualified, CRB checked and Insured
Call 07910 376 906 or Email theswimteacher@yahoo.com for details

# **HAYWARDS**

— SOLICITORS —

- Conveyancing & Energy Performance Certificates
- Divorce, Separation, Childcare, Adoption and all other Family/Matrimonial problems including Collaborative Law
  - Wills, Probate and Inheritance
    - Elderly Client Care

CAR PARK AVAILABLE FOR USE BY CLIENTS AT OUR OFFICES AT

7-9 TAVERN STREET, STOWMARKET

Telephone: (01449) 613631

email: enquiries@haywards-solicitors.co.uk www.haywards-solicitors.co.uk



# THE AREAS LARGEST STOCKIST OF CARPET, VINYL AND BEDS

# 10% DISCOUNT ON ALL CARPET, VINYL & BEDS ON PRODUCTION OF THIS ADVERT

ADVERT MUST BE PRESENTED AT TIME OF ORDER TO RECEIVE DISCOUNT (EXCLUDING REMNANTS & SPECIAL OFFERS)

## FREE MEASURING AND ESTIMATING SERVICE AVAILABLE

UNIT 15, CHARLES INDUSTRIAL ESTATE, STOWUPLAND ROAD, STOWMARKET, IP14 5AH. 01449 615861

# **4 CLEANRIGHT**

CARPET, RUG & UPHOLSTERY CLEANING SPECIALISTS

FULLY INSURED - WE MOVE FURNITURE NON-FRANCHISED. RELIABLE PROMPT SERVICE

CARPETS Lounge from £20. RUGS From £5 UPHOLSTERY From £25

**DOMESTIC – END OF TENANCY - COMMERCIAL**PLEASE CALL US FOR A FREE QUOTE

TEL 01449 711687

## Free advice on all your double-glazing enquiries including:

- 'A' energy-rated UPVC windows
- Doors
- Conservatories
- Rain water goods i.e. fascias, soffits, guttering and downpipes

Removal and full replacement of the above.
All repair work undertaken e.g. sealed units,
window/door handles, adjustments to windows/doors
Replace your old polycarbonate conservatory roofs
with 'A' rated self-cleaning glass

Enquiries to Michael Brame (Bacton)01449 781533 or mob.07931 784470



# Unisex Salon For all Salon Services

Including perms, colouring, tints, highlights, cuts, blowdrys, etc

Only the best products from GOLDWELL are used.

Also offering a waxing service at competitive prices

Phone GILLIAN
For your appointment now on 01449 766568
or 07795 087670

The Brambles, Green Road, Mendlesham Green IP14 5RF



SUFFOLK

# GARDENING THYME

Mowing, Planting, Pruning, Training, Hedges, Tidying, Feeding

07736 348 545 | @suffolkgardeningthyme suffolkgardeningthyme@gmail.com

# ALL SEASONS LANDSCAPE GARDENING

Garden Landscaping • Turf Laying • Paths & Patios Garden Maintenance • Hedge Cutting • Fencing Specialise in Low Maintenance Gardens

Established since 1998 Fully Insured & Guaranteed

For FREE estimates and more information on our service call Simon on

01449 720221 / 07922 035204

email: suffolksi68@gmail.com www.allseasonslandscapegardening.co.uk



Unit 46 Red House Farm, Bacton, Stowmarket, IP14 4LE 01449 780446

We are a local family run garage you can trust. If you need some advice or any repairs/services carried out give us a call today

Painting & Decorating
General Property Maintenance
Window Cleaning & Gutter Clearance
Carpentry and Joinery

# STEVE'S HANDYMAN SERVICES

Please call me to discuss your requirements Fully insured

Steve Mountain

- 2 Fairfield Cottage, Thorney Green,
- Stowupland, Stowmarket, Suffolk, IP14 4AD

07764 373680



## **David Foster Heating**

Local Heating & Plumbing Engineer
Boiler Servicing & Repairs
Boiler & Central Heating Installations
Water Softeners, Pumps, Valves & Programmers fitted



e-mail: davidfosterheating@gmail.com





# YOUR RELIABLE LOCAL PLUMBER



# Mark Jardine

Anglian Water Approved Plumbing & Heating



- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

Tel: 01728 628291 Mob: 07854 924 801

Email: mgjardine@btinternet.com

# **Optimal Heating**

Father & Son Team with over 30 years experience

Specialist Heating Engineers
Oil, Natural Gas & LPG Servicing and Repairs



Tel: 01728 628687

Mobile: 07806 660399





# **Design - Manage - Build**

All Electrical systems covered New installs - Rewires

Fault finding and Rectification - Process control
Electric motors and Gearboxes
Condition reporting

