

MENDLESHAM NEWSLETTER



Issue 432

August 2019

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gemma.green1202@gmail.com**

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Mendlesham (01449 766895)
Pat Winslett 19 Glebe Way,
Mendlesham (01449 767803)

Deadline for September issue
6th August 2019

We produce 12 issues per year
which are delivered to every
household in the location of
Mendlesham.

Front Cover

Jennie Lummis

Editorial

Welcome to the August issue.
How quickly the summer months
come and go. I hope that you are
making the most of fine weather
to enjoy outdoor activities,
especially now that the school
holidays are here. Make happy
memories while you can for they
are the ones we remember most.

*Best Wishes
Gemma*

Dates for your diary

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**Note to pet owners
Fireworks display on
Saturday 16th August
Approx. 9:15pm**



SNIPPETS FROM THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill,
Wetheringsett, Suffolk IP14 5PL

Tel 01449 766139

Email: parishclerk@mendleshampc.org

Web site: <http://mendlesham.suffolk.cloud>

Your Councillors are:

- Paul Allen tel 766543
- Andy Davey tel 01449 768862
- Mike Exley tel 766246 (Chairperson) (Emergency Planning Co
ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- Brian Gardiner tel 766648
- David Nunn (Emergency Planning Co ordinator for Mendlesham
Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562
- Sabrina Webb

Meetings:

Wednesday 7th August 2019 7.30pm Old School Room,
Mendlesham Parish Council Ordinary meeting.

Wednesday 4th September 2019 7.30pm Old School Room,
Mendlesham Parish Council Ordinary meeting.

Parish Council vacancy:

Further to last months newsletter and our vacancy for a Parish Councillor, we did not have ten or more electors call for another election so the Parish Council is now able to co opt and fill the vacancy. Details have been published via E News and the Parish Noticeboards and subject to receipt of applications, this will be an agenda item for our meeting on Wednesday 7th August 7.30pm, Old School Room. If anyone is interested in applying for this vacancy, please contact the Parish Clerk before 6th August.

MENDLESHAM 'SAT-CAF'

Saturday, 3rd August 10.00 – 14.00
OLD SCHOOL ROOM, MENDLESHAM

**Pre-Ordering or Take-Away Orders, phone the Café
on 01449-767727 between 10.00 and 11.45.**

**Morning Coffee, Light Lunches and Afternoon Teas, including
delicious homemade Quiches, Soups, Cakes and Desserts.**

July Draw

(Pimms Hamper donated by Andy Davey)

Winner: Lois Pugh

Mendlesham 50/50 SHOP
(by the Recreation Ground)

Opening hours

Tuesday, Thursday and Friday 2 pm – 4 pm

THE HALF PRICE SUMMER SALE

Starts on Tuesday 23rd July and continues up to Friday 30th August,
when the shop will be cleared of summer clothes.

Do come along and select a bargain! We have clothes for
all ages, including shoes and school-wear. Also bric-a-brac and
books.

New Autumn/Winter stock will be on sale from Friday 30th August

**We will be grateful to receive good, clean and ironed
autumn/winter clothes towards the end of August**

Parish Council:

Mendlesham Playingfields.

At the time of writing, Mendlesham Parish Council has just issued two tenders for improvements and new works for Mendlesham Playingfields. This is:

1. To rejuvenate the existing Multi Use Games Area (MUGA) and associated ancillary works, including lighting and fencing. There will also be two external table tennis tables as part of this project.
2. To provide a plaza style concrete Wheeled Sports Area.

The location of these works will be as the existing tennis courts area with the wheeled area between what will be the MUGA and the rest of the playingfields. We will demolish the existing tennis court area ourselves so will be asking for volunteers to help in due course.

You may recall that as part of the new Station Fields development, developer S106 contribution was agreed, of some £154k, which is specifically dedicated to the Mendlesham Playingfields/ Community Centre site.

These works are intended to be Phase 1 of a project to spend this money and other developer monies allocated to Mendlesham, further your views from our consultation some eighteen months ago about how to spend developer contributions as well as our consultation of some three years ago, specifically with regard to what you wanted to see as facilities for this site.

The wheeled sports area will be an area which can be used by bicycle, scooters and skate board users.

The Muga will provide facilities for five a side football with recessed goals, basketball and competitive netball.

So, please do not be concerned, if over the next few weeks you see people visiting the site.

Once we have the tenders back, design and contractor(s) approved, hopefully at our Parish Council meeting of 7th August, we will then have to apply for the funds from MSDC and make a planning application to move the light posts to each corner rather than the existing lights more towards the middle of the Muga. These lights are planned to be LED lights and will be less intrusive than the existing. We hope that work will start Autumn 19/Spring 2020.

