

MENDLESHAM NEWSLETTER



Issue 411

November 2017

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Mendlesham (01449 766895)
Pat Winslett 19 Glebe Way,
Mendlesham (01449 767803)

Deadline for December issue is
6th November 2017

We produce 12 issues per year
which are delivered to every
household in the location of
Mendlesham.

Front Cover Photo

Meg Clarke

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Editorial

Welcome to the November issue. We have been so lucky basking in the high Autumn temperatures that this penultimate month on the year has crept upon us kindly. This is a month of remembrance and also about many activities all around the parish. Take a few minutes to read the details in this newsletter.

Best Wishes
Gemma

Mendlesham Community Council



FIREWORKS TO MUSIC



Playing Field, Station Road, Mendlesham
Sunday 5th November 6 for 6:30pm start

Hot food, Hot & Cold Drinks.

Adults £3 in advance £4 on the gate
Under 16's £1 in advance £2 on the gate

From Michael Denny, Front Street
Mendlesham Bakery, Mendlesham Post Office
Sandra Exley 766246; Jean Abbott 766895;
Carolyn Triscott 766563

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**NO PRIVATE SPARKLERS OR FIREWORKS
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(Please buy tickets.)

Last year the Community Council lost money on this event)

DISCLAIMER

All adverts are placed in good faith and the publishers cannot undertake responsibility for work carried out. Please note that the opinions expressed in articles are not necessarily those of the Mendlesham Newsletter committee or the Community Council. We cannot be held responsible for the accuracy of material submitted for publication, however we reserve the right to include, edit or amend as we think appropriate. Mendlesham Newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that these errors may be corrected in future editions.

MENDLESHAM 'SAT-CAF'

Saturday, 4th November 10.00 – 14.00
OLD SCHOOL ROOM, MENDLESHAM

**Pre-Ordering or Take-Away Orders, phone the Café
on 01449-767727 from 10 a.m.**

**Morning Coffee, Light Lunches and Afternoon Teas,
including delicious homemade Quiches, Soups, Cakes
and Desserts.**

**October Draw Winner (Sat-Caf Dinner for 2)
Pat Flounders**

Mendlesham Walking Group



Saturday 4 November 2017

**Meet at Community Centre Car Park
10.30am**

**A local walk within our Parish and Lunch at the Internet Café
Dogs on leads welcome**

**For further details or comments contact:
Judith on 07770 746619 or email mendleshamwalks@gmail.com**

Diary Dates for December and 2018 to be confirmed

SNIPPETS FROM THE PARISH COUNCIL



Parish Clerk: Sharon Jones, Honeysuckle, Hockey Hill,
Wetheringsett, Suffolk IP14 5PL

Tel 01449 766139

Email: parishclerk@mendleshampc.org

Web site: www.mendlesham.onesuffolk.net to 31st October
then <http://mendlesham.suffolk.cloud>

Your Councillors are:

- Andy Davey 07550011831
- Mike Exley tel 766246 (Chairperson) (Emergency Planning Co ordinator for Mendlesham)
- Denise Foster tel 768978
- Norman Foster tel 768978
- David Nunn (Emergency Planning Co ordinator for Mendlesham Green, Tan Office and outlying properties) tel 767158
- Helen Orton tel 767741
- Liz Ward tel 766562
- Madeline Watson 766910
- Sabrina Webb

Meetings:

Wednesday 8th November 2017

7.30pm Old School Room Mendlesham, Ordinary Parish Council meeting.

Wednesday 6th December 2017

7.30pm Old School Room Mendlesham, Ordinary Parish Council meeting.

MENDLESHAM 50/50 SHOP

Opening hours – Tues, Thurs and Fri 2pm – 4 pm
(LOCATED NEAR THE SWINGS)

The shop is well stocked for the winter now and we would be very pleased to see more customers so that we can raise more funds for the Community Centre.

There are many good quality items available, including baby clothes, boys and girls clothes, school uniform and adult clothing, including shoes and plenty of warm coats and jumpers.

Please come and browse. Perhaps you will find a bargain.

**REMEMBER HALF THE MONEY RAISED GOES TOWARDS
THE COST OF RUNNING THE COMMUNITY CENTRE.**

Community Centre Coordinator

A vacancy has arisen for a Community Centre Coordinator for the Mendlesham Community Centre Charity.

Working from your home and the Community Centre you will be reporting to the Parish Council. Your duties will include:

- Responding to booking requests in a timely and courteous manner
- Managing the booking system
- Showing potential hirers the facilities
- Managing hirers needs and expectations
- Helping ensure the facilities are maintained to a high standard

The successful candidate will:

- Have excellent literacy, numeracy and communication skills
- Have good attention to detail
- Be able to work unsupervised
- Be proficient in using a computer
- Have an Internet connected computer, printer and their own transport

Full induction and training will be given.

Please contact Sharon Jones, the Parish Clerk for further information, including an application form. Tel 01449 766139 email parishclerk@mendleshampc.org

Applications should be made in writing to the Parish Clerk before the closing date Friday 17th November.