General building - Landscaping - Extensions
Conversions - Made to Measure Kitchens
Cart Lodges - New Builds

Full design / planning and consultancy service
Garden / Ground clearance

Call Will Baker on 07387 075632 info@owl-ebs.co.uk www.owl-ebs.co.uk

18th Edition Part P Approved Electrical Installer

# GRAHAM MOORE ELECTRICAL LTD

Blacksmith Cottage, Silver Street, Old Newton, IP14 4HF For all your electrical needs



For a friendly and efficient service Call Graham on Tel: 01449 616946 Mobile: 07867 560357

FREE ESTIMATES ALL WORK GUARANTEED

To Advertise here email Keith on shelton@live.co.uk



## Stowmarkets Independent Family Funeral Service

24 Hour Personal Service • Private Chapel of Rest • FREE Parking



Telephone: 01449 771666 www.andrewbingham.co.uk



The Nutshell, Milton Road South, Stowmarket, Suffolk IP14 1EZ



# L. Fulcher

FUNERAL DIRECTORS & MEMORIAL CONSULTANTS

01449 613033

58, Ipswich Street, Stowmarket IP14 1AD

We'll guide and assist you through all the funeral arrangements. Call us 24 hours a day.



Low Cost Funeral Options available without any compromise on service





DOMESTIC OVEN CLEANING By the UK's leading oven cleaning company



NON caustic, fresh solution every time. Hobs, Extractors and Microwaves Aga's and Ranges

PHONE JOHN DYER on 01359 259818 or 07835 256967 www.ovenclean.com

# TIME FOR YOU™

DOMESTIC CLEANING

### Are you tired of cleaning?



We have the right cleaner waiting to help you.

Regular - Weekly - Cleaner

01359 258991

Typically £13 per hour www.timeforyousuffolk.co.uk



# MID SUFFOLK MOBILITY

## Open Tuesday to Saturday

- Scooters, Wheelchairs
- Recliner Chairs
   Bath Lifts
- Stair Lifts and much more
- Competitive Prices





Finbow's Yard, Bacton, Stowmarket

Tel: 01449 781804



DESIGN | PRINT | PROMOTION

Tel: 01449 721599 | www.gippingpress.co.uk | enquiries@gippingpress.co.uk Units 1&2, Lion Barn Industrial Estate, Needham Market, Ipswich, Suffolk IP6 8NZ

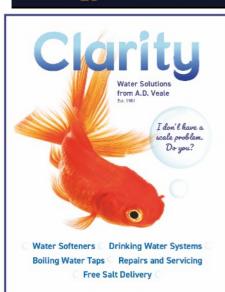




GT CARPENTRY & BUILDING



GTCARPENTRYANDBUILDING



www.clarity-water.co.uk 01379 871020 info@clarity-water.co.uk

THE GABLES, EYE ROAD, BROME, EYE, SUFFOLK IP23 8AL

# smile

and let me take care of your holiday, all you have to do is enjoy

Book with confidence

Travel is my passion and with over 29 years of travel knowledge and experience, you can relax knowing you're in safe hands.



- Fully Financially Protected
- Independent expert advice
  - ABTA & ATOL bonded

Sarah Green 01449 797221 sarah.green@hays-travel.co.uk haystravel.co.uk/sarah-green

- Sarah Green at Hays Travel
- sarahgreen haystravel



Hays Travel

## Life Changing Hypnotherapy

Experience this effective, relaxing therapy for help with:

- Stopping smoking
   Weight loss
- Confidence issues
- Stress and anxiety
   Overcoming fears and phobias

## Free initial consultation

Wendy Chalk BA (Hons), HPD, MNCH

07817 158429 or 01449 780352 www.wendychalk.co.uk

# Providing Personal Care in your own Home



# Do you need help with:

Personal Care
Dementia Care
Respite Care
Help Around the
House
Day Trips Special
Occasions

Request a
Brochure or book
an appointment
on 01449 763086
or 01284 711845

We only employ people who love to care.



www.mycare-athome.co.uk

# B7LT Electrical Services

New Build & Extensions • Electrical Repairs
Renovations & Rewires
Consumer Unit Upgrades
Alterations & Additions
Testing & Inspecting • Certification

Chris - 07969 472540 boltelectrical@mail.com





## Pernickety Kate Proofreading & Editing

# What are you writing?

Are you ready to go public? After all your hard work, you want to be sure it's clear, correct, consistent, logical, flowing, and suitable for your readers.