Once these works are completed, we will then commence work on Phase 2 of the project which is hoped to include a Street Gym, Junior Play area, fitness equipment and seating.

Phase 3 has been lightly discussed as perhaps ancillary facilities to include changing rooms, toilets and car park extension/overflow area. However, final decisions and budgets for this are still some time away.

MENDLESHAM SUMMER FESTIVAL FRIDAY 16 AUGUST



7.00pm: FESTIVAL MASS

8.30pm in South Churchyard:
HOT DOGS, TOMBOLA
BEER TENT

9.15pm (approx): FIREWORKS

www.mendleshamfest.co.uk



Mendlesham Writers Group



**“You should write that down -
it would make a great story”**

How will your children or grandchildren know about those escapades you have experienced through your life?

Come along and learn a simple way to ensure that your life experiences will not be forgotten and preserve them for the future.

We offer a free introductory guidance pack, guest speakers, practical exercise and a welcoming atmosphere. A small annual subscription is payable but your first visit is free.

Please bring paper and a pen(cil)

For more information please contact:

Noel K Fletcher

Phone: 0799-0522-103

E-mail: noelkfletcher@gmail.com

Next meeting

13th August

OBITUARIES

HILARY FENNING

The youngest of 5 children of Russell and Ella Fenning, Hilary, known by her family as ‘Hilly’, was diagnosed as having Down’s Syndrome when aged a few weeks old. She was born in 1955 at White House Farm and spent her first few years there before becoming a resident at Little Plumstead hospital. In the 1990’s she moved to Brooke House, Framingham Earl, where staff cared for her with love and compassion and frequently took her on outings, which she loved. Although unable to communicate verbally, Hilly had powerful ways of showing her character and preference for different types of food and enjoyed music and activities. Fr Philip writes:

“It was appropriate to have the Gospel about home as her remains were buried. Hilly had come home. Although I never knew her I believe that, just as the humblest little pool in a woodland reflects some of the glory of the sky, her life, no matter how insignificant it might have appeared in the eyes of the world, brought down to those around her a little bit of heaven.”

RICHARD (DICK) HAILS

Dick was born in 1947 in the family home, Shingle House, Mendlesham Green, the only son of Wilfred and Minnie Hails. By the time he was born, his parents were already caring for his cousin Brian, whose mother had died, so they were raised as brothers. Dick attended Hillcroft school in Stowmarket before Mendlesham Primary and Stowmarket Modern. After leaving school he was an apprentice at Thurlow’s in Stowmarket as an agricultural engineer and went on to work at Mid Suffolk Growers, Needham Chalks, Sykes Pumps and Taylor Barnard. Throughout his life he was a motorbike enthusiast. He married Patricia (Trish) in 1971 at St Augustine’s Ipswich and they lived for 10 years in Stowmarket where Dawn and Jonathan were born. In 1981 the family moved back into the family home at Mendlesham Green and in 1979 Dick started his own business, “Richard Hails Engineering” now continued by Jonathan. In later years he enjoyed gardening and spending time with his four grandchildren. For many years he was on Mendlesham Parish Council and a Trustee of the Town Estate Charity. He was diagnosed with Acute Myeloid Leukaemia early this year and his health deteriorated quickly. Fr Philip conducted his funeral on 28th June at West Suffolk Crematorium.



MENDLESHAM CAMERA CLUB



The August meeting is on the Tuesday, 6th at
7.30pm in the Old School Room when we
will review the images taken at our 'bird shoot' in June. What a good
evening it was and the birds posed so patiently. We submit images to
view on the screen, have a cup of coffee and then have a photography
related chat.

We are a small group of mixed photography ability and new members
are always welcome. We pay just £1.50 at each meeting. For contact
details see the website: <http://www.mendleshamcameraclub.co.uk>.

Come and give us a look.

MENDLESHAM COOKING CLUB

COME AND JOIN IN
HAVE SOME FUN MAKING DELICIOUS FOOD TO TAKE HOME

DATE	LOCATION	TIME	COST PER SESSION	GOODS BEING PRODUCED
WEDNESDAY 7 TH AUGUST 2019	COMMUNITY CENTRE SMALL HALL	9.45 AM – 12.30PM	£6	RAINBOW VEGGI PICNIC PIE CHOCOLATE CHIP COOKIES
WEDNESDAY 14 TH AUGUST 2019	COMMUNITY CENTRE SMALL HALL	9.45 AM – 12.30PM	£6	HAM & CHEESE PINWHEELS BLACKBERRY & APPLE YOGHURT MUFFINS
WEDNESDAY 21 ST AUGUST 2019	COMMUNITY CENTRE SMALL HALL	9.45 AM – 12.30PM	£6	ANNUAL SUMMER PICNIC PARENTS, GRANDPARENT, GUARDIANS AND FRIENDS INVITED

