MENDLESHAM NEWSLETTER



Issue 442

September 2020

CLASSIFIED ADS

PAINTING AND DECORATING SERVICES TWO LADY PAINTERS AND DECORATORS HERE TO HELP WITH YOUR PAINTING AND DECORATING NEEDS PLEASE CALL 07767773076	To Advertise here email Keith on shelton@live.co.uk		
A.R. PLASTERING Excellent Service Guaranteed All areas of Plastering undertaken Free quote 01449 720274 Mobile 07736667447	Your Local Handyman Minor repairs around the home Including taps, immersion heaters Flat pack assembly Shed & fence painting MANY more services provided Tony 07771 800072 01449 781993 gooderhamt@aol.com		
CHIMNEY SWEEP Vacuum and Brush, Andrew Brundell 01449 766614 or 07776 215940	To Advertise here email Keith on shelton@live.co.uk		
Hand in Hand Providing Professional Care Stroke support • Cancer care Stoma care • Personal care Dementia care • Respite care General housekeeping Company for times when you are just feeling lonely <u>Person centred care, tailoring to your</u> <u>every need is what I deliver.</u> <u>Feel free to contact me for a free</u> <u>consultation</u> Hayley Page MOB: 07551419310 hayleypage253@gmail.com	Are you on Facebook? If so have a look for 'Spotted in Mendlesham' & 'Mendlesham Green Residents' pages to keep up to date with what's going on in the villages.		

Email reports, articles, photos and adverts to: gemma.green1202@gmail.com

Editor: Gemma Green 07733 333659 Advertising: Keith Shelton 01449 768744 shelton@live.co.uk

Paper Copies of Articles to:

Jean Abbott, 11 Mayfield Way, Mendlesham (01449 766895) Pat Winslett 19 Glebe Way, Mendlesham (01449 767803)

Deadline for October issue 6th September 2020

We produce 12 issues per year which are delivered to every household in the location of Mendlesham.

Dates for your diary				
Sept		Page		
1st	Mendlesham Camera Club Zoom Meeting	15		
2nd	CFR's Zoom Meeting	10		
5th	Mendlesham Walks	6		
6th	Newsletter Deadline	1		
9th	Ordinary Parish Council Meeting - Google Meet	2		
24th	Mobile Library	11		

Front Cover

Jennie Lummis

Don't forget to keep up to speed with the URC and Parish Church from page 44 onwards.

Editorial

Welcome to the September issue. I have a few things to say so please go to page 3 for more from Me.

Best Wishes Gemma

THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill, Wetheringsett, Suffolk IP14 5PL Tel 01449 766139

Email: <u>parishclerk@mendleshampc.org</u> Web site: <u>http://mendlesham.suffolk.cloud</u>

Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862 (Chairperson)
- Mike Exley tel 766246 (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- Sandie Judd tel 0333 006 2706
- David Nunn (Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562
- Sabrina Webb

Meetings:

Wednesday 9th September 2020 Ordinary PC meeting virtual meeting via Google Meet 7pm

Wednesday 7th October 2020 Ordinary PC meeting virtual meeting via Google Meet 7pm

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Council. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

MENDLESHAM 'SAT-CAF' AND COMPUTER CLUB

Sadly these two village activities, both involving large numbers of customers sitting together in a confined space, will remain closed until it is safe to re-open without social distancing. The organisers continue to re-appraise the situation in line with government guidance.

Message from the Editor

Well what a strange and trying few months it has been! From what I have seen and read the whole village has rallied when needed, from clapping for key workers to grocery runs for the shielding, well done everyone.

Obviously we are getting used to the new 'Normal' and rules & guidance are changing daily it would seem, therefore some groups are not able to have their usual meet ups yet, but some are having online meet ups, information on these are in the newsletter.

Some of our advertisers understandably and unfortunately are also unable to continue with their services at the moment, if you are one of these people and wish to suspend your advert for the time being, please can you let me or

Keith Shelton know by 6th September, thank you.

Lastly, as we have less items to go into the newsletter at the moment, if you have any photos, recipes or articles that you wish to share, please email them to me at gemma.green1202@gmail.com and I will see if I can get them into a newsletter soon.

Stay Safe Everyone, Be Kind Best Wishes Gemma



Mendlesham Scout Group Update

As with other organisations, we had to stop our weekly meetings back in March due to Covid 19. However, this did not mean that scouting came to a halt.

Our young people have been getting involved in various activities at home and online whilst not being able to meet in person. We have had garden campouts and we participated in the national 'Hike to the Moon' challenge. Our Beavers took part in a district virtual campout via Zoom, and we made a loo roll challenge video. With our annual St George's Day parade cancelled, we took part in the 'Clap for Carers' instead, wearing our uniforms and renewing our scout promise. You can see photos of what we have been up to on our Facebook page.

The leaders and executive committee have been busy behind the scenes too, continuing planning work on our scout hut project, keeping up to date with our mandatory training and ensuring we keep in touch with our young people. This involved getting to grips with new technology such as Zoom and Microsoft Teams, which was challenging at times.

With lockdown starting to ease, we are awaiting confirmation of when we can safely return to weekly meetings. The Scout Association have stipulated that we must have a Covid 19 Risk Assessment, which the leaders and Executive Committee are currently working on. This must be approved by our District team and all parents will be informed of the arrangements we will have in place. It is hopeful that we will be able restart face-to-face scouting later in September.

I know that all our young members and leaders have missed scouting activities since March including camps, parades, hikes etc, so it will be great to meet up with the sections again.

We do have spaces available in all sections, so if you would like your youngster to join in and develop 'Skills For Life' then please see the details 0n next page.

Volunteer Opportunities

We currently have 2 volunteer vacancies within our Scout Group.

Scout Section Leader – planning and delivering a programme of events at weekly term time meetings, undertake essential training, attend some overnight camps, attend approx. 6 committee meetings during the year.

Secretary (Executive Committee) – prepare and email agendas, take minutes at meetings and send to committee members, undertake other tasks as needs arise.

If you are interested in either role above, would like to assist with a section or are able to support us for our fundraising events, once we restart, then please get in touch.

Scout Hut Project Update

Great news! We have had planning permission for our scout hut granted, as you may have seen in the recent online EADT article.

We feel the design that we have chosen will sit really well in the surroundings of the HQ site at Mendlesham Green.