I can help!

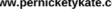
Experienced, flexible, friendly editor and proofreader, for that professional polish.

Call Catherine today! 07501 851411 01449 768917

Or email:

catherine@pernicketykate.co.uk
Website:

www.pernicketykate.co.uk



# RSA PEST MANAGEMENT SERVICES HAUGHLEY

Tel No: 01449-672083 Mobile 07745-771516

# **GAME OVER**

For

Rats, Mice, Moles, Rabbits, Squirrels, Ants, Wasps, Flies, Birds, Bees, Cockroaches, Bed bugs, Fleas, Woodworm etc...

30 year guarantee available on timber treatments, damp proofing Deer & Fox Management

# Fully qualified and insured

For a service you can rely on for effective control of farm, garden and households pests.



Members of the National Pest Technicians Association Unmarked vehicles and discreet service











Is your garden over run with Moles?

Do you have a wasp nest?

Are your paddocks over-run with rabbits?

For ALL your Domestic / Commercial Pest Control

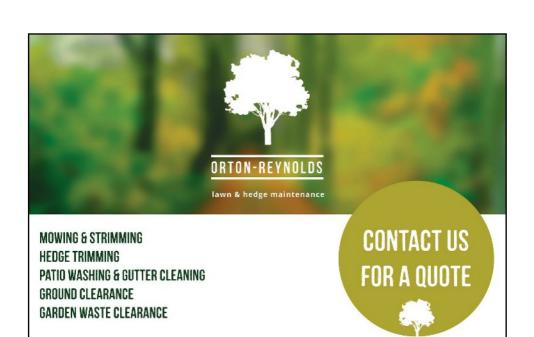
Woodworm treatment available.

No obligation – free survey/quotes.



Pest infestation can damage your health and your home. Recent surveys show that numbers of mice/rats and bed bugs found in UK homes are on the rise. As Local Authorities are cutting back on free pest control services. We are here to offer you a service at the right price.

Please call for a chat on 01379788865• 07809226109• 07518731106 www.safeandsoundhygieneandpestcontrol.co.uk



T: 07738 230549 E: mail@ortonreynolds.co.uk W: www.ortonreynolds.co.uk



# STACKYARD NURSERY

# New Garden or Old?

We can supply you with

Trees, Shrubs and Perennials

and provide an onsite

Garden Consultation Service £30

Old Station Road, Mendlesham, Suffolk IP14 5RS

Nursery 01449 768078 Mobile 07951 590057 Karon@StackyardNursery.com www.StackyardNursery.co.uk

# Narey's Garden Centre

FOR ALL OF YOUR GARDENING NEEDS

Shrubs - Roses - Perennials - Annuals
Indoor Plants - Compost - Paving - Walling
Fencing - Water Features - Bird Baths
Garden Furniture - Tools - Sundries
AND MUCH MORE

CAFE NOW OPEN

Find us at Spikes Lane, Stowmarket Tel: 01449 612559



# J. LAWES

STATION ROAD, BACTON

# HARDWARE · IRONMONGERS GARDEN AND BUILDERS SUPPLIERS

Including Sand, Ballast and Cement in large or small quantities.

FENCING · GATES · GARDEN SHEDS · PEAT / COMPOSTS · LAWNMOWERS CHAINSAWS · PAINTS · HAND TOOLS · POWER TOOLS - HD & DOMESTIC ELECTRIC CABLE & FITTINGS · DOUBLE GLAZING · PVC SHEETING

All types of Timber. Timber prepared. Lap Fencing Panels, Trellis Panels.

**★** Granular and Nut Salt ★ Timber Patio Decking ★

Plywood, Chipboard & Hardboard Sheeting,
Drainpipe and Fittings, Full range of Copper Pipe and fitting.