Interviews to take place Wednesday 29th November

HARVEST SUPPER

The Community Council Harvest Supper this year was a huge success with over 80 attending a delicious meal and dancing to the Skylarking Folk Band. Every year we caterers worry if many people come, will we have enough food, and this year was the same. On Friday we had sold less than 60 tickets so we phoned the butcher to cut down on meat. some of us reduced the size of our salads. On Saturday morning, a few more people said they were coming so numbers had increased to 67. Saturday afternoon, more people phoned for tickets and so by late afternoon we were up to about 80. This meant at 5 o'clock some of us were in a panic trying to make extra food. WE WANT YOU TO COME! we really do! But please can we ask you make a decision and book your tickets earlier, not just to help us out but to make sure you have plenty of food! Thank you to all the people who brought food and helped set up and put away tables at the end. A really fantastic evening.

Parish Council:

Future Growth of Mendlesham:

At the time of writing we have held the event on Friday 6th October with the second event on Saturday 21st October 10am Old School Room still to follow. We had a good turnout with good comments from yourselves at the first event and hope for the same on the 21st October. We do appreciate that we seem to be continually asking for your thoughts mainly on the same subjects, all related to growth and planning matters. However this is so important for Mendlesham parish, we need to continue to seek your views in order to make informed decisions for those things we have control over and take forward as evidence for those matters that we do not have the power to decide but can represent your views.

Parish Council:

Housing Needs Survey:

Whilst we commissioned a housing needs survey in 2010 and also obtained information from Mid Suffolk District a couple of years ago now for our Neighbourhood Plan, we have just commissioned another survey which we will be asking you to complete early in the New Year.

It has become very clear, that the level of need, some 10-14 dwellings previously obtained, is so much lower that what you tell us when attending meetings and discussing this subject.

More information will follow shortly, but it is essential that whatever your individual circumstances, you or someone helps you complete the questionnaire so that we have the information/evidence so please help. We will need volunteers to distribute the questionnaires on a similar basis as the Neighbourhood Plan questionnaires a few years ago. So if you helped and can help again please can you let the Parish Clerk know.

Parish Council:

Community Centre:

Arrangements are now in place to recruit a Mendlesham Community Centre Coordinator to replace Louise. Please see the advert within this newsletter.

Thank you for your patience whilst there was a handover between Louise and Sharon who is undertaking the role pending recruitment. Please note that any email enquires regarding the community centre can be forwarded to communitycentre@mendleshampc.org or Sharon can be contacted on 01449 766139 between 9-5pm Monday- Friday for administrative matters and other times in case of an emergency.

Parish Council:

Website:

With effect from 1st November we will have a new website

<http://mendlesham.suffolk.cloud>

The new site and design makes us more accessible on a variety of devices and gives us tools to offer a better level of service to the parish, for example viewing Community Centre availability online. We hope that you enjoy using the new site.

MENDLESHAM COOKING CLUB

COME AND JOIN IN
HAVE SOME FUN MAKING DELICIOUS FOOD TO TAKE HOME

DATE	TIME/LOCATION	AGE GROUP	COST PER SESSION	FOODS BEING COOKED
SATURDAY 9 TH DECEMBER	10-1.30PM COMMUNITY CENTRE SMALL HALL PLEASE NOTE EXTENDED FINISH TIME	4YRS -12YRS	£6.00	CHRISTMAS TREATS

PLEASE CONTACT SYLVIA LYONS ON
01449 768657 OR
SYLVIALYON@AOL.COM
OR
SANDRA EXLEY ON
01449 766246

APPLICATION/CONSENT FORMS AND COST OF EACH SESSION MUST BE COMPLETED AND PAID BEFORE THE CLASS
PLEASE BRING AN APRON TO WEAR AND A BOX/BAG TO TAKE THE COOKED FOOD HOME

ALL NET PROFIT WILL GO TO THE COMMUNITY CENTRE CHARITY
IF YOU WOULD LIKE TO HELP OUT ON ANY OF THE SESSIONS PLEASE LET SYLVIA KNOW.

Mendlesham Community Centre - Small Hall



FILM NIGHT

Friday 24th November 7pm

Mama Mia!