PLEASE CONTACT SYLVIA LYONS ON 01449 768657 or SYLVIALYON@AOL.COM
OR
SANDRA EXLEY ON , 01449 766246

APPLICATION/CONSENT FORMS AND COST OF EACH SESSION MUST BE COMPLETED AND PAID BEFORE THE CLASS
PLEASE BRING AN APRON TO WEAR AND A BOX/BAG TO TAKE THE COOKED FOOD HOME
ALL NET PROCEEDS GO TO MENDLESHAM COMMUNITY COUNCIL CHARITY



Don't forget to keep up to speed with the URC and Parish
Church from page 47 onwards.

FRESH COFFEE & CAKE

St Mary's Church
Tuesdays
13th & 27th August
10.00 – 12.00

Enjoy a cup of freshly
brewed coffee or tea and
cake.

*Bring a friend or meet new
ones.*

Mendlesham's Best Real Ale 10th Anniversary Limited Edition



Ready at the Festival: Pre- Order
in church or through website:
www.mendleshamfest.co.uk

pay on collection: £3 a bottle, £35
a dozen



MENDLESHAM EDUCATIONAL FOUNDATION

Are you planning to go to college or university later this year? The above Charity has limited funds available to give grant assistance to eligible students under the age of 25 living in Mendlesham, or whose parents live in Mendlesham.

Applications forms can be obtained from the Clerk to the Mendlesham Educational Foundation.... mike@favager.co.uk or 01449 766007.

Completed application forms must be received by 3rd September to be considered for the autumn term payment.

Reasonably priced transport in your community

BSEVC Connecting Communities provides reasonably priced transport for those wishing to travel, and who for whatever reasons are unable to access public transport near their homes. Often in more rural locations public transport is so infrequent that it is not possible to get to and from appointments, work or schools at the necessary times, or where there are bus stops and train stations they may not be within the passenger's walking capacity.

Our chief aims are to prevent people from becoming isolated in their homes and to offer them the opportunity to be independent, not totally reliant on their families and friends.

We have three fully accessible vehicles which cover, Mid Suffolk. We also operate a community car service. Most of the cars used are owner drivers. We are totally reliant on volunteer drivers to keep our services running.

Fares for the fully accessible vehicles are 1-5 miles £2.40, 6-9 miles £3.30, 10-14 miles £4.20.

The Community Car Service is charged differently at 54p per mile (inc VAT) and £1.20 booking fee for a single journey (also inc VAT).

To book journeys just give us a ring and we will take you through a quick registration process and then take details of your travel requirements.

We urgently need VOLUNTEER DRIVERS to keep our much valued services operating.

With more volunteer drivers we can take more passengers to hospital appointments, clinical appointments, day centres, social clubs, shopping, and visiting relatives and friends. We have a number of care home and shop staff who rely on us to get them to and from work. We also have passengers who use us regularly to get to pick up points for public transport.

We know from passengers' comments that they are very grateful for the services we provide and for us and our volunteers this is very rewarding and satisfying.

Francesca, based in our Stowmarket office will be so grateful to hear from any prospective volunteers and will be able to give you all the information you need to apply to join us.

FOR BOOKINGS, VOLUNTEERING OR MORE INFORMATION ABOUT OUR SERVICES PLEASE RING 01449 614271 OR EMAIL: bookings@bsevc.co.uk all our staff will be happy to help.

Free
read

By whoever

3rd Monday Book Club

Monday August 19th 2019, 7-8pm

We are a small informal book club who, apart from this month, agree to read the same book and then discuss it. We think we are relaxed informal and welcoming. If you've wondered about joining a book club, why not join us?

Free read by whoever

It's summer. For a change this month it's a free read; read what you like, perhaps an airport novel, perhaps a celebrity biography, hopefully an engrossing page turner. Just turn up and chat about a book you've enjoyed and perhaps get some ideas for your next good read.

7pm; Flat 9, Thorpe House, Ducksen Road, Mendlesham

Relaxed, informal and light hearted – please join us. We have biscuits

Previously: 'The Last runaway' (*Historical*); 'The Trouble with Goats and Sheep' (*Suburban*); 'Our House' (*Howdunnit*); See Jane Run (*Psychological thriller*); Conversations with Friends; The Hopes and Dreams of Lucy Baker (*Romantic Fiction*), Milkman.(tbd), The Western Wind (historical whodunnit); We have always lived in the castle (*Mystery Thriller*); The Mars Room (novel)



CURTAINS UP
PRESENTS

DIG FOR VENGEANCE

A MURDER MYSTERY
BY PATRICIA GAY

SATURDAY 5TH OCTOBER

WETHERINGSETT VILLAGE HALL | 7PM FOR 7.30 START
TICKETS £10 | INCLUDES A 2 COURSE SUPPER
THERE WILL BE A BAR AND RAFFLE

TICKETS FROM 01449 767752

**Because Childhood
Can't Wait!**

**Home
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Support and friendship
for families



Be Amazing and become a Home-Start Volunteer

We recruit and train volunteers to support families with children aged 11 and under in their own home. We couldn't carry out this vital work without volunteers, so if you are a parent, grandparent or step parent and can spare 2-3 hours a week to do something amazing, please contact us.