Rickinghall

Bury St Eds

Stowmarket

Pariets.

Diss

Stowmarket

pswich

Open Mon - Sat 8.30am to 5.30pm

Delivery on all items (including Calor Gas)

- Credit Cards accepted

Tel: Stowmarket 01449 781452

# nexusheat<sup>®</sup>







Nexus Heat offer a complete supply and installation service across a wide selection of traditional and contemporary Woodburners, Multi-fuel, Pellet and Gas stoves. Our beautiful showroom is always filled with a varied display from top manufacturers such as Heta, Parkray, AGA and Bellfires amongst others.

- m www.nexusheat.co.uk
- **(01379)** 671168
- info@nexusheat.co.uk
- Maltings Barn, Hinderclay Rd, Wattisfield, Diss, Suffolk, IP22 1NF

## PALMERS BAKERY

Est. c1752



## **Traditional Family Bakers & Confectioners**

"Two hundred years of Experience" Baked Daily in Ancient Brick Ovens by Craftsmen with local ingredients

> HAUGHLEY WOOLPIT

### STOWMARKET

(Station Road opposite the Parish Church) 01449673286 01359 242700 or 01449 613088

**Largest Stockists of Tiptree** Jams & Marmalades in East Anglia Suffolk Honeys & James White Juices **Butterworth's Teas & Biscuits** Free Range Eggs & Local Produce Freshly Made Sandwiches & Filled Rolls

"One of the Last Traditional Bakers in Suffolk"

www.palmersbakery.co.uk ALSO AT

STANTON & MEREDITH ROAD - IP SWICH BRETTS of NEEDHAM MARKET FRESHFILLS of CLAYDON





# YOGA CLASSES **IN HAUGHLEY &** OLD NEWTON

HAUGHLEY The green room

Wednesday 09.30 Thursday 19.15

**OLD NEWTON Village Hall** Friday 16.30

Safe, clean and socially distant yoga classes. Online classes also available.

Contact Bethany for more information.



07930 199582



serenityyogabethany@outlook.com

www.serenityyogasuffolk.com

# MPD TANKS LTD



Registered Technician Steel and Plastic oil tanks installed Fully Insured Telephone Mendlesham 01449767820 07708395889



# TankChange Ltd.



Suppliers & Installers of Oil Tanks.

Family Business with Over 40 Years Experience Steel & Plastic Oil Tanks available Fully Insured OFTEC Registered Engineers.

Telephone: 01449 781210 (Out of Hours 01449 781498) / Mobile: 07899 898720 Email: Terry@TankChange.co.uk

Visit our website @: WWW.TankChange.co.uk

Discounts available to parish magazine readers





# Kevin Hollings KITCHEN STUDIO

Unit 14 Lodge Works,
Stowmarket Road,
Old Newton,
IP14 4EE
01449 257160
info@kevinhollingskitchens.co.uk
www.kevinhollings.com





# Tel 07929 333356 enquiries@bentley-group.co.uk

# SPECIALISTS IN OIL BOILERS, SERVICE, REPAIR & REPLACEMENT

- ➤ Oil tank replacement
- > Hot water cylinders serviced, repaired and replaced
- > Heating service repair, replacement and upgrade.
- > Bathroom/showers installed and all other general plumbing work
- > 95% breakdowns repaired within 1 hour on site Fast response
- > All work guaranteed for a minimum of 12 months parts and labour

# **D J HOWLETT**

# VW AUDI MERCEDES BENZ SPECIALIST

(All cars catered for)

A complete service for your car carried out to the very highest standard - up to date diagnostic equipment used

highest standard - up to date diagnostic equipment used
\* Servicing \* MOT Arranged \* Repairs \* Exhausts \* Batteries

\* Air Conditioning Serviced and Repaired

\* Courtesy Car Available \* Free Collection/Delivery

Mendlesham Green, Stowmarket. Tel: 01449 766019



# STOWMARKET EXHAUST & TYRE CENTRE

Unit 3, Charles Industrial Estate, Stowupland Road, Stowmarket, Suffolk

Tel: 674141

COMPARE OUR PRICES

TRY US FOR PUNCTURES
COMPUTER WHEEL BALANCING
TRACKING

**HUGE DISCOUNTS** 

ON EXHAUST TYRES AND BATTERIES FITTED WHILE YOU WAIT

Open 8.30 a.m. to 5.30 p.m. Monday to Friday Saturday 8.30 a.m. to 12.00 noon

REMEMBER

We are your local specialists

# Fed up of running around after your car?

Why not give us the inconvenience – it's part of our service

### **WE COLLECT & DELIVER**

Servicing
General repairs - shocks, clutches,
brakes etc
Air-conditioning recharged
MOTs arranged
Welding

# S&P Metasare

All work quaranteed

Established 1990

Contact: Shane on 01449 771102 or 07802 545737

Personal Service at Competitive Rates!