We are now able to start our major grant applications for capital funding in earnest, with our Project Coordinator, Noel Fletcher, using his wealth of knowledge of funding sources. We have also been looking at ways we can fundraise whilst we are unable to run face-to face events and are currently working on some ideas. If anyone would like to help out with our fundraising, please let us know. Thank you to those who have already been in touch.

We have also recently been running an online survey to gather the thoughts and opinions of the local community, which will help support our applications for grants and funding. We hope to bring you the results of this survey soon. There is still time to fill this in if you haven't yet done so. We will be

closing the survey on 10th September. You can find the survey here: <u>https://forms.gle/n8TrNxm3ivHGTJpi9</u>

Lil Evans – Group Chair Martyn Bryant – Group Scout leader



Mendlesham Walks



Saturday 5 September 2020 In the morning

In this crazy world of lockdown I hope that you have been able to keep safe and well. It has been nice to see so many people out and about enjoying the footpaths.

We have been busy! Condition Surveys of all the Parish Footpaths has been completed and a Discover Suffolk Walking Leaflet for Mendlesham is in the pipeline.

Look out for Walk Leaflets outside the village shop and near the Mendlesham Woods.

For more information just google: Mendlesham Walks. Note: the Webpages are being updated but the forms and maps are still relevant.

We must remain Alert.

You will need to book a slot to walk with us

Please contact Judith at <u>mendleshamwalks@gmail.com</u> or telephone 01449 766327 or text 07770 746619



Thank you to Keith Shelton and his glamorous assistant Lorraine for putting up the new leaflet box in the Mendlesham Wood.

MENDLESHAM COOKING CLUB

It seems a long time since we had the last Cooking Club session in the village hall. Coronavirus struck back in March, which meant that all planned cooking club sessions were cancelled. Thinking that I would have to wait until the virus was under control and life was back to normal before we had another cooking club session, I started researching recipes, using my sister and her husband as my "chief tasters" (thanks Sandra & Michael)

I then received a call from Avi Knizk, who asked if I would be willing to do live cooking sessions on Facebook. I do have a Facebook account, but am not very active, so asked Avi to explain how it would work. Once it was explained to me, I said ok, let's have a go. Avi set the Facebook page up, making sure it was secure and only those invited could join. We started with a few people, it then snowballed from there. Having every Wednesday for cooking club gave me a focus, especially as I was shielding. I was a little nervous on the first session, parents soon put me right and gave me confidence. We ran 13 sessions, with a variety of children, grandparents in the village and my godchildren in London, and on occasions my son & his girlfriend joined in from London.

The children were amazing, we have some budding chefs in Mendlesham. Each week pictures of the foods we cooked were posted on the club page, it was amazing to see how well the children managed and improved over the weeks.

I do not think there will a cooking club session in its old format this year, so I will post on the club page towards the end of August to see what we can do for the Autumn term.

Thank you Avi for suggesting this to me, it was a real learning curve for me, one that I thoroughly enjoyed. I must also say thank you to Michael, who was my glamorous assistant every week, this was allowed as we are classed as one household and Michael is my nominated career.

Sylvia Lyons

Parish Council:

Where do we start?

Community thank you's :

Thank you to everyone who has helped take care of the vulnerable and indeed those not so normally vulnerable over the past few months and in the future as we move forward to whatever. These include:

Mendlesham Health Centre

Mendlesham Primary School

Mendlesham shop

Mendlesham religious organisations

SCC/MSDC Andrew Stringer for co ordinating volunteers and those in need, before the County/National support systems became available and even now keeping a "watching brief".

Parish Councillors who emptied litter bins (including dog poo), placed notices on Parish Noticeboards and generally acted as the community ears and eyes.

All volunteers

Those who continued with their jobs including milkmen, postmen, delivery men, dustmen and farmers (and ladies).

Apologies if we have missed an organisation, person or service. This is not intentional.

At the time of writing, the community is starting to move away from lockdown, with residents returning to places of work/religion, our pub, shops and businesses opening and community organisations positively thinking about how they can operate in a different, new way.

Our Community Centre currently remains closed with much work being undertaken to try to open as soon as possible. Initially it is thought this will be the Small Hall and toilets for the Changing Rooms only, in line with the guidance at the time, to keep everyone Covid safe. Initially priority will be given to the existing organisation hirers to enhance our community well being for the young, elderly and indeed all of us. Numbers using the facilities will also be very much reduced. It has been agreed that Mendlesham School can have exclusive use of the Main Hall areas for the Autumn term, to help them open for all children in September. However organisations are meeting/playing football on Mendlesham Playingfields -please contact Rachel 07506388119 to book, as we need to ensure we do not have overcrowding.

Parish Council business has been undertaken throughout. We have a new chairperson, Cllr Andy Davey. Congratulations Andy and so many thanks to Cllr Mike Exley for his commitment whilst undertaking this role previously.

Decisions were initially agreed via email and we then rose to the challenge of meeting formally virtually, in line with Government legislation. This will continue until further notice. For those unable to join us virtually, we are sorry this is not possible at present. Agendas are placed on the Parish Noticeboards, so please do not hesitate to contact the Clerk or a Parish Councillor by telephone as required.

Details of all parish council meetings and community information has been circulated via E News, which now has a circulation of over 280 contacts (sign up via the web site). Social media has also been a valuable means of communication between residents. Paper notices have also been placed on the Parish Notice Boards by Parish Councillors, Circulation of this edition of the Mendlesham Newsletter is also welcome.

As a Parish Council we need to review what has been successful but more importantly what has not gone so well and could be improved for the future. This includes reviewing our Emergency Plan. We were well placed for a weather related physical emergency, but as with many others had not anticipated a virus pandemic! If you have thoughts, positive or negative, please contact the Parish Clerk via email before 1 October. Email parishclerk@mendleshampc.org.

Dog poo, anti-social littering, and communication means are already on the list.

Please stay safe, wash your hands and remember to socially distance.

Volunteers Urgently Needed Community First Responders (CFR's) and Fund Raisers Join a ZOOM meeting 19:00 2nd September 2020 for more information.