Bring a cushion! Coffee/Tea, Cake, Raffle Prizes available

Mendlesham History Group

Wednesday 15th November, 7.30pm

URC Chapel, Old Market Street

Talk by Anthony Cobbold

History of the Cobbold Family'

Non-members £3

Books on the Cobbold Family will be available to purchase at the talk

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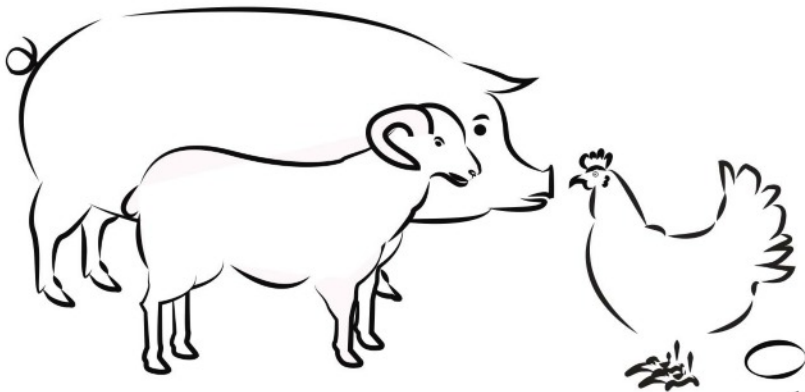
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TOTE RESULTS

2nd September		9th September	
50/50 Shop		Mother & Toddlers	
Mrs Alison Smith	£20	Mrs Linda Harvey	£20
Mrs Marion Evans	£12	Mr Malcolm Rendall	£12
Mr Peter Andrews	£8	Mrs Margery Stannard	£8
Mrs Beryl Clark	£4	Mr Sarah Morgan	£4
16th September		23rd September	
Mother & Toddlers		Mother & Toddlers	
Mr Robin Hails	£20	Mrs Judy Heard	£20
Mr & Mrs D Crisp	£12	Mr Michael Denny	£12
Mr Jeff Squirrell	£8	Mr Simon Furze	£8
Mr Brian Abbott	£4	Mr D O'Neal	£4
30th September		<p style="text-align: center;"><u>United Reformed Church</u></p> <p style="text-align: center;">MURCies Coffee Bar</p> <p style="text-align: center;">Friday - 10th November 2017 10am-12pm</p> <p style="text-align: center;">Knit and Natter</p> <p style="text-align: center;">Monday - 13th & 27th November 2017 2-4pm</p>	
Drawn at Post Office			
Mr Chris Stannard	£20		
Mr Andy Davey	£12		
Mrs Janet Clark	£8		
Mrs Melanie Hadfield	£4		



MENDLESHAM CAMERA CLUB



The Camera Club will meet again on November 7th, 7.30pm in the Old School Room. Our photo challenge will be 'autumn colours', which we will view on the screen and discuss, followed by a cup of coffee and a chat about something photography related. We are a small group of mixed photography ability and new members are always welcome. We pay just £1.50 at each meeting. Come and give us a look! Check the club out on the website: <http://www.mendleshamcameraclub.co.uk>.

MENDLESHAM OVER 60s CLUB

Tina Pipe welcomed 48 members to our September meeting. Birthday greetings were given to four members with September birthdays. Members were given a break-down of the money we raised in July's Flower Show.

Marjorie Rousseau had tickets for sale for the Maasai Warriors who are at St Mary's Church on 20th October.

Our speaker was Dr. Karol Silosky of the Suffolk Accident and Rescue Services (SARS for short). SARS is completely financed by voluntary donations. They are first responders and can carry out some procedures which ambulance crews are not allowed to do. They are highly trained and their doctors also go on the air ambulance and stay with patients as long as they are needed. They have to do an awful lot of fund-raising to keep their services going. They work in conjunction with the normal emergency services. They work very hard considering the Government gives them no help. Dr Silosky had Christmas cards and calendars for sale and we also passed a bucket round for loose change.

Competition: An item from your first aid box – First: Joan Hill, Second: Ken Abbott, Third: Norman Foster. We had fifteen entries.

We did a quiz during our tea break. Joan Hill led us in the anthem to finish our meeting.

Next Meeting: November 29th – Mr Jeremy Lind “My life in horseracing”.

Competition: A horse in any medium.

MENDLESHAM CARPET BOWLS CLUB

The 2017-2018 season starts on

Tuesday September 26th at 7.30 pm

In the Community Centre Main Hall
and runs every Tuesday until April 3rd 2018

NEW MEMBERS ARE MOST WELCOME

CONTACT: Kenny Ager on 01449 766146

September 2017

President Anita welcomed thirty-one members and one visitor to our meeting on 19th September. With us were WI Advisor Andrea Davies and Trainee WI Advisor Claire.

Secretary Linda read the minutes of the July meeting and the report of the very successful Grow-Cook-And-Sew Show in August. Five birthday posies were given to members. Details of several upcoming events were discussed:- the 'Felting Workshop' on the 23rd September, the Group Meeting at Eye on the 28th September, Knit Stitch and Yarn on the 4th October, the 'Christmas Workshop' on the 25th November and the visit to the embroidery exhibition at the Museum of East Anglian life. Orders for WI calendars and diaries were taken. Over four hundred and twenty three pounds has now been raised for the 'Denman Appeal'.