**For more information call Linda on 01379 678552
or email office@homestartmidsuffolk.org.uk**

Home-Start Mid & West Suffolk Registered charity no. 1127760



COME TO
MENDLESHAM W.I.
GROW, COOK & SEW



TUESDAY, 20th AUGUST
at 7 pm

Mendlesham Community Centre

ADMISSION 50p
MENDLESHAM MEMBERS FREE

Produce Stall, Book Stall,
competitions, raffle and tombola

Please support the local W.I.



All Children Welcome!
1st Sunday each month
@ 9.30
- Old Schoolroom*
then St Mary's Church
10.00 - 10.30



* at corner of Old Market St & Chapel Rd

Mendlesham Walks



No Walks in August
Keep a look out for September details



‘Mendlesham Movers - Walking for Health’



No Walks in August
Keep a look out for September details

Mendlesham Community Centre – Small Hall



FILM NIGHT

No Film Night in August
Keep a look out for September details

Coming during the year:

Dumbo Fisherman Friends

Are you on Facebook?

If so have a look for ‘**Spotted in Mendlesham**’
&

‘**Mendlesham Green Residents**’

pages to keep up to date with what’s going on in the villages.

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Council. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

TOTE RESULTS

1st June		8th June	
Drawn at Mason Court		Drawn at Galloways	
Mrs Daphne Le Gry	£20	Mrs Alison Millin	£20
Mr Ian Goode	£12	Mr Malcolm Cook	£12
Mrs Sue Palmet	£8	Mrs Louise Matthews	£8
Mr Mike Exley	£4	Mr Brian Gardiner	£4
15th June		22nd June	
Drawn at Mother & Toddlers		Drawn at Pre-School	
Mr Peter Cole	£20	Mrs Hannah Gadie	£20
Mrs Nicky Wright	£12	Mr Mike Lawrence	£12
Mendlesham Pre-school	£8	Mrs Eve Smith	£8
Mrs Denise Foster	£4	Mrs Milly Driver	£4
29th June		<p style="text-align: center;"><u>United Reformed Church</u></p> <p style="text-align: center;">MURCies Coffee Bar</p> <p style="text-align: center;">Friday - 9th August 2019 10am - 12pm</p> <p style="text-align: center;">Knit and Natter</p> <p style="text-align: center;">Monday - 12th August 2019 2pm - 4pm</p>	
Drawn at 50/50 Shop			
Mrs Joan Raynor	£20		
Mr Colin Geyman	£12		
Mrs Jill Wiltshear	£8		
Mr David Wright	£4		

Mendlesham

Baby and Toddler Group

Meets in the large hall of the Community Centre.
Tuesday and Thursday Mornings
9:15 - 11:30



Come and join us for a drink, snack,
activities and a large space to play in.

Contact Sabrina on 07809878834
if you would like further information.

MENDLESHAM OVER 60's CLUB – JUNE 2019

June 12th

Thirty-eight members set off from the King's Head at 9.30. It was very dull but still dry.

We stopped at Tiptree Jams for morning coffee and by the time we left it had started to rain and the rain did not take a break for the rest of the day. We tried to ignore the weather but spent most of the time in coffee shops. We were all pretty sodden by the time we got back on the coach. Everyone had listened to the weather forecast and were appropriately dressed. There was no need for sun cream but an umbrella was essential. It was still raining when we got back to Mendlesham - an interesting day!

June 26th

Tina Pipe welcomed forty members to this meeting. We had all got over our trip to Walton. Lists were sent round for our next two trips, one to Felixstowe on 17th July and Ely on 28th August. Flower Show schedules were available and any tombola items are to be taken to Paul Allen. All entry forms must be handed to Annette Taylor by 29th July.

Our speaker was Mr Reg Snook talking about his life as an artist.

Reg was always interested in drawing and birds. As a lad he collected birds eggs but in later life he became a protector of birds of prey. He won a scholarship to Grammar School but his parents could not afford to send him. However his older brother said he should go and paid for him to go. He was not very academic and only gained his A Level in Maths after serving in the Army. He was a Grenadier Guard and was sent to Africa as a peace keeper but his talent for Art later led him to set up business on his own. He showed us paintings he has done of birds, people, children, trains – such a talented and interesting man.