My name is Mike Favager, I have been an active **Community First Responder (CFR)** in Mendlesham since 2009. In 2009 the Mendlesham and Wickham Skieth CFR group was formed from 9 volunteers. The group were trained by East of England Ambulance Service Trust (EEAST) paramedics, assessed and given the callsign NZ572 which remains extant. For the last 3-4 years I have been the sole responder in the group as others have moved on to pastures new. It has always been the aim to achieve 24/7 cover for the community which may well have been achieved in 2009/10, however, as the numbers have decreased over the years, so has the number of hours covered. As a one man band for the last 4 years or so, the cover has reduced to a few hours a week, which is quite woeful in a village of this size. The role is purely voluntary, not paid, all equipment is supplied by EEAST, uniform is not required or currently worn by NZ572 responders, as uniform would have to be paid for by funds raised by the group.

What does a Community First Responder do?

A CFR responds to an emergency call initiated by a Dispatcher based in the Emergency Operations Centre (EOC) in Norwich from a 999 call. The request comes via a dedicated phone on loan from the Ambulance Service and the CFR is requested to attend a limited range of emergencies in the local area (normally with 5 miles). These calls are limited to cardiac arrest, difficulty in breathing or shortness of breath, chest pains, strokes, diabetic, choking, anaphylaxis, seizures, feeling unwell and a few other minor emergencies. All classified as Category 1 or 2 by the EOC. A CFR does not respond to trauma, road traffic accidents, potential or suspected COVID-19 cases and many other lower category emergencies. Each CFR group will hold at least one emergency pack including Automatic External Defibrillator (AED), Oxygen Cylinder and suitable masks, a limited amount of bandages and other bits and bobs.

Are CFR's Trained by the Ambulance Service?

Yes, the EEAST currently delivers training over 5 days, and responders are continually assessed throughout. The training is very thorough, comprehensive and relaxed this will give a responder the confidence required to support the local community in attending an emergency. The course is certificated which can be used to further advance you own training if required.

What do I need to do to become a CFR?

You must be over 18 with a full driving licence and willing to use your car to respond. Your insurance company will not increase your premium for volunteering and will provide a letter to EEAST to say you are covered by insurance. A DBS check is required. An occupational health questionnaire is also required to be completed.

What would be my commitment?

You would have to commit to giving up some of your spare time to volunteer each month, however, this can be as much or as little as you want. You would also be required to attend a monthly training meeting for about 2 hours per month (not all sessions are mandatory). You can opt out of attending a call if you feel you are unable or unwilling to attend that specific emergency.

Join a ZOOM meeting to see and hear more on 2nd September at 19:00. Please contact <u>mike@favager.co.uk</u> for the meeting details.

The **Mobile Library** calls at Mendlesham & Mendlesham Green every 4 weeks on Thursday afternoon at the following times:

Mendlesham Fish & Chip Shop15.15 - 15.30Mendlesham Playing Field15.35 - 15.50Mendlesham The Green16.00 - 16.20

The van's next visit is Thursday 24th September.

Future dates planned as follows:

22nd October 19th November 17th December and 14th January 2021

Only one customer on board at a time and hand sanitiser to be used before entering.

Face covering is advised.

Shelves are sanitised between each stop and all returned stock is quarantined for 72 hours.

Mendlesham Writers Group

Meetings of the Mendlesham Writers Group will remain in suspension until further notice and will resume when confidence in group gatherings has increased to a point when all members are, once again, comfortable with the idea of a communal meeting.

In the meantime, members have been encouraged to create an ongoing A to Z listing of interesting, significant or otherwise memorable situations, places, activities etc. experienced throughout their lives, with the aim of eventually being able to pass these personal histories onto their descendants so that questions such as "What did Granddad do in: the war / isolation / Turkey / the 1960s?" or whatever, can be answered with some modicum of accuracy.

I look forward to meeting up again and to being able to present the, now long awaited, 2019/20 Writer of the Year Award.

Keep your pen(cils) and little grey cells sharp and stay safe.

Noel

MWG Coordinator



PRE-SCHOOL

TONHAM ASP

-Where learning is FUN-

For Children aged 2-5 years

We offer play-based provision in our purpose built premises. We have a large outdoor area where we spend large parts of the day, with a big sandpit, slide, playhouse and a mud kitchen for messy play.

We work in partnership with parents to plan individually for each child, maintaining detailed notes and photographs which we use to identify how to support each child in meeting their full potential. We tailor the setting to meet the needs of each family.

We use Tapestry for the childrens learning journal which is an online journal that both ourselves and our parents can upload information on regarding their child/children, this is then continued in reception class at Stonham Aspal Primary school.

fy g ting

SURCES AVAILABLE

Places available from September

Please contact Julie Ponton on 07977 641361 or email: stonham-aspal@btconnect.com for further information

www.stonhamaspalpreschool.org.uk

THE STREET, STONHAM ASPAL, IP14 6AF



Registered Charity no. 1114259

TOTE RESULTS

Mendlesham Lottery June/July 2020					
18th June		16th July			
Irene Hart	£40	lan Goode	£40		
Emma Cracknel	£25	Barbara Mack	£25		
Lisa Hauwert	£15	Gwen Ives	£15		
Hannah Gadie	£10	Fred Arbon	£10		

Mendlesham Community Council

The Community Council's fund raising has been hit badly by Covid-19. We had to cancel the Street Fayre, close the 50/50 Shop, stop Film Nights, Tote and Newsletter. The Cookery Club was able to continue for many weeks by live streaming thanks to Sylvia Lyons sharing from her kitchen. We have cancelled the Harvest Supper in October but have not made a decision on the Firework Display yet. Restrictions are being lifted so the Newsletter magazine will be starting again with September issue. The 50/50 Shop may open one afternoon a week but not until our Insurance has been checked and an intensive Risk Assessment following government guidelines. The Tote will resume with some changes: The Draw will take place twice a month and the prize money is 1st £40; 2nd £25; 3rd £15; 4th £10. This means the total prize money awarded each month matches that of previous weekly draws. You can still help the community council by continuing to stay in the Tote or joining if you are not already a member. £10 per year. Contact Jean 766895.

Mendlesham Baby and Toddler Group

Meets in the large hall of the Community Centre. Tuesday and Thursday Mornings 9:15 - 11:30

Come and join us for a drink, snack, activities and a large space to play in.

X1}

Contact Sabrina on 07809878834 if you would like further information.