Ann Day our speaker for the evening then talked about 'Brewing in Ipswich'. As a guide taking people around Ipswich, she had a detailed knowledge of the history of the town and explained that the Anglo-Saxons first brewed ale there. Ipswich became very prosperous in Medieval times due to the wool trade so a profusion of hostelries, taverns, inns and alehouses sprang up, each having a different purpose. She showed us some of these old buildings that still exist. Ann then talked about the history of the Cobbold and Tollemache families and their part in brewing in Ipswich, as well as the decline and take-over of Tolly Cobbold. Although major brewing has declined in Ipswich, new smaller breweries have kept the tradition alive in the town. She then explained the difference between ale and beer and how they are made. Hops for the beer were grown up the Gipping Valley and these plants can still be found in the hedgerows locally.

Sheila Mayes won the competition with her tankard.

Our next meeting will be on November 21st in the small hall in the Community Centre. It will be our 'Annual Meeting'. Our speaker will be Geoff Clarke. He will be showing a film of Mendlesham 2016. The competition will be 'a home-made Christmas card'.

Mendlesham Writers Group

EVERYONE HAS A STORY TO TELL

It may be a thriller, a children's story, a poem,
a magazine article, a biography or whatever –
but something of your own.

The Mendlesham Writers Group meets in the Old School Room
at 7.30pm on the Second Tuesday of each month

If you have an interest in creating something written in your own style
and are 18+ we would be delighted to hear from you.

This new and exciting venture seeks to encourage like-minded folk to
stretch their imagination and improve their writing ability
by participating in the variety of writing exercises and in-house competitions –
AND have fun doing it in a relaxed and friendly atmosphere.



Please bring paper and a pen(cil)
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For more information please contact:

Noel K Fletcher

Phone: 0799-0522-103

E-mail: noelkfletcher@gmail.com



The Friends of St. Mary's Church

Invite everyone to join them at one of Kenny
Abbotts headbanging Quizzes

In the U.R.C. At 7.30 pm on
Friday 17th. November 2017.

Entry £3.50 which includes refreshments.

This is in aid of the church restoration fund.

We are a registered charity, No: 284983



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While your not home I can be.

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Friends of Mendlesham Health Centre (incorporating Bacton Surgery)



CHRISTMAS FAYRE
FRIDAY 1st DECEMBER
8.30 – Midday



Can you help out with a donation for any of the following stalls for this year's Fayre at Mendlesham Health Centre?

*Tombola Prize Draw Books Jigsaws Preserves
Cakes Crafts*

Contributions to any of the above would be greatly appreciated and may be left at either surgery, from 24th November (cakes on the day).

Unfortunately, bric-a-brac cannot be accepted

Parish Council:

Volunteer work in the Parish:

We are aware that this Parish benefits from a wealth of volunteer help doing a variety of work, some known to us and some very quietly. Even in the last few weeks and after a few years as Clerk, the Parish Clerk has become aware of two different footpaths being cut on a regular basis by two different sets of people.

This is absolutely great and saves the Parish considerable amounts of money a year, making Mendlesham the community that it is. Thank you.

We appreciate that some of you may wish to remain anonymous, but if you let the Parish Clerk know you are undertaking a particular role we can make sure we record that you are a volunteer and as such should be covered under the Parish Council insurance cover. Please all note, particularly if you would help with an organised snow clearance or even just clear the path in front of your house if we get snow this year? If we know, we can also make sure any one else who should be doing the work is actually doing it!

We have also had some situations whereby someone has just done something.

This community spirit is great but it can cause issues if the work is already being covered by someone else or is planned. There are loads of opportunities to help the community, but please, if you want to help, contact a Parish Councillor or the Clerk first.



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It's no life for any person or a dog to live on the streets with no home.

This year we are hoping to bring a little cheer at Christmas time to these people and their 4 legged friends to say that they have not been forgotten.

I am organising shoeboxes for homeless people and their dogs and I am hoping that you will be able to help.



Suggestion of items for the shoeboxes

Thermal gloves, thermal socks, thermal hat, scarf, roll-on deodorant (no aerosols) toothbrush, toothpaste, soft sweets, chocolate, plasters, notepad, pens, envelopes, stamps and a really nice touch would be to include a Christmas Card.

Doggy box

Dried dog food, treats, chew toy, collar, lead, fleece blanket

If you can help or if you belong to a club/organisation and would like to get involved that would be fantastic. Also if you cannot do a box but would still like to help with a donation, any of the items listed would be very much appreciated.

Boxes or items can be dropped off at my house any time from now until 15th December.