Trees & Gardens

Tree surgery: from light pruning to large tree take down, surveys and stump removal.

Garden landscaping: patios, fencing, decking, pergolas, gates, stone driveways, water features, turfing and seeding new lawns, borders and planting designs.

Garden maintenance: hedge cutting, pruning, weeding, strimming, grass cutting, tidying.

Tel: 0782 5253 720 info@rewtstreesandgardens.co.uk www.rewtstreesandgardens.co.uk





# A/C FENCING AND GARDENING REPAIRS



All fencing and gates supplied and erected.

All gardening work from regular grass mowing to hard landscaping.

Lawn mowing up to 3 acres, Ground care. Strimming - weeding - scarifying.

Garden clearance. Concrete base and shed erecting. Tree felling - stump grinding. Hedge cutting. Fencing work

Repairs & Servicing to all Lawn Mowers,

Strimmers & Hedgecutters etc.

Call Andy on 01449 403050 or 07748 785197 for a free quote.



Professional Tree Surgeon and team that can maintain your gardens big or small

# Trees & Hedges

Felled, Pruned, Shaped, Dead / Broken & dangerous hanging branches removed to make them safe.

Hedges cut and maintained to your specification

#### Gardens

Lawns cut, Borders trimmed, Shrub beds cleaned

#### Ground Clearance

Large or small areas of scrub cleared and removed

#### Fences

Panelled. Wired, Post & Rail, Erected or Mended

Free, no obligation, quotations

01449 720157 / 07788590779 james.firman@treesandfences.com / www.treesandfences.com

### Is your laptop running slow?

Are you still running Windows 7?

You may be open to hackers!

Windows 7 is now end of life. Microsoft will not be providing support updates and you could be open to attack from hackers.



We come to you!

We can upgrade your computer to Windows 10 and upgrade your computer to a much faster SSD (Solid State Hard Disk).

#### Starting from £100

Price does not include Windows 10 licence. Windows 7 to 10 upgrade may still be active. Price includes a 250GB SSD Hard disk

**Laptop Repairs** 

PC Repairs

Networking

Virus and Spyware Removal Upgrades

Call Ben 07885100031 or email help@suffolkpcsupport.co.uk



# Suffolk Computers

Our locally based computer engineers offer friendly and technical assistance for all your computing needs



Free Diagnosis

Site visits Uparades

# NO fix NO fee

Tel: 01449 782195 / 07834 709970

Email: sales@suffolkcomputers.co.uk

Website: www.suffolkcomputers.co.uk

# CHIMNEY SWEEP

# ECO SWEEP CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.
- · INDUSTRIAL HEPA FILTERED VACUUM.
- · FULLY INSURED.
- INSURANCE RECOGNIZED CERTIFICATES ISSUED.
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
- ALL CHIMNEYS, WOOD BURNERS, AGA, BOILER.
   THES SWIPT.
- · GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.





TEL. 01359 232335

# Jackie Stevens Bookkeeping and Accounting Services

Bookkeeping
Payroll
Accounts preparation
Management accounts
Self-assessment VAT PAYE
Sage QuickBooks
Ideal business start up

Please call Jackie on 01449 781823 or 07988612032 email:

jackiekstevens@live.co.uk

### **MENDLESHAM CHAPEL**

Minister: The Rev'd Robert Sheard Tel No: 01449 678173



#### June

Services as shown below

**6**th **4.00pm** Rev'd Robert Sheard

13<sup>1h</sup> 10.45am Mr Keith Scarff

27th 10.45am Rev'd Robert Sheard

#### Psalm 121

<sup>1</sup> I lift up my eyes to the hills— from where will my help come? <sup>2</sup> My help comes from the LORD, who made heaven and earth. <sup>3</sup> He will not let your foot be moved; he who keeps you will not slumber. <sup>4</sup> He who keeps Israel will neither slumber nor sleep. <sup>5</sup> The LORD is your keeper; the LORD is your shade at your right hand.