MENDLESHAM OVER 60s CLUB

Unfortunately we have not been able to meet for the last five months due to Corvid 19. As yet we can see no way of meeting in the near future. Only 30 people are allowed to meet and as we usually have 45 to 50 members at our meetings we cannot say some can come and not others. It will be very hard to keep two metres apart in the small hall and the big hall is not available to rent as the school is using it. We know everyone misses our monthly meetings and, please God, it will not be too much longer until we can meet again and work out a new list of outings and speakers.

Tina wishes to thank everyone who supported her over a very hard time. Russell will be missed by all.

When all is safe we will contact all members. So for now be patient. We will be back and please take good care of yourselves.



MENDLESHAM W

Mendlesham WI plans to decorate a tree again this year at the Stowmarket Christmas Tree Festival. Our tree will be in Abbots Hall where the theme is Christmas music. We like to craft our decorations and at the moment are thinking 'bells' and 'angels' Who could forget last years knitted farm animals! If any members are willing to knit or sew decorations or have suitable patterns we would love to hear from you. Please contact Shirley or Ruth.

The festival will be open November 20th to December 23rd - obviously subject to any restrictions in place at that time.

At the time of writing we would normally be preparing for our August Grow, Cook and Sew – our show that showcases member's talents. Are your nasturtiums prize winners? - maybe this year can be a practice and we can try it again next year!

Our WI also hopes to take part in the Federation Plant a Tree in 2020 programme to help the environment and climate change. A bare root tree is provided for us to plant and our commitment is to nurture it to maturity. The planting will take place in this autumn.

Stay safe.



MENDLESHAM EDUCATIONAL FOUNDATION



Are you planning to go to college or university later this year? The above Charity has limited funds available to give grant assistance to eligible students under the age of 25 living in Mendlesham, or whose parents live in Mendlesham. To apply for consideration please request an application form from the clerk Mike Favager, by email <u>mike@favager.co.uk</u>. or phone 766007

Completed application forms must be received by mid September to be considered for the autumn term payment.

SUFFOLK HARVEST – REMEMBERED

I remember the cornfields - dawn mist of a Summer's day

Poppies – red Speedwell – blue Cobwebs rainbowed with morning dew.

I remember the cornfields – a binder clanked it's way

Sails – red Sky – blue The heat of sunshine's burning hue.

I remember the cornfields - men pitched sheaves all day

Faces – red Wagons – blue Hardworking horses, sweating too.

I remember the cornfields - scared rabbits raced away

Eyes – red Swallows – blue And high above a skylark flew.

I remember the cornfields - the end of a harvest day

Sunset – red Moon – silver blue A swooping owl – too-whit, too-whoo.

MENDLESHAM DIRECTORY				
1 st Mendlesham Guides	Emma Munday	766096		
3 rd Monday Book Club	Doug Williams	766498		
Annual Parish Party	Rachel Roshier	07881 816622		
Ancient Order of Foresters	Dawn Smith	766466		
Bar - Community Centre/Social Club	Rachel Brown	07506 388119		
Bowls Club	Peter Coleby	766985		
Brownies	Brenda Stannard	766308		
Carpet Bowls	Kenny Ager	766146		
Com. Centre/Small Hall Bookings	Rachel Brown	07506 388119		
Community Council	Carolyn Triscott	766563		
Community First Responders	Mike Favager	766007		
Community First Responders Coordinator	Chris Hame	767755		
Computer Club/Saturday Cafe	John & Brenda Player	768101		
District Councillor	Andrew Stringer	01449 780339		
Film Nights	Judith Howard-Rees	07770 746619		
F.O.M.S.A	C.P School	766224		
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400		
History Group	Sue Michell	766434		
Mendlesham Camera Club	Mike Favager	766007		
Beavers, Cubs and Scouts	Martyn Bryant	01379 788998		
Mendlesham Explorer Unit	Jonathan Freeman	01449 766676		
Mendlesham FC	Tim Mack Angela Lockwood	07909 810681 07845 471154		
Mendlesham Toddler Group	Sabrina Webb	07809 878834		
Mendlesham Walking Group	Judith Howard-Rees	07770 746619		
Mendlesham Writers Group	Noel Fletcher	766968		
Old School Room Bookings	Daphne Lambert	766320		
Over 60's	Tina Pipe	766339		
Parish Council & Playing Field	Sharon Jones	766139		
Rainbows	Becky Froude	01473 747772		
School Governors	Sharon Jones	766139		
St Mary's Parish Church	Father Philip Gray	766359		
St Mary's Church Council	Hazel Spalding	768616		
Trustees of Charities	Mike Favager	766007		
United Reformed Church	Margaret Jackson	766321		
Village Recorder for Mendlesham	Geoff Clarke	766447		
Woman's Institute	Anita Scruby	766902		



SUFFOLK

GARDENING Thyme

Mowing, Planting, Pruning, Training, Hedges, Tidying, Feeding

07736 348 545 | @suffolkgardeningthyme suffolkgardeningthyme@gmail.com



Unisex Salon For all Salon Services

Including perms, colouring, tints, highlights, cuts, blowdrys, etc

Only the best products from GOLDWELL are used.

Also offering a waxing service at competitive prices

Phone GILLIAN For your appointment now on 01449 766568 or 07795 087670

The Brambles, Green Road, Mendlesham Green IP14 5RF

CLAIRE BISSET ACCOUNTANCY AND BOOKKEEPING www.clairebisset.com



A friendly and affordable service offering help with:

- Year end accounts
- Regular bookkeeping
- Tax returns
- VAT returns
- Management accounts and budgeting
- And more....