My contact details are - Julie Williams
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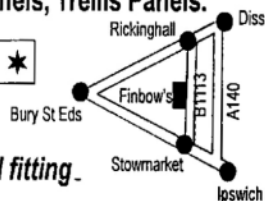
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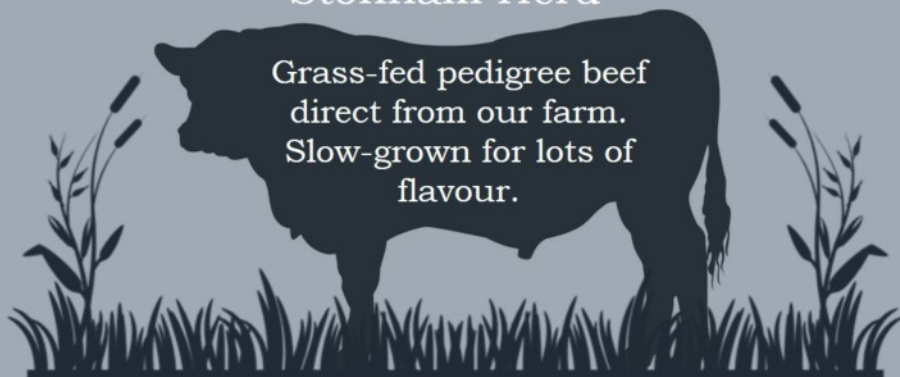
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14th November

Mendlesham Primary School 9.30am – 11am

Although it seems early to be thinking about this, applications opened on 12th September and will close on 15th January. Details on applying for Primary School places can be found on www.suffolk.gov.uk.

Of course if you have a school aged child you are welcome to visit us anytime to discuss your child joining us, however, the Open Morning gives you a chance to meet the staff, children and see our school in action. In the mean-time if you have any questions or queries about the school, please contact us on the number below.

We are pleased to announce that following an enormous fund-raising effort by our PTA (FOMSA) we have now had new play equipment installed in our playground, including outdoor gym equipment and a trim trail. Many thanks to the school and wider community who have supported us in achieving this goal!



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Mendlesham Parish Party's Chairperson's Report

On Monday 11th September 2017, the Parish Party Committee held their AGM. The Chairperson reported the committee has had a very successful third year together. We have held three successful fundraising events, Mason Court Social Evening in December 2016 which ended up more successful than last year with several new people coming and joining in the fun. A Coffee Morning at the URC in January 2017 which has continued to be a good social morning as well as prosperous and a Wheelbarrow Raffle at the Mendlesham Street Fayre in May 2017. The fundraising has been boosted by some generous donations and grants for which we are truly grateful. As detailed by the treasurer, our funds are continuing to go from strength to strength and will enable the committee to keep providing the community with the Annual Parish Party.

The 63rd Parish Party was held on 28th January 2017 and went extremely well with around 120 guests enjoying the evening. We received many compliments and supportive comments and the 60's entertainment went down well with the guests.

The Chairperson thanked the committee for their tremendous support and hard work over the past year and very much looking forward to arranging the 64th Parish Party for 2018 together.

The Parish Party Committee would like to draw your attention to a couple of events organised in the lead up to the Parish party itself:

- **Mason Court Fundraising Evening on Monday 4th December 2017** at 6.30pm in Mason Court. Everyone is very welcome to come and join in the fun.
- **Coffee Morning on Saturday 13th January 2018** in the URC from 10.00am
- **The Annual Parish Party** itself will be held on **Saturday 27th January 2018 from 4.45pm**. Please make a note in your diary if you are eligible to come.

Mendlesham Summer Festival 2017: Thank you The final profit from the Festival was £1462.75.

Thank you to all who helped:

Cleaning the church, arranging flowers, serving, filling candles, moving furniture, donating and serving refreshments, helping at the bar, tidying the churchyard and field, providing the fireworks, setting out the fireworks and solar lights, lending tables, lighting, power cables and dustbins, obtaining the Temporary Event Notice, sorting out the beer orders, arranging the float, providing the beer & setting up the barrels, liaising with the band, collecting, putting up and taking down the tents, banners, bunting & children's games, distributing posters, sending out press releases, sourcing and serving hot dogs and ice creams, attending the bouncy castle, manning the entrance gates, counting and banking the money, doing the accounts, delivering pre-ordered beer, clearing up ... and to all who supported it!



Fundraising Evening at Mason Court



In aid of Mendlesham Annual Parish Party

Monday 4th December 2017
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Morning Service at 10.45am - 2nd & 4th Sunday

Afternoon Service at 4.00pm - 1st Sunday

5th Mrs Veda Berriman (4.00pm)

12th Remembrance Sunday - Mr Keith Scarff

26th Mrs Nichola Glasse

Afternoon Fellowship – 1st & 3rd Wednesday at 2.30pm

1st Mrs Mary Durrant 15th Mrs Veda Berriman

MURCies Coffee Bar – 2nd Friday from 10.00 - 12.00 (10th November)

Mums Coffee Morning – 2nd & 4th Mondays from 9.00am (13th & 27th)

Knit & Natter – 2nd & 4th Mondays from 2.00 - 4.00 (13th & 27th)

'Turkey & Tinsel' Afternoon Tea – Wed., 22 November at 2.30pm, £4.00

£150 was donated to Christian Aid from our Harvest Festival offertories. Thank you to all who contributed. The Harvest produce was donated to Stowmarket Food Bank.

Let the Children Come

I hear a great deal of talk about the lack of children in our churches, and the concern about the long-term effect on the viability of our churches and chapels. It is borne out of the fact that most of our congregations are 'ageing', so there is fear of what will happen to the church in say 10 – 20 years' time. One person was asked, 'what will happen to our church when we're no longer here', to which they replied, 'it will probably remain an ageing congregation' – implying that people will continue to seek out a deeper meaning to life in their later years (I hope they're right!).