<sup>6</sup> The sun shall not strike you by day, nor the moon by night. <sup>7</sup> The LORD will keep you from all evil; he will keep your life. <sup>8</sup> The LORD will keep your going out and your coming in from this time on and for evermore.

Can you believe it we are now half way through the year! And we are into our 17<sup>th</sup> Month of the pandemic, and we only now have some signs of getting back to "normal life".

I used to work as an enabler, with people living with learning disabilities, one of my clients asked me what normal was, I could not answer him, as everyone's normal is different, from the way we live our lives to our daily routines. Certainly, over the last 17 months, our "normal" has changed a lot, and it depends on who you listen to, we could never get back to normal again, or we get back to a new normal.

But if you think about it, our normal constantly changes, when you move school, start a new job or retire, move house, take up a new hobby, in fact the list is endless, so in every part of our lives, our normal never stays the same, which at times can seem very scary.

Continued on page 40......

....continued from page 39

So, as we start to do more things, see more people and travel further afield, we may feel anxious, of what the future holds, as long as we remember that Jesus walks with us in all that we do, and God is ever present to comfort and uphold us, it may make our life journey a little easier to bear, knowing that we do not walk it alone.

Yours. Robert

# CATHOLIC CHURCH OF OUR LADY, STOWMARKET

Parish Priest - Fr Simon Leworthy The Presbytery, 29 Lockington Road, Stowmarket IP14 1BQ Tel:-01449 612946. Email: pp@ourladystowmarket.org.uk

Daily masses have resumed with social distancing and under COVID-19 guidelines

Monday - 10am

Tuesday - 6.30pm

Wednesday - 10am

Thursday - 10am

Friday - 10am

Saturday 6pm (anticipatory mass at St Mary's church Woolpit)

Sunday 8.30am and 10.15am (at Our Lady's in Stowmarket)

Confession on Saturday 10-10.45

Face coverings must be worn at all times while in church

Please see the parish website for further information

Https://ourladystowmarket.org.uk/going-to-mass

Mendlesham village contacts

Margaret Cutting - 01449 766334 Mo Favager - 01449 766007



# New USAAF 34th Bomb Group Memorial Mendlesham Flower Rota

Angela Pickup

June





www.stmarysmendlesham.org.uk

You are welcome to worship at any of our services.

## **SUNDAYS**

9.30 a.m. Parish Mass & Address

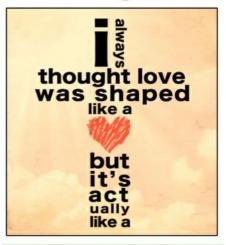
First Mass of Sunday: Saturdays: 7.30 pm

<u>Daily Mass</u>: see calendar on back page & check porch notice & bulletin.

**Daily Morning & Evening Prayer** see porch notice.

For Pastoral visits, Baptism (Christening), Marriage, Anointing of the Sick & Holy Communion from the Reserved Sacrament, contact Fr Philip

**Sacrament of Reconciliation**Saturdays: 6.30 pm
- or contact Fr Philip



#### Vicar:

Fr Philip T Gray, B.A. S.S.C. Mendlesham Vicarage 01449 766359

**Churchwardens:** 

Andrew Fleming 01449 711065

**Chris Elstone** 07530 769676

### WHAT'S ON THIS MONTH

Mass offered daily. Sunday Parish Mass is also LIVESTREAMED Visit https://www.facebook.com/stmarvsmendlesham/

6 <sup>th</sup> June	<b>CORPUS CHRISTI</b> - A day of thanksgiving for our spiritual food — Holy Communion 9.30 — Parish Mass
9 <sup>th</sup> June	11.00 am – 1 <sup>st</sup> anniversary Requiem: Russell Pipe
10 <sup>th</sup> June	EVE of the SACRED HEART OF JESUS 7.30pm - Mass
11 <sup>th</sup> June	<b>SACRED HEART OF JESUS</b> – a day of thanksgiving for the love of Jesus 9.30 - Mass
24 <sup>th</sup> June	10.15 – 13.00: Guild of All Souls online conference: Living with Dementia: see flyer below & G.A.S. website
28 <sup>th</sup> June	EVE of Ss PETER AND PAUL 7.30 pm - Mass
29 <sup>th</sup> June	Ss PETER AND PAUL 9.30 - Mass

### LOOKING BACK

Thank you to Stuart Larkin, Simon Furze and Andrew Stringer for broadcasting Michael Denny's funeral service into the churchvard for those unable to be in church.