Competition: A copy of a famous painting.

First: Colin Geyman Second: Pat Lockwood Third: Enid Lambert.

Marcel led us in the anthem to close.

Next Meeting: 28th August - all day outing to Ely.
Leaves King's Head 9 – 9.30 am.

Mendlesham WI ladies enjoyed a presentation from Sally Sibey of Sutton Hoo on the history of the three Hoos and the new exhibition space, riverside walks, viewing platform, ships and sculptures, opening on the 3rd August this year. Sally was a fantastic presenter and kept us all enthralled. A replica of the gold helmet and other artifacts were on display for us to enjoy..

A group of ladies enjoyed a trip to Muntons in Stowmarket for a tour and a presentation on how MALT extract is in so many of our everyday foods.



Fetching blue hair nets were required for the tour of the Center of Excellence.

Anita gave a presentation on her trip to the National AGM in Bournemouth and said what a fantastic experience it was.

The competition results were. First Linda Gayman, second Beryle Clark and third Ruth Orchard.

The next meeting will be the Annual Grow Cook and Sew show on the 20th August, this will be in the Mendlesham Community Center Large hall at 7pm. We welcome all visitors, come and try your hand at traditional games, admire the flowers and produce and enjoy a cup of tea.

Mendlesham Annual Fayre – Community Meeting 27 June 2019

Judith introduced the meeting. The community council committee members introduced themselves (Carolyn, Sandra, Jean, Nancy, Angela (and Meg and Judy)).

The Street Fayre costs about £5k to put on. Money raised supports community events and organisations.

Keep the good things, but refresh with new things.

The next Street Fayre will take place on Monday 25th May 2020.

Lots of ideas were put forward, too many to list in the newsletter.

MENDLESHAM DIRECTORY

Ancient Order of Foresters	Dawn Smith	766466
Bar - Community Centre/Social Club	Rachel Brown	07506 388119
Bowls Club	Peter Coleby	766985
Brownies	Brenda Stannard	766308
Carpet Bowls	Kenny Ager	766146
Com. Centre/Small Hall Bookings	Rachel Brown	07506 388119
Community Council	Carolyn Triscott	766563
Community First Responders	Mike Favager	766007
Community First Responders Coordinator	Chris Hame	767755
Computer Club/Saturday Cafe	John & Brenda Player	768101
District Councillor	Andrew Stringer	01449 780339
Film Nights	Judith Howard-Rees Geoff Clarke	07770 746619 766447
F.O.M.S.A	C.P School	766224
Friends of Mendlesham Health Centre	Phil Tucker	01379 678400
History Group	Sue Michell	766434
Mendlesham Camera Club	Mike Favager	766007
Mendlesham Scout Group for Beavers, Cubs and Scouts	Peter Freeman Martyn Bryant	01449 766676 01379 788998
Mendlesham Explorer Unit	Jonathan Freeman	01449 766676
Mendlesham FC	Tim Mack Angela Lockwood	07909 810681 07845 471154
Mendlesham Pre School	Annette Chilvers	766041
Mendlesham Toddler Group	Sabrina Webb	07809 878834
Mendlesham Walking Group	Judith Howard-Rees Keith Shelton	07770 746619 768744
Mendlesham Writers Group	Noel Fletcher	766968
Newsletter - Editor	Gemma Green	07733 333659
Old School Room Bookings	Daphne Lambert	766320
Over 60's	Tina Pipe	766339
Parish Council & Playing Field	Sharon Jones	766139
Rainbows	Becky Froude	01473 747772
School Governors	Sharon Jones	766139
St Mary's Parish Church	Father Philip Gray	766359
St Mary's Church Council	Hazel Spalding	768616
Trustees of Charities	Mike Favager	766007
United Reformed Church	Margaret Jackson	766321
Village Recorder for Mendlesham	Geoff Clarke	766447
Woman's Institute	Anita Scruby	766902

Garwood's

OF SUFFOLK

TREE SERVICES AND GROUNDS
MAINTENANCE



CROWN LIFTING
TREE FELLING
DISMANTLING
REDUCTIONS
PRUNING
THINNING
STUMP GRINDING



BASED IN WORTHAM, WE ARE DEDICATED,
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AND INSURED, RELIABLE AND
PROFESSIONAL.
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AND TO THE HIGHEST STANDARD.

FOR A FREE ESTIMATE PLEASE CALL
Lee Garwood
Tel: 01379 890617 / 07880 528142
GARWOODSOFSUFFOLK@YAHOO.COM



New Pilates classes at Stoke Ash Primary School

New Term starts Thursday 6th June.