Yet we can't escape the knowledge that many of us were brought up at a time when Sunday Schools were thriving, where churches invested a great deal of time, energy and resources into the nurturing of children and young people. Children, for instance, on our council estate were 'rounded up' by a lady called Shirley Lawson, who took her own children to the village chapel, and encouraged others to join them – and I was one of them. If it happened now, it would probably be referred to as a 'walking Sunday School bus'!

The times, though, are a-changing (and they were long before Bob Dylan sang about it). In years gone by, church / chapel / Sunday School were one of only a few activities that were available on a Sunday – probably one of the reasons that some boast going THREE times a day and not just for an hour! Nowadays we appreciate that there are so many things to attract children and young people whether out and about or stay at home with electronic gadgets, or, with some, the need to visit a parent on a Sunday.

.....Continued from page 46.

These are very different times. I recall an occasion when children associated with the local church wanted to join a popular amateur dramatic groups, which started half hour before Junior Church finished. We requested that the children be given permission to arrive a little late to give scope for attending church first, but the request was turned down. I was horrified that these children were put a position that they had to choose.

Having acknowledged though that we find it difficult to compete with these many different demands, I wouldn't want to despair about where we find ourselves, but rather than see it as a challenge. Churches are, for instance, discovering a different way of 'doing Sunday school' especially as an after-school club. This is one of the reason why Messy Church' is so popular providing various activities; readings; singing etc on a Biblical theme and having a meal in the bargain. They're popular because they're fun and available at a time when it suits parents as well as children.

I can also refer to the success of 'Open the Book,' where volunteers take a school assembly, sharing a story from the Bible in word and dramatic form, that goes down exceptionally well with staff and children. They always include an invitation 'for those who would wish' to join them in a short prayer at the end. It always amuses me that a volunteer can be spotted in town by a child who might point them out to a parent and identify them with their latest Biblical character!

Recently a Year Six class were reflecting on some of the horrors that are occurring around our world in an activity that sought to confront the effects of both good and bad choices. They were reminded of the 'rippling effect' whereby a stone is thrown into a pool of water and the ripple extends far beyond its initial impact. Towards the end of the lesson, the teacher suggested that they spend a few minutes in silence, and take the opportunity to reflect on what they had been discussing. It is suggested that every child in the class bowed their head, closed their eyes, put their hands together, and quietly offered their own prayer.

This gives me encouragement for the future that children have the capacity to understand the need and power of prayer. Jesus said 'Let the children come to Me and do nothing to prevent it, for the Kingdom of God belongs to such as these'. I personally think that the teacher was doing just that – allowing the time, space and opportunity for them to approach the eternal throne. I'm sure it's happening in all sorts of other maybe small ways, but let's take heart that acorns are being planted and must surely grow in the things that are of the Kingdom. We might sow and nurture, but it is God who does the rest and our future – and theirs – are in His hands.

God Bless

Chris (Rev'd Chris Wood – minister of Stowmarket, villages and Debenham URC's)

JAM

(Jesus and me)

Come and join us for fun activities,
crafts and stories

All age groups welcome



1st Sunday of every month

Old School Room 9.30-10.00

then

St Mary's Church 10.00—10.30

Further details contact

Anne Gray 01449 766359



**New USAAF 34th Bomb
Group Memorial
Mendlesham Flower Rota**

**Margaret Rose
November**

Art Exhibition:
The Grieving Mother

**St Mary's Church
Mendlesham**

21st Nov. - 1st Dec.

Mon – Sat: 10.00 - 15.00;

Sun: 11.00 - 15.00

The exhibition portrays an eight-year-long journey of coming to terms with a child loss caused by a miscarriage.

See the website
www.grievingmother.co.uk
for further details

There is no charge for entry



SERVICE OF LIGHT

*for parents or relatives
of children who have died,
whether through illness, accident, trauma, cot
death, stillbirth, miscarriage or any other way,
however long ago.*

**ST MARY'S CHURCH
MENDLESHAM**

**SATURDAY 25TH NOVEMBER
2.30 pm**

A short, reflective service of readings,
prayers and music, with candles lit as a
prayer for your children.

*The service will finish quietly, to allow space for
you either to leave silently or remain for a while
in the peace of the church, but an opportunity
will also be provided afterwards if you would like
to talk to a sympathetic listener.*

www.stmarysmendlesham.org.uk

M ST MARY'S MENDLESHAM

www.stmarysmendlesham.org.uk

You are welcome to worship at any
of our services.