# LOOKING AHEAD

THURS 22ND JULY

7.00pm: Mass & Confirmation

FRIDAY 13th AUGUST

Patronal Festival 7.00pm



24 June 2021

10.15 - 13.00

via Zoom from Walsingham

Registration Free of Charge email: mihoward@btinternet.com

www.guildofallsouls.org.uk



I thoroughly recommend the book 'Seasons of the Soul' by Sue Johnson - a beautifully produced collection of memories and musings, short Bible readings and prayers. Available at Mendlesham Village Shop - £6.50.

# Father Philip writes...

June is often dedicated to the Sacred Heart of Jesus – a feast that draws us to think about God's great

love for us as shown in the life of Christ.

There is a story of a park keeper whose job was to pick up litter on a spiked pole. He was surrounded by the glorious beauty of flowers and trees, with the sun sparkling through the leaves. Sadly he had eyes only for the litter he had to collect and the damage it did. He could only say, "This litter destroys the nature in this park!" Unfortunately he was blind to its beauty because he didn't lift up his head to look around.



The Pharisees in Jesus' day were so focussed on the wickedness of other people – tax collectors and sinners – that they couldn't see the fresh Spring leaves of God's love changing, forgiving and healing. *They could only see litter.* 



When Jesus was criticised for keeping company with sinners he said that he had not come for those who thought they were righteous but for those who humbly recognised the need to change their lives..

"It is not those that are well who need the doctor, but the sick. I have come to call not the upright but sinners to repentance." (Luke 5 v 31-31)

We must never let our sins paralyse us. Fr John Powell tells the story of a woman who decided to swim out into the ocean beyond the point of

return. Before doing so, she walked along the deserted beach to say her tearful farewells to the world. Suddenly a voice seemed to say, "Look back!" She did and saw her own footprints. While she watched, a wave erased them. Then a voice seemed to say: "As that wave erased your footprints, so I will erase your past." That event was the starting point of a new life for her.



The Book of Jonah in the Old Testament is a story that reminds us of God's love and forgiveness. It

reminds us that God's love is not limited to a particular group of people

– in which we usually include ourselves – but is offered to everyone who desires to do what is right; those we may not like and those the other side of the world. Jonah tried to run away from that kind of God, but God wouldn't let him get away with it. Jonah was delivered to the very people he sought to avoid – the hated Ninevites in Assyria.

St Augustine wrote: "To him who is everywhere men come not by travelling but by loving."

In this month of the Sacred Heart of Jesus we can ask ourselves:

- Am I like Jonah, running away from something God wants me to do?
- What is my attitude toward people who are different from me?
- · How can my understanding of them grow?

At St Mary's there is a warm, non-judgmental attitude to all who are searching for a deeper faith in Jesus Christ.

You are welcome to experience it for yourself.

A Thought for Corpus Christi ( $6^{th}$  June) from a very early Christian Saint, St Justin Martyr (AD 100-165)

St Justin describes how the early Church celebrated Mass .... see how closely our worship today follows this format!

"On Sundays there is an assembly of all who live in towns or in the country and the memoirs of the Apostles or the writings of the prophets are read as long as time allows. Then the reading is brought to an end and the president delivers an address in which he admonishes and encourages us to imitate in our own lives the beautiful lesson we have heard read.

Then we stand up together and pray. When we have finished the prayer, as I have said, bread and wine and water are brought up. The president offers prayers and thanksgiving as best he can and the people say "Amen" as an expression of their agreement.

Then follows the distribution of the food, over which the prayer of thanksgiving has been recited; all present receive some of it and the deacons carry some to those who are absent."