9:45am Beginners & 11:00am Mixed Ability Group

Or join my existing classes on Mondays in Thorndon,
Tuesdays in Rickinghall or Tuesdays & Wednesdays in Mellis.

Pilates can benefit everyone, no matter what age, size or
fitness level. My Classes are small groups to give you the
attention you need.

Call Eleanore on 07881 814146 to book a space.
£7 per class when booking for the term or £8 drop in.
Your first class is free, so why not give it a try!

Improve flexibility, improve strength,
improve posture, improve life.



Aisling Practice

Aisling counselling

A fresh positive approach to individual and
couples counselling.

I offer a comfortable tranquil relaxed room at the scultura clinic at Mendlesham Health centre, Chapel Road, Mendlesham IP15 5SQ. This allows you a peaceful setting where you can fully explore your feelings and emotions. This is of course completely confidential .

I deal in all areas of depression and anxiety, eating disorders, abuse, Body image, low self esteem, addictions, self harm and suicidal thoughts .

In couples counselling, I deal with communication difficulties, and all relationship issues and i aim to help you find the balance you both need to regain togetherness and love in your relationship.

Please contact me Jill Mitev-Will BA(Hons) MBACP
mobile: 07800 639141 landline: 01379 897055
Email: aislinghousepractice@gmail.com
My web site : www.aislingcounselling.co.uk



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GROUND CLEARANCE
GARDEN WASTE CLEARANCE

CONTACT US
FOR A QUOTE



T: 07738 230549 E: mail@ortonreynolds.co.uk W: www.ortonreynolds.co.uk



PILATES 2019 NEW COURSE DATES!

Location: MENDLESHAM COMMUNITY CENTRE

WEDNESDAY - 6 Week Courses (£35)

Every Wednesday from 24th July – 28th August

5:30pm-6:30pm **OR** 6:45pm-7:45pm

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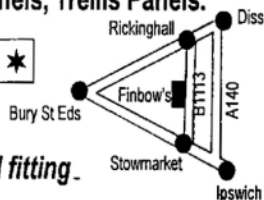
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MENDLESHAM CHAPEL



Minister: In Vacancy

SERVICES FOR AUGUST

Morning Service at 10.45am - 2nd & 4th Sunday

Afternoon Service at 4.00pm - 1st Sunday

4th Mr William Glasse (4.00pm)

11th Mr Stephen Horrex

25th Mr Ron Wade

MURCies Coffee Bar - 2nd Friday 10.00 - 12.00 (9th August)

Knit & Natter – Monday 12th August 2.00 - 4.00pm (not 26th, BH)

No Afternoon Fellowship in August

Psalm 62:1

*“Truly my soul finds **rest** in God; my salvation comes from him.”*

I'm finding this holiday lark a bit of an effort. No sooner is one holiday finished than the next one starts (“lucky you”, I hear in my ear). Well yes, I am, this year is a bit exceptional as I can't remember another year when I've had three holidays in one year.

But, the effort, particularly the mental effort, of getting ready for a holiday sometimes makes me wonder if it is worth it. Years ago, when I was a camper, it seemed much easier as I could only take one bag and what I stood up in. OK, it did take a bit of thinking about what I could wear – at least two jumpers, two coats, two pairs of socks and my walking boots, but the bag contained only the very minimum. Now my bones are weaker or the ground is harder, not sure which, I opt for more luxurious accommodation and I transport myself so I load up my car with everything you can think of, and more! There is also the mental effort that seems to go into the preparation for a holiday including who will water the garden, what clothes can't I wear as I want to take them, have I washed enough knickers to last the week, and making sure all is ready for NTV, (I am editor of our church magazine, News of Town & Village).

When younger I can't remember any of these being a concern.

Continued on page 48.....

.....continued from page 47

Often people will say to each other, you need a holiday, or the rest will do you good. I know it is good to get away from it all, except I'm so lucky there is nothing I really need to get away from. I've always been able to find a quiet place to relax and renew my batteries at home and yes, I admit, I don't always answer my phone. I certainly can't think of anything worse than going on holiday to spend hours waiting at an airport followed by day after day sitting by a pool, partly because I don't enjoy hot weather and because I get very restless! The things that I find restful can, perhaps, best be enjoyed closer to home. I'm perfectly happy walking, watching birds (although I'm not a "twitcher"), watching Ipswich Town, and being with friends and family. I can even admit to being most rested at home in my own garden with a cup of coffee watching the weeds grow. I do venture further afield but it's usually to the Lake District or Norfolk where there is plenty of walking, although I must say my walks are often shorter than they used to be and interspersed with more "rest" stops.