Call Claire on 01449 781185 07710 514925 contact@clairebisset.com

Amanda Polley Swimming Lessons

Private one-to-one swimming lessons nr Wetheringsett 30 min sessions on weekday evenings and weekends available All ages (including babies from birth) and abilities Experienced, STA Qualified, CRB checked and Insured Call <u>07910 376 906</u> or Email <u>theswimteacher@yahoo.com</u> for details

Wiggles & Snuggles

Pet Care



care for all animals big or small

Pet Sitting Dog Walking Small Animal Care Large Animal Care Small Holdings

Caring for your pets as if they were my pets

DBS Certificate Fully Insured

Contact Claire 01449 767861 / 07415953659

wigglesandsnuggles@gmail.com



Tel: 01449 613 130 | www.stowevets.co.uk

Acorn Kennels Jodi Palmer Tel: Acoms **Opening Hours** 01449 767160 Wash Lane Mon - Sat 9.00am to 12.00pm 07754 851789 Mendlesham Visitors welcome other times Stowmarket by Appointment. For friendly Suffolk personal care IP14 5TD Fully Licensed and Insured *AC*

• INTERIOR & EXTERIOR • PRIVATE & COMMERCIAL • FREE ESTIMATES •

S. C. CLIFFORD PAINTER & DECORATOR

9 Stowmarket Road, Stonham Aspal, Stowmarket, Suffolk IP14 6AE Telephone: (01449) 711369

HAYWARDS

- SOLICITORS -

- Conveyancing & Energy Performance Certificates
- Divorce, Separation, Childcare, Adoption and all other Family/Matrimonial problems including Collaborative Law
 - Wills, Probate and Inheritance
 - Elderly Client Care

CAR PARK AVAILABLE FOR USE BY CLIENTS AT OUR OFFICES AT 7-9 TAVERN STREET, STOWMARKET

Telephone: (01449) 613631

email: enquiries@haywards-solicitors.co.uk www.haywards-solicitors.co.uk



THE AREAS LARGEST <u>STOCKIST</u> OF CARPET, VINYL AND BEDS

10% DISCOUNT ON ALL CARPET, VINYL & BEDS ON PRODUCTION OF THIS ADVERT

ADVERT MUST BE PRESENTED AT TIME OF ORDER TO RECEIVE DISCOUNT (EXCLUDING REMNANTS & SPECIAL OFFERS)

FREE MEASURING AND ESTIMATING SERVICE AVAILABLE

UNIT 15, CHARLES INDUSTRIAL ESTATE, STOWUPLAND ROAD, STOWMARKET, IP14 5AH. 01449 615861

4 CLEANRIGHT

CARPET, RUG & UPHOLSTERY CLEANING SPECIALISTS

FULLY INSURED - WE MOVE FURNITURE NON-FRANCHISED. RELIABLE PROMPT SERVICE

CARPETS Lounge from £20. RUGS From £5 UPHOLSTERY From £25

DOMESTIC – END OF TENANCY - COMMERCIAL PLEASE CALL US FOR A FREE QUOTE

TEL 01449 711687

Free advice on all your double-glazing enquiries including:

- 'A' energy-rated UPVC windows
- Doors
- Conservatories
- Rain water goods i.e. fascias, soffits, guttering and downpipes

Removal and full replacement of the above. All repair work undertaken e.g. sealed units, window/door handles, adjustments to windows/doors Replace your old polycarbonate conservatory roofs with 'A' rated self-cleaning glass

> Enquiries to Michael Brame (Bacton)01449 781533 or mob.07931 784470

<u>L & R Plumbing & Heating</u>

- •Bathrooms & Tiling
- •Central Heating & Boiler Installations
- •Boiler Repairs, Servicing & Commissioning
- •Oil Tanks Supplied & Installed

Tel : 01449 766294 Mobile : 07799 760561



Registered Business







Window Cleaning & Gutter Clearance Carpentry and Joinery

STEVE'S HANDYMAN SERVICES

Please call me to discuss your requirements Fully insured

Steve Mountain

2 Fairfield Cottage, Thorney Green, Stowupland, Stowmarket, Suffolk, IP14 4AD

07764 373680

David Foster Heating

Local Heating & Plumbing Engineer Boiler Servicing & Repairs Boiler & Central Heating Installations Water Softeners, Pumps, Valves & Programmers fitted Gas Appliance Installations Tel: 01449 781477 Mobile: 07979 505618 e-mail: davidfosterheating@gmail.com

YOUR RELIABLE LOCAL PLUMBER



Mark Jardine

Anglian Water Approved Plumbing & Heating



säfe

- All Household Plumbing, Large or Small
- Full Bathroom Installation
- Domestic Heating, Radiators, Pumps etc.
- Water Softeners
- All Work Anglian Water Certified
- Free Estimates & Fully Insured
- 24 Hour Emergency Call Out

Tel: 01728 628291 Mob: 07854 924 801

Email: mgjardine@btinternet.com

Optimal Heating

Father & Son Team with over 30 years experience

Specialist Heating Engineers Oil, Natural Gas & LPG Servicing and Repairs



Tel: 01728 628687 Mobile: 07806 660399



Design - Manage - Build All Electrical systems covered -New installs - Rewires Fault finding and Rectification - Process control Electric motors and Gearboxes Condition reporting General building – Landscaping – Extensions Conversions – Made to Measure Kitchens Cart Lodges – New Builds Full design / planning and consultancy service Garden / Ground clearance Call Will Baker on 07387 075632

info@owl-ebs.co.uk

www.owl-ebs.co.uk

18th Edition Part P Approved Electrical Installer

GRAHAM MOORE ELECTRICAL LTD

Blacksmith Cottage, Silver Street, Old Newton, IP14 4HF For all your electrical needs



For a friendly and efficient service Call Graham on Tel: 01449 616946 Mobile: 07867 560357

FREE ESTIMATES

ALL WORK GUARANTEED

Mendlesham Fish 'N' Chip Shop

Lunch

Telephone: 01449 766987

Opening Times Sunday/Monday Tuesday Wednesday Thursday Friday Saturday

y Closed 11:30am - 1:30pm Closed 11:30am - 1:30pm 11:30am - 1:30pm 11:30am - 1:00pm TELEPHONE ORDERS WELCOME

Closed 4:30pm - 7:30pm 4:30pm - 7:30pm 4:30pm - 7:30pm 4:30pm - 8:00pm 4:30pm - 8:00pm

Supper



compromise on servíce

G FUNERAL RVICES



Experience this effective, relaxing therapy for help with:

- Stopping smoking
 · Weight loss
 · Confidence issues
 - Stress and anxiety Overcoming fears and phobias

Free initial consultation

Wendy Chalk BA (Hons), HPD, MNCH

07817 158429 or 01449 780352 www.wendychalk.co.uk



Providing Personal Care in your own Home



Do you need help with:

Personal Care Dementia Care Respite Care Help Around the House Day Trips Special Occasions

Request a Brochure or book an appointment on 01449 763086 or 01284 711845

We only employ people who love to care.



www.mycare-athome.co.uk

Halls for Hire



Mendlesham Community Centre Small and Large Halls available Weekends, evenings and school holidays Kitchen, bar facilities, Wi Fi Ample Free Parking

Contact: Rachel Brown email <u>communitycentre@mendleshampc.org</u> Tel: 07506388119 (unless an emergency, please contact Mon -Sat 8am - 6pm)





New Garden or Old?