SUNDAYS:

9.30 a.m. Parish Mass & Address

5th November: JAM (Jesus & Me) for
children in the Old School – then
into church at 10.00 for 2nd part of
Mass

SATURDAYS - First Mass of Sunday:

5.00 pm except 18th Nov : 3.00 pm;

Daily Mass: *see calendar on back
page, & check porch notice & bulletin*

Daily Morning & Evening Prayer: *see
porch notice.*

Baptism (Christening), Marriage,
Anointing of the Sick & Holy
Communion from the Reserved
Sacrament: *contact Fr Philip*

Sacrament of Reconciliation

Saturdays at 4.00 pm

except 18th Nov : 3.00 pm

or contact Fr Philip



Vicar:

Fr Philip T Gray, B.A. S.S.C.
Mendlesham Vicarage
01449 766359

Ordinand: Jeremy Lind

Churchwardens:

Hazel Spalding 01449 768616

Andrew Fleming 01449 711065

What's on This Month - All are welcome at events listed below

1st Nov	ALL SAINTS: 9.30: Mass (said)
2nd Nov	ALL SOULS: 9.30: Requiem Mass (said) 7.30 pm: Sung Mass of Requiem & blessing of graves in churchyard. Shared refreshments in church afterwards
3rd Nov	2.30 pm: Mass in Mason Court followed by tea. All welcome
4th Nov	11.00: Requiem Mass: First anniversary, John Herron 5.00 pm: First Mass of Sunday
5th Nov	OF ALL SAINTS: 9.30 Sung Mass. JAM for children in Old School
6th Nov	9.30: Requiem Mass for all who have committed suicide. List in church for names of people to be remembered
7th Nov	11.30: Requiem Mass for departed members of the Society of Mary & Society of Our Lady of Walsingham. Shared lunch after, followed by Benediction
8th Nov	9.30: Requiem Mass – November anniversaries
10th Nov	10.40: Service of Remembrance for Mendlesham School. All welcome.
11th Nov	10.45 – 11.15: Half hour of silent prayer for world peace before the Blessed Sacrament
12th Nov	REMEMBRANCE SUNDAY 9.30: Sung Mass of Requiem for all who have laid down their lives in war. Candles lit for those from the parish and 298 USAAF servicemen (recent research has revealed more names than previously known) laying of wreaths, 2 minutes silence.
13th Nov	2.30 pm: Monthly Healing Service: Mass, laying-on of hands & anointing. All welcome
17th Nov	7.30 pm: Friends of St Mary's Quiz Evening: URC Chapel
18th Nov	3.00 pm: First Mass of Sunday. NB change of time this week
19th Nov	9.30: Parish Mass & Blessing of candles for our departed relatives and friends
21st Nov -1st Dec	10.00 – 3.00 pm daily (except Sun 26 th Nov: 11.00 – 3.00 pm): Exhibition ' The Grieving Mother ' – see separate notice.
24th Nov	2.30 pm: Mass in Mason Court followed by tea. All welcome
25th Nov	2.30 pm: Service of Light – see article & separate notice
26th Nov	CHRIST THE KING 9.30: Parish Mass & Procession of Blessed Sacrament. 12 noon: PCC lunch & meeting

This month, with her permission, the words in most of this article are those of Marie. We became aware of Marie's story

very recently, when we received a message from the General Secretary of the Guild of All Souls, whom she had contacted about her exhibition in Kesgrave. This portrayed an eight-year-long journey of coming to terms with a child loss caused by a miscarriage. On looking at Marie's website, <http://www.grievingmother.co.uk> under the tab 'Blog' we found the following:

Walking with Grief

***Do not hurry as you walk with grief;
it does not help the journey.***

Walk slowly, pausing often:

do not hurry as you walk with grief.

Be not disturbed by memories that come unbidden.

Swiftly forgive; and let Christ speak for you unspoken words.

Unfinished conversation will be resolved in Him. Be not disturbed.

Be gentle with the one who walks with grief.

If it is you, be gentle with yourself.

Swiftly forgive; walk slowly, pausing often.

The Guild of All Souls

Marie writes: 'When I found out about the loss of my second child, I was devastated but to my own surprise also terribly relieved. Three years of waiting for this embryo transfer, having treatments, gynaecological procedures, being on hormonal medications for months, worrying every single day, hour, minute whether this child was going to live. At least something was resolved. I knew the score. I felt free for the first time in many years. I fulfilled my promise, I gave everything to this child. Everything for this special baby who I was united with for several precious weeks.

The grief came later, it descended like a hailstorm. I was lost, what I was to do with this life? There was a big black hole inside me where the child had been. The effect of hormonal medicine was lethal. I was fuelled by anxiety and rage, running around the house cleaning. I had to use all my mental strength just not to explode and not to hurt my lovely family. They so wanted to help me but I had to be alone with these explosive emotions. So I took a day off and went for a drive. I wanted to keep driving away from home, away from this painful experience. I wanted to drive and never come back. And then it dawned on me... I had nowhere to go. The only place for me was with my loving family, in the centre of all pain. There was no escape for me.