However you find your rest, we do all need to take time out from daily life to renew our energy. Our good Lord, Jesus Christ took time out as we read in [Mark 6:31](#) "Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest."" We also know that God rested from all his work on the seventh day and our God tells us to find our rest in him and urges those who are weary and burdened to come to him so he can give them rest.

Wherever you find yourself this summer may you find the rest you need.

Anne Scarff (Secretary of Stowmarket Group of URC Churches)



**New USAAF 34th Bomb
Group Memorial Mendlesham
Flower Rota**

**Margaret Brundish
August**



ST MARY'S MENDLESHAM

www.stmarysmendlesham.org.uk

You are welcome to worship at any of our services.

SUNDAYS:

9.30 a.m. Parish Mass & Address

JAM (Jesus & Me) for children:
4th August at 9.30 in Old Schoolroom,
then to church at 10.00

First Mass of Sunday:

Saturdays: 3rd & 24th August - 9.30;
10th, 17th & 31st August - 7.30 pm.

Daily Mass: *see calendar on back page & check porch notice & bulletin*

Daily Morning & Evening Prayer
see porch notice.

**Baptism (Christening), Weddings,
Anointing of the Sick & House
Communion** - *contact Fr Philip*

Sacrament of Reconciliation:

2nd Aug – 4.30 pm; 10th Aug – 6.30 pm;
12th Aug – 6.00 pm; 13th Aug – 12.00;
14th Aug – 6.30 pm; 17th Aug – 6.30 pm;
23rd Aug – 4.30 pm; 31st Aug – 6.30 pm
or contact Fr Philip



Vicar:

Fr Philip T Gray, B.A. S.S.C.
Mendlesham Vicarage
01449 766359

Churchwardens:

Andrew Fleming
01449 711065

Chris Elstone
07530 769676

WHAT'S ON THIS MONTH

Everyone is welcome at all events listed here

2nd Aug	2.30 pm: Mass at Mason Court followed by refreshments
3rd Aug	9.30 am: First Mass of Sunday; 2.30 pm: Round Towered Churches Tour, starting at Mundford & on to Feltwell and Weeting
4th Aug	9.30 am: Parish Mass; JAM in Old Schoolroom
10th Aug	2.30 pm: Wedding: Ashley Blake & Amy Johnson
12th Aug	9.30 am: Requiem Mass: August anniversaries
13th Aug	9.30 am: Mass: 10.00 – 12.00: Coffee & Cake in Church
14th Aug	EVE OF THE ASSUMPTION OF OUR LADY 7.30 pm: Mass (said) & crowning of Our Lady
15th Aug	ASSUMPTION OF OUR LADY 9.30 am: Mass (said)
16th Aug	<u>MENDLESHAM SUMMER FESTIVAL – Patronal Festival</u> 7.00 pm: Blessing of Beer, Sung Mass of Assumption, Procession & Benediction: Celebrant & Preacher: Bishop of Richborough 8.30 pm: Hot Dogs, Beer, Wine & Tombola in S Churchyard 9.15 pm (approx.) Fireworks to music
18th Aug	ASSUMPTION OF OUR LADY 9.30 am: Parish Mass
20th Aug	7.30 pm: Mass (said) followed by silent prayer before the Blessed Sacrament. 8.45 pm: Night Prayer & Benediction
22nd Aug	2.30 pm: Mass, laying on of hands & anointing for Healing
23rd Aug	2.30 pm: Mass at Mason Court followed by refreshments
24th Aug	9.30 am: First Mass of Sunday n.b. change of time
26th Aug	8.00 am: Mass at Mendlesham Pilgrimage for Healing & Renewal at Walsingham: 12.00 noon: Sung Mass (+Robert Ladds) 2.30 pm: Sermon (Fr Gary Ecclestone) sprinkling with Walsingham water, laying on of hands & anointing and Benediction
27th Aug	9.30 am: Mass: 10.00 – 12.00: Coffee & Cake in Church
29th Aug	6.30 pm: Mass (said) followed by silent prayer before the Blessed Sacrament. 8.45 pm: Night Prayer & Benediction
	LOOKING AHEAD
1st Sept	9.30 am: Parish Mass; JAM in Old Schoolroom 6.00 pm: Evensong at Fordham, nr Downham Market; Preacher: Fr Philip. Fordham is a church saved by the Friends of Friendless Churches

Fr Philip Writes...

August is the month of our Patronal Festival – the Assumption of Our Lady – and it is closely associated with the message of Easter. The **Good News** of

Easter is that Jesus has triumphed over sin and evil and so will we if we open our hearts to his Easter Power. **The Good News** is that every 'Good Friday' in our lives can be turned into an 'Easter Sunday' and that nothing can defeat us any more – not pain, sorrow nor even death. **The Good News** of Easter is that Jesus will work a miracle in our lives today if we open ourselves to his Easter power. The disciples believed again after despairing; they loved after hating. The power of Easter continues to work miracles in people's lives wherever it is preached and wherever people open themselves to it.