We can supply you with

Trees, Shrubs and Perennials

and provide an onsite

Garden Consultation Service £30

Old Station Road, Mendlesham, Suffolk IP14 5RS

Nursery 01449 768078 Mobile 07951 590057 Karon@StackyardNursery.com www.StackyardNursery.co.uk

Narey's Garden Centre

FOR ALL OF YOUR GARDENING NEEDS

Shrubs - Roses - Perennials - Annuals Indoor Plants - Compost - Paving - Walling Fencing - Water Features - Bird Baths Garden Furniture - Tools - Sundries AND MUCH MORE

CAFE NOW OPEN

Find us at Spikes Lane, Stowmarket Tel: 01449 612559



MPD TANKS LTD



Steel and Plastic oil tanks installed Fully Insured Telephone Mendlesham 01449767820 07708395889



TankChange Ltd.



Suppliers & Installers of Oil Tanks.

Family Business with Over 40 Years Experience Steel & Plastic Oil Tanks available Fully Insured OFTEC Registered Engineers.

Telephone: 01449 781210 (Out of Hours 01449 781498) / Mobile: 07899 898720 Email: <u>Terry@TankChange.co.uk</u>

Visit our website @: WWW.TankChange.co.uk

Discounts available to parish magazine readers

nexusheat[®]



Nexus Heat offer a complete supply and installation service across a wide selection of traditional and contemporary Woodburners, Multi-fuel, Pellet and Gas stoves. Our beautiful showroom is always filled with a varied display from top manufacturers such as Heta, Parkray, AGA and Bellfires amongst others.

www.nexusheat.co.uk

🔇 (01379) 671168

info@nexusheat.co.uk

Maltings Barn, Hinderclay Rd, Wattisfield, Diss, Suffolk, IP22 1NF

PALMERS BAKERY Est. c1752



Traditional Family Bakers & Confectioners "Two hundred years of Experience" Baked Daily in Ancient Brick Ovens

by Craftsmen with local ingredients HAUGHLEY WOOLPIT

STOW MARKET (Station Road opposite the Parish Church

01449 673286 01359 242700 or 01449 613088 Largest Stockists of Tiptree Jams & Marmalades in East Anglia Suffolk Honeys & James White Juices Butterworth's Teas & Biscuits Free Range Eggs & Local Produce Freshly Made Sandwiches & Filled Rolls "One of the Last Traditional Bakers in Suffolk" www.palmersbakery.co.uk

ALSO AT STANTON & MEREDITH ROAD - IP SWICH BRETTS of NEEDHAM MARKET FRESHFILLS of CLAYDON

D.I.Alston Ltd.

The Cedars, Brockford.

20ft self storage containers to let.

£100 per month, inc VAT.

Outdoor caravan storage And light industrial units to let.

Tonyalston@hotmail.com 07788 974169





KITCHEN STUDIO

Unit 14 Lodge Works, Stowmarket Road, Old Newton, IP14 4EE 01449 257160 info@kevinhollingskitchens.co.uk www.kevinhollings.com







STOWMARKET EXHAUST & TYRE CENTRE

Unit 3, Charles Industrial Estate, Stowupland Road, Stowmarket, Suffolk Tel: 674141

COMPARE OUR PRICES

TRY US FOR PUNCTURES COMPUTER WHEEL BALANCING TRACKING

HUGE DISCOUNTS

ON EXHAUST TYRES AND BATTERIES FITTED WHILE YOU WAIT

Open 8.30 a.m. to 5.30 p.m. Monday to Friday Saturday 8.30 a.m. to 12.00 noon

REMEMBER

We are your local specialists



Specialising in: HORSE MANÈGES LANDSCAPING / DESIGN PROPERTY MAINTENANCE

ALL TYPES OF BUILDING WORK

Contact Details: 07899 953755 / Tony

Fed up of running around after your car?

Why not give us the inconvenience – it's part of our service

WE COLLECT & DELIVER

Servicing General repairs - shocks, clutches, brakes etc Air-conditioning recharged MOTs arranged Welding All work guaranteed

S&P Mœta-œare

Established 1990

Contact: Shane on 01449 771102 or 07802 545737

Personal Service at Competitive Rates!



New Build & Extensions • Electrical Repairs Renovations & Rewires Consumer Unit Upgrades Alterations & Additions Testing & Inspecting • Certification

> Chris - 07969 472540 boltelectrical@mail.com





D J HOWLETT VW AUDI MERCEDES BENZ SPECIALIST (All cars catered for) A complete service for your car carried out to the very highest standard - up to date diagnostic equipment used * Servicing * MOT Arranged * Repairs * Exhausts * Batteries * Air Conditioning Serviced and Repaired * Courtesy Car Available * Free Collection/Delivery Mendlesham Green, Stowmarket. Tel: 01449 766019



25+ years of experience

HCPC Registered - No.CH 18193

39

jackiekstevens@live.co.uk



TREE SERVICES AND GROUNDS MAINTENANCE

> CROWN LIFTING TREE FELLING DISMANTLING REDUCTIONS PRUNING THINNING STUMP GRINDING



BASED IN WORTHAM, WE ARE DEDICATED, HARD WORKING AND TRUSTWORTHY. ALL OF OUR STAFF ARE FULLY TRAINED AND INSURED, RELIABLE AND PROFESSIONAL. ALL WORK IS CARRIED OUT RESPECTFULLY AND TO THE HIGHEST STANDARD.

FOR A FREE ESTIMATE PLEASE CALL Lee Garwood Tel: 01379 890617 / 07880 528142 GARWOODSOFSUFFOLK@YAHOO.COM







Tel: 0782 5253 720 Email: info@rewtstreesandgardens.co.uk www.rewtstreesandgardens.co.uk

Qualified tree surgeon & horticulturist offering

- Tree surgery: from light pruning to large tree take down, surveys and stump removal.
- Garden landscaping: fencing, patios, decking, ponds, water features, planting designs.
- Garden maintenance.
- Firewood: Split and seasoned ready to burn. Any size, any quantity.





A/C FENCING AND GARDENING REPAIRS



All fencing and gates supplied and erected.

All gardening work from regular grass mowing to hard landscaping.