As I was driving, I found a little church in Mendlesham village surrounded by tall lime trees. It was a quiet time of day and I walked slowly to the church across the pebble path. I stepped in and shut the world away with the door behind me. In the blessed silence and the scent of church wood I walked along the isle and found a place to pray. A prayer was provided and I was grateful. I don't know many. I sat down and prayed. It brought me comfort. I also discovered a small side chapel with beautiful, suggestive paintings on the walls and a candle stand in the middle. The sign said 'please light a candle for a loved one you lost'. ... so I did. I lit a candle for the little soul that lived in my body and departed for an unknown reason. I prayed and wept.

I found a poem on the little church table: 'Walking with grief' by the Guild of all Souls. I was so upset with myself that after years of therapy and my own artistic work I was still grieving. I thought I had done with all that. Not yet, there is more bitterness in my cup. A pain to be drunk. So I walked, I walked along the river that afternoon, I walked slowly and I walked with grief.

When I got home I painted. I had to create this big black hole that was inside me. I had to see it for what it was. I painted with my hands the huge black space. I wanted to curl up in the middle of it. But the paper was wet, so I painted instead -turquoise, lime green- slapping the paint on with my palms. I asked myself: what lives in the hole? Red eyes appeared, that was my fear. Then a nose and lips and the lips were moving. Were they talking, screaming? No, they were singing! So I began to sing while a face appeared. An old, wise shaman and we sang together the song of life and death filled with love and sadness.'

Having now had the privilege of meeting Marie, I have invited her to stage her exhibition '**The Grieving Mother**' at **St Mary's Mendlesham** from **Tuesday 21st November – Friday 1st December (see separate poster for more information)**. Inspired by her story and aware of that of many others in Mendlesham and beyond, we are also holding a '**Service of Light**' on **Saturday 25th November at 2.30pm**.

It is for **any parents or relatives whose children have died, before birth or at any time after, of any cause and however long ago**. Candles will be given and lit, to be carried and placed on the altar of the Lady chapel as a sign of prayer for these children.

It will be short, quiet and reflective, consist of readings, prayers and a little music and open to any who wish to come. It will finish quietly, to allow those who wish to stay or go in silence to do so. However, an opportunity will also be provided afterwards for any who would like to talk to a sympathetic listener.

PARISH CHURCH OF ST MARY'S MENDLESHAM - CHURCH CALENDAR FOR NOVEMBER 2017				
Date	Church Festival	Mass	Intention (we pray especially for)	Parish Intention
1	ALL SAINTS	9.30 9.30 &	Parish and congregation	Front Street and Old Orchard
2	ALL SOULS	7.30 pm	the departed	Old Market St / Braybrooke Close
3	St Victorinus	2.30 pm MC 11.00	persecuted Christians John Herron - 1st anniversary	Mill Road
4	St Charles Borromeo	5.00 pm	The Guild of All Souls	Hobbies Lane
5	ALL SAINTS	9.30	Parish and congregation	Chapel Road
6		9.30	those who have committed suicide	Church Road / St Mary's Gardens
7		11.30	departed members of SOLW & SOM	Brockford Road
8		8.00 am	the departed - November anniversaries	Clebe Way
9	Dedication of St John Lateran, first Christian church	9.30	church conservation societies	Freelands
10	St Leo the Great	2.30 pm MC	Christian Unity	Ducksen Road
11	St Martin of Tours	5.00 pm	Parish and congregation	Horsefair Close
12	REMEMBRANCE SUNDAY	9.30	those Fallen in war	Mason Court
13		2.30 pm	the sick: Healing Ministry	Mayfield Way
14		9.30	hospices, esp St Elizabeth & St Nicholas	Mead Way
15		8.00 am	those isolated by disease	Old Station Road / Cuttings Close / Schools Cl
16	St Margaret of Scotland	SB	all mothers	Wash Lane / Oak Farm Lane
17	St Elizabeth of Hungary	8.00 am	HM the Queen & her Government	Norwich Road / Bluehouse Lane
18		3.00pm	St Joseph's Centre & its future	Mendlesham Green
19	33rd of Year A	9.30	Parish and congregation	Ian Office
20	St Edmund	9.30	the Church in East Anglia	Outlying houses
21	Presentation of Our Lady	9.30	Walsingham	Farms in Mendlesham
22	St Cecilia	8.00 am	musicians	Local industries
23	St Clement	9.30	Forward in Faith	Pubs & places of recreation
24	St Andrew Dung Lac	2.30 pm MC	the Church in Vietnam	Mendlesham School and Pre-School
25	St Catherine of Alexandria	5.00 pm	parents & relatives of children who have died	SMF: Patrons of Mendlesham
26	CHRIST THE KING	9.30	Parish and congregation	Village Organisations
27		9.30	all who are bereaved	Fr Philip
28		9.30	greater readiness for Christ's coming	Other places of Worship
29		8.00 am	the forgotten dead	PCC, Parish and Community Councils
30	ST ANDREW	9.30	the Church in Scotland	Local Doctors and Nurses
MC = MASON COURT SB = SEE BULLETIN				

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