Mary was the first to respond to the **Good News** when she said 'YES' to Gabriel so that God could become flesh from her flesh. When she received the Word of God she set out to share the Good News with her cousin Elizabeth. Mary is the first human being to bring the **Good News** of Jesus to someone else and she does it simply by carrying Christ within her. The Assumption of Mary is one of the oldest



celebrations in the Church. Mary, the one who bore in her womb the Messiah – God made Man – has not been left to return to dust, but is in heaven body and soul. She is now what we will be in due course.



What is this feast saying to us? It says that we, too, are called, body and soul to glory. Mary's glory in heaven pledges that Christ brings everlasting life to all who put their hopes in him. This celebration is Mary's Easter. She is the woman of our harvest-time, when the earth is laden with golden corn and ripe fruit is waiting to be gathered in. The Assumption reveals the importance of the body, as the whole person is called to participate in the mystery of salvation. It is a reminder that we will one day die and stand before Jesus, the first judge (**2 Timothy 4 v 8**). Are we ready to meet Jesus

now? Do we pray for a happy death? This feast calls us to prepare with hope and confidence in God's mercy for the moment of our death.

FROM THE PARISH REGISTERS

HOLY MATRIMONY

29th June: David Fordham and Alix Juby

HOLY BURIAL

22nd June: Joan Maud Rogers, aged 91 (cremated remains)

25th June: Hilary Fenning, aged 64 (cremated remains)

✱ FIREWORKS ON 16th AUGUST ✱

9.15 pm for 10 mins (approx. times)

✱ Please keep pets indoors ✱

www.mendleshamfest.co.uk

PARISH CHURCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR AUGUST 2019

Date	Church Festival	Mass	Intention (we pray especially for...)	Parish Intention
1	St Alphonsus	/	mission	Front Street / Old Orchard
2	St Eusebius	2.30 pm MC	all who reject Christ	Old Market St / Braybrooke Close
3		7.30 pm	future of St Joseph's Centre	Mill Road and Hobbies Lane
4	18th of YEAR C	9.30	Parish and Congregation	Chapel Road
5	Dedication of St Mary Major	9.30	Friends of St Mary's	Church Road / St Mary's Gardens
6	TRANSFIGURATION OF OUR LORD	9.30	all communicants	Brockford Road
7	St Sixtus	8.00 am	the sick	Glebe Way
8	St Dominic	9.30	Christian Unity	Freelands
9	ST TERESA BENEDICTA OF THE CROSS	9.30	people of Europe	Ducksen Road
10	ST LAWRENCE	7.30 pm	all who are persecuted	Horsefair Close
11	19th of YEAR C	9.30	Parish and Congregation	Mason Court
12		9.30	the departed: August anniversaries	Mayfield Way
13		9.30	all who feel lost or abandoned	Mead Way
14	EVE OF ASSUMPTION OF OUR LADY	7.30 pm	Walsingham	Old Station Rd / Cuttings Close / Schools Close
15	ASSUMPTION OF OUR LADY	9.30	Parish and Congregation	Middy Close / The Sidings
16	ASSUMPTION OF OUR LADY	7.00 pm	Society of Mary	Wash Lane / Oak Farm Lane
17		7.30 pm	Society of Our Lady of Walsingham	Norwich Road / Bluehouse Lane
18	ASSUMPTION SUNDAY	9.30	Parish and Congregation	Mendlesham Green
19		9.30	generosity in giving	Tan Office
20	St Bernard	7.30 pm	students receiving exam results	Outlying houses
21	St Pius X	8.00 am	all who are unemployed	Farms in Mendlesham
22	Queenship of BVM	2.30 pm	Ministry of Healing	Local industries
23	St Rose of Lima	2.30 pm MC	greater love of God & neighbour	Pub, Community Centre & places of recreation
24	ST BARTHOLOMEW	9.30	our bishops	Mendlesham School and Pre-School
25	21st of YEAR C	9.30	Parish and Congregation	SMF: Patrons of Mendlesham
26		8.00 am	the Pilgrimage to Walsingham	Village Organisations
27	St Monica	9.30	The Guild of All Souls	Fr Philip
28	St Augustine	8.00 am	Christian Aid	Other places of Worship
29	Martyrdom of St John the Baptist	6.30 pm	all in prison	PCC, Parish and Community Councils
30		9.30	a greater readiness for Christ's coming	Local Doctors and Nurses
31		7.30 pm	the Samaritans	Neighbouring parishes

MC = MASON COURT SB = SEE BULLETIN

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