Lawn mowing up to 3 acres, Ground care. Strimming - weeding - scarifying. Garden clearance. Concrete base and shed erecting. Tree felling - stump grinding. Hedge cutting. Fencing work Repairs & Servicing to all Lawn Mowers,

Strimmers & Hedgecutters etc.

Call Andy on 01449 403050 or 07748 785197 for a free quote.





MENDLESHAM CHAPEL

Minister: The Rev'd Robert Sheard Tel No: 01449 678173



SEPTEMBER

We are very pleased to welcome our new Minister, the Rev'd Robert Sheard to the Stowmarket group of churches. We were not able to welcome Robert

in the traditional way by attending the Induction Service at Stowmarket on 4th July. We were, however, able to sit in our own homes and follow the proceedings on Zoom.

We are planning to hold our first service after lock-down on **Sunday**, **27**th **September at 10.45am** when our new Minister will conduct a short act of worship. Prior to this, of course, a full risk assessment will be carried out and the chapel thoroughly cleaned. Other activities will commence as and when the Government allow and we feel it is safe to do so,

Psalm 45: 1-3 &7-9 & 11 God is with Us

1 God is our shelter and strength, always ready to help in times of trouble. 2 So we will not be afraid, even if the earth is shaken and mountai1ns fall into the ocean depths; 3 even if the seas roar and rage, and the hills are shaken by the violence.

7 The LORD Almighty is with us; the God of Jacob is our refuge. 8 Come and see what the LORD has done. See what amazing things he has done on earth. 11 The LORD Almighty is with us; the God of Jacob is our refuge.

Dear Friends

We are living in strange times at the moment, and life is so very different to what we are used to, things aren't happening in the way we expect. I feel that I have crept into being Minister of Stowmarket, Stowupland, Mendlesham, Haughley, and Debenham United Reformed Churches.

I moved into the manse with my wife and daughter on the 15th June 2020. We also have a dog called Jakey, who since moving here has had 2 cataracts removed. I originally come from Halifax, (as coincidentally did the last Minister). This is my 3rd pastorate, my 1st was with 5 Churches in Cumbria and I have just moved from a 3 Church pastorate at Spalding, Bourne & Boston in Lincolnshire.

Continued on page 44.....

.....continued from page 43

In these unusual times it is not easy to move around and get to know surrounding places and the people within. I am having to do meetings over zoom and in August, at Stowmarket, we started a short act of worship. Hopefully between September and October we shall be starting short acts of worship in the villages.

Always with a new pastorate it takes a time to get to know the people and the communities, which is going to be even harder under the present circumstances.

We hope at some point to be able to get back to our other Church activities, but we are not sure when, we'll keep you posted, but please be assured that within all of our Churches we are thinking and praying for all our communities, and the churches are still very much playing their part even though they are unseen.

I look forward to meeting with you all at some point.

Yours

The Reverend Robert Sheard (United Reformed Church Minister of Stowmarket, Debenham, Stowupland, Mendlesham and Haughley.)

CATHOLIC CHURCH OF OUR LADY, STOWMARKET

Parish Priest - Father Ioan Sandor

The Presbytery, 29 Lockington Road, Stowmarket IP14 1BQ Tel:-01449 612946. Email: pp@ourladystowmarket.org.uk

The church has reopened for public mass with social distancing measures and under COVID 19 guidelines.

Mass times are as follows - Thursday 10am

Saturday evening 1800 and Sunday at 0830 and 1015.

Face coverings must be worn and a test and trace form filled in when attending holy mass. Stewards will be directing parishioners in church and we look forward to welcoming you

Please see the parish website for full details and guidance

Https://ourladystowmarket.org.uk/going-to-mass

Mendlesham village contacts Margaret Cutting - 01449 766334 Mo Favager - 01449 766007



New USAAF 34th Bomb Group Memorial Mendlesham Flower Rota

> Enid Lambert September



WWW.stmarysmendlesham.org.uk

You are welcome to any of our services.

SUNDAYS:

9.30 a.m. Parish Mass & Address

Daily Mass: see calendar on inside back page & check porch notice, website & bulletin

Daily Morning & Evening Prayer see porch notice.

Baptism (Christening), Marriage, Anointing of the Sick & Holy Communion from the Reserved Sacrament or any pastoral need - contact Fr Philip

Sacrament of Reconciliation contact Fr Philip



Vicar:

Fr Philip T Gray, B.A. S.S.C. Mendlesham Vicarage 01449 766359

Churchwardens:

Andrew Fleming 01449 711065

Chris Elstone 07530 769676

WHAT'S ON THIS MONTH

COVID-19 prevention. Some events may have to be cancelled or altered at short notice. Please check website

12 th Sept	9.30: Requiem Mass – September anniversaries	
× 0 8	9.00 – 5.00 pm: Ride and Stride day. Cycle, ride or walk	
foll	between churches in Suffolk. Half sponsorship money goes to	
hun list	the Suffolk Historic Churches Trust and half to your nominated	
	church (which we hope will be St Mary's Mendlesham). See	
	https://shct.org.uk/ride-and-stride/ for details and sponsor	
	forms or contact Andi Elstone.	
20 th Sept	9.30: Parish Mass. We welcome Bishop Mike, Bishop of	
	Dunwich, to preach	
24 th Sept	Feast of Our Lady of Walsingham. 9.30 Mass, followed by	
	(socially distanced) meeting of our cell of the Society. Please	
	make every effort to attend, as we cannot make a pilgrimage to	
	the Shrine.	
27 th Sept	9.30: Parish Mass. PCC meets after to prepare for postponed	
	Annual Parochial Church Meeting	
Mass will I	be offered daily in church during September, as it has been	
since 8 th N	lay when lockdown restrictions were eased. See calendar	
for times on inside back cover.		
However, because of the difficulty of social distancing, we cannot		

currently arrange healing services.

LOOKING AHEAD

REMEMBRANCE SUNDAY, ADVENT & CHRISTMASS

We are actively looking at ways of observing Remembrance Sunday (8th November), Carol singing at The Green & The Street and the Christmass Eve Carol Service so as to include as many as possible in a safe, socially distanced way and are in discussions with representatives of the Parish Council and others in the Community.

Full details will be included in the October Newsletter.