	PARISH CHURCH	OF ST MA	HURCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR JUNE 2021	CALENDAR FOR JUNE 2021
Date	e Church Festival	Mass	Intention (we pray especially for)	Parish Intention
7	StJustin	9.30	HM Queen Elizabeth & her Government	Front Street / Old Orchard
7	Ss Marcellinus and Peter	8.00 am	those in broken homes	Old Market St / Braybrooke Close
3	St Charles Lwanga	9.30	the Church in Uganda	Mill Road and Hobbies Lane
4		9.30	all searching fo faith	Chapel Road
2	St Boniface	7.30 pm	the Confraternity of the Blessed Sacrament	Church Road / St Mary's Gardens
9	CORPUS CHRISTI	9.30	Parish and Congregation	Brockford Road
		9.30	all who are bereaved	Glebe Way
ω		9.30	the mission of the Church	Freelands
ဝ		11.00	Requiem: Russell Pipe - 1st anniversary	Ducksen Road
10		7.30 pm	the Society of the Holy Cross	Horsefair Close
11	MOST SACRED HEART OF JESUS	9.30	All who reject God	Mason Court
12		7.30 pm	Additional Curates Society	Mayfield Way
13	11th SUNDAY OF YEAR B	9.30	Parish and Congregation	Mead Way
14		9.30	the departed (June anniversaries)	Old Station Rd / Cuttings Close / Schools Close
15		9.30	all who try to harm us	Middy Close / The Sidings
16		8.00 am	our churchwardens	Wash Lane / Oak Farm Lane
17		9.30	a deeper prayer life	Norwich Road / Bluehouse Lane
18		9.30	our Confirmation candidates	Mendlesham Green
19		7.30 pm	future of St Joseph's Center	Tan Office
20	12th SUNDAY OF YEAR B	9.30	Parish and Congregation	Outlying houses
21	StAloysius	9.30	those who suffer from AIDS & HIV	Farms in Mendlesham
22	Ss JOHN FISHER & THOMAS MORE	9.30	Christian unity	Local industries
23	St Etheldreda	9.30	Walsingham	Pub, Community Centre & places of recreation
24	NATIVITY OF ST JOHN THE BAPTIST	8.00 am	The Guild of All Souls	Mendlesham School
22		9.30	the sick	SMF: Patrons of Mendlesham
56		7.30 pm	the ministry of Healing	Village Organisations
27	13th SUNDAY OF YEAR B	9.30	Parish and Congregation	Fr Philip
28	StIrenaeus	7.30 pm	FiF and The Society	Other places of Worship
59	Ss PETER AND PAUL	9.30	Parish and Congregation	PCC, Parish and Community Councils
30	First Martyrs of Rome	8.00 am	those newly ordained	Local Doctors and Nurses
		SB: F	SB: Please see Church website and weekly bulletin	lletin



# **BEV & KIRSTY**

WE ARE BOTH FULLY QUALIFIED WITH OVER 40 YEARS EXPERIENCE BETWEEN US

PROFESSIONAL ADVICE AND PERSONAL ATTENTION IN ALL ASPECTS OF HAIRDRESSING

### EASY OFF-ROAD PARKING

FOR ALL ADVICE AND APPOINTMENTS CALL US ON 01449 766977

OR VISIT US AT: Ropers Farm, Church Road, Mendlesham, IP14 5SF

www.hairstudioatmendlesham.co.uk



# Please visit our website for full list of services.

#### WORKSHOP

Service all Makes and Models
Air Conditioning
Engine Diagnostics
Fault Finding
Engine Management Lights
Exhausts
ABS

#### **ITEMS STOCKED**

Tyres Batteries Wiper Blades Bulbs Calor Gas

# Lamberts Service Station Ltd

www.lambertsservicestationltd.com Email : lamberts.1@btconnect.com
Shop Green, Bacton, Stowmarket, IP14 4LG, Tel: 01449 781260
Mobile: 07834 778116

# Car Service, MOT Testing and Repairs

#### **MOT TESTING**

MOTS while you wait - By Appointment
Petrol
Diesel
Electric
Hybrids

#### RECOVERY SERVICE

Home Starts
Breakdown
Accident Recovery

# BODYSHOP

Accident Work Body Work Repairs Paint Work Re-Sprays Welding

#### FORECOURT SERVICES

Petrol and Diesel
Tyre Pressure and Levels
Checked
Bulbs Fitted While You Wait
Antifreeze Check

Competitive prices on Tyres - Quotes given Free no obligation Estimates on work needed

Find us on Facebook - www.facebook.com/lambertsservicestation