Friends of St Mary's

As we cannot hold fund raising events for the restoration of the church, I hope we will have a bumper result when the Friends of St Mary's boxes are collected – to be blessed on Sunday 25^{th} October.

Immediately after the lockdown we had to authorise emergency work on the lead roof of the nave which cost over $\pounds1,000$.

Fr Philip Writes

In the parables told by Jesus of the hidden treasure and the pearl of great price (St Matthew's Gospel Ch. 13 v 44

and 45-46) both have the same message: the Kingdom of Heaven is worth investing everything we have to acquire it. St Augustine wrote: "Christ is not valued at all unless he is valued above all."

Christ loved searchers and He had sympathy for those who were looking, even if they were searching in the wrong places and for the wrong things. He was able to point them in the right



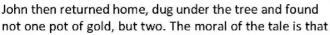
direction. Jesus could do nothing, however, for the smug and self-satisfied. He compares the Kingdom of God to a rare pearl or priceless treasure that is worth everything we have. To enter that Kingdom is to accept and do God's will.

Where do we discover God's will?

An elderly lady in Scotland was so poor that her neighbours had to support her.

They were happy to do this, but what bothered them was her son had gone to America and become rich. The mother defended her son, saying, "He writes to me every week and always sends me a little picture. I keep them all in my Bible." Between the pages of the Bible were hundreds of US bank notes. The woman had a treasure in her Bible and did not realise it. We all need to ask

ourselves: "To what extent do I need to discover the treasure in my Bible – Jesus Christ?" In the town of Swaffham in Norfolk, according to legend, there was a pedlar in the Middle Ages named John Chapman. He dreamed that if he went to London he would hear on London Bridge something to his advantage. He duly made the long, arduous journey to London and when he arrived at London Bridge a stranger asked him what he was doing there. He told the stranger his dream. The stranger said that if he were a dreamer he should go to Swaffham in Norfolk and seek the garden of John Chapman the Pedlar, for in it, under a tree, was buried a crock of gold.





rather than going on a long journey to find treasure, it is IN OURSELVES – waiting to be discovered. We shall never be happy unless we find the treasure that God has hidden in our own field – the treasure of our own worth as God's children.

Some people believe the Kingdom of God is only for saints. Jesus always welcomed sinners – and a church which admitted only saints would make as

much sense as a hospital which admitted only people who were well. The church is not a museum for saints but a school for sinners.

A little girl was painting all good people orange and all bad people purple. Her teacher asked her what colour she was painting herself. After a pause, the little girl replied, "Streaky!" We are all streaky, so we must look for the good in others rather than the bad. It was Billy Graham who

said, "If you find a perfect church, by all means join it... then it will no longer be perfect!"

A precious diamond became deeply scratched, but a famous diamond-cutter took it and engraved a beautiful rose, using the deep scratch as the stem of the rose. It was not just a clever cover-up but it took the diamond's fault and transformed it into something beautiful. In the same way, God can transform our worst fault to bring us closer to Him. God can turn everything to the benefit of those who trust Him. He helps us pick up the pieces and gives us a sense of who we are and were we are going. When we say a situation or a person is hopeless, we are slamming a door in the face of God.

	PARISH CHURCH OF	ST MARY'S	URCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR SEPTEMBER 2020	DAR FOR SEPTEMBER 2020
Date	e Church Festival	Mass	Intention (we pray especially for)	Parish Intention
-		9.30	all who are possessed by evil	Front Street / Old Orchard
5		8.00 am	The Guild of All Souls	Old Market St / Braybrooke Close
е	ST GREGORY	9.30	the conversion of England	Mill Road and Hobbies Lane
4		9.30	all who are married	Chapel Road
5		9.30	children at risk	Church Road / St Mary's Gardens
9	23rd SUNDAY of YEAR A	9.30	Parish and Congregation	Brockford Road
2		9.30	all who are disabled	Glebe Way
ω	BIRTHDAY OF OUR LADY	9.30	The Society of Our Lady of Walsingham	Freelands
6		8.00 am	all with mental health concerns	Ducksen Road
10	(World Suicide Prevention Day)	9.30	The Samaritans	Horsefair Close
11		9.30	forgiveness and reconciliation	Mason Court
12		9.30	the departed - August anniversaries	Mayfield Way
13	24th SUNDAY of YEAR A	9.30	Parish and Congregation	Mead Way
14	HOLY CROSS DAY	8.00 am	The Society of the Holy Cross	Old Station Rd / Cuttings Close / Schools Close
15	Our Lady of Sorrows	9.30	all who are bereaved	Middy Close / The Sidings
16	Ss Cornelius & Cyprian	9.30	respect for the earth and all creation	Wash Lane / Oak Farm Lane
17		9.30	those we find hard to forgive	Norwich Road / Bluehouse Lane
18		9.30	ministry of Deliverance	Mendlesham Green
19		9.30	all who farm the land	Tan Office
20	25th SUNDAY of YEAR A	9.30	Parish and Congregation	Outlying houses
21	ST MATTHEW	9.30	all preparing for ordination	Farms in Mendlesham
22		<u>9.00</u>	Walsingham	Local industries
23	Padre Pio	8.00 am	the sick	Pub, Community Centre & places of recreation
24	Our Lady of Walsingham	9.30	all pilgrims	Mendlesham School and Pre-School
25		9.30	all who are homeless	SMF: Patrons of Mendlesham
26		9.30	the elderly	Village Organisations
27	26th SUNDAY of YEAR A	9.30	Parish and Congregation	Fr Philip
28	St Wenceslaus	9.30	HM Queen Elizabeth & her Government	Other places of Worship
29	Ss MICHAEL, GABRIEL & RAPHAEL	9.30	those who are dying	PCC, Parish and Community Councils
30	St Jerome	8.00 am	Bible study groups	Local Doctors, Nurses & Healthcare workers
		Pleas	e check bulletin and website for any changes	



BEV & KIRSTY

WE ARE BOTH FULLY QUALIFIED WITH OVER 40 YEARS EXPERIENCE BETWEEN US

PROFESSIONAL ADVICE AND PERSONAL ATTENTION IN ALL ASPECTS OF HAIRDRESSING

EASY OFF-ROAD PARKING

FOR ALL ADVICE AND APPOINTMENTS CALL US ON 01449 766977

OR VISIT US AT: Ropers Farm, Church Road, Mendlesham, IP14 5SF

www.hairstudioatmendlesham.co.